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MIX IT UP

REVOLUTION 2020

heartwarming the world.
Now isn't that better?
THIS IS FINALS
I WANNA DO THAT
how captivating you would be
{YOUTUBER}
POLITICS&YOUNG PEOPLE

MIX IT UP

the impact of your
WE'VE GOT SPIRIT, YES WE DO
Microeconomics
209 ceramics
CAN YOU HEAR ME NOW
always commit
ALWAYS
RY XXX
AGAIN
EFFECTIVE MARCH 12, 2018
THIS DOOR WILL REMAIN LOCKED DURING THE SCHOOL DAY.
ALL VISITORS MUST REPORT TO THE MAIN OFFICE.

MIX IT UP

REVOLUTION 2020

LEXINGTON HIGH SCHOOL

VOLUME 95

251 Waltham Street
Lexington, MA 02421
OFFICE: 781.861.2320
WEB: https://www.lexingtonma.org/lhs/

FRESHMEN 616
SOPHOMORES 600
JUNIORS 531
SENIORS 552
STAFF 388

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2020

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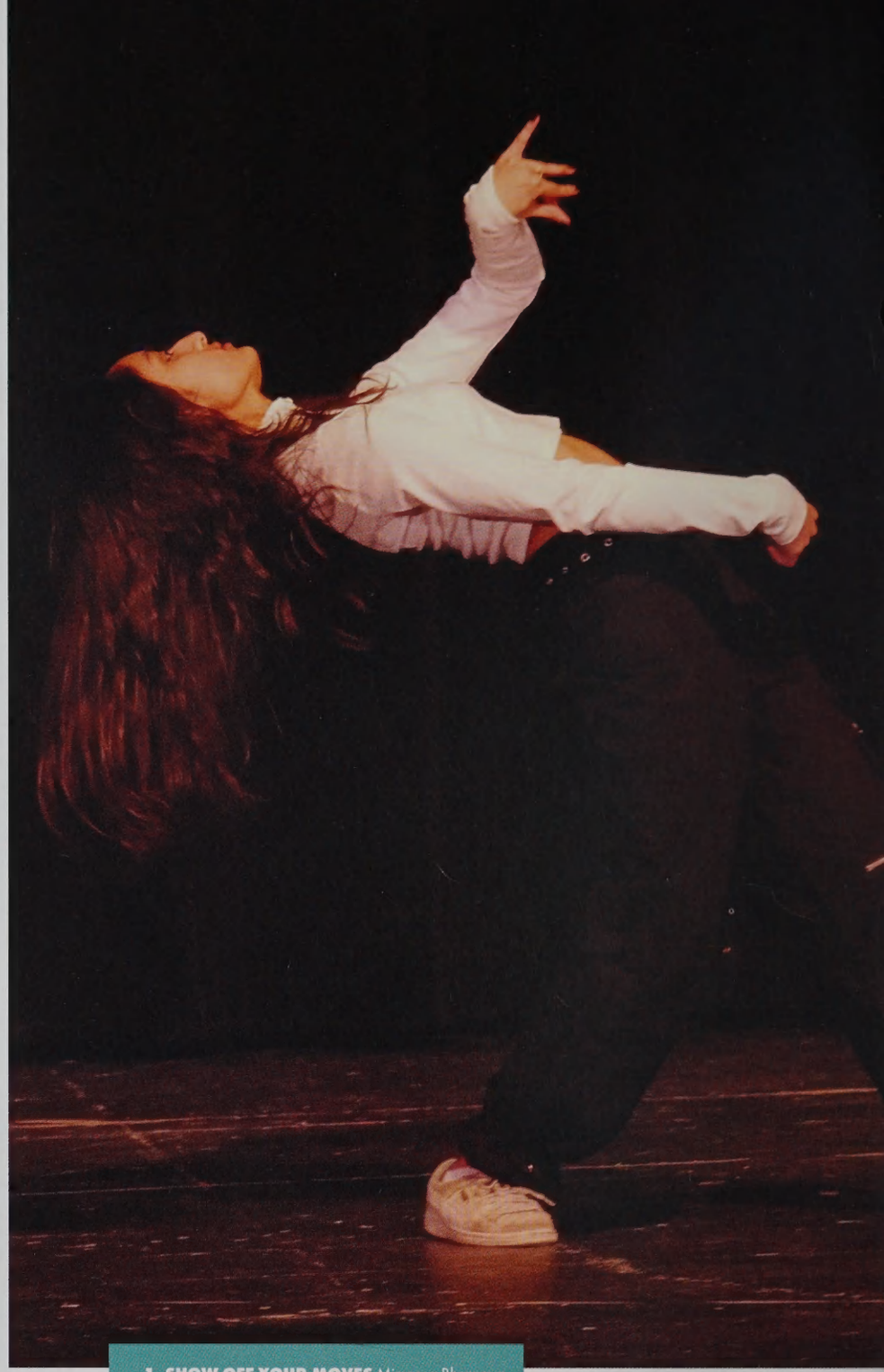


1. SHOW OFF YOUR MOVES Mimansa Bhargava (11) performs a dance during the NHS talent show. Bhargava presented a hip-hop mashup dance to a mixtape of songs. The talent show took place on January 10th and featured a variety of dance numbers as well as instrumental and a cappella groups. **2. RIDE THE BIKE** Nicholas Keim (10) scoots across the gym on a tricycle during the junior pep rally. Each grade level had its own pep rally on Spirit Day when everyone wore school colors. Spirit Day was the culminating event of Spirit Week which included a Pajama Day, Twin Day, and Sports Day. Keim and other students who were a part of the Hype Squad put on the pep rallies.

3. "PEACE, LOVE, AND TACO GREASE" Christina Collazzo (10) shows off the mini fliers handed out at the Drama Club table at the Activities Fair. " I just loved the fact that the Drama Club was using Guy Fieri as a way to get new members," Collazzo said. "I knew I sadly already had a prior commitment the day the club was meeting so, I might as well help to pass out the cards as I was circulating through some of my friends' booths." The fliers were handed out to students as they passed by in an attempt to recruit new club members. **4. TRIVIAL PURSUIT OF KNOWLEDGE** Mr. Maitland, Ms. Chaffer, and Ms. Urquhart celebrate after answering a question correctly during a trivia game at a pep rally. The game pitted teachers against students and quizzed them on a variety of subjects. "Spirit Day is a great way for students and teachers to connect outside of the classroom," Urquhart said. "The 'Are You Smarter Than' game was a fun way to show off my random trivia knowledge."

MIX IT UP

You may have noticed already that this book is set up a little differently. Well, you noticed correctly. We took our theme, Mix It Up, literally and mixed up the usual sections of our yearbook. Pages are not grouped together by content except for the portrait pages. To help you out, the pages are all color coded. Notice the color band on the right hand side of each spread: the green band belongs to the People section, light blue to Sports, orange to Academics, teal to Student Life, and purple to Reference. You can flip through the pages or use the table of contents or index to find specifics.

Some of us might think that life at our school is all mixed up. For starters there is the new rotating six day schedule. Who even knows what day it is? You find yourself asking a friend or teacher what day it is almost every day. If you are a new student, the campus might seem a bit of a mishmash. How do you even find your way around? Different buildings with what appears to be a weird numbering system can cause a person to feel lost all the time.
So we decided to take a look at how we mix things up together as a school... including this book!

MIXING UP REFERENCE

We may be mixing things up, but this section of the book is designed to help un-mix things. Use the index to find people. Look in this section to find sports teams and clubs. Unfortunately (though true to the spirit of mixing it up), school closed due to the COVID-19 pandemic before our details were as perfect as we would have liked; we were not able to get all of the rosters and scoreboards for our teams into the book by the time our doors shut. This information will, however, be documented in our spring supplement. What we have learned as students, as members of this community, and as yearbook planners is that when life mixes things up for you, you adapt and move on.

SPIRITED MUSICAL CHAIRS James DeLima Carroll (10), Nicholas Williams (10), Chanaiah Holland (10), Aidan Lynch (10), and Joseph Sabatini (10) play musical chairs during the sophomore pep rally. DeLima Carroll said, "I thought that the pep rally was pretty fun with the games and music that it had. Last year's pep rally was really hype because it was our first time seeing one as incoming freshmen. I'm kinda excited to see what the next pep rally might have in store."

1

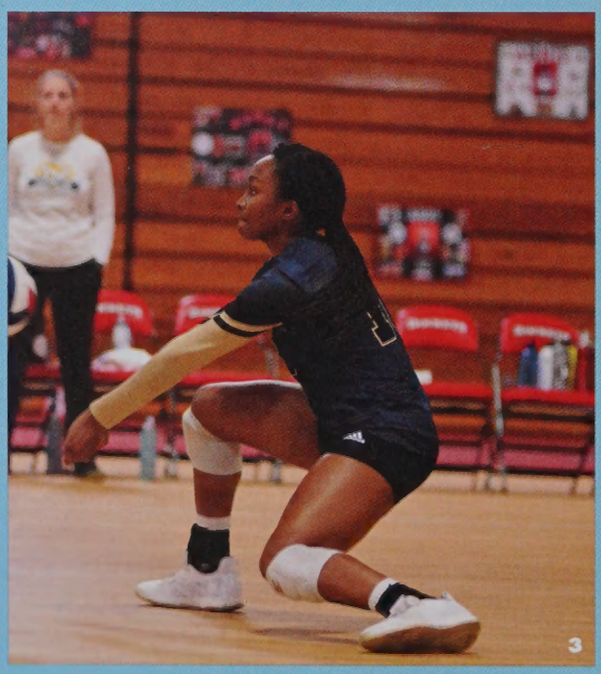
2

3

1. COOKIE TIME! Henry Kjelsberg (10) feeds Saumith Menon (10) a cookie at a Christmas cookie decorating event. Menon said,"My experience at the cookie party was very enjoyable. I got to spend time with friends I had not been able to see throughout the year and make new friends in the process. The cookie party allowed me to catch up with old friends and also make new ones." The cookie party was hosted by peer mentors during I-block and lunch in room 143. **2. ZUMBA!** Ethan Showalter (9) and Ian Miller (9) participate in the Wrestling Team's annual Zumba fundraiser. Showalter said, "The fundraiser was a blast. There was a good mix of experienced and first-time Zumba dancers.I think I can say that everybody there had a great time and it was a fantastic way to support the team." **3. BEAUTIFUL BHANGRA** Shashwati Sanjay (10) dances Bhangra at the talent show with the Bhangra and Bollywood teams. Sanjay said, "I think the talent show this year was a great way for us to get to know all the new members of the club this year. The time we spend practicing together for every performance is very special. We become so close by the end of the year that we can practically consider each other as sisters. The talent show, being the first performance for many us this year, was exciting as well as nerve-wracking. We had been practicing for weeks and I think it paid off." **4. A WORD OF ADVICE** Arianna Gaston (12) and Audrey Eastridge (11) talk to freshmen during their first day at the high schoool. Gaston said, "I recommend the peer mentor program to anyone who is trying to make a difference in the LHS community. We were able to have open dialogues, do fun activities and make the transition into LHS easier for any newcomers. I have really enjoyed my time with these people and I'm going to miss it."

MIXING UP SPORTS

Varsity sports teams mixed things up by adding some unusual activities to their usual team and skill-building repertoires. The Girls' Soccer Team participated in yoga sessions before games, hoping that the practice would help them develop the physical and mental harmony needed to achieve a winning season. The Boys' Hockey Team learned to be flexible when they were forced to totally change their starting lineup to accommodate a series of injuries. And, the Wrestling Team Zumba'd its way to a successful fundraising event. Calming, necessary, or just plain fun, the teams learned that mixing things up was a sure way to a rewarding season.



WAVIN' IT Mihai Ciocuit (12) waves the school flag in the air while running onto the field during the start of a football game. The game was the same day the Cheer Team did the Cheerleader for a Day event for aspiring cheerleaders. Ciocuit said, "Throughout my time with the program, either the flag or becoming a game captain was given to someone that the coach believed showed the most effort or was most deserving that week. The game I got to run out with the flag was Senior Day, which was my first home start and also my last. I had quit the year before, and decided to give football another chance since there was a coaching change. I was a bit behind, and only got my first start the game before Senior Day. As for my favorite memory, I'm split between my first varsity game and my last. My first game was against Woburn and I remember being nervous about it from the practice where I was told to go in with the starters on defense. I had to ask the Defensive Coordinator if he was kidding. The day of the game, I felt nauseous from the time I woke up that day to the time I got pancaked on the first play. After that, some sense got knocked into me and I just played. We won that game in part because of a miracle play in the fourth quarter."

1. WE NEED TO DEFEND Nairi Enright (12) defends against her opponent during a field hockey game. The field hockey team ended up going on to the quarterfinals of the Massachusetts Interscholastic Athletic Association (MIAA) DI North Division. The team beat Arlington 3-2 in overtime in the first round. They then lost to Andover 2-1 in overtime the next round. **2. JUST KICK IT** Samuel Bohem (12) kicks the soccer ball during a game against Reading Memorial High School on October 23rd. The boys tied the game with Reading 1-1. Bohem said, "Soccer has been a big part of my life since I was very young but especially in high school I found my real passion for the game. I started focusing on all aspects of the game and this propelled me to the level where I have the opportunity to play in college." **3. BUMP, SET, WIN** Pamela Chickapo (12) bumps the volleyball up to a teammate during a game against Reading Memorial High School on October 23rd. The girls ended up losing the game 2-3. Chijapo and her teammates mixed it up by volunteering their time at Rosie's Place, a women's shelter that helps poor and homeless women in Boston. It was the first women's shelter in the U.S. **4. WE HELP EACH OTHER** Katherine Vogelzang (12) helps Victoria Nagle (12) put on her swim cap. The Girls' Varsity Swim team ended the season with a League record of eight wins and one loss. The team placed fourth at Sectionals and sixth at States.

MIXING UP PEOPLE

2299 students and 388 faculty and other staff - nearly 2700 people - are all mixed up in this book. Just as there is no set order in the way they appear in our book, there's no such thing as a cookie-cutter Lex student. Our students come from North America, South America, Europe, Asia, and Africa and represent 35 different countries; we speak dozens of languages. We mix together to form the entity known as Lexington High School. Our diverse cultures, talents, and passions pool together to add to the richness of our community. We think that mixing us all up only makes us better.

MAKING A BLUR Luke Lee (12) performs a Chinese Yo-Yo act at the National Honor Society Talent Show. "I use the light up yo-yo because it adds to the flare and is visually appealing in a performance. At the same time, my yo-yo performance could also be a light show. It's pretty lit," Lee said. "Yo-yo has always been a passion. I want to thank my teacher, for making me his teacher assistant at the Chinese school in Belmont High at an early age., ninth grade. He's always been someone I looked up to." The talent show took place on on January 10th and featured hidden student talent. A portion of the proceeds went to Rosie's Place, a women's shelter in Boston. Rosie's Place is the oldest women's shelter in the country.

1. RIDING ALONG Avi Desai (12) rides a tricycle during the Spirit Day pep rally. On Spirit Day the bleachers were filled with blue and gold, the school colors, that everyone was encouraged to wear to show their school pride. Spirit Day was the culmination of Spirit Week, which had a different theme each day. **2. HEAR THE MUSIC** Samedh Desai (12) plays the trumpet during band practice. Desai was a member the Wind Ensemble. Desai said, "A band group came into my elementary school to display instruments we could play. One guy played the Star War theme on the trumpet. Since I was a big Star Wars fan at the time, I was immediately hooked to the instrument and started playing trumpet. I've been playing ever since." **3. BINGO!** Hayden Herrick (9) works on filling out a "Get to Know You" bingo sheet on the first day of school. **4. FRIENDS ARE COOL** Zoe Denenberg (9) sits with her friends at a football game.

MIXING UP ACADEMICS

We all thought things were really mixed up when we learned about the new academic schedule. Instead of seven daily periods there were now six. Instead of a five-day schedule, there was now a rotating six-day schedule. It didn't matter anymore what day of the week it was; it was all by the day number - mixed up indeed. Innovative additions to the curriculum, including two pop-up museums, also shook up the normal routine of learning. These two museum events, designed by the Social Studies and English departments, took us out of our regular classrooms and into the library where we could experience learning through activities or by listening to speakers. In October, Tommy Orange, author of There,There, taught us about the Native American experience. In February, the second pop-up brought speakers and activities in honor of Black History Month. We learned that mixing things up a bit enriches the learning experience for all.

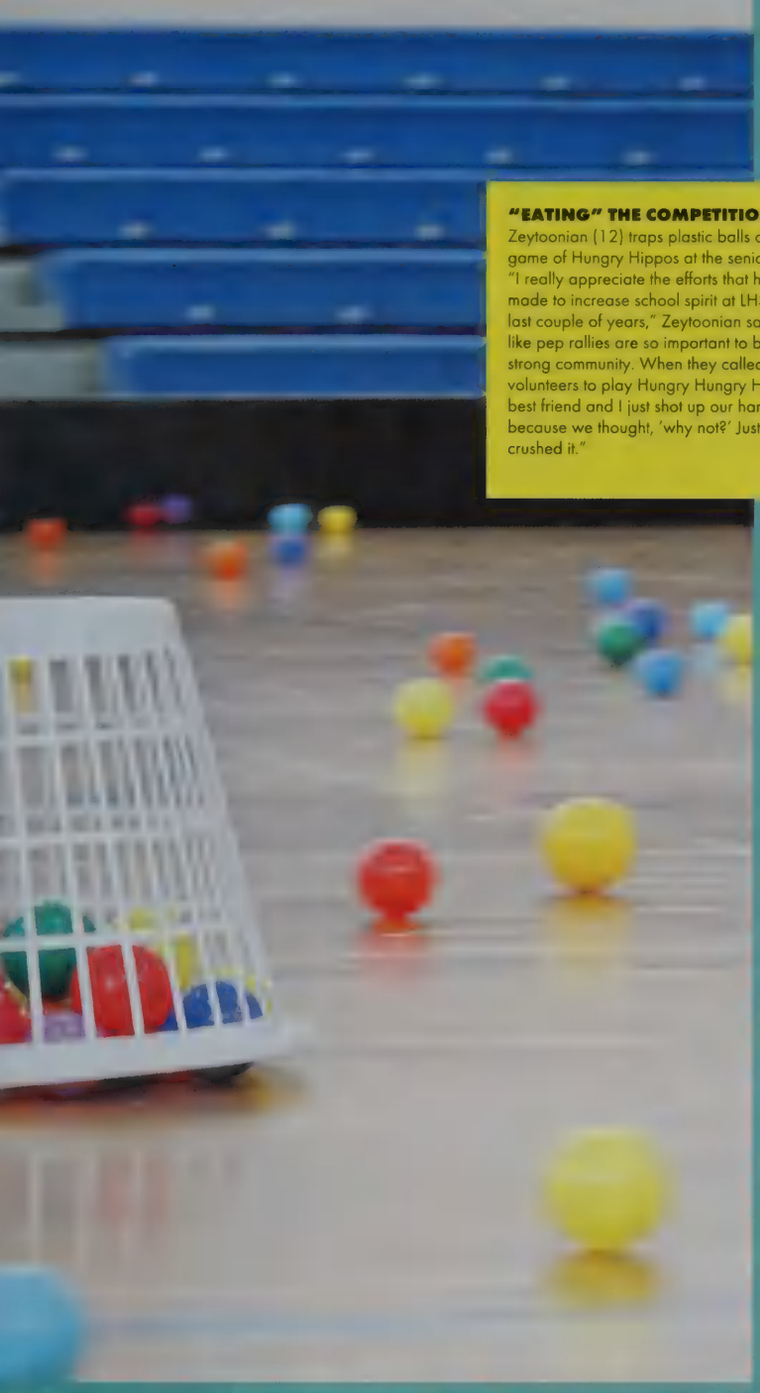
DISCOVERY Benjamin Craver (11) gets matches ready as he observes his lab partner complete a chemistry experiment. The students were performing a flame test on the substance in the test tube. They then determined which gases were released in the reaction. These gases were analyzed to determine the specific substance. Science classes in all grades used labs to promote hands-on, visual learning. The labs also taught students how to properly record their observations and analyze their experiment results in a scientific manner.

1. LISTEN AND OBSERVE Aidan Stephen (9) and Keiser Delgado-Osborne (9) listen to their science teacher, Ms. Cook, explain a lab experiment in class. Delgado-Osborne said, "One things that I liked about ninth grade science is all the hands-on labs that we got to do. I liked it because it showed me visually what we were learning." **2. A NEW LOVE** Camryn Wedgewood (12) helps her friend Jasina Yu (10) with an assignment in animation class. Wedgewood said, "I honestly wasn't sure about taking the class at first but after getting the hang of things and spending some time there, I ended up loving it. The teacher is so sweet and supportive and I highly recommend everyone take the class." **3. CREATIVE CONCENTRATION** Timothy Hogan (11) paints his project in art class. Hogan said, "When I first signed up for a fine art class, I really didn't see myself enjoying it. But after a little while, I actually found myself looking forward to it. My favorite project was my 3D drawing of a pringle." **4. FIGURING THINGS OUT** Maria Goemans (12) helps Tucker Reynolds (9) with his math assignment. Goemans was a teachers assistant for freshman math classes.

MIXING UP

STUDENT LIFE

Depending upon your interests, we have a multitude of opportunities to mix things up. There are approximately 150 clubs ranging from charitable causes to academic interests to hobbies. And if there isn't a club that appeals to you, get a couple of friends together, persuade a faculty member to be your adviser, and start one. In these hallways, it's up to you to shake up the status quo. Run for Class Council. Try out for the fall play or the spring musical. Join an a cappella group or a band, orchestra, or jazz group. Go lunch with friends in the Commons, in the Quad or out in a hallway, or sit down with one of the hundreds of people you've not yet met. Show your school spirit and enrich this community at the same time. Mix it all up and do as many things as you'd like. It's up to you!



"EATING" THE COMPETITION Molly Zeytoonian (12) traps plastic balls during a game of Hungry Hippos at the senior pep rally. "I really appreciate the efforts that have been made to increase school spirit at LHS over the last couple of years," Zeytoonian said. "Events like pep rallies are so important to building a strong community. When they called for volunteers to play Hungry Hungry Hippos, my best friend and I just shot up our hands because we thought, 'why not?' Just saying, we crushed it."

1. C IS FOR COOKIE Sophia Mariel (11) and her friend decorate cookies during the last day before winter break. The year leader groups put on the event to bring holiday spirit to the school. **2. IT'S THAT TIME OF YEAR AGAIN** Micah Benson (12) and Julian Mermier (12) decorate cookies right before winter break. Mermier said, "I loved decorating the cookies. Putting as much stuff on the cookies as possible was so fun that I even went to the cafeteria to buy a second cookie and [illegible]. It was a really fun activity and a good break in the day and a great way to relax before break." Cookie decorating was planned by Mrs. Queenie and some student volunteers to foster school spirit. **3. A RACE TO REMEMBER** Kaisha Glass (11) balances a frisbee on a pool noodle during a race. "I had forgotten that I had signed up so my name was called and I was thrown off. I walked up to my group and I was really confused by the rules," said Glass. "We were going to begin any second and my group just yelled at me to run and balance and that's exactly what I did. Once getting back I thought we had lost but when reported my friends they told me that we won. I was really confused at the time but I had a great time participating and I can't wait 'til next year's pep rally." The pep rallies featured multiple games and activities for both students and faculty as a way to involve the whole school in school spirit. **4. SPREADING THE JOY OF FOOD** William Eaglesham (10) preps cookies for students to decorate. Eaglesham was one of many student volunteers to help out throughout Black and Ice Week lunches.

SENIORS
CLASS OF 2020

Minna Abalian

Lila Ablimit

Emin Abrahamian

Gino Abrams

Miriam Abrams

Charlotte Adams

Youssef Afify

Ashlan Ahmed

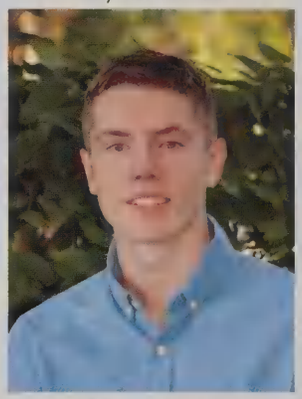
Rayhan Ahmed

Mickhael Alemayehu

Nathaniel Alessandrini

Michael Alessandro

Eduardo Alvernaz


William Amsler

Sidharth Anantha

Samuel Andrews

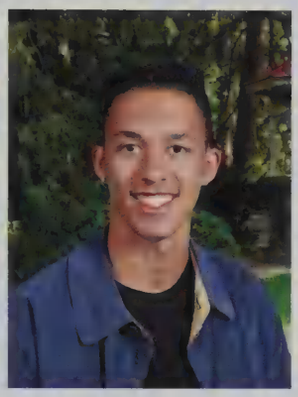
Benjamin Aquilina-Piscitello

Dario Arcieri

Arun Asthagiri

Chrisondra Awomah

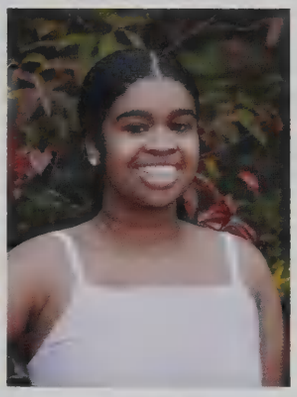
Joshua Backert

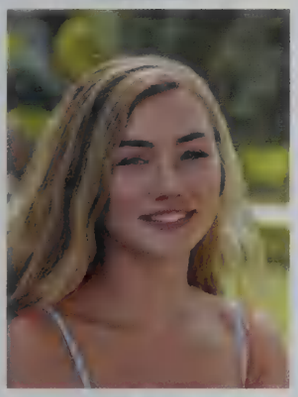

Selvin Backert

Jason Jun Ki Baek

Meher Bal

Cathryn Barbour


Daisy Baril


Emily Barnes

Mia Baskey

Yonatan Bason

Swetha Battini

Regan Beers

Serena Behera

STUDY HARD

Students share their favorite study spots.

"Room 155. My favorite teacher is there and I always feel welcomed if there is a class going on."
MATTHEW PEARLMAN (12)

"I enjoy studying in coffee shops. It's weird but sometimes being around people helps me focus. When I'm home, I tend to fall asleep before I finish my work."
JESSICA XIAO (12)

"My favorite study spot is Cary. I study best when I am alone and Cary is just the best choice for people who want to study all alone and the library is really quiet which helps my brain to process things."
SHRUTI MOHAN KARTHIKEYAN (12)

"My favorite study spot is my bedroom floor because I am able to lay everything I could need out which makes it easier for me to go between different materials."
REBECCA GERFEN (12)

BOOK MANIA

Students talk about their favorite quotes from books they have read.

"May the bluebird of happiness fly up your nose." - David Mitchell (Black Swan Green)
"I love this quote because in its hilarity it shows just how much a person wants their friend to be happy!"
ELIZABETH STUMP (12)

"Trust in your heart but never forget that you are in the desert." - Paulo Coelho (The Alchemist)
"I like this quote because I think the desert is an appropriate but interesting metaphor for life."
JACK MCGARAGHAN (12)

"Magic, it is what is left when you stop pretending to understand." - Pseudonymous Bosch (Bad Magic)
"I grew up with this book and this series, and even though I'm far too old to be reading them now, I keep coming back to this gem. I think there's a lot of value in being able to find the beauty in what cannot be explained, and I wish there was more of that in the world. So much of the present day is about knowing everything, but just being able to take a step back and realize that there's so much we don't know [that]can be awe-inspiring too."
ALEXA INFELISE (12)

Micah Benson

Adam Bernstein

Neel Bhalla

Ria Bhandarkar

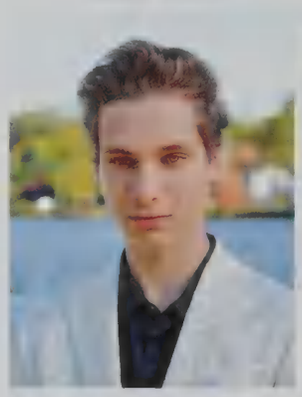
Samuel Boehm

Jyothsna Bolleddula

Marisa Boni

Alexis Boudreau

David Boudreau



Gregory Braginsky

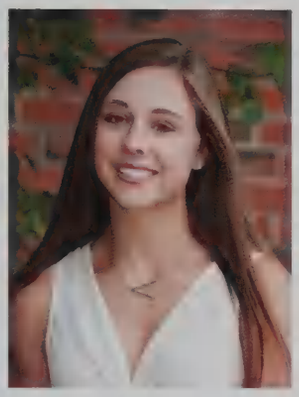
Megan Brand

Barnaby Brandon

Mia Braunstein

Colin Breen

Jesper Brenner


Audrey Brown

Nyree Brown

Madelin Bryant

Deniz Bulucu

Ian Byrnes

Joseph Cacciatore

David Cai

Alessia Caira

Rachel Caldwell-Glixon

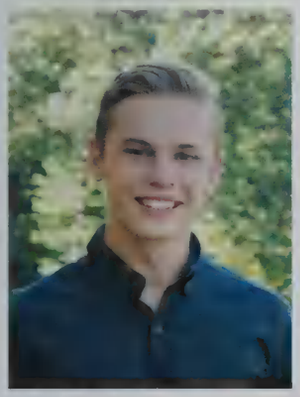
Andrew Caliri

Rachel Camp

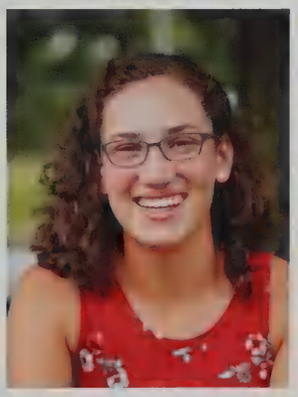
Brendan Caracino

Mary Carney

Isaiah Carver


Christopher Cervone

Erin Cesmeli


Talia Chait

Sachiv Chakravarti

Poojitha Chandrashekar

Richard Chang

Annabelle Charles

Aaron Chen

Cathleen Chen

Justin Chen

Victor Chen

Pascal Cheung

Pamela Chiakpo

Alexander Chin

Christopher Chin

Thomas Chiu

Yubin Cho

Yukyung Cho

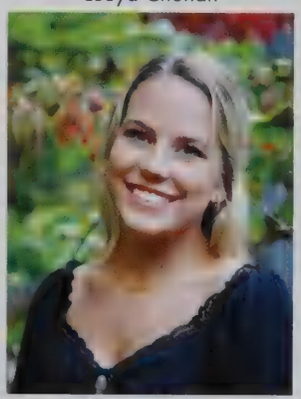
Leeya Chohan

Nathan Choi

Soo Young Choi

Brian Chong

Christina Chow


Ember Christensen

William Cincotta

Mihai Ciocan

Jonathan Clark

Takirah Clark

Lucy Conlin

Angelina Conte

Alexander Coombs

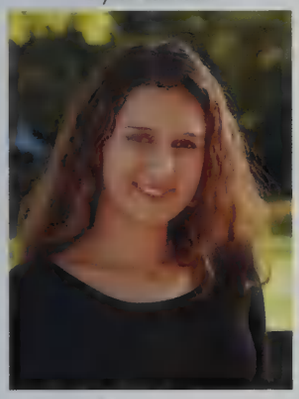
Hein Coonen

Kyra Cooper

Dylan Corbett

Cassidy Corbin

Marc Courtemanche

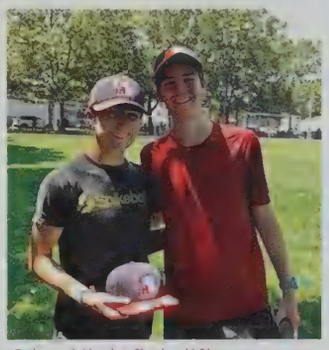

Adina Covic

Sophia Cox

Matthew Crowe

"BLEEP" BALL

Seth Cutler (12) uses his free time to coach a baseball team that is exclusively for blind athletes.


Cutler and Alasdair Fletcher (12).

1. How did you get started with coaching the team and how long have you been coaching?

" I got started coaching the team because it was initially my Bar Mitzvah project - an opportunity to give back to the community - but developed into something that I would participate in for many years."

2. What has been your favorite moment so far?

"My favorite moment so far was definitely the Renegades' third place finish this past year at the World Series in Tulsa, OK. Seeing how the team's hard work paid off was something unforgettable and valuable."

3. What do you enjoy most about coaching the team?

"The aspect of the team that I enjoy most from a coaching perspective is getting to know each player on a personal level and getting to see what drives them to get better. Their wide range of stories and backgrounds, as well as the various jobs and hobbies that they pursue as adults, is truly amazing and inspiring."

WHAT DOES YOUR HOBBY LOOK LIKE?

Students share their their favorite hobbies.

"I really love cosplaying. Dressing up as different characters and really putting in the effort to style wigs, sew costumes and do makeup really hypes me up and gives me a good way to express myself. I started this hobby as a way to escape how I felt about myself at that time and pretend to be somebody else, but through the friends I've made and the confidence I've acquired, I cosplay for a different reason now. I just want to be myself and enjoy the company of my cosplay friends."
PARKER MORII-SCIOLLA (12)

"I tried out for improv my freshman year having never done it before. Little did I know it would become such a monumental part of my high school experience! Obviously, I'm surrounded by hilarious people which is awesome. However, it's taught me to really trust myself and my ideas because in improv, you can't really succeed if you're turning over what you're going to say in your head. You miss your chance. "
MOLLY ZEYTOONIAN (12)

"I dance. More specifically, I like to dance to Korean pop songs. I find it so cool and amazing how most songs put out by these groups and soloists all have their own set dances for them."
CAMRYN WEDGWOOD (12)

Tucker Crowley

Kaylie Cruz

David Cser

Mariano Cuartas

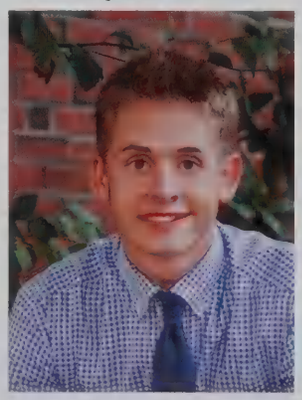
Seth Cutler

Danika Dai

Jason Dai

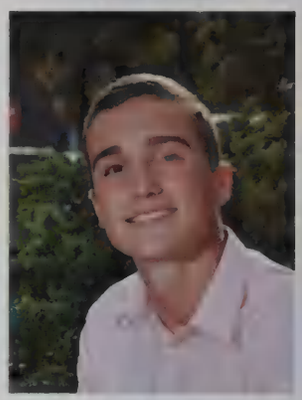
Elissa Daniel

Sarah Daniel

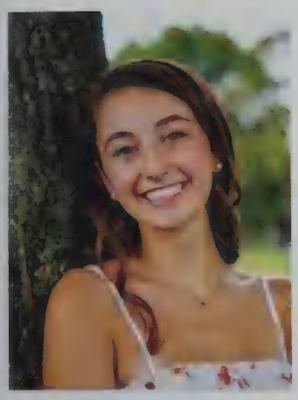


Jackson Davy

Lilia Dawson



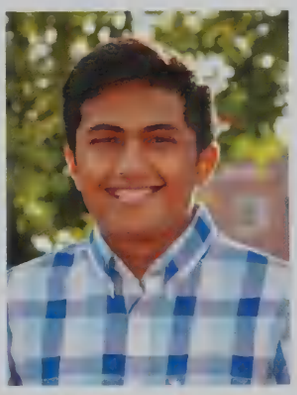
Eric Decoste


Stelia Deligiannidou

Arjun Delity

Mason Denton

Avinash Desai


Samedh Desai

Steven Dillman

Elizabeth Ding

Charles Dixon

Hyunah Do

Glen Thanh Doan

Toranosuke Dohi

Caroline Donaghy

Nicholas Donatelli

Liam D'Souza

Arunendro Dutta

Anna Eaglesham

Andrew Egan

Thomas Ekrem

Amir Elananzeh

Lucas Elliott

Lillian Ellmore

Nairi Enright

Harris Erdman

Ezra Erives

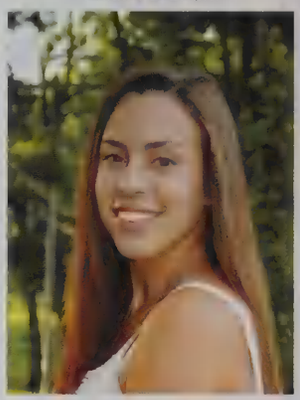
Nikki Farahani

Luciano Filippi

Jennifer Fiore

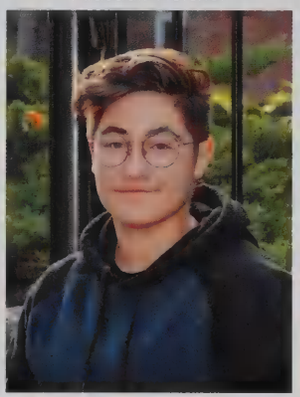
Alasdair Fletcher

Regina Fong


Avery Fortier

Molly Fortier

Aidan Fox


Peter Fray-Witzer

Melanie French

Carlos Fruzzetti

William Fryou

Amanda Fucci

Kaoru Fujiwara

Simran Gandhi

Valentine Ganis

Keena Gao

Arianna Gaston

Alyssa Gee

Katherine Gehring

SING THOSE LYRICS

Students talk about their favorite song lyrics and why those lyrics are their favorite.

"When the work you put in is realized, let yourself feel the pride but always stay humble and kind. - Tim McGraw. "I think this is a really great quote because it talks about being proud but compassionate towards others and I think we so often think the two are mutually exclusive but they aren't. We can be humble while being proud of our work."
ELIZABETH STUMP (12)

"If you want to make the world a better place, take a look at yourself, and make a change." - Michael Jackson (Man in the mirror). "Part of my goal in life is to contribute something to enhance and support society. I really want to try and make the world a better place for people. "
LUKE LEE (12)

Rebecca Gerfen

Isabella Gharabegian

Jesse Gilbert

Brian Gillis

Jonathan Gimble

Rishi Goel

Marie Goemans

Shreya Gokhale

Seth Goodman

Ishika Goyal

Elle Gruber

Emily Gu

Iris Gu

Michael Gupta

Sadiv Gupta

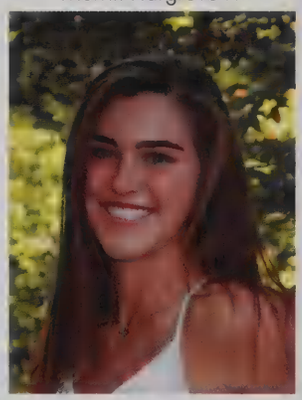
Gabriel Haddad

Maude-Emmanuelle Hajjaj

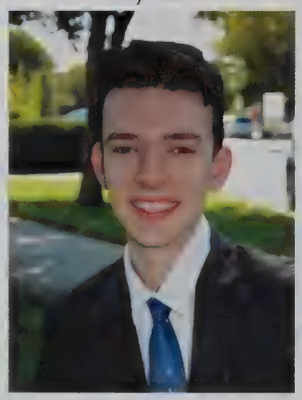
Matthew Harding

Melvin Hargrove IV

Naiomi Harris


Lilly Hart

Sydney Hart


Owen Hefferman

Naoki Heginbotham

COACHES KNOW BEST

"If one part of your game is lacking, pick it up in any other way you can."- Mike Ng
This reminds me to go hard all the time, even if I'm having a bad day I can always control how enthusiastic I am or how much I cheer."
ELIZABETH STUMP (12)

"When you brush your teeth, do you do it the same way every day?" - Swim Coach "One of my swim coaches would stress the importance of how practice makes perfect, but more specifically, the importance to practice technique and skills correctly. This quote has strangely resonated with me for over 10 years, speaking volumes about how to work hard properly, not just in the water."
RICeHARD CHANG (12)

Alecia Hennessey

Jinhee Heo

Olivier Hepler

Brian Her

Lianne Herzog

Thomas Hewes

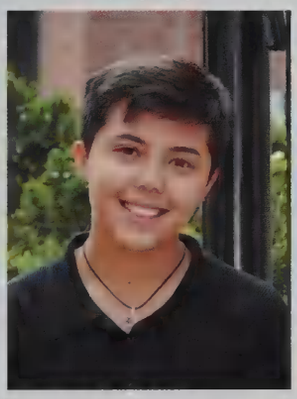
Vivian Ho

Charlotte Hobbs

Nicholas Hogan

Remy Horne

Noah Hoshino


Angela Houh

Jonathan Hsu

Anka Hu

Jie Sin Huang

Jodie Huang

Kelly Hui

Joseph Hunt

Lewis Hwang

Shreyas Inamdar

Alexa Infelise

Carl Ivarsson

Finna Jacobson

Milad Jaffari-Shahreza

Fayza Jaleel

Leah James

Salvador Jaramillo

Jacey Jardine

Leia Jekel

Kaleigh Jenness

Ishika Jha

Michael Ji

Rosanna Jiang

Enzo Journet-Novoselic

Cyriac Joyce

Arushi Kalpande

Ethan Kanef

Anjali Kannan

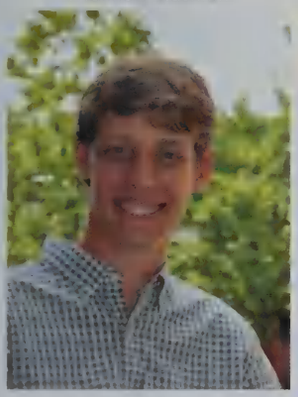
Katya Kappler

David Kashian

Matthew Kashian

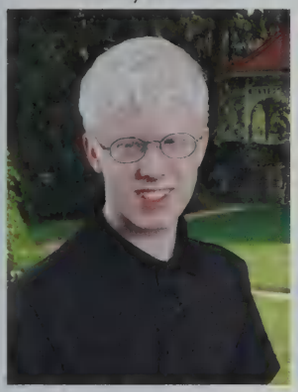
Seray Kauffman

Miriam Kaufman


Zachary Kaufman

Harnidh Kaur

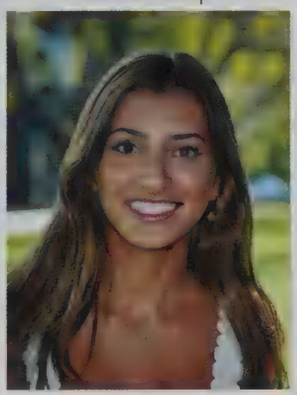
Samiha Kazi


Declan Kelly

Carson Kemp

Abdul Khan

Shiv Khandelwal


Rena Khoury

Hannah Kim

INSPIRATION FROM ALL

Students share their favorite inspirational quotes.

1. CAMRYN WEDGWOOD (12)

"Kill then with kindness, and bury them with a smile." - Unknown (multiple attributions)

2. ASHNA MITTA (12)

"You never know how strong you are until being strong is your only choice." - Bob Marley
"Resiliency through tough experiences is what makes a strong and growing person."

3. JASON VOGEL (12)

"There is no act more sacred than learning. There is no position worthy of higher respect than that of a student of the universe." - Jason Vogel
"It's inspiring to know that while relationships with friends, family, and others may ebb and flow with strength, one thing remains fast, which is your relationship with the world and the knowledge you've gained from it."

4. JIWON KIM (12)

"The journey to a thousand miles begins with a single step." - Chinese proverb
"It inspires me because it constantly reminds me that the basics will help me reach to an advanced level."

5. TALIA CHAIT (12)

"I won't give in, I won't give up till I reach the end." - Shakira (Try Everything)
"Even though this is a song lyric it inspires me to never give up. I constantly remind myself of these lyrics when I lose confidence in myself or feel that I have been let down because no matter the situation, as long as you keep trying and never give up, you will get to the end point."

6. MOLLY ZEYTOONIAN (12)

"In eighth grade, my chorus teacher gave our class a great piece of advice: "Be childlike, not childish." I wrote my college essay on a similar topic. It is so important to live life with the refreshing spirit of a child, while maintaining a sense of adult responsibility and accountability."

Jiwon Kim

Lauren Kim

Yuri Kim

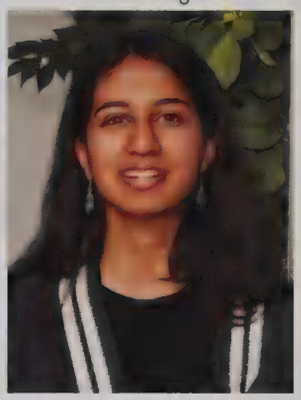
Savik Kinger

Thomas Klebe

Christopher Klein

Parvati Kodendera

Rachel Koh


Shweta Kondapi

Linda Kong

Joris Konijnenberg

Clara Kuli

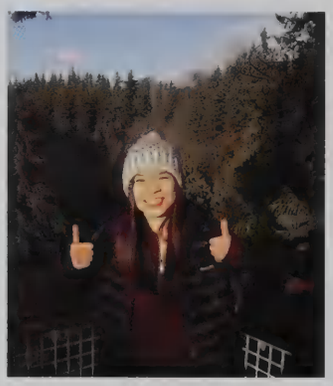
Amolak Kumar

Anjali Kurup

LEFT OR RIGHT

Rachel Wong (12) talks about how she is ambidextrous.

"I am ambidextrous. I write with my right hand but do everything else with my left. When I first began playing softball, my parents did not believe that I felt more comfortable throwing with my left arm and bought me a righty glove. I had to learn how to throw with my right arm for the sport. Now I can throw with either hand equally as well, but I still prefer to use my left though."



Madison Lacombe

Angela Lai

Maya Lamm

Eric Landers

Lindsey Laquerre

Nora Lavins

Katherine Lawee

Claire Lawrence

Lily Lawrence

Manon Le Donne

Anna Lee

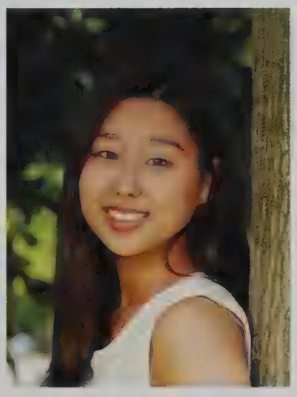
Brianna Lee

David Lee

Jae Lee

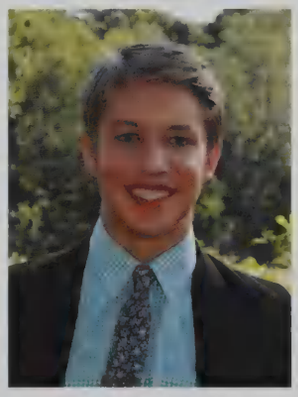
Karis Lee

Luke Lee


Seoyoung Lee

Jacqueline Legutko

Sophia Lehrer


Charles Leightheiser

Chun Wunn Leung

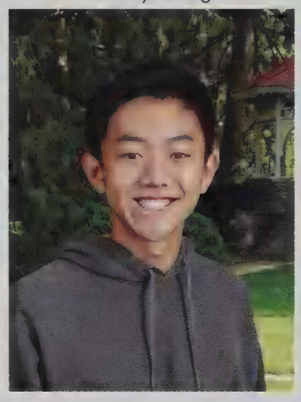
Tiffany Leung

Maxwell Levine

Daniel Lewitzky

Brandon Li

Caroline Li


Evan Li

Jonathan Li

Robert Li

Huining Liang

Gary Liao

Justin Lin

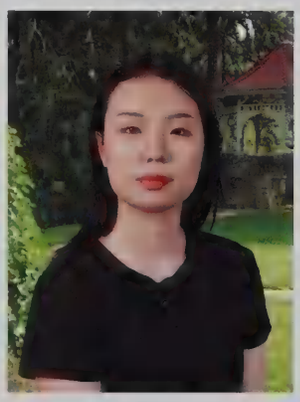
Kexin Lin

Amanda Liu

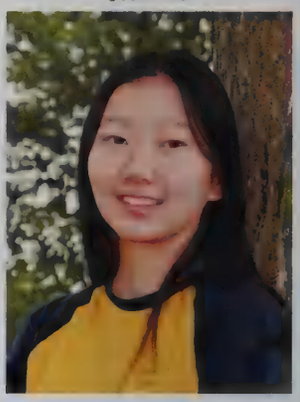
Justin Liu

Robert Lloyd

Aron Lu


Lucy Lu

Isa Lundstrom Svahnqvist


Yihan Luo

RAISING AWARENESS

Pascal Cheung (12) is raising awareness of the disease that he has had to grow up with.

I have been fighting a never-ending battle all my life. Some of you may know that I suffer from a condition called Diamond Blackfan Anemia (DBA). This is a congenital disease that causes, among other defects, my bone marrow to be unable to produce enough red blood cells naturally. My circumstances are unfortunate, but I learned to fight it. From the beginning, it has been an uphill fight for survival. The defective gene left me, at birth, unable to breathe and eat properly. I was young and oblivious then, but now I understand this was the first combat. My parents and doctors were the first troops. They fought for my every breath and bite. I had a cleft palate, they repaired it; I had a compromised airway, they put in a tracheostomy tube; I couldn't eat enough to thrive, they put in a gastronomy tube. They used every trick up their sleeves to keep me alive. They succeeded. The first combat was won.

Next came the struggle for a normal life. Fortunately, I have an arsenal of weapons at my disposal to treat the disease. However, each treatment has its drawbacks. Blood transfusions would directly replenish my blood but require my going to the hospital tri-weekly or monthly. A bone marrow transplant would cure the anemia but only by putting my life at risk. Luckily, I am able to choose the safest and definitely the most convenient option, a steroid medication, even though it does lead to myriad side effects. For example, my growth plateaued in the sixth grade, resulting in my current and future height of four foot ten. It also does not completely alleviate the anemia. I often find schoolwork to be a particular chore as I am left enervated after a long school day. Some fights cannot be completely won.

There are also victories. I am lucky that my condition does not dictate what interests I pursue. Despite deformed digits and a defective airway, I have studied the piano and the flute; and despite brittle bones, I have learned karate. People with diseases and disabilities are usually less able to explore the world. Yet, my recent adventures have taken me to the Galapagos Islands, Australia, Italy, and Thailand. Through it all, there is my huge support system, from teachers to therapists to friends, to whom I owe a large debt of gratitude. They helped me with fundraisers, provided accommodations, and, most importantly, allowed me to break free of the constraints of my disease. This is the sweetest victory of all.

My personal battle is part of a much larger war against DBA. Our central command for this war is the Diamond Blackfan Anemia Foundation (DBAF). At Camp Sunshine, during a session organized by the DBAF, I met people who are very similar yet, at the same time, very different from me. Although they are fighting the same battles I am, some endure even more severe symptoms than I do. Should my disease worsen, I know that there are others I can talk to. I am not alone in my struggle.

You may now be inspired to join me in this war against DBA. You can participate by donating to the DBAF or by applying to medical school, both of which will contribute to a cure. You can also learn more about this condition by following @beatdba on Instagram, co-managed by myself, or the DBAF page on Facebook. There are also various DBA nonprofit organizations established in countries such as Canada, Australia, and some of the European countries, all of whom have Facebook pages as well. With your help, we will win this war that nature has started.

Diamond Blackfan Anemia has shaped my physical abilities and appearance. But I will not let this battle define my life. A quote sits on the ledge of a small shelf in my house. It reads, "Life is not about waiting for the storm to pass. It's about learning to dance in the rain." I cannot control the storm, but I will not wait for it to pass. I choose to dance in the rain.

Nicholas Lupone

Albert Ma

Emily Ma

Emily Ma

Shuhe Ma

Anthony Mabardy

Charles Mabardy

Joshua Machado

Sydney Mackler

Dillon MacNeil

Naoko Maeda

Joline Maher

Sarine Mahrokhian

Aggeliki Mamounas

Eugenie Mangon

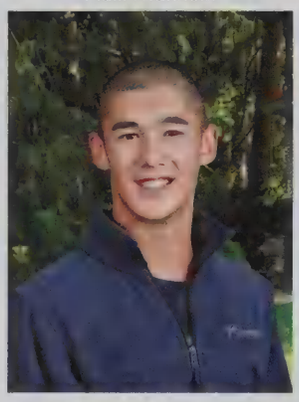
Aditi Mannem

Julian Marmier

Simon Martarello

Nicholas Maus

Matthew McAlarney


Kyle McCandless

Katrina McCarthy

Mae Mae Mcdermott

Jack McGaraghan

Sarah McGloin

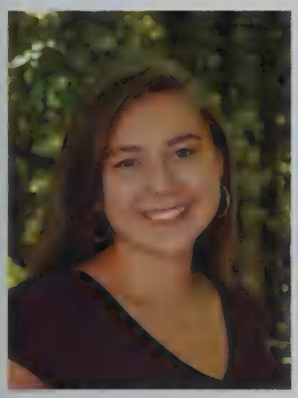
Andrew McGovern

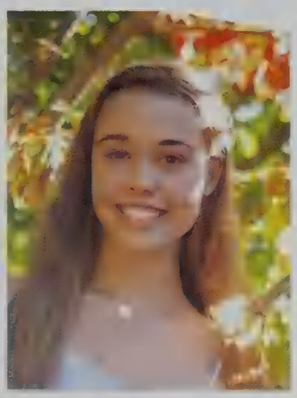
Fiona McGuire-Eggleston

Miranda McGuire-Eggleston

Dylan McLaughlin

Grace McLaughlin


Addison Metzger


Caroline Michaud

Jacob Milendorf

Eliza Miller

Ashna Mitta

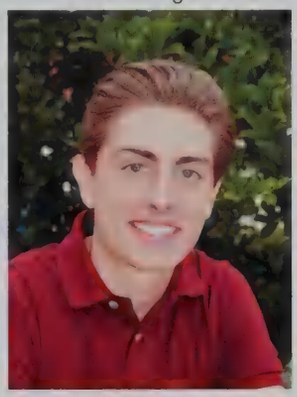
Shruti Mohan Karthikeyan

Callie Moody

Kriti Moogala

Parker Morii-Sciolla

Khushi Morparia

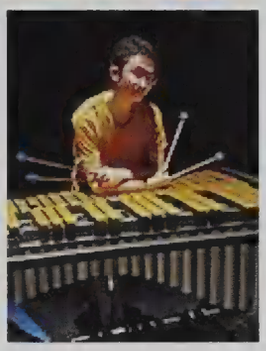

Joseph Mostika

Joshua Mozes

ONLY ONE ITEM

Students share the one item they would keep if they were only allowed to keep one item.

"My piano. I've known it for as long as I can remember."
JASON VOGEL (12)



"My mallets because it distinguishes me from almost everybody at LHS in terms of hobbies/talents."
JIWON KIM (12)

"Family is not an item, but it is ONE significant "thing" in the house. Family is so important because these are the people I grew up with. Losing your family is almost equal to losing your life."
LUKE LEE (12)

"Anything that makes me feel connected to my little sister."
ANVITI SWARAJ (12)

FURRY PALS

Students talk about their furry friends that keep them company.

"I run the MSPCA club at our school actually. I joined as a member in freshman year, and was promoted to leader at the end of that year. I also have a six-year-old British Shorthair cat named Sadie."
CAMRYN WEDGWOOD (12)

"I have a cat named Clyde who I talk about too much but he's so cute and sweet - not what people typically think of when they think of cats. I taught him how to do 'paw'."
EMILY MA (12)

"My puppy crosses her paws when she lays down. She's such a lady."
MOLLY ZEYTOONIAN (12)

Isaac Mukamal

Conor Murphy

Luke Murphy

Margaret Murphy

Lordrich Muyanja

Victoria Nagle

Vighnesh Nagpal

Navya Nakka

Benjamin Nevis

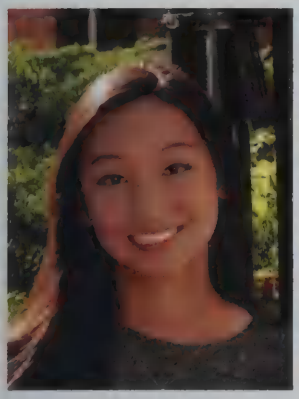
Daniel Nothaft

Helena Nybakken

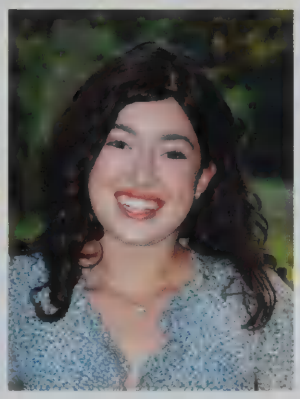
Meghan Nyhof

Danna Ofek

Hannah Oh


Karen Oh

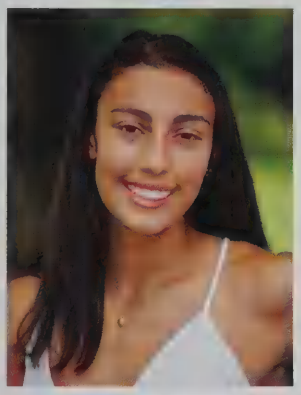
Tristan Ohler


Hailey Olcott

Michelle Olofsson

Oonah O'Neil

Nicholas Orf


Ana Ortiz DeRosa

Junpei Ota

Anushka Pachaury

Ashwin Padaki

Gabriela Padilla

Felipe Palacio

Aadharsh Pannirselvam

Sameer Paranjape

Jenny Park

Sarah Park

Bryna Patel

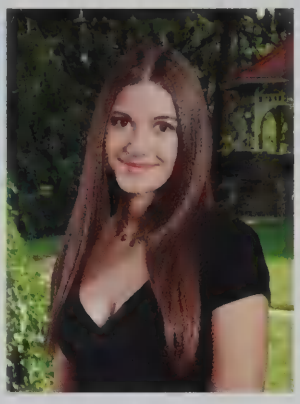
Nikhil Patel

Devesh Pathak

Sai Teja Pathivada

Matthew Pearlman

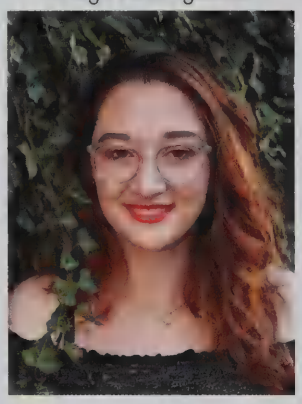
Diego Perez Iglesias


Thais Perros

Abigail Pickar

Olivia Pitts

Paula Prado


Zoe Prestbo

William Pullen

Rohan Purandare

Ashish Puri

Emily Qiu

Sabrina Quadir

Hanah Raj

Aishwarya Rajagopalan

Anjali Raman

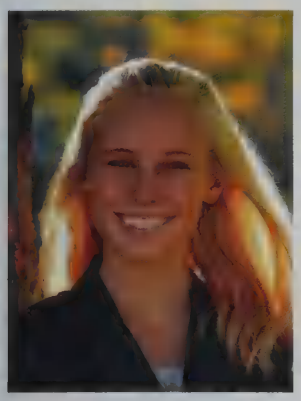
Jillian Ranauro

Roshni Ray

Andrea Reier

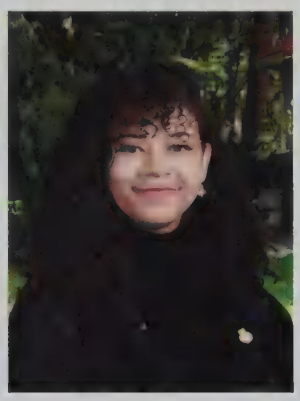
Emilie Rennie

Davis Richard

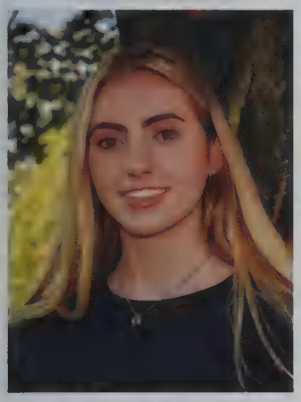

Cameron Richards

Annika Richter

Ian Richter


Zoe Robertson

Ofek Rotlevy


Taylor Salerno

Daniela Salinas Camacho

Luciana Santillana Linares

Tara Sarma

Srinivasan Sathiamurthy

Arunima Saxena

Jessica Schroeder

Theodore Schroeder

Elena Serenko

LILLIAN ELLMORE IS AN INSPIRATION

Lillian Ellmore is an inspiration to many as she continues to make a difference in her community.

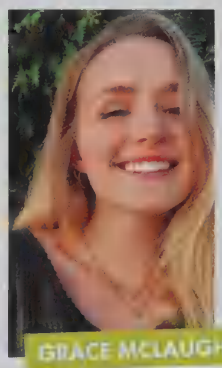
"The Miss Amazing Pageant was a wonderful experience for me. Everyone was super sweet and supportive and we were all able to feel beautiful in our own way. During my reign, I have been able to speak about understanding differences and overcoming challenges which is something I'm very passionate about. I've also contacted Lexington representative Michelle Cicolla and as of now we are looking forward to meeting up to talk about how she can help me make a difference in the lives of disabled people in her community"
LILLIAN ELLMORE (12)

MESSAGES TO THE NEXT GENERATION

Students share some wisdom with future freshmen.

"One way to get an A is to cheat. Another is to study. Neither works as well as sleeping though. Also, don't go looking for the pool on the third floor."

JUSTIN LIN (12)



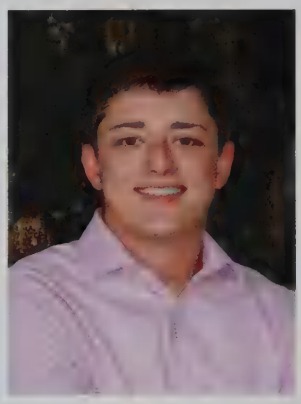
"Some advice I would give to the incoming freshman, is to not be afraid to ask your teachers for help. I learned too late how helpful and understanding they can be when you feel behind and overwhelmed. You got this!"

GRACE MCLAUGHLIN (12)

"Trust in yourself!! It's something I've had to struggle with and still struggle with today, but it's important to realize that people literally just can't take away your inner abilities or your true understanding of yourself. I try to find comfort in that."

JANABEL XIA (12)

Nikita Seth

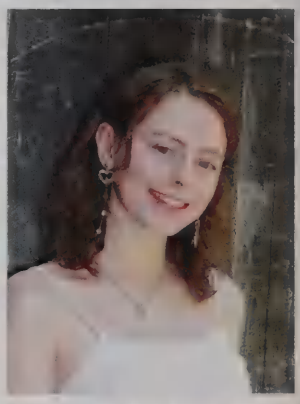


Noah Sevigny

Vani Sharma

Andrew Shen

Lily Sheth



Ella Shubert

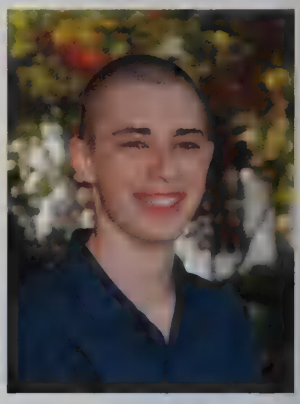
Vir Sikand

Johanna Simon

Justin Siri

Isabel Siu-Zmuidzinas

Emily Sjodin

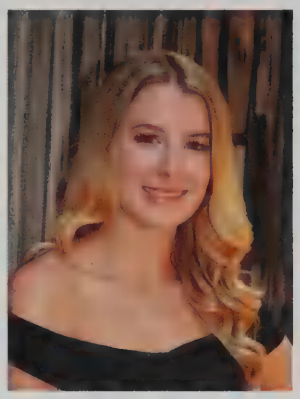


Mason Smith

Kirea Snell

Paul Song

Tiancheng Song


Victoria Sowle

Summer Spencer

Pranathi Srirangam

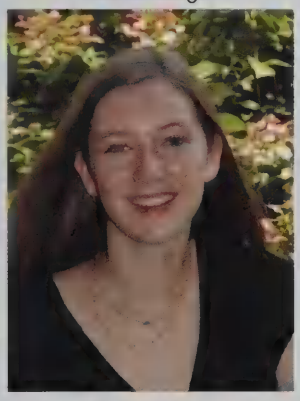
Lauren Steiger

Malte Steines

Pauline Steines

John Stevens

Eliza Stokes


Bella Strollo

Elizabeth Stump

Kyle Suh

Angelina Sun

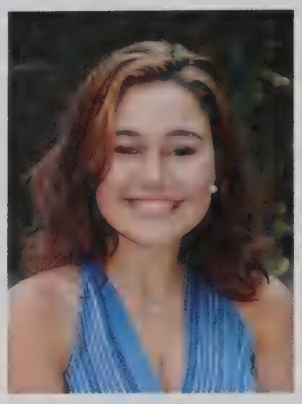
Hamish Swanson

Anviti Swaraj

Hannah Sweeney

Nathan Swirnoff

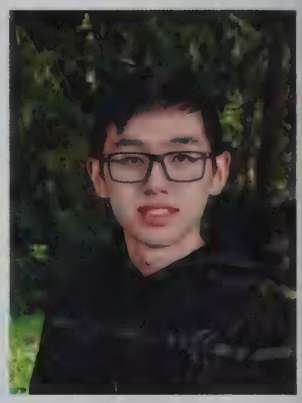
Ariya Syed


Gabriella Tagliamonte

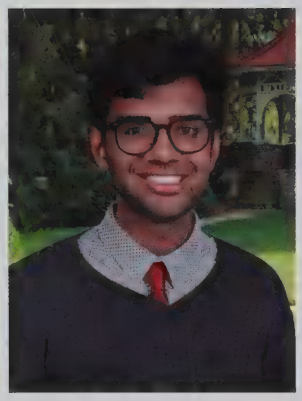
Matthew Tam

Antoinette Tan

Jacob Tan


Yike Tang

Zhengwei Tang


Aarya Tavshikar

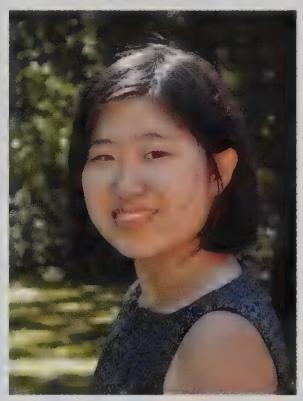
Andrew The

Stella The

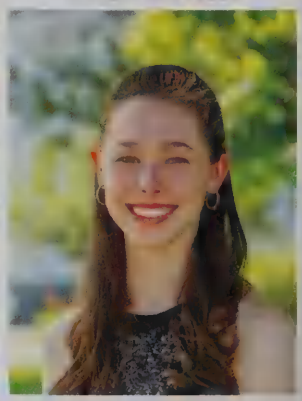
William Thibodeau

Aakash Thumma

Renee Titemore


Michelle Tom

Armaan Tornow


Lilla Torontali

Emiliano Torres Valencia

Michelle Tu

Abhiraj Tuniki

Alea Turner

Nicholas Ursino

Batuhan Usluel

Alana Valdez-Downing

Lukas van der Laan

Valerie Vaz

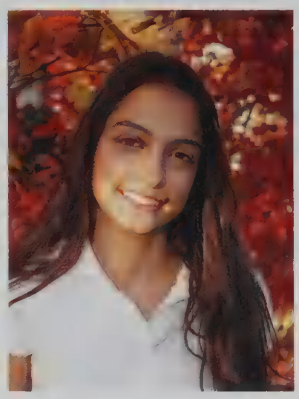
Darshana Venkatesh

Jakob Venzke-Kondo

Beau Vernet

Maeva Viaud

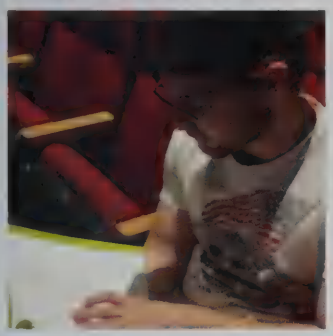
Benjamin Vlacich


Anjali Vlassak

GOODBYE LHS, HELLO WORLD!

Students talk about their favorite memories from their high school experience

"One of my favorite memories was traveling to Greece and Bulgaria for Chamber Singers. I loved learning different phrases in Greek and Bulgarian. It was incredible to see the traditional dances and experience the culture shock that came with traveling to different countries. We are so lucky to have gotten to taken the trip and had so many unique experiences as a whole."
EMILY WEINBERG (12)



"Probably one of the best memories I have was creating 'The Mendelssohn Project'. I have never felt more connected to the people around me and more in my element. "
WILLIAM PULLEN (12)

"In my junior year, I sat in Mr. Egbert's classroom almost every day for lunch in the second half of the year. He wasn't my teacher and at the beginning, I wasn't too familiar with anyone else who ate lunch there as well, but it quickly became my favorite part of every day."
ANKA HU (12)

"LHS can be a disheartening, stressful place, but pushing through the struggle fostered important relationships with the people around me. Every year in high school, there have been teachers and other adults around the school (shoutout to the cafeteria staff) who have always been supportive. There's something especially powerful about people you respect actively rooting for you."
PRANATHI SRIRANGAM (12)

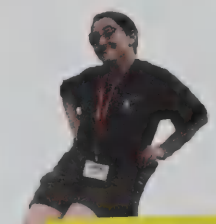
HOW DO YOU

MIX IT UP

Students talk about the various ways they mix up their lives.

ANGELA HOUH (12)

"I work on a miniature sheep farm on Saturday mornings. Usually, I will do yard work to keep their pastures clean and feed/water them. I absolutely love working here because its such a rewarding and wholesome job. Caring for other living animals gives me a strong sense of purpose and in general their energies are so loving and nonjudgmental so it brings me a lot of joy."



MIRIAM ABRAMS (12)

"Something that not many people know about me is that I'm in a fife and drum corps, and I've been playing the fife for over eight years. We've performed all over the world, and last summer we traveled to Ireland. When I started out, I was super shy and couldn't fathom playing music in front of other people, but over the years I've made many friends and my confidence has grown exponentially."

Johan Vlassak

Jason Vogel

Katherine Vogelzang

Isaac Volan

Shivendran Vytheswaran

Bruce Wan

Christine Wang

Evan Wang

Kikuno Wang

Michelle Wang

Qifa Wang

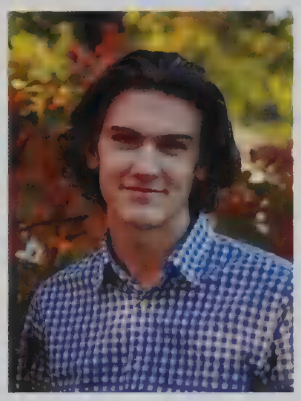
Yida Wang

Yifei Wang

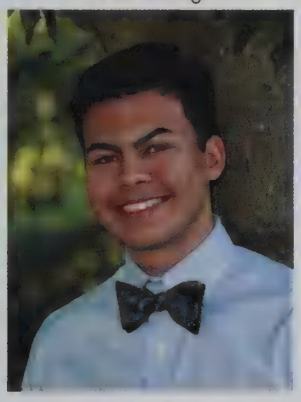
Yilin Wang

Mira Ward

Sydney Wardwell


Graham Warren

Lae'l Watson


Jackson Weber

Camryn Wedgwood

Lauren Wedgwood

Emily Weinberg

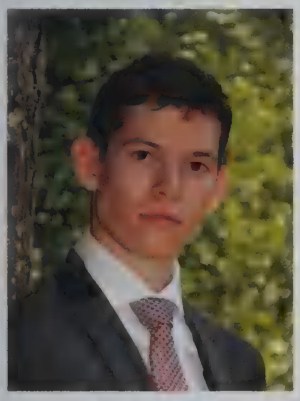
Shachar Weinmann

Daniel Wen

Nicholas Whalen

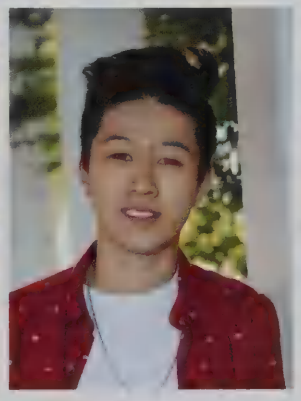
Maxwell White

Naor Wiesel


Daniel Winter

Rachel Wong

Julia Wu


Justin Wu

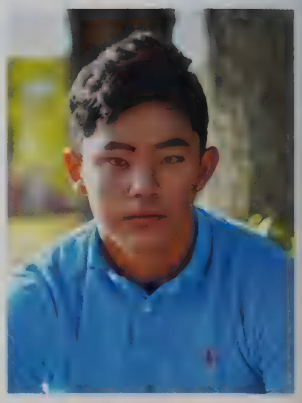
Payton Wynn

Ethan Xi

Edward Xia

Janabel Xia

Jessica Xiao


Kevin Xiong

Conway Xu

Charles Yang

Heidi Yang

Kevin Yang

Eric Ye

Jeffrey Yeung

Helen Yin

YuXiao You

Jiawen Yu

Shiyu Yu

Emi Yuki

Daisy Yuyun

Jessica Zales

Yianni Zavaliagkos

Molly Zeytoonian

Alex Zhang

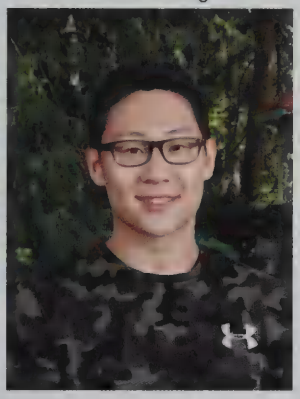
Annie Zhang

Elizabeth Zhang

Haoyang Zhang

Patrick Zhang

Rachel Zhang


Yuweiming Zhao

Linxi Zhong

Justin Zhu

NOT PICTURED

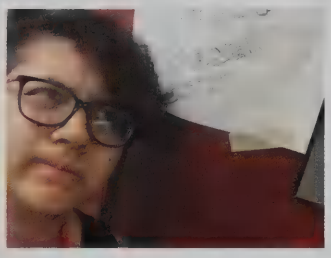
Jiangyuan Ai
Brendan Albert
Mohammad Atiyyat
Yan Bojanowski
Taylor Brown
Kassidy Buzzell-Shane
Jenssey Charles
Mirabella Cue
Jiarui Duan
Nikita Gnilitskiy
Yilan Gu
Sahaj Kakullavarapu
Yuxiang Lian
Rishi Mukherjee
Huong Ngo
Ana Olivo
Elias Paulino
Sarai Pereira
Mattias Rask
Brent Roman-Finnagan
Shymon Samsel
Octave Seux
Dimitriy Shchedrovitskiy
Xiyu Song
Gaia Taig
Eric Tang
Rifka Thomas
Yitong Tian
Karl Vernet
Luke Wille
Alexander Xylona
Jiawen Yu
Boqing Zheng
Jiayi Zhou
Sophia Zurlo

THESE ARE OUR NEXT STEPS

Seniors talk about their next steps after graduation.

"I will be attending Belmont University in Nashville, TN in the fall of 2020. Belmont has been my dream school since I stumbled upon it on Niche my sophomore year. I visited it the summer going into junior year and absolutely fell in love with the school and Nashville. I went back to do a summer program for singing there last summer. Nashville has music pulsing through its veins and Belmont is reflective of that. The community is supportive and growth-oriented with a focus on creating musicians with strong musicality, passion, and drive. I am beyond excited for my future in such a fun, creative city!"

MOLLY ZEYTOONIAN (12)



"I've always dreamed of studying architecture. Now that I'm at the point of applying to schools, I realize that my dreams are really in reach. I'm applying mostly to places with the five-year arch program so I can become an architect even quicker. I really have my eye on one school I visited that I feel is perfect for me. I can't wait to meet more people in my field of studies and finally put my skills of adulting to the test. Having already gotten into one school this November, I know that anything is possible for my future."

PARKER MORII-SCIOLLA (12)

"I'm planning to study Neuroscience and English in college. I also want to keep playing the violin and making art!"

EMILY MA (12)

FRESHMEN
CLASS OF 2023

Brooke Adams
Humaira Afia
Anjali Agarwal

Arushi Aggarwal
Joseph Agresta
Liv Ahlqvist
Ariv Ahuja
Chenyang Ai
Aysu Akil
Jamie Albertson
Josephine Alessi

Jason Alexander
Rawaa Ali
Yacine Alimi
Ana Alvernaz
Antonio Alves de Siqueira Fernandes Neto
Laya Ananthakrishnan
Malavika Anil
John Applegate

Amelia Ash
Humdaan Asif
Anjali Asthagiri
Hector Astrom
Yazen Atiyyat
Renee Au-Yeung
Humza Azhar
Ahmed Babaeer

Robert Badger
Arindam Bagga
Jayden Bai
Nihaal Bal
Pavitra Balachundhar
Rohan Bandaru
Dean Barone
Ella Barry

Theo Bartolini
Anika Basu
Marc Battista
Chloe Bausemer
Emma Bellotte
Timur Bendlin
Maya Benet
Edie Berndt

Daniel Bielat
Juliet Bijesse
Ella Bilge
Aske Bitsch-Norhave
Dolev Blander
Tynan Boggs
Priya Bongu
Margot Bordman

Kunal Botla
Evan Bouwens
Sriveda Boyalakuntla
Timothy Braginsky
Lucas Brenner
Cameron Bruce
Pieter Bultman
Leah Burian

William Cacciatore
Serena Caira
Donovan Callahan
Eric Caouette
Devon Carey

Eleanor Caro
Tomas Carreno
James Cassidy
Cherika Castor
Thomas Catalano

Sainandini Chalamkuri
Elias Chang
Luhongyi Chang
Laetishea Chatterjee
Jack Chen

Sebastian Chen
Justin Cheng
Nathaniel Cheung
Cherie Chin
Nicholas Chipashvili

Michaela Chisholm
Thomas Chisholm
Jacqueline Chism
Anika Chitnis
Faith Choi

Odin Choy
Maxim Chriss
Madelyn Chu
Ephram Chun
Christopher Chung

Ryan Chung
Erik Claesson
Sienna Clivaz
Sophia Coe
John Cohen

John Connor
Jackson Connors
Fieke Coonen
Sierra Cooper
Taylor Cooper

PASTIMES
AND FAVE FUN TIMES!

Students share their favorite hobbies and activities.

My favorite hobby is drawing, both digitally and on a sketchbook. Drawing is very useful and a fun activity for me in many ways, as I am able to freely express myself and get a break from reality. However, my very favorite part of drawing is making other people smile, because through their happiness I feel happy as well.

SASHA YANGUAY (9)
DRAWING

Being a freshman, I tend to have more free time. I usually enjoy watching movies, the Shrek franchise being my usual choice. The first movie is my favorite; I think the plot is the most exciting out of all four.

GREGORY NOVIKOV (9)
MOVIES

I enjoy the camaraderie of the sport. Although it is very competitive, I'm inspired by my teammates. We are all very supportive of each other. I have met new friends through the sport, and we have innumerable memories from the pool.

ANNA PANIOLO (9)
SWIMMING

I love playing sports and being with my friends. I've been playing basketball for a while and I'm competitive, which is why I like sports a lot. But most of my time is spent chilling with my friends.

ARYAN MITTA (9)
SPORTS & FRIENDS

Lorenzo Costello
Aidan Courduvelis
Cecil Christopher Cox
Eleanor Craver
Ava Criniti
William Cui
Emmett Cullinan
Eduardo Cunha

Sam Cunningham
Eileen Curtis
Jessica Dai
Sahil Dalal
Sophia Dalal
Tanay Dalmia
Ava Davidson
Kyla Davidson

Sarah Daxikar
Anna Giulia de Oliveira
Robert DeFilippi
Aidan Delgado
Xavier Delgado-Osborne
Zoe Denenberg
Parth Deshmukh
Sreenidhi Dharmaraj

Manvi Dhekane
William Dinsmore
Catherine Dong
Yiqun Dong
Layla Dossantos
Nicholas Doyle
Ronald Du
Nathaniel Dvorkin

Lilah Elananzeh
Franca Ellerman
Kaycee Epps
Aliya Esty
Ho Tin Fan
Ruby Fehm
Carlos Fell Maira
Amy Feng

Allison Ferrell
Collin Fiske
Conor Flaherty
Jack Foley
Keira Fox
Shea Freda
Catharine Fu
Yifan Fu

Skylar Furey
Daksh Gajaria
Arjun Gandham
Aashna Gandhi
Swapnil Gandhi
Harrison Ganis
Grace Gao
Alaia Garcia-Mariscal

Kyle Gardner
Gabrielle Gee
Matteo Gentile
Praveena George
Semen Geraskin
Michael Gerfen
Maya Geva
Srija Ghosh

Avni Gokarn
Soren Goldsmith
Theodor Golesteanu
Katharine Gollub
Jerry Gong
Kayla Gordon
Mya Gordon
Niti Goyal

Katherine Gray
Eleanor Green
Jackson Green
Brandon Grullon
Parker Gruskin
Eric Gu
Rebecca Gu
Pranav Gunnala

Sathvika Gunturu
Ivy Guo
Tanmay Gupta
Vihaan Gupta
Katrina Hachkowski
Tammer Haddad
Miu Hagio
Justine Hajjaj

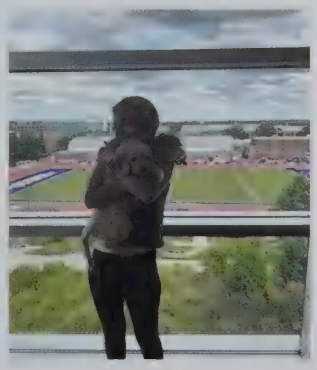
Anya Hajjar
Ruilong Han
Allison Haris
Hawraa Hasan
Zahraa Hasan
Gavin Hatfield
Anna Hazewindus
Jeffrey He

Samantha Hechler
Sunhee Heo
Hayden Herrick
Andrew Hine
Ethan Ho
Alyson Hodge
Adriana Holtzman
Ireh Hong

TIME TO STUDY!

Students talk about their favorite spots to study.

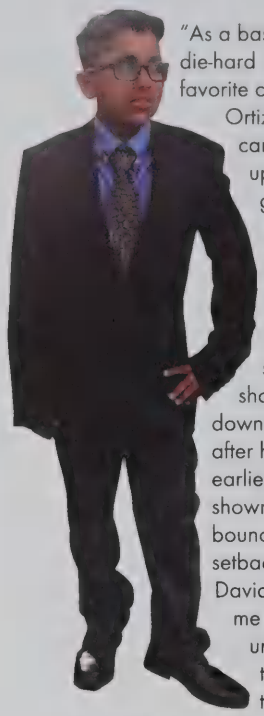
"I really like to study outside. If the weather is nice, I'll do my homework in my backyard on a picnic blanket with my dog. I like to get some fresh air after being in school all day!"
ABIGAIL SULLIVAN (11)



"I like to study in the library but when it is nice out, I prefer outside because I feel like we spend so much time inside and it is so refreshing to enjoy the outdoors."
DARYA IRANMANESH (11)

OUR INSPIRATION

Students share famous figures who inspire them.



"As a baseball player and die-hard Red Sox fan, my favorite celebrity is David Ortiz. Ortiz's sports career was filled with ups and downs. His good humor has reminded me to take things lightly even in tough situations. His humility has shown me that you should always be down to earth. Even after he got severely shot earlier this year, he has shown me that you can bounce back from any setback. Most of all, David Ortiz has shown me that no dream is unachievable, and that if you shoot for the stars, you will get there in a matter of time."
ATUL VENKATESH (9)

"A celebrity that inspires me is Stephen Hawking. He was diagnosed with Lou Gehrig's and was not expected to live for more than a few years. However, defying all odds, he lived for more than 50 years with the disease. He worked his way through the academic field, despite having struggles in the beginning. He passed away doing what he loved and secured his legacy as one of the most brilliant minds, who spent his life working for the collective benefit of all people. "
AIMEE WAN (9)

Mitchell Hopkins
Kyle Hori
Sofia Houh
Abigail House
Miles Houston

Jason Hrkach
Emma Hu
Richard Hua
Annabelle Huang
Brady Huang

Liam Hunt
Anna Iacobucci
Eva Irving
Zoya Islam
Emma Ivarsson

Evan Iverson
Vinit Iyer
Fletcher Jackson
Matthew Jacob
Nathaniel Jacoby-Twigg

Noah Jacoby-Twigg
Aryan Jain
Dhriti Jamadagni
Soren James
William Janovitz

Jidapa Janpathompong
Jinn Janpathompong
Miguel Jaramillo
Wesley Jarvis
Sarah Jensen

Kadenica Jesurum
Kaylee Ji
Joseph Jia
Allen Jiang
Luke Johnson

Leah Jolley
Donovan Jones
Arth Joshi
Till Jueppner
Thomas Jureidini

Cuyler Kahan
Joel Kalai
Shipra Kalve
Hana Kang
Sabrina Kappler
Zahra Karim
Thomas Kaser
Nalah Kasongo

Jeremy Katz
Joshua Katzman
Saksham Kaul
James Keating
Anna Kefalas
Fiona Kelly
Cora Kemp
Vivian Kerr

Sachin Kewalramani
Shahyan Khan
Bornali Khondker
Neekee Khosraviani
William Kilgore
Daniel Kim
Ishan Kinikar
Dorian Kiwanuka

Alexandra Klimashova
Parth Kocheta
Timothy Koh
Andrew Kong
Isabel Konijnenberg
Ioannis Kontothanassis
Sophie Kormos
Naveen Kothandaraman

Aditya Koul
Julia Kuang
Sreshta Kuchimanchi
Stephen Kuli
Shireen Kumar
Anna Maria
Kuraszkiewicz
Joshua Kurma
Julian Lachowitz

Thomas Lagarde
Christy Lam
Brayden Lane
Sarah Lane
Russell Lebert
Gabriel Lee
Nana Lee
Sophia Legutko

Benjamin Lemont
Isabelle Lensmire
Jacob Lensmire
Angie Leung
Jaden Leung
Prestin Leung
Joshua Levine
Ian Lewis

Tsewang Lhadon
Alicia Li
Isabel Li
Kyan Li
Yuanhao Li
Theodore Liang
Kaiyang Liao
Peter Liebman

Sophie Liebman
Christopher Lim
Nathan Lim
Audi Lin
DanLi Lin
Huaye Lin
Neil Xincheng Lin
Julia Littlewood

Matthew Liu
William Lloyd
Eric Lo
Charlotte Locher
Lotem Loeb
Matthew Lofstrom
Ainsley Lonczak
Isabella Looney

Antonio Lopez
Andrew Lu
Ella Lucente
Matteo Luciani
Carrie Luo
You Lyu
Alexandra Ma
Amy Ma

Emily Mael
Helen Mager
Sahil Mahmud
Laila Mamdouh
Saanvi Mammai
Mark Manevich
Anuka Manghwani
Vidula Mannem

Lauric Marmier
Lauren Martin
John Mazerall
Liam McBrinn
Adam McCallion
Joel McCandless
Maeve McCurdy
Andrew McDonnell

James McElheny
Ryan McMahon
Grace McNamara
Aidan McPhee
Filimon Mebrahtu
Aahan Mehra
Nelson Mendes-Stephen
Nathan Meunier

Sarah Meyer
Ruhi Middha
Ian Miller
Sophie Line Miller
Jeffrey Min
Karin Minemoto
Katherine Mitchell
Nadia Mitsumori

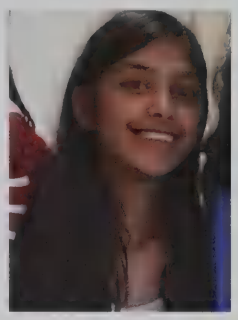
Aryan Mitta
Naoya Miyamoto
Claudia Moehring
Kiyan Moinzadeh
Ava Monaco
Jackson Monks
Jacqueline Moore
Matthew Morin

SWITCHING FOR A DAY

Students talk about who they would be for a day if they could switch lives with anybody.

"Not to be cliche or anything, but I would live the life of my parents because they always say how I have life so easy since I'm not as busy as them so if I do everything they do I can understand how hard they work."
MICHAELA CHISHOLM (9)

"Messi because he literally has a perfect life, family, money, loves what he does, and made history."
MIGUEL JARAMILLO (9)



"I would be my sister (six years old), because I would love to see a day from a smaller and simpler point of view."
ANJALI AGARWAL (9)

"Probably my mom. Because she's a great person and I'd be able to work with toddlers for a whole day."
NARESH VYTHESWARAN (9)

"I would be Jeff Bezos and give a bunch of money to my real self."
ADITYA KOUL (9)

Medha Morparia
Oliver Morris
Tara Mukherjee
Carina Murphy
Isha Muzammel
Nagamitesh
Nagamuralee
Gertrude Nakyeyune
Marielle Nandy

Anthony Narouz
Mira Nayak
Ella Netzer
Alexander Newton-Cheh
Jack Ngo
Andrew Nguyen
Gregory Novikov
Mark Nybakken

Talia Ofek
Gavin Ohler
Efe Oksuz
Cornelius Olcott
Jonathan Ollendorf
Rose O'Neill
Cruz Ortiz DeRosa
Sophie Ortyl

Grace Ou
Grace Oweis
Ayla Ozbal
Chloe Pacheco Bloch
Samantha Pagnozzi
JongHyuck Park
Sophia Park
Madeleine Parks

Riya Patel
Kaveesh Pathak
Harshini Pathivada
Atharva Patki
Lucas Patocs Bisazza
Denali Payson
Mirra Payson
Ricardo Peres Fernandes Filho

Antoine Pham
Gavin Piepenhagen
Trevor Piepenhagen
Nathaniel Pierro
Sofia Piro
Shruti Pokharna
Ken Portillo
Aarushi Pradhan

Aneya Prakash
Caroline Purdy
Alyssa Pusatere
Paul Queheillalt
Laura Queiroz Pontes De Carvalho
Alara Rago
Niamah Rahman
Kavya Rajavel

Akhila Ram
Rohit Ramanathan
Vikranth Ramesh
Nelson Ramirez Catalan
Eric Ramos
Ryan Ranauro
Ryan Ranjitkar
Rohan Reddy

Kieran Reynolds
Tucker Reynolds
Shinyeong Rho
James Riney
Hannah Robinson
Jonathan Ruffing
Aashna Sahani
Hennesi Salcedo

Saamiah Salman
Anshuman Samanta
Lila Sandler
Seiya Saneyoshi
Uma Sanker
Disha Sankholkar
Vincent Santamatilde Mauro
Kavya Sasisekharan

Gabriel Savir
Pria Sawhney
William Sbihli
Jordan Schaffer
Anna Schroeder
Roman Sejnoha
Nylah Semwogerere
Rohan Seth

Yi Peng Sha
Saheli Shah
Samarth Shah
Keyan Shahidullah
Benjamin Shair
Nikhil Sharma
Yash Shastri
Aniketh Shelat

Hannah Shen
Sophia Shen
Ethan Showalter
Lucy Shubert
Samuel Simon
Ananya Singh
Arkajyoti Sinha
Anne Smith

Joshua Smith
Mohad Sohail
Solai Solaiyappan
Rachel Solomon
Sophia Sommers

Aviv Spitz
Ailani Stephen
Jillian Stevens
Olivia Stevens
Vance Stewart

Morgan Su
Tingxiao Su
Edward Suber
Thillainayaki Sudhakar
Joseph Suh

Sally Sukhia
Finn Sullivan
Jasmine Sun
Sean Sun
Sumanasri Surisetti

Julian Sutaria
Aditi Swamy
Sreeteja Tadimarri
Leia Taig
Riku Takahashi

Jacob Takvorian
Wesley Tam
Ava Tamaro
Yukimura Tanaka
Kira Tang

Ethan Tang-Jones
Sasha Tanguay
Ashley Taylor
Kyle Taylor
Lucia The

Mae Thompson
Colby Thourani
Phoebe-Yuxin Tian
Tobin Ting
Amato Tokushige

LISTEN TO THE WISDOM

Sophia Sullivan talks about how her grandmother inspires her everyday to be a better person.

"I would say that my grandmother truly inspires me. Although she lives in California, I cherish the times when she comes to visit my family. She embodies many of my values, such as recognizing the value of hard work, and she believes that expressing yourself creatively speaks volumes about your character. She is very humble yet she takes pride in her accomplishments. We have such a great time together, she is willing to learn from those around her and spread positivity. She encourages me to be myself and find what genuinely makes me happy, not what other people expect from me. I am thankful that I have grown close with my grandmother, and I appreciate everything she has taught me to navigate through society."

SOPHIA SULLIVAN '11

REACHING FOR THE STARS

Which celebrity inspires you?

"A celebrity that inspires me is Bindi Irwin. She said, "To be beautiful means to be yourself. You don't need to be accepted by others. You need to be accepted by yourself," which I think is really amazing. I also look up to her because she treats every animal like she would treat any human with the love and respect that everyone deserves. And I'm inspired by her to treat everyone I meet as respectfully as possible no matter who they are."
ELEANOR CARO (9)

Sophia Tomasio
Caleb Tourangeau
Adara Trout
Matthew Troy
Yunosuke Tsuji
Helen Tswei
Branndon Uda-Thach
Matthew Ursino

Janya Utkarsh
Thomas van der Laan
Luca van Oossanen
Ria Vasishtha
Jonathan Vasquez
Tyler Velis
Archith Venkatesh
Atul Venkatesh

Sidharth Vij
Emma Vinokour
Olivia Vlacich
Naresh Vytheswaran
Harrison Walker
Charles Walsh
Molly Walter
Aimee Wan

Ava Wang
Ellen Wang
Emily Wang
Jeffrey Wang
Kayla Wang
Matthew Wang
Aleksandra Ward
Annabella Wardle

Zainab Wasim
Lily Wei
Justus Wheaton
Jillian White
Dylan Whitman
Katherine Wilker
Joshua Wu
Lauren Wu

Wilson Wu
Nicholas Xanthopoulos
Emilie Xi
Matthew Xia
Trevor Xing-Xie
Cassidy Xu
Ivy Xu
Alan Yang

Chuning Yang
Everest Yang
Kevin Yang
ZhengZhe Yang
Zhijia Yang
Boyu Yao
Christopher Ye
Fiona Ye

Joie Yeung
Rachel Yin
Laura Yoo
Javon Young
Brian Yu
Jaime Yu
Ryan Yue
Lisa Yuyun

Jan Zacarias Garcia
Zoe Zachary
Laila Zaidi
Elizabeth Zales
Anna Zaniolo
Robert Zeaske
Si Man Zeng
Alan Zhang

Anne Zhang
Ashley Zhang
Bryan Zhang
Colin Zhang
Jasmine Zhang
Allen Zhao
David Zhao
Amy Zheng

Arron Zheng
Joanne Zhou
Edward Zhu
Christine Zou

NOT PICTURED:
Haley Bondaruk
Matthew Cherenson
Rose Foley
Aanya Ghosh
Zoe Gray
Rosalie Gros
Genevieve Kim
Caroline Maus
Franco Michelin
Artashes Oganezov
Rayan Sekamatte
Haian Shao
Haiping Shao
Shereen Zhengo

Which celebrity inspires you?

"J.K Rowling's iconic rags-to-riches story is probably the most inspirational to me. First of all, she grew up poor in Britain and faced hardships throughout her childhood. Yet even with all of these other problems to worry about, she was still able to write Harry Potter while raising her child as a poor single mother. I really think her story is a great example of how no matter how terrible of a situation you're born into, there is always a way out, and you're never truly defeated until you give up trying."
AIDAN MCPHEE [9]

REAL LIFE MAGIC

JUNIORS
CLASS OF 2021

Joshua Abrams
Anushi Agarwal
Thomas Ahn

Taiki Aiba
Ali Akmal
Lily Aldairy
Kevin Alexander
James Allen
Mikhail Alperovich
Lior Amitay
Maya Anand

Nicolaes Anderberg
Evren Arif
Matteo Arshad
Rayyan Asif
Yuliana Astorga-Licardie
Ryan Atkins
Shangyin Au
Kyle Au-Yeung

Jalessi Aviles
Anna Babashak
Leanna Bai
Sunwoo Baik
Annika Bajaj
Mithun Baliga
Ava Barrentine
Caroline Barry

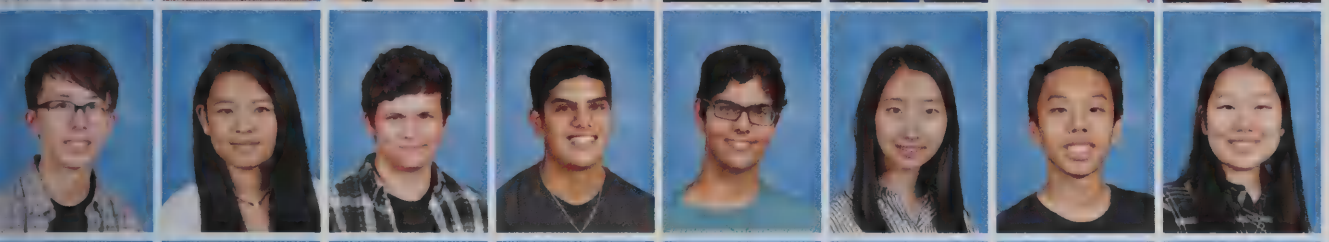
Lourenco Belleau-Bhowmik
Dafne Bennatan
Brianna Bennett
Gabriela Bensassi
Taylor Benson
Matthew Berhe
Christian Bernier
Mimansa Bhargava

Charles Bijesse
Hyunah Boo
Benjamin Borgers
Meiling Bottan
Myles Boutwell
Lluvia Brambila
Jacob Brandes
Wesley Brattain

Aylin Bruce
J. Buchta
Nora Bulovic
Helen Bultman
Daniel Burcsu
Ana Burwell
Peyton Campbell
Eileen Cannon

Thomas Caouette
Naya Cardoso-Monteiro
Miguel Caro
Julia Carreras
Ian Carson
Trevor Cattier
Oriane Cayron
Daniel Cellucci

Jeffrey Chan
Tobias Chang
Anika Chaturvedi
Karen Chen
Linda Chen
Natalie Chen
Richard Chen
Clara Cheng



Colin Cheng
Jacqueline Cheng
Dimitri Chernozhukov
Arjav Chhabra
Tej Chhabra
Yeon Woo Cho
Jeong-Wan Choi
Jiyoon Choi

Jacob Chu
Cynthia Chung
Annabel Cincotta
Nathaniel Colburn
Leagsaidh Collis
Benjamin Craver
Vincent Criniti
Nathan Croke

Erin Cullinan
Johnathan Dagan
Josh Daniel
Naod Daniel
Lily Darvari
Anubhab Das
Mahima Das
Matheus de Oliveira

Charlotte Deahr
Christopher Demirjian
Tayin Desai
Katherine DeVine
Max DiCerbo
Jarret Dlugy
Dilara Dokmecioglu
Rion Dore

"By senior year, I would have liked to have made a strong, long lasting friendship with at least one person from each grade during high school. I would also like to stay connected to the people I am already friends with throughout high school and after I graduate. I want to branch out to different people in school that I do not know yet and make new friends too. I want to stay active, and I want to continue doing sports both for fun and competitively."

HAYDEN HERRICK (9)

WHEN I'M A SENIOR...

What do you hope to achieve by the end of your high school career?

Kiyan Downing
Connor Driscoll
Kaitlyn Driscoll
Elizabeth Dube
Anjali Dulipsingh
Ariel Dvorkin
Sophia Dwyer
Audrey Eastridge

Anne Eayrs
Philip Eisner
Fawzi El-Kattan
Annika Elander
Paige Elander
Hannah Elefante
Carlee Epps
Benjamin Epstein

Jacob Epstein
Nicholas Everin
Mor Evron
Nicholas Favazzo
Joshua Fein-Cole
Jacinta Fell Maira
Rhein Ferdous
Audrey Ferrell

Jacqueline Fertitta
Aiden Fieleke
Amy Finkelman
Lily Finkelstein
Henry Fisher
Amanda Flashner
Micayla Flashner
Jeremy Fleming

Nathaniel Fortune
Nasir Francillon
Omari Franklin
Emma Frayberg
Cynthia Fu
Gauri Gajeshwar
Nicholas Gamota
Noam Gans

Tan Gao
Yujia Gao
Valeria Garcia-Lavin
Benjamin Garvey
Tara Gensure
Sheldon Gentling
Noah George
Noelle Germanetto

Anya Ghali
Caroline Ghayour
Mark Gianino
Tara Gill
Aleia Gisolfi-McCready
Kaisha Glass
Matei Golesteanu
Joy Gong

Zella Goodell
Natalie Gorshkova
Henry Graf
Samuel Greenberg
Sophie Gregoretti
Zoe Gu
Johanna Guarin
Punya Gupta

Maia Hahn-Du Pont
Mirabelle Harris
Brian Healy
Matthew Healy
Peyton Heisner

Pavel Hellriegel
Courtney Herzog
Jordan Hewitt
Michael Hickey
Kaitlin Hilderbrand

Emmanuela Hippolyte
Chloe Hofland
Timothy Hogan
Nuri Hong
Sirawich Hongsamat

Anna Honohan
Grace Horwitz
Jocelyn Hsieh
Andrew Hu
Jonathan Hu

Oliver Hu
Shui Hu
Emily Huang
Anne Hurd
Grace Hurd

Robert Hutchinson
Owen Hwang
Lillian Intriligator
Julia Irving
Jun Ishibashi

Zainah Islam
Lina Jaafar
Pia Jain
Isabel Jakimczyk
Ye Hoon Jang

Shishir Javali
Sharath Jegannathan
Emmett Jenness
Aansh Jha
Hanna Jiang

ONE ITEM

Students share the one item they would keep if they were allowed to keep only one.

"I would keep a picture of my brothers and I because it shows the growth from where we all grew up together and now we're all living our lives and although we aren't together, it shows the value of being able to know someone and call them your sibling because they're my built in best friends and nothing can change that. You can open up to them in a way you cannot with others because they will always love me and I'll always love them"
ESTHER NG (10)

"It's funny, I've actually thought of this before. It'd be this one little photo that I have of when I was little, on the first day of first or second grade. I wouldn't keep my phone, or my computer or anything else. Just that one little photo. Why? Because I think that to be alive, you have to be grateful. Grateful of the things and the opportunities that you have and have had. That little picture of my running to school, face full of pure joy is all that I need to remind me of how lucky and privileged I am."
SARA MEI (10)

NEW YEAR NEW SCHEDULE

Students talk about their thoughts on the schedule change from a five day schedule to a six day schedule.

"I like the six day schedule better because I won't miss any classes within the school days. I also like the new app that is created for the schedule."
LIOR AMITAY (11)

"I feel like it is a bit hard to get used to at first. I also feel like it is difficult to coordinate the days."
NATALIE CHEN (11)

"At first it was a bit confusing because I realized that sometimes I was not looking at the schedule for the right day. After a while though I actually started to appreciate the fact that Mondays always started differently and that gave me a new variety."
MEGAN LUI (11)

"I like that it changes up the week and makes the schedule more interesting. Even though it was hard to adapt to at the beginning."
CLAIRE JOHNSON (11)

Amy Jiao
Yiqi Jin
Claire Johnson
Kacey Johnson
Matthew Joseph
Stephen Joseph
Fynn Jueppner
Rishi Juneja

Iman Kagimu
Aditi Kalia
Satnam Kalkat
Benjamin Kamis
Thomas Kan
Lulian Kang
Dilasa Karki
Zachary Katzman

Sakshi Kaul
Pooja Kawatkar
Aidan Keaveny
Linda Kebichi
Christopher Keefe
Matthew Keefe
Aidan Kelly
Anita Keltcher

Campbell Kemp
Akul Kesarwani
Meher Khanna
Mehr Khurana
Euhan Kim
Hyungbin Kim
Minjune Kim
Yejun Kim

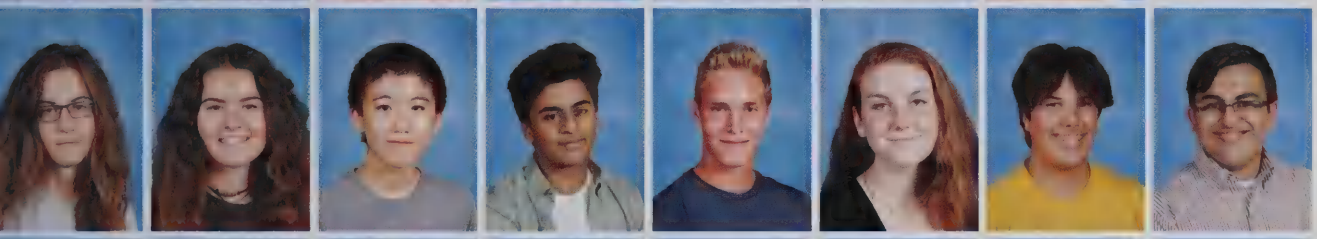
Yul Kim
Hailey Kingsbury
Maelis Knobloch
Ethan Kong
Alissa Krawczyk
Ishan Kumar
Pooja Kumaravel
Edward Lacson

Sailavanya Lakshmi Narayan
Isabel Larrabee
Catalina Lazzarino
Khoi Henry Le
Kristine Le
Charissa Lee
Gladys Lee
Joshua Lee

Kyuho Lee
Bryan Leung
Faye Lewis
Alex Li
Athena Li
Christina Li
Jennifer Li
Angelina Lian

Jia Lian
Melina Lian
Isabelle Lim
Flora Lin
Lawrence Lin
Lihan Lin
Parker Lin-Butler
Mariah Linskey

Alexander Littlewood
Benjamin Liu
Charles Liu
Megan Liu
Joshua Lo
Conner Lofstrom
Salome Longchamps
Christian Looney



Eli Lurie
Maya Lurie
Alex Ma
Venkata Varun Subhash Madiraju
Luke Mager
Sabrina Mahoney
James Maliszewski
Sanjay Mallikarjun

Kwan Chi Man
Rachel Man
Eliza Manasas
Ishika Mandelia
Athena Marcell
Lorelei Marcell
Grace Marcin
Silvia Mare

Sophia Martel
Sophia Martin
Jad Matalka
Rebecca Mathew
Peter McCallion
Donald McCarthy
Justin McCarthy
Nicholas McKee

Jane McKenney
Lachlan McLaren
Collin McMahon-Shea
Alannah McShine
Katelyn McShine
Surya Meiyappan
Rahim Mian
Peter Miniutti

Suhanee Mitragotri
Sohail Mohammed
Shobhan Mohanty
Elly Monaco
Katherine Mooney
Catherine Movsessian
Abhinav Mukherjee
Sophie Munn

Alexander Murphy
Darragh Murphy
Sarah Murphy
Sophia Murray
Laila Musleh
Violet Nabbanja
Emily Narouz
Nisha Nayak

Anna Nelson
Matteo Nguyen
Wendy Ni
Edward Nieshoff
Sophia Nietubicz
Anna Nolden
Liza Nussbaum
Anne O'Donnell

Wakako Okuda
Michele Oldrati
Daniel Ong
Ori Orgad
Joshua Ostrower
Max Ostrowski
Elijah Pacheco-Bloch
Jusrin Padam

Nathalie Pak
Caroline Palys
Kieran Parikh
Santiago Parizek
Meera Patel
Maria Pawelka
Alexandra Pawloski
Naomi Pearlman

WE HAVE NOT GONE BACK SINCE

Julia Arnold (10) talks about a family trip to the Swiss Alps that went awry.

"My dad, my grandfather, and I love to go hiking together in the Alps in Switzerland. My dad always plans the hikes, and he loves going on the older hiking paths. These were the paths he took when he was younger and went hiking with his dad. Once, he decided that we were finally going to make it to the top of a notoriously dangerous mountain. However, he decided that we weren't going to take the conventional path up the front of the mountain. Instead, we went around the back. In order to make sure that we had enough time, the three of us left at 6:30 in the morning. The first part of the hike was fine. But suddenly, the markers that showed us the path disappeared. We were stranded on a rocky plateau and had no idea where we were. My dad and grandfather walked across the plateau for almost two hours while I stayed at the last marker. Eventually, it was noon, and we still had half of the mountain to climb. My grandfather had already been to the top of the mountain once, so when he suggested we try and go around the mountain, my dad and I agreed. We started walking, and everything was going fine, when we suddenly came to a gravel slope. We walked down and realized too late that we had come to a massive pile of rocks left behind from the glacier. The smallest rocks were the size of a car, with the biggest rock being the size of a large house. We climbed through almost a mile of rock debris, having to make sure that we didn't fall into the massive cracks between the rocks. When we had made it past all of that, we were finally able to find the regular path that lead up the mountain. We thought that we had finally left the worst behind us, but we were wrong. The path began to narrow, and suddenly we came to a river and a slippery slope. There was one grass ledge that formed the only foothold that would get us across the river. My dad went first to test the grass ledge. He made it across safely but almost lost his footing because the ledge was so wet and slippery. I went next and, as fate would have it, lost my footing. I fell into the river bed, which had been smoothed down completely by the water. I slid down and was only barely able to stop myself from falling with the water off a cliff. Visibly shaken I had to climb back up to the path and try again. The second time, I almost lost my footing again, but my dad saw it coming and was luckily able to grasp my arm before I fell. My grandfather crossed the river extremely cautiously, so much so that it took him ten minutes to get from one side to the other. At this point, it was almost three pm, and we had promised the rest of our family that we would be back. So, we decided to head back down the mountain, still not having conquered it. By the time we made it back home, it was almost five pm. We had been out for over ten hours and had only made it half way up the mountain. We haven't gone back since."

Rafael Pedro
Ang Pei
Sonali Peiris
Michael Perkins
Zenon Perros
Trisha Peswani
Oona Peterson
Angelique Pham

Zachary Pierro
Neeka Pirooz
Nicholas Porter
Alexander Price
Manaswini Pujar
James Pullen
Joao Queiroz Pontes De Carvalho
Callie Rabins

Daria Radulescu-Banu
Owen Rago
Raasin Rahman
Maximus Ramina
Jason Rassaian Jr
Sritha Ravi
Varsha Ravikumar
Abigail Reed

Gavin Ricardo
Alyssa Richards
Alexandra Rifkin
Galen Roy
Adva Rozenberg
Anika Ruberti
Garen Sahakian
Sabrina Salman

Alexander Samra
Bianca Santi
Varun Sasisekharan
Anhad Sawhney
Karl Schapfel
Vilius Schmidt
Nevaeh Scott
Deena Selitsky

Jamin Seo
Anjali Shah
Anubhav Shelat
Ethan Shin
Sabrynna Silva
Maxim Slobodchikov
Marc Soliman
Benjamin Solomon

Reed Solomon
Liam Somers
Abigail Sommers
Zhixuan Song
Ilya Sortor
William Spector
Jonah Stang-Osborne
Lauren Sterne

Grace Stevens
Henry Stevenson
Maya Subramanian
Annie Sui
Abigail Sullivan
Sophia Sullivan
David Sun
Michael Sun

Yinuo Sun
Manish Sureshbabu
Hannah Sweeney
Roshan Syed
Helen Tang
Jiahui Tang
Matteen Taraz
Rod Tavangar

Chee Wei Tay
Caleb Teeter
Sam Terrell
Alexis Thomas
Keegan Thourani
Benjamin Tibbetts
Trevor Tisdale
Virag Torontali

Adair Treadway
Nicholas Tringale
Samantha Troy
Darren Tswei
Alexandru Tufa
Elsa Tuneblom
Eden Vachtel
Meenal Vaddeboina

Jorien Van Den Herik
Peter Vander Rhodes
Isha Vasishtha
Lia Veit
Cole Velis
Zachary Vincent
Theodore Viollet
Ishani Wakhlu

Elisabeth Walter
Ian Wang
Shengyue Wang
Alexandra Wardle
Gianna Watson
Elise Weiss
Kayla Weng
Ella Wheeler

Nathaniel White
Rebecca Wilkinson
Nathan Willemsen
Joshua Wisdom
Kyle Won
Kristina Wong
Riley Wong
Belinda Wu

Lucca Wu
Anchi Xia
Daniel Xu
Elaine Xu
Henry Xu
Kathy Xue
William Yang
Miriam Yankevich

Ravi Yeddanapudi
Youngseo Yi
Derek Ying
Giancarlo Zaniolo
Joseph Zarba
Shaina Zaslow
Isabelle Zeaske
Jillian Zerkowski

Nicole Zermani
Alyssa Zhang
Andong Zhang
Angela Zhang
Enya Zhang

Grace Zhang
Irene Zhang
Jack Zhang
Jessica Zhang
Jilun Zhang

Kevin Zhang
Wenjin Zhang
Yuanhui Zhang
Xinyi Zhao
Sophia Zheng

Galaton Zhou
Jiaxin Zhou
Alec Zhu
Emily Zhu
Mehdi Zidar

NOT PICTURED:

Jayden Dillon
Elizabeth Enright
Reuben Erives
Leila Exume
Mason Feeley
Jake Fernandes
Christian Garay
Angelo Gioioso
Rebecca Haberman
Mason Hatfield
Alexander Hwang
Darya Ironmanesh
Maxim Larrabee
Jayda Lawson
Moreira Maldonado
Marcus Mazzarini
Brianna Mhlanga
Mizuki Miyagawa
Emma Murray
Johnathan Nordman
Alexander Peng
Shruti Ramanathan
Mahima Ramesh
Amelia Ricci
William Scott
Ben Stephens
Fabian Tang-Jones
Isaac Traub
Lucas Vasquez
Mihir Venkatachalam
Jacob Weinstein-Delahunt
Rachel Wesphal
Yassien Youssef

A HUGE DIFFERENCE

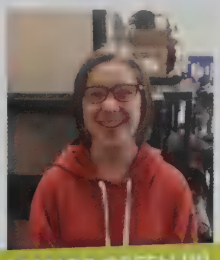
Student's share their thoughts on the difference between middle school and high school.

HENNESI SALCEDO (9)

There's more freedom with not only the schedule, but just everything. We're allowed to explore, create, etc without being treated like children, and it feels good to be trusted."

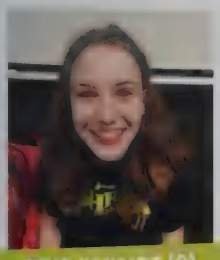
THOMAS JUREDINI (9)

"I feel like the expectations for behavior go up. You can't just goof off in the hallways and they expect you to behave like a mature adult."



ELEANOR GREEN (9)

"People have somehow grown less mature. I feel like everyone's got new groups of friends but they just got crazier."



EDIE BERNDT (9)

"I feel like the biggest difference is that there's just a lot more. There are more teachers, more people, more freedom, and even more buildings."

SABRINA KAPPLER (9)

"The biggest difference is the level of independence and responsibility that we are given. I am a transfer student from a private school in Cambridge, and students there have their activities, classes, and work much more restricted than in high school. This is definitely a positive element to high school, especially for people who prefer to be independent."

FACULTY AND STAFF

Mr. Zachary Abdu-Glass, World Language
Ms. Danielle Agresti, English
Mr. Nicholas Akers, Social Studies

Mr. Glenn Allen, Science
Mrs. Janet Almeida,Special Ed
Dr. Jennifer Altreuter, Science
Ms. Sarah Anderson, Library
Justin Aramati, Performing Arts
Mrs. Jane Aronson, School Office
Ms. Heather Arrigo, World Language

Mr. Andrew Baker, Associate Principal
Ms. Christiana Bakolas, P.E. and Wellness
Mr. Maxwell Ball, Special Ed.
Dr. Andriy Barchuk, Science
Ms. Michelle Barkson, English
Mr. Damian Barneschi, Visual Arts
Ms. Erin Barrett, Social Studies

Mr. Edward Barry, Science
Mr. Jeremie Bateman, Counseling
Miss Carissa Becker, Special Ed
Mr. Samuel Beh, Social Studies
Ms. Jessica Billings-White, Performing Arts
Sophie Blum, English
Ms. Karen Bowden, Cafeteria

Ms. Allison Bradley, Special Ed.
Ms. Rebekah Bray Rankin, World Language
Ms. Raeanne Brazee, Health Services
Ms. Melissa Brooks, Special Ed
Mr. Christopher Brunner, Math
Mr. Thomas Buckley, Special Ed
Ms. Marjorie Bulger, School Office

Ms. Melissa Buttaro, Counseling
Mr. Paul Cadenhead, Social Studies
Ms. Julie Calechman, Special Ed.
Ms. Sarah Cammer, Science
Mrs. Nicole Canniff, Dean
Mr. Marc Cantor, Special Ed
Ms. Krista Cardellichio, English

Ms. Anne Carey, P.E. and Wellness
Ms. Amanda Carlson, Special Ed
Melissa Carroll
Ms. Carin Casey, Library
Mr. Ryan Casey, World Language
Mr. Jared Cassedy, Performing Arts
Ms. Abigail Chaffer, English

Mrs. Amanda Ciarletta, P.E. and Wellness
Mrs. Jennifer Cohen, English
Mr. William Cole, Social Studies
Ms. Carrie Conlon, English
Mrs. Wendy Cordero, Math
Ms. Marlene Couture, School Office
Mrs. Michelle Coyle, Special Ed

Ms. Alyssa Creney, English
Ms. Jacalyn Crowe, Science
Mrs. Elizabeth Curtin, Special Ed
Dr. Kari Darling, Science
Ms. Tammy Darling, Social Studies
Mr. Lawrence David, Social Studies

If you could create ANY ELECTIVE AT LHS what would it be?

"If I could create or teach an elective at LHS I would create an elective where students would just eat food and hang out with their friends. It obviously will never happen but I just feel like it would be a time during school when students can actually relax and not worry too much about their schoolwork. If they wanted to I guess they could use it as a study but I feel like opportunities to just hang out with your friends without worrying about homework or grades is pretty rare nowadays."
ANNIE SUI (11)

"If I were to create an elective, I would probably create a home economics class (is that even allowed?). I for one need to know more about how to deal with life after high school and college besides my studies. "
HELEN TANG (11)

"I would probably make more electives focused on teaching different musical instruments. I'd like more electives focused on instruments like the violin or the viola. In 5th grade we started learning this instrument and only a few of us continued but I believe that as high schoolers we are able to appreciate it more".
JOHNATHAN DAGAN (11)

"If I could create any elective, I would make a class on how to function as an adult. I don't want to teach that class I just want to take it because I am a disaster and I need help."
CALLIE RABINS (11)

Mr. Scott Dennehy, Cafeteria
Ms. Kristen DePesa, English
Ms. Katie Dobbins, Special Ed
Mr. Michael Doherty, Special Ed
Mr. Patrick Donaher, Performing Arts
Ms. Danielle Donigan, Special Ed

Mrs. Susan Donnellan, School Office
Mrs. Carolyn Dooley, School Office
Mrs. Paola Dorfmann, World Language
Mr. Christopher Doucette, Math
Mrs. Rachel Durocher, Visual Arts
Mr. Marshall Dury, English

FACULTY AND STAFF

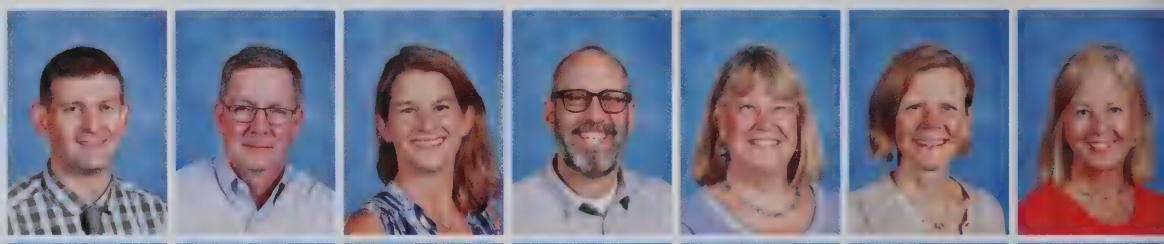
INSPIRING MANY

Students speak about who in their lives brings them inspiration.

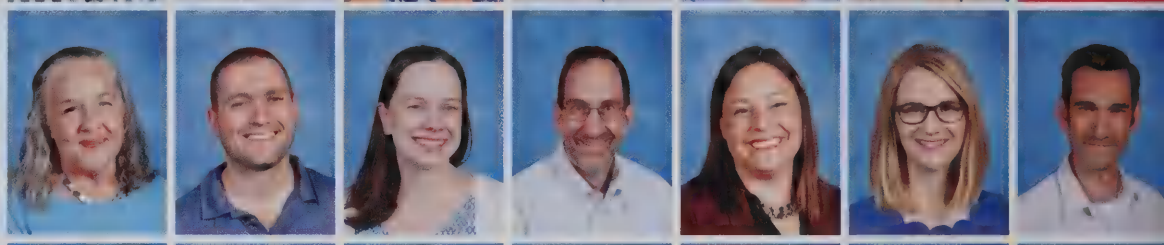
"My biggest inspiration has got to be my brother because he went through a lot during his early education, from being bullied to other struggles he's coped with behind closed doors. Despite going through so much, he's never been one to complain or beg for sympathy. As we've gotten older, we've grown closer together and our relationship has opened up my eyes to what it really means to be resilient. Seeing him flourish in college now shows me that with patience and drive I can get through anything and come out a stronger person than I was before."
LINA JAAFAR (11)

"My biggest inspiration would be coach Ann (LHS Varsity Swim coach and my life coach) because at every swim meet, she would cheer me (and everyone else) on with so much enthusiasm that her face was literally the color of a tomato. Her face would also light up with joy at every accomplishment tha I've (we've) made, whether it's beating my personal record or simply not breathing into the wall. If it wasn't for her pep talks right before the event, I honestly wouldn't have been able to make those cuts. Her love and support are the biggest reasons why I still continue to swim today."
GRACE ZHANG (11)

Mr. Michael Egbert, Social Studies
Mr. Jay Eidson, Special Ed
Ms. Caroline Fantasia, English
Mr. James Farnham, Counseling
Ms. Donna Fitch, Special Ed.
Ms. Heidemarie FloerkeWorld Language
Ms. Janet Foley, Health Services



Ms. Julie Fouhy, Special Ed
Dr. Matthew Gardner, Social Studies
Ms. Holly Gilligan, English
Mr. Elliott Gimble, Science
Ms. Stacy Glickman, Counseling
Mrs. Jill Gormisky, Math
Nicholas Gould



Mr. Ryan Grams, Science
Ms. Liza Granada, Special Ed
Ms. Kristen Grant, Special Ed.
Ms. Ashley Grant, Visual Arts
Mrs. Felicia Grullon De Soriano, School Office
Mrs. Jeanmarie Hale, Special Ed
Ms. Erin Hanley, Special Ed.

Mr. John Harper, Special Ed
Mr. Jeffrey Harris, Math
Ms. Dea Haupt, Math
Ms. Araz Havan, English
Ms. Maureen Haviland, World Language
Mr. Justin Hemm, Special Ed
Mr. Evan Heymann, English

Mr. Reginald Hobbs, Science
Karen Hurley
Ms. Kellie Hurlock, Special Ed.
Mr. Jason Iannuzzi, Performing Arts
Ms. Rachel Jayson, Performing Arts
Ms. Barbara Jezak, P.E. and Wellness
Mr. Nathan Johnson, English

Ms. Kathryn Jones, Math
Ms. Susan Kaftan, Health Services
Mrs. Marie Kelley, Library
Mr. Kevin Kelly, Math
Ms. Jessica Khamarji, Visual Arts
Ms. Kelly Kilts, Science
Ms. Esther Kim, Counseling

Mr. Joshua King, Science
Ms. Susanne Klein, Math
Mr. Scott Kmack, Dean
Ms. Sheera Knecht, Math
Dr. Parul Kumar, Science
Mrs. Julie LaLumiere, School Office
Ms. Cynthia Larkin Traynham, Social Studies

Mr. Andrew Lease, Technology
Ms. Hallie LeBlanc, Counseling
Ms. Rachel Leblanc, Math
Ms. Rachel LeComte, Social Studies
Ms. Sarah Legge, Science
Mr. Philip Lehmann, Social Studies
Amanda Lemieux

Mr. Brian Lenihan, Special Ed
Ms. Ruth Levanoni Special Ed
Ms. Nia Levell, Special Ed.
Ms. Na Li, World Language
Ms. Alexandra Lonardo, English
Ms. Joanne Loomer, Counseling
Ms. Patricia Lyons, School Office

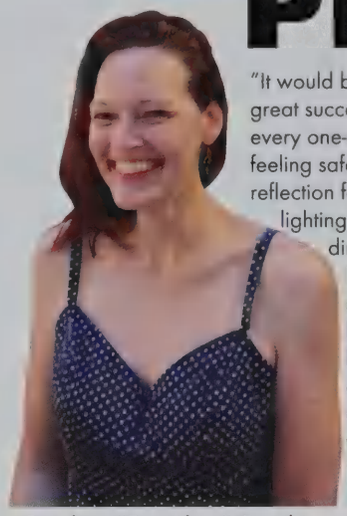
Mr. Scott Maitland, Skills
Ms. Katherine Manning, Social Studies
Mr. Justin Marsh, Science
Mr. Erick Martha-Reynolds, World Language
Ms. Laurie Mason, P.E. & Wellness
Ms. Linda Mayer, Special Ed.
Rina Mazor, World Language

Ms. Debra McCanne, Special Ed
Mr. Timothy McClelland, Counseling
Ms. Laura McCullough, Special Ed.
Mrs. Stacy McFadden, Counseling
Ms. Jane McFarland, Special Ed
Mr. Matthew Medugno, Counseling
Ms. Annmarie Meuse, Special Ed.

Ms. Stephanie Michael, Counseling
Mr. Charles Mixer, Science
Ms. Amy Moran, World Language
Ms. Diane Murphy, Cafeteria
Mrs. Dianne Murphy, School Office
Ms. Suzanne Nabet, Science
Ms. Katelyn Natale, ELL

Mr. Jonathan Ng, Science
Ms. Lisa Olaharski, Science
Mr. Joshua Olivier-Mason, English
Ms. Emily O'Neil, Counseling
Ms. Nelly Ossia, World Language
Mr. Francis Pagliuca, P.E. and Wellness
Ms. Brielle Palin, Counseling

MOMENTS OF PRIDE



"It would be impossible to narrow down a single great success as a teacher. Each little "aha" moment, every one-on-one conversation that leads to a student feeling safer or happier, every beautiful growth reflection feels like a triumph. To me, teaching is about lighting some possible pathways and offering direction of where to go and how. Professionally in the teaching world, my successes include leadership in various local and national language organizations, being selected to present workshops at conferences or in districts, and acceptance of various articles and chapters I have written, including most recently a social justice in the classroom book!"

PERRIGAN RANKIN (FRENCH)

Beckie "Brankin" Rankin describes her greatest successes as a teacher.

Mrs. Casey Paoletti, Special Ed
Ms. Mary Ann Parente, Special Ed.

Ms. Charlotte Parish, English
Ms. Amy Parrish, World Language

Ms. Erin Patterson, Visual Arts
Mrs. Bonnie Peletier, Math

Ms. Kelly Pendergast, Math
Mr. Jaffrie Perrotti, Dean
Mrs. Francesca Pfrommer, Math
Ms. Sandra Pike, Special Ed
Mrs. Linda Prisco, Counseling
Ms. Guadalupe Puim, Counseling
Mr. Thomas Quirk, Special Ed

Mr. Jason Rajotte, P.E. and Wellness
Mr. Jose Ramos, World Language
Mrs. Katelyn Riley, Science
Mr. Frank Rizzotti, Special Ed
Ms. Carrie Rogaris, Special Ed
Ms, Alethea Roy, Visual Arts
Ms. Karen Rufo

Ms. Karen Russell, English
Mrs. Carol Sampson, School Office
Ms. Monica Sanderson, World Language
Mr. Scot Schaming, Counseling
Ms. Mary Gretchen Segars, METCO
Ms. Ellen Shea, Social Studies
Ms. Laura Sheppard-Brick, Math

Ms. Margaret Shih, Counseling
Mrs. Amanda Siano, Cafeteria
Ms. Uzma Siddiqui, Social Studies
Mr Joshua Sideman, P.E. and Wellness
Ms. Jillian Singer-Worg, Perfoming Arts
Mrs. Leah Small, Special Ed.
Ms. Bernadette Smith, Special Ed.

Ms. Elizabeth Smith, Special Ed.
Mr. Allan Sobon, Special Ed.
Mr. Steven Solly, P.E. & Wellness
Ms. Veronica Solomon, Skills
Ms. Melissa Soule, English
Ms. Valentina Sountsova, Science
Ms. Samantha St. Lawrence, English

Dr. Andrew Stephens, Principal
Ms. Robin Strizhak, English
Ms. Kristin Strobel, Social Studies
Ms. Christine Sullivan, World Language
Mr. Jason Thrower, Special Ed.
Mr. Paul Tiernan, Special Ed.
Ms. Michaela Tracy, Math

Mrs. Heather Tunnicliffe, P.E. & Wellness
Mr. Edward Unger, Social Studies
Ms. Aban Unwalla, Special Ed.
Mrs. Jeanette Urquhart, Science
Ms. Claudia Vanegas, Counseling
Mrs. Kristine Vargas, Science
Ms. Lauren Venuti, Special Ed.

Mr. Andre Verner, Math
Mr. Garrett Wallace, Performing Arts
Dr. Harriet Wallen, Library
Mr. David Walsh, English
Ms. Christen Walters, English
Dr. Janet West, Math
Mr. Charles Willis, Social Studies

Mr. Shane Wilson, Social Studies
Ms. Rebecca Wilusz, Dean
Mr. Rynel Wise, School Office
Ms. Jennifer Wolcott, Special Ed.
Ms. Jieying Yao, World Language
Ms. Lily Zhu, World Language
Dr. Cheryl Zurbrick, Science

NOT PICTURED

Cathy Abbott, Math; Daniel Abramovich, Science; Barbara Adolph, ELL; William Allen, Facilities; Elise Amicangioli, Special Ed.; Kelly Anderson, Math; Jessica Antoline, Social Studies; Heather Arrigo, World Language; Colette Awad, Science; Joanne Barry, World Language; Linda Bartlett, Special Ed.; Theresa Bell, School Office; Jane Bergin, P.E. & Wellness; Erzsebet Bognar, Special Ed.; Kristie Borges, Counseling; Renee Bryant, World Language; Kiera Campbell, World Language; Edward Casey, Facilities; Kelly Chamberlin, Special Ed.; Robert Collins, Social Studies; Suzanne Conlon, Special Ed.; Tracy Conte, Special Ed.; Elizabeth Cook, Science; Hannah Coombs, Counseling; Maggie Correa, Special Ed.; Cheryl Crowder, METCO; Amy Daniels, Math; Alessandro DaSilva, Facilities; Jane Day, English; Ronaldo DeFreitas, Facilities; Justin Demers, Special Ed.; Kristie Demirev, P.E. & Wellness; Diane Dennehy, School Office; Kathryn Dewitt, Social Studies; Eileen Doherty, Counseling; Margaret Donnellan, Library; Maeve Donnelly, Special Ed.; Paul Dube, Special Ed.; Barbara Eliason, Special Ed.; Robert Erickson, Facilities; Julie Fenn, P.E. & Wellness; Janelle Finn, Special Ed.; Patrick Flynn, Social Studies; Heather Foley, School Office; Brook Forrelli, Social Studies; Marissa Gable, Math; Thomas Geary, Facilities; Camille Gerard, English; Ashley Gillooly, Special Ed.; Cara Goldberg, Math; Jessica Goodstone, Social Studies; Shannon Grant, Special Ed.; Carrie Hamblin, Counseling; Barbara Hamilton, METCO; Julie Hamilton, Counseling; Debra Hankins, Performing Arts; Monique Schramme, Visual Arts; Kathleen Hermon, Dean; Eileen Hirsch, Special Ed.; Michael Horesh, Science; Karen Huley, Registrar; Daniel Israel, Special Ed.; Deborah Jackson, World Language; Shery Kaczmarek, Social Studies; Heather Kimura, World Language; Lori King, Math; Kristine Lacey, Special Ed.; Susan Larson, Performing Arts; Michael Law, Special Ed.; Sarah Avon Lewis, Science; Sandra Lewitzky; Taylor Liljegren, English; Milton Link, Special Ed.; Ruzhen Liu, World Language; Yan Liu, World Language; Vanessa Lopez, Counseling; Samantha Lowe, Visual Arts; Audi Lynch, METCO; John MacLachlan, Social Studies; April Maloney, Performing Arts; Robert Marcin, Facilities; Naomi Martin, Athletics; Matthew Magee, Special Ed.; David McKenna, Facilities; Daniel Melia, Social Studies; Joseph Mitchell, Facilities; Steven Moody, Facilities; Brendan Moran, English; Mary Morgan, World Language; Bethany Newberg, Math; Elizabeth Nichols, School Office; Dara Nussbum, Counseling; Claire O'Connell, Health Services; David O'Connell, Special Ed.; Frantz Paillant, Special Ed.; Molley Palmer, Special Ed.; Eric Pakarsky, Facilities; Matthew Peltier, Social Studies; Rachel Philippe, METCO; Andrew Porter, Special Ed.; Debra Psilopoulos, Athletics; Martha Queenin, Counseling; Christina Rausa, English; Walter Richardson, Math; Kathleen Roach, Social Studies; Jane Rogers, Special Ed.; Suzanne Rooney, English; Michael Sanborn, Facilities; Valerie Sarazen, Counseling; Eamonn Sheehan, P.E. & Wellness; Emily Sheridan, Special Ed.; Donna Sintiris, School Office; Jessica Sperandio, Visual Arts; Christin Stueve, Special Ed.; Michael Sullivan, Facilities; Rachel Tadeu, Visual Arts; Ann Tenhor, Technology; Melanie Thompson, METCO; Jodi Tippett, Health Services; Joseph Viera, Facilities; Elizabeth Virgin, Math; Roger Wadsworth, Social Studies; Robert Walter, Facilities; Dawn Weber, Counseling; Amand Welty, P.E. & Wellness; Marylee White, Special Ed.; Steven Wilkins, Science; Kaitlyn Williams, Health; David Wininger, Technology;

MOTIVATION STATION

Faculty and staff share how they keep themselves motivated during the day.

"Have to have coffee and a 10 minute walk a day, and the kids are truly awesome!" DAMIAN BARNESCHI (ART)

"Asking questions for students, having one on one conversations around people, music, and lots of water." MONIQUE SCHRAMME (ART)

SOPHOMORES
CLASS OF 2022

Adriana Abela
Eliora Abramson
Marcus Adams

Tieren Adams
Samuel Ades
Frances Adiwijaya
Catherine Aggouras
Madelyn Aggouras
Gabriel Aguirre
Anika Ahuja
Ahmed Akoad

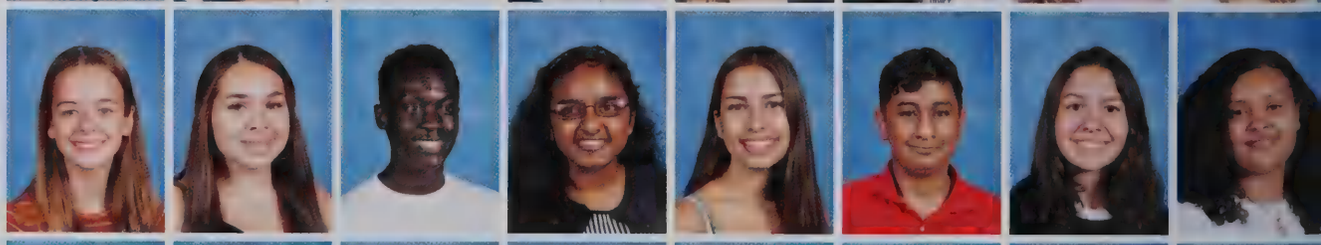
Tanisha Alam
Ali Almohssen
Merkeb Amanuel
Jonathan Amirault
Manu Amundsen
Raunak Anand
Peyton Anderson
Joshua Andrews

Giordano Arcieri
Andrew Arena
Julia Arnold
Naomi Arnold
Viveca Arumugam
Albert Astrom
Nikko Atanasoff
Camelia Atassi

Benjamin Atkinson
Sohum Atnoor
Beryl Awomah
Swapnesh Baguli
Dilara Bahadir
Wayne Baker
Rohan Balachander
Julia Barnes

Christopher Baron
Isabella Barrett
Orion Barrett-Tzannes
Thierno Barry
Ava Basker
Sarah Baskin
Ty Bason
Elizabeth Basta

Kathryn Basta
Raquel Batista-Vieira
Arthur Batte
Charitha Bavirisetty
Mira Belanger
Nikhil Belgaonkar
Sofia Benedetti
Kiana Bernabel



Alexandros Bertsekas
Charles Beverly
Anushka Bhagwat
Vedanti Bhargava
Roshni Bhattacharya
Megan Bliamptis
Andrew Bo
Asritha Bodepudi

Cade Boiney
Graham Bracken
Fiona Breen
Kennice Brennan
Jack Brenner
Jaden Bunt
Kiara Burey Fraser
Alison Burkholder

Abigail Burstein
Alexander Carington
Callum Carnan
Kirsty Carnan
Sophia Carney
Lena Cassidy
Pierce Cattier
Eeshan Chakrabarti

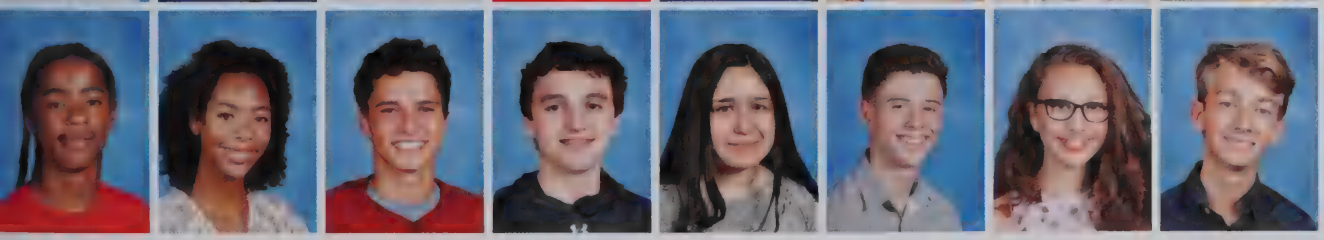
Leyao Chang
Rhone Charles
Samuel Charney
Siyona Chawla
Ellie Chedid
Collin Chen
Jianna Chen
Marina Chen

Neo Chen
Rachel Chen
Pavan Cheruku
Laasya Chiduruppa
David Cho
Hangmin Cho
Yuna Cho
Rameen Chohan

Vera Choi
Allanna Chung
Hyeonhwi Chung
Declan Clark
Jasmine Clarke-Wilkinson
Sophia Clausen
Abel Clement
Maxwell Cole

Christina Collazzo
Atticus Colwell
Ryan Conners
Jonathan Coombs
Lars Cramer
Haley Creighton
Giovanni Crema
Patrick Crogan

Daniel Cronin
William Cronin
Andrew Crowley
Jamahl Cruickshank
David Sumner Cue
Avery Cutler
Amelia Darcy
Kinshuk Dasgupta

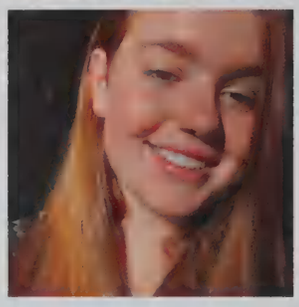


Sayid Davis
Selena Davis
Francisco De Amorrortu
Michael DeAngelis
Ariana del Angel Flores
James DeLima Carroll
Sofia Demirjian
Jackson Denham

HOW DO YOU UNWIND AFTER A STRESSUL WEEK?

"I ask Alexa to blast early 2000's hits while I make a big bowl of pasta."
ELLA POSEY (10)

"I usually just go out to a friend's."
ERIN LOFTUS REID (10)



"After a stressful week I tend to take Friday off and watch Netflix."
MADELYN LUCENTE (10)

"After a stressful week I really just enjoy being able to sleep in and also spending time with friends, like by playing frisbee."
TIFFANY LUI (10)

Eric Deschner
Lauretta Diang di Moussavou

Oliver DiCerbo
Peter Dillman

Weiqi Ding
Alexander Dixon

Troi Dixon
Nash Dsouza

Zhemin Duan
Feodor Dubinsky
Rajendro Dutta
William Eaglesham
Beau Ear
Evan Eberle
Eric Edmonds
Isolde Edson

Thomas Egan
Salma El-Kattan
Sydney Elliott
Rowan Engelward
Henri Engstrom
Devin Ergul
Nathanael Esperance
Ariela Etingof

Alexander Exposito III
Fredrick Famiglietti
Matthew Favazzo
Sean Fei
Min Feldman
Brandon Fitjer
Grace Flanagan
Philippa Fletcher

Samantha Forni
Brett Fortier
Kiera Franciskovich
Joshua Frentrop
Clara Fu
Hikaru Fujiwara
Nicolas Gabby
Mark Gainey

Shreya Gajula
Lucas Galioglu
Alec Gallardo
Hunter Gannon
Taien Gao
Leala Garcia
Alexa Gelormini
Joshua George

Michael George
Lily Georgopoulos
Joseph Germanetto
Olivia Gharabegian
Zachary Ghazaryan
Ava Glavine
Emma Glynn
Michael Gordon

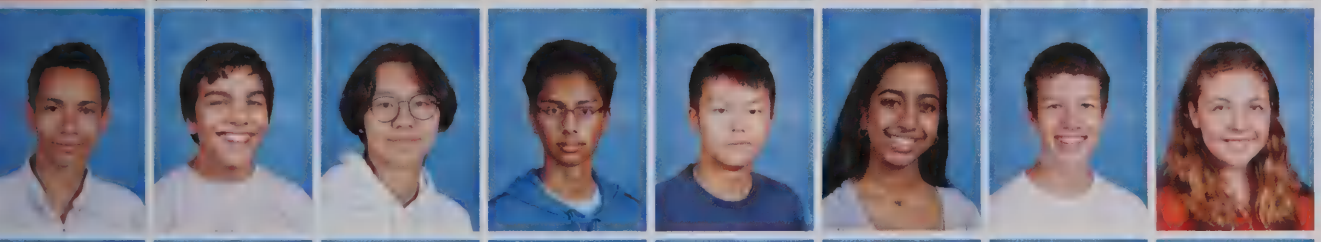
Milo Gorry-Hines
Ophelia Goss
Parker Grainger
Ryan Greenberg
Julia Griffiths
Caitlin Gu
Jeffrey Guo
Umme Habiba

Theodore Haddad
Matthew Hamami
Christian Han
Henry Han
Julian Han
Ahmad Hanberry
Sophia Hann
Claudia Hart

Paige Hawkes
Charlotte He
Hiroki Heginbotham
Henri Heinisch
Seoyun Heo
Hugo Sergio Hernandez Chavez
Matthew Hickey
Bailey Hobai

Emily Hobbs
Katherine Hogan
Chanaiah Holland
Olivia Hoover
Alexander Hristov
Arthur Hu
Sophie Hua
Charles Huang

Vincent Huang
Leah Hubbard
Sofie Huntington
Matvey Ivanov
Malvika Iyer
Rayna Jagasia
Amartya Jain
Anushka Jain



Nicholas Jalbert
Samin Jayaswal
Sangheon Jeong
Akshay Jha
Guixuan Jin
Annika Johnson
Caleb Johnson
Bryn Jones

Andrew Jung
Ava Kam
Jeremy Kam
Avni Kamat
Amanda Kanashiro
Kunal Kapoor
Kaitlyn Karmilowicz
Nishika Karody

Nicholas Keim
Elizabeth Kelly
Ipek Kendircioglu
Aline Keremian
Joe Khabbaz
Maryam Khan
Prakshi Khare
Sofia Khoury

Amaan Khwaja
Erin Kim
Sarah Kim
Henry Kjelsberg
Andrew Kochi
Arun Kodumuru
William Kohlasch
Emi Kokubo

Raya Kompany
Jeffrey Kong
Dimitrios Kontos
Wilson Kooi
Hudson Kortbus
Ameya Kothandaraman
Anna Kozlova
Krishna Kuchibhotla

Archit Kumar
Robert Kwolek
Raegan Lacombe
Elena Lam
Nicholas Lam
Jessica Laman
Martin Landis
Carolyn Lane

Thomas Lane
Kailen Larkin
Cogan Lawler
Andrew Lawrence
Matthew Ledesma
Abigail Lee
Andrew Lee
Erica Lee

Gabriel Lee
Joshua Lee
Luisa Lee
Minu Lee
YeEun Lee
Geanna Lehrer
Julia Lennon-Newell
David Lewis

Austin Li
Daisy Li
Evan Li
Caitlin Lian
Crystal Liao
Allison Libby
Albert Lin
Brittany Lin

Yavor Litchev
Alexander Liu
Francis Liu
Sarah Liu
Tiffany Liu
Erin Loftus Reid
Dana Lu
Ivy Lu

Nathan Lu
Madelyn Lucente
Aiden Luchian
Karl Lundstrom Svahnqvist
Sophia Lupone
Anna Luterman
Ambar Luzio
Aidan Lynch

Marissa Ma
Tianyi Ma
Zixuan Ma
Vikrant Maan
Jacob MacDonald

Benjamin Mack
Carter Mack
Lillian Mackenzie
Dylan Mackler
Evan MacLure

Noah MacNeil
Aria Maher
Julia Majchrzak
Shreya Majumdar
Mariana Makkar

Jack Maloney
Juliette Mangon
Anthony Marifiote
Lucille Martarello
Caroline Martin

John Mathurin
Owen Mattingly
Isabelle Mazerall
Marielsa McBride
Aiden McCarty

Dylan McConnell
Leo McGaraghan
Thomas McGeachie
Isabel McGovern
Nora McGovern

Douglas McNamara
Emma McRedmond
Olivia McRedmond
Vidushi Meel
Sara Mei

Mira Menon
Saumith Menon
Vikram Menon
Lily Metzger
Neel Meyyur

HOW DO YOU

DE-STRESS?

Students speak to ways they de-stress after school.

"Cuddle with my girlfriend, duh. Because I just sort of block out everything that's been stressing me out and I just focus on her, something positive, and it's really helpful."
KAITLIN HIDABRAND (11)

"During swim season, swimming helps me to de-stress. It releases the oxytocin in my brain, you know? And it helps me deal with DBQs and chemistry tests."
GRACE ZHANG (11)

"I watch Criminal Minds and listen to music. I'm on season 13 right now."
HELEN BULTMAN (11)

"Part of handling your stress is acknowledging that it's there. Try not to isolate yourself or dig yourself deeper into your work. Take a breather. So many people around you can help you cope and sometimes it might be worthwhile talking to them."
KAREN CHEN (11)

Joshua Miao
Arielle Min
Angelina Minasian
Sara Minemoto
Ella Mizrahi
Mourad Makrani
Celia Molla
Eva Molla

Renee Montwieler
Melanie Moon
Ezekiel Moroze
Ali Mosallaei
Nicolas Mueller
Ethan Mukwaya
Kenshin Murakawa
Madeline Murphy

Kaitlyn Murray
Alexander Nadelberg
Samruddhi Naik
Sae Nakamura
Yashita Nakka
Rachna Nambiar
Dayton Nandy
Aryan Narayan

Jasmine Nedham
Heath Nevis
Jasper Nevis
Esther Ng
Laura Ng
Elisa Nguyen
Carolin Nothaft
Isabella Novikov

Colleen O'Brien
Georgeanne O'Brien
Samuel Offsey
Natalie Olofsson
Kiernan Olson
Stella Omenetto
Alp Onay
Kevin O'Neill

Caroline Onorato
Alexander Ordentlich
Kaitlyn O'Shaughnessy
Isaac Ostrow
Jackson Ostrowski
Manpriya Pabla
Andreas Padilla
Claire Pak

Robin Pan
Samuel Pardoe
Jimin Park
Ava Parsons
Simone Parsons
Eva Passer
Kaya Patarroyo-White
Ayushi Patel

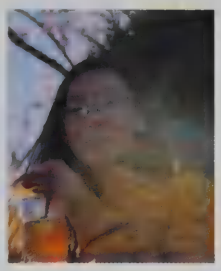
Nayrie Patel
Sunay Patel
Jai Pathak
Richa Patil
Sofia Patrizi Sorcini
Alexander Perezhogin
Alan Perry
Efthimia Pesiridis

Olive Peterson
Clara Petit
James Pickar
Kevin Polackal
Ella Posey
Ankitha Prabhakar
Aaria Prakash
Syed Noah Quadri

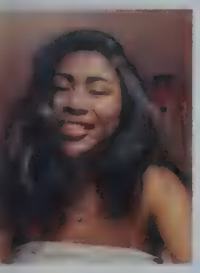
ME, MYSELF AND I

Students talk about goals they have for themselves for this year.

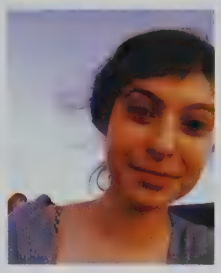
This year I plan to step out of my comfort zone by meeting and talking to new people. I have never been a very social person, but this year, I hope to get more involved in school activities and get to know more people.
SUHANEE MITRAGOTRI (11)



"This year I want to try to step out of my comfort zone by getting more involved in school activities or just social activities in general. I'm pretty introverted so I usually don't try to get out much and meet people so this year I want to try to challenge myself to get more involved."
CHARISSA LEE (11)



"This year I will step out of my comfort zone by becoming comfortable with the unknown. Junior year is notoriously known to be hard because of the college preparation, the academics, and the competitive nature of LHS. The unknown in academics coupled with life can make it seem like things are out of control but, the frank reality is that learning is about not knowing and life is unpredictable and uncertain... I can even go so far to say it's what makes life interesting. I want to step outside of my comfort zone of constantly needing to know and get comfortable with this aspect of the unknown so that I can better myself and how I live life."
KRISTINE LE (11)



"To step out of my comfort zone this year, I'm going to try and make conscious choices to do things that scare me (in a good way). I want to talk to interesting people even if they don't talk to me first, I want to pursue extracurricular activities that interest me that I might be too nervous to try, and I want to start making those first scary steps towards figuring out my future. I want this year to be a year of firsts and few regrets!"
CALLIE RABINS (11)

Daniel Rachev
Aaroosh Ramadorai
Sandhya Raman
Daniel Ramsey
Nathan Randall
Anya Rao
Johnathan Reamer
Emma Reddy

Sofia Rezvani
Christina Richards
Erica Riley
Ian Robert
Miranda Robert
Lydia Rommel
Madeleine Rosa
Emily Rosenthal

Aavedon Roy
Nathan Ruesch
Joseph Sabatini
Elena Sabin
Steven Sacco
Yesline Salcedo
Annika Salpukas
Navya Sammeta

Emilie Sang
Shashwati Sanjay
Octavio Sanrame
Sanjana Sathiyavanthan
Dair Sawyer
Raghavendra Saxena
Tanisha Saxena
Neo Scarbrough

Rhys Scarbrough
Leonard Seidel
Grace Sevigny
Neha Shahzad
Jehad Shalabi
Sanjana Shanker
Keshav Sharma
Sophie Sharma Poudel

Charlotte Shaw
Zyariah Sheffield
Trisha Shenoy
Luke Sheth
Alexander Shick
Maya Shimron
Gabriel Shiu
Ruhi Shroff

Sumair Sidhu
Maya Silverman
Mariyam Simon
Shekinah Simon
Simran Singh
Justin Sjodin
Jackson Smith
Traver Smith III

Anisha Snell
Hunter Snell
Julien Song
Natalie Sorel
William Soylemez
Skylar Spencer
Shreyas Sreeprakash
Dave St Fort

Hannah Steinbrecher
Till Steines
Samir Stevenson
Tavin Stewart
Emma Stump
Gaeun Suh
Anthony Sun
Keshav Sundar

Varun Suraj
Hobart Swan
Marilyn Swinger
Joel Swirnoff
Ayesha Syed
Nodoka Tachibanaki
Daniel Tadigiri
Erykah Takudzwa

Catherine Tan
Hina Tanaka
Alexander Tang
Regina Tashjian
Artha Tavshikar
Chee Ying Tay
Anthony The
Ella Thomas

Ajay Thumma
Armaan Tipirneni
Rafael Torres Chavez
Darren Tran
Jilud Trivisvavet
Colin Tsuboi
Teng Tu
Gideon Tzafriri

Alice Van Evera
Sophie Vaz
Helena Venzke-Kondo
Shefali Verma
Rebecca Voss
Filip Vrancic
Chloe Wahl-Dassule
Daniel Wang

Ethan Wang
Grace Wang
Matthew Wang
Takumi Wang
Tianyi Wang
Aaron Warneck
Sophia Weber
Yiming Wei

Fiona Weir
Casey Weisberg
Nicholas Weiss
Zhuoran Wen
Hank Whalen
Olivia White
Michael Wiesen
Olivia Wijatyk

Cecilia Wille
Nicholas Williams
Olivia Wise
Elizabeth Woo
Ashley Wright
Michelle Wu
Jerry Xia
Zhuohao Xing

Anna Xu
Emily Xu
Adithya Yadhav
Anna Yang
Grace Yang
Tianyi Yang
Leon Yap
Justin Yates

Ashton Young
Catherine Yu
Jasina Yu
Victoria Yuan
Alina Yungelson
Yuexin Zang
Anna Zhang
Bonnie Zhang

Bryce Zhang
Daniel Zhang
Kaibo Zhang
Powell Zhang
Yiming Zhang
Yiquan Zhang
Jesse Zhao
Kevin Zhao

Sudi Zhao
Tiffany Zhao
Daniel Zhou
Yangzhanbo Zhou
Rachel Zou

FROM COACH TO MOM

"I was teaching swim lessons and this little girl, around three years old was terrified of the water and she clung to me so I held her like a parent would and began to teach the other kids (each class has four kids). By the end of the season, this little girl was not as fearful of the water and she started calling me "mommy" about halfway through the season. Every time she came to class, she would bust through the pool doors and scream "MOMMY!!". She had a shrieking little high pitched voice so everyone in the pool would turn to look at her. Her little feet would run across the slippery pool deck and she would hop into my arms before class would even start."
SARA MEI (10)

NOT PICTURED:
Hernan Aldabe
Xaviera Bastien
Koshik Dhotre
Sofia Garcia
Jazz Grullon
Liam Guzman
Ava Kam
Jesse Liu
Isaac Maehl
Jack Murray
Alaya Pereira
Hunar Rai
Helen Ramirez Catalan
Daniel Xiang

WHAT TIME IS IT?

From relaxing on the beach, to traveling the world, students find ways to mix up their summer vacations.

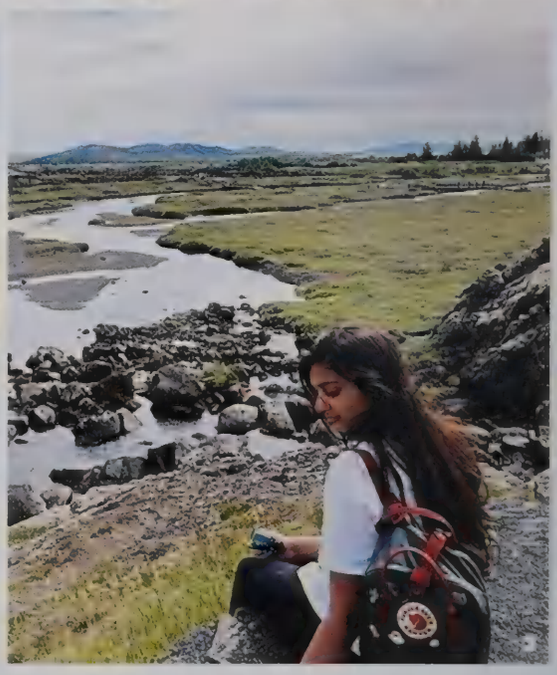
Summer is a time for relaxing, forgetting what the time is, hanging with friends, eating too much, and sleeping in until noon. This past summer, students mixed it up and spent their 84 days of summer vacation in different ways. Some students did internships to gain work experience, others did college preparatory classes at summer camps, universities or colleges around the country, and some just had staycations.

"For summer vacation, I completed an internship which allowed me to understand what I may want to do after high school. It was not a typical summer vacation for me but i enjoyed every bit of my internship," said Talia Chait (12).

No matter the way students spent their summer, everyone came back well rested and ready for the start of the new school year.

1. TWO THUMBS UP Elena Serenko (12) and Talia Chait (12) give thumbs up while kayaking upstream on the Charles River. Chait said, "I remember feeling very sore the next day after about two hours and 30 minutes of rowing. I had not kayaked in a long time so it was exciting for me to try it again!" Chait and Serenko were not the only ones kayaking on the river which was crowded with families who had taken out canoes and kayaks as well.

2. SEEING DAYLIGHT During a vacation to Iceland, Bryna Patel (12) sits on a rock formation at Thingvellir National Park. Thingvellir, one of three national parks in Iceland, is the oldest and is known for its beautiful waterfalls and historical landscape. Patel said, "Seeing Iceland was absolutely incredible. Not a moment went by where I wasn't dazed by the beautiful landscapes and cascading waterfalls. I also really appreciated the focus they placed on being environmentally conscious. The time zone was also really interesting because it was light outside for most of the day and just barely got dark for about two hours. It was cool because we would be hiking at 9:00-10:00 pm and it was still light outside and the time just got away from us."

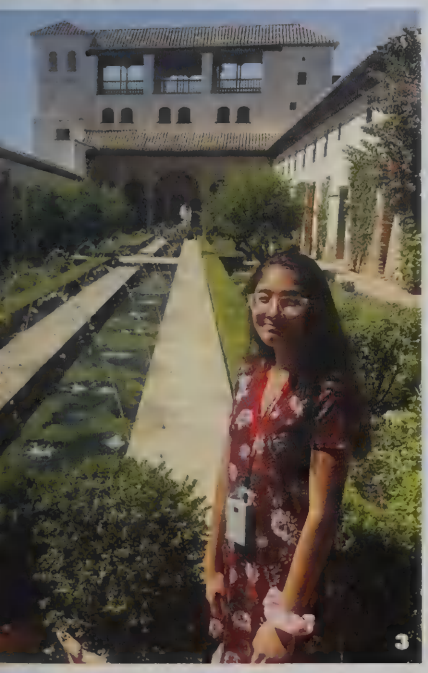


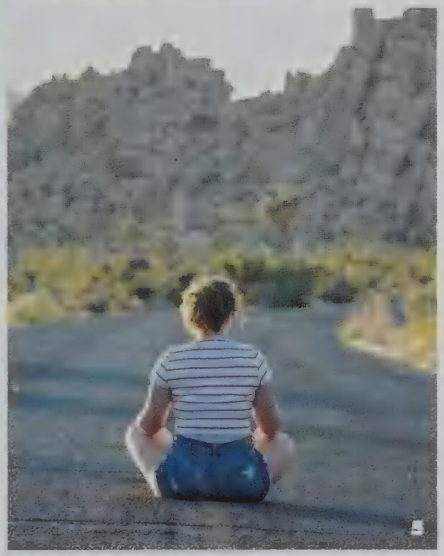
AND I WOULD WALK 100 MILES
Joris Konijnenberg (12), Ian Richter (12), and Jack Stevens (12) stand together after a107 mile hike that lasted for ten days.. Konijnenberg, Richter, and Stevens went on an Overland Adventure Trip where they hiked in the New Mexico wilderness.. Stevens said, "The New Mexico wilderness was the perfect place for my friends and I to get away from the everyday busyness that many rising seniors can relate to. Although trekking through over 100 miles of backcountry terrain, and while carrying all of our food for the 12 day journey was challenging, it was an incredible way to enjoy our summer together and do something we truly enjoy."

BUT FIRST, LET ME TAKE A NOTE

Amy Finkelman (11) talks about her experience being the Boys' Varsity Lacrosse manager.

"I do not play a sport, but I am the game manager for the Boys' Varsity Lacrosse team. Some would say that it's weird, but I absolutely love it, and I would rather manage than play. Even though I am always the only girl, I am part of the team. The team connection is so strong. Of course there are some disagreements between me and the players, but they know how much I care about every single one of them, and how I go out of my way for all of them. I learned the game by watching since freshman year. I love the action, all the movement, and how much passion the boys have for the game. Lacrosse season is my absolute favorite season of the year, and I am so excited for this season."
AMY FINKELMAN (11)





3. SPAIN, SPAIN, SPAIN! Anika Ahuja (10) stands by La Alhambra in Granada, Spain. During her vacation she visited many sites. La Alhambra was built as fortress in the ninth century and later became a Moorish palace . Ahuja said, "This past summer I went to Spain and got to see a lot of different parts of it. I got to experience many aspects of the culture such as the beautiful architecture and the delicious food!"

4. A WORLD TRAVELER Jim Jin (10) walks with friends he made during a travel program that took him to California. Jin said, "Traveling has always been one of my guilty pleasures. This summer I went to California with a program called Rustic Pathway along with a group of students from all over the country. Together we visited historic landmarks and various national parks. At night we would camp outside in the woods, and make s'mores around the campfire we built. The experience really resonated with me, and consolidated my belief that when a family laughs together, they stay together."

5. A PLACE TO CALL HOME Erin Loftus Reid (10) takes a break in the middle of a road during a family trip to California. Loftus Reid and her family traveled to both Ireland and California this summer for different reasons. Loftus Reid said, "This past summer, I flew off to Ireland for a family wedding and found myself caught up in the natural beauty and rich history of the land. More than that, I also reconnected, learned from, and laughed with family members who, due to time and distance, had become unfamiliar to me. Later, I would also return to my small Californian hometown, rekindle old friendships, and recall memories from years past. While reflecting back on all that I did this summer, I realize that, although Ireland and California seem quite disconnected at first glance, they are places that have defined me as a person and they are also places I still proudly consider, 'home.'"

Switching Perspectives

Students share what made them look at the world differently.

KEVIN YANG (12)

"Where the Wild Things Are. It's my favorite children's picture book. It really showed both my quiet seven-year-old self and current me that it's okay to embrace my wild, mischievous side sometimes. And that my mom will still love me when I do."

NORA LAVINS (12)

"I learned my mom's ancestors fled from Ireland when it was still under British rule and it really made me reevaluate my family's history and me me realize just how impactful historical events can be on people living today."

Students express themselves in various literary classes.

For many years students have had required summer reading. Usually each subject area had different books for students to read but this summer was different. Every student in grades nine through 11 read "There, There," a novel by Tommy Orange. "There, There" followed 12 different Native American characters as they made their way to the Big Oakland Powwow.

During the first few weeks of school, classes discussed the book and the meaning behind it. On October 28th, author Tommy Orange came to speak about the book and answer questions from students.

English classes not only provided experiences like an author visit, but they also taught the life skills needed to communicate with others. Shefali Verma (10) said, "English has helped me learn how to communicate with people and be polite. It also taught me lessons from stories."

Students were able to share their ideas in class in a variety of ways including socratic seminars, where students helpe each other understand ideas through group discussions.

POINTS WORTH MAKING

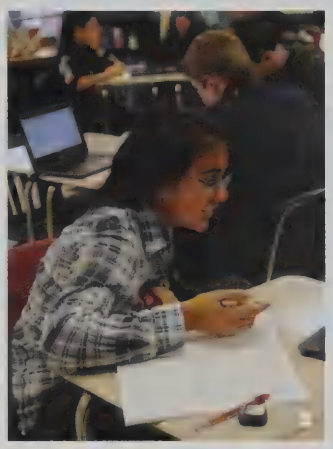
1. MAKING DISCOVERIES Alasdair Fletcher (12) and Naoko Maeda (12) work on an activity during the pop-up museum about Native American culture prior to author Tommy Orange's visit. Students explored aspects of Native American culture and learned about the lives of contemporary Native Americans. "My favorite part of the Tommy Orange pop-up museum was looking at the maps and the way they changed over time," Fletcher said.

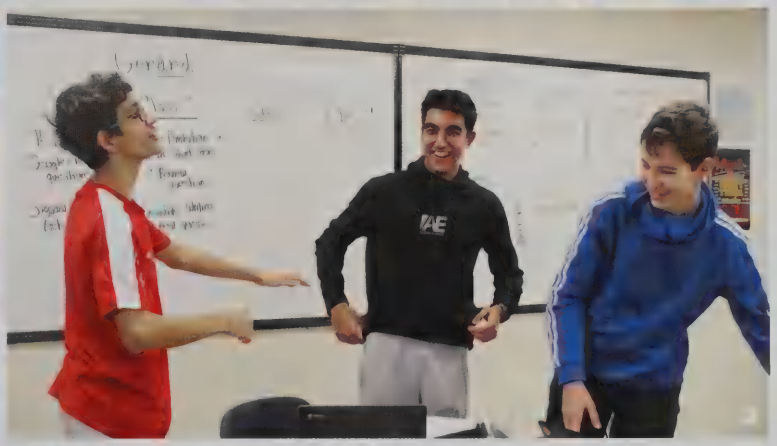
CELEBRITY IN THE HOUSE

Author Tommy Orange comes to Lexington.

Tommy Orange who is author of "There, There" came to Lexington on October 28th, 2019 to speak to both the students and the community about his writing process and his book. Students in grades 9 to 11 read one of his books "There, There" for their summer reading.

ATTENTION TO DETAILS Charles Yang (12) shares with the class things he notices in an episode of "Downton Abbey." Studentss watched the series during a British Literature class. "My favorite thing about English class is that I get an excuse to read good books and call it 'doing homework'," Yang said. The class watched "Downtown Abbey" as a way to prep for reading "Jane Eyre" by Charlotte Brontë.





2. TAKE NOTE! Arushi Aggarwal (9) jots down some critical terms in her packet in preparation for a new unit. "I think that this year's English class, because of the curriculum, is a lot more enjoyable. We are doing more creative writing and are really getting a chance to explore as writers. Not everyone is cut out for literary analysis and this class allows us to see the other options out there. We are also doing a lot more discovery of works in media other than writing. Earlier in the year we watched Avatar, which allowed us to see how creative direction can be used to really create meaning and purpose in a work of art," Aggarwal said. **3. GROUP WORK** Anthony Narouz (9), Sidharth Vij (9), and Stephen Kuli (9) working together to prepare a presentation on a project. The project was a part of the Literature and Composition 1 class that all freshmen were required to take.

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PLAYLISTS

New Playlist

Sumana Sursetti 9

FOLLOWING

+ **Maripasa**
Peach Tree Rascals
"It is a happy song and it makes my feel upbeat."

+ **temporary nothing**
mxmtoon, Charlie Burg
"Listening to this song makes me feel liberated."

+ **Really Don't Care**
mxmtoon,Charlie

Michelle Wu 10

FOLLOWING

+ **Magic in the Hamptons**
Social House
"I like this song bc it reminds me of the summer and overall good vibes"

+ **The Devil Wears Balenciaga**
Savage Ga$p
"It's a bop and a half."

+ **Song Name**
Artist Name
"We used to play it while driving during an annual ski trip and its just nostalgic but also a banger."

Dillon Macneil 12

FOLLOWING

+ **OCD**
Fitz and the Tantrums
"It reminds me of times I spent with my friends in the summer."

+ **Dear Dictator**
Saint Motel
"There's a buildup in the beginning that always makes me excited, even though I've listened to it hundreds of times.""

+ **90210**
Travis Scott
"This song always makes me feel better after listening, no matter what the time."

Leia Taig 9

FOLLOWING

+ **Bohemian Rhapsody**
Queen
"I like it because it incorporates many different genres of music."

+ **I'm Still Standing**
Elton John
"I like this song because it's really fun to dance to and sing along to."

+ **We Don't Need Another Hero**
Tina Turner
"I like this song because it is very upbeat and powerful"

Huining Liang 12

FOLLOWING

+ **Goodbyes**
Post Malone
"It's senior year so I'm low key vibing with these lyrics."

+ **Ocean**
Martin Garrix ft. Khalid
"I like this song because I like Khalid as an artist."

+ **Hard Work Pays Off**
Future, Juice WRLD
"I like the lyrics and the general flow."

Belinda Wu 11

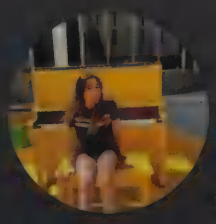
FOLLOWING

+ **For the Glory**
All Good Things
"I like this song because it hypes me up before competitions."

+ **The Awakening**
Ivan Torrent
"This song helps me when I feel unmotivated."

+ **Sail**
Jack Trammell
"I like this song because I love when the beat drops."

MY MIXED TAPE



Ellie Chedid 10

FOLLOWING

+ Fly Me to the Moon
Frank Sinatra
"It's an old song; I'm very into classic songs."

+ Wake Me Up
Avicii
"It's a coming of age kind of song and it's very wholesome."

+ Have It All
Jason Mraz
"It's something a dad would sing to his daughter at a wedding, which is usually the sweetest part

Henry Fisher 11

FOLLOWING

+ Wait for the Moment
vulpeck
"This song has a great feel and an incredible baseline coupled with amazing lyrics."

+ Starting Line
Cory Wong
"Just an incredibly motivational song about chasing our dreams."

+ Corduroy Dreams
Rex Orange County
"Has amazing chord changes along with a more modern take on a love song in terms of the lyrics."

Cynthia Chung 11

FOLLOWING

+ Paranoid Android
Radio Head
"The lyrics are funny and the guitar solo is really cool. I also like the overall aesthetic.

+ Shine on You Crazy Diamond
Pink Floyd
"It's very emotion provoking and also the guitar part is really good. Listening to it is like an experience."

+ 1979
The Smashing Pumpkins
"I like it because it has a very melancholy feel which is very good when I'm in the mood for it."

Akmed Akoad 10

FOLLOWING

+ Solo
Frank Ocean
"This song gives a voice to the most suppressed people in our society."

+ Pyramids
Frank Ocean
"Frank Ocean constantly manages to defy the status quo."

+ No Laces
Nutritious Playboy
"It's the best song in the world and the artist is one of my best friends."

Gavin Ohler 9

FOLLOWING

+ (It's Gonna Be) Okay
The Piano Guys
"I like this one because it has a good mix of classical and pop." music:

+ Good to Be Alive
Andy Grammer
"I like this song because it makes me feel good about myself and what I'm doing."

+ Centuries
Fall Out Boy
"It's a nice song to relax but also start something that I'm going to do."

Ian Byrnes 12

FOLLOWING

+ Run
Joji
"His voice has consistently gotten better the more songs he releases."

+ Intentions
JB
"It's a vibe with friends."

+ Sanctuary
Joji
"Same reason as before: Joji songs keep getting better and better."

20:19

2. PIE FACE! Darren Tran (10) is covered in cream from the pie eating contest during the pep rally. The pie eating contest was between a student and a faculty member. Tran said, "I signed up from this Google form that the teacher running the pep rally sent out. Last year, I had come in second place so this year, my goal was to win. However, I did not expect for the pie to fall down on the ground. Obviously, the show had to go on so I just dropped and continued. Unfortunately, Mr. Gimble managed to win, but at least I beat our president, Elena Sabin. My hair and eyebrows were quite sticky after that and my stomach hurt, considering I had just filled up my empty stomach with pie at eight in the morning."

3. VROOM VROOM Nicholas Keim (10) races his classmates on a mini bike. This event was a part of the relay race, which included balancing a disk on a foam noodle. Ella Mizrahi (10) attended the pep rally, and watched the relay race. "Watching my classmates race was really fun, and the little bikes were so funny," said Mizrahi. **4. ALL DRESSED IN WHITE** Avinash Desai (12) cheers on the football team during a game. Each game had a theme where the students all wore white or USA colors. At this night game the students dressed in all white for the "White-out" theme.

KNOW YOUR STUFF!
Alexander Ordenfels (10), Nicholas Williams (10), Vivera Aramugam (10), Kaliyn Murray (10), and Isabella Barrett (10) assists Vicky Wells questions at the pep rally. Students attempted to answer trivia questions like, "How many words are in the Pledge of Allegiance?" Barrett said, "It was really fun and something out of my comfort zone because I usually just watch things from the sidelines. It was a little nerve-racking because it was in front of the whole grade but it ended up being really great."

1. YO-YO! Luke Lee (12) shows off his Chinese Yo-Yo skills at the pep rally. There were also other students who decided to showcase their talents, like dancing. Lee said, "I started learning by myself when I was around six and then took lessons around eight years old. For the next five to six years I continued to build my skills in Chinese yo-yo through lessons and through competitions. I became a teacher's assistant in a class as a freshman and now I'm continuing to teach children how to do Chinese yo-yo. I was actually asked to perform for pep rally, especially because I performed last year with my friend Sean Wu, who is now a freshman in college. But I also thought it was an opportunity for me to just show this incredible activity."

5. MOVE ON OVER! Elizabeth Stump (12) and Angelina Conte (12) aim for the same chair in the Musical Chairs game at the pep rally. Music played during the game to keep contestants moving included pop and rap. Stump said, "It was actually a spur of the moment decision. I hadn't planned on participating but the other games had looked like they were an absolute blast so when they asked for volunteers, I immediately raised my hand. It was so much fun playing because the atmosphere in the gym was so hype. Everyone was cheering and the music was playing super loud, so it made the game all the more fun. I got out quite early in the game which was a bit embarrassing because of how competitive I am but it was a lot of fun just to be a part of the excitement and school spirit!"

RAISE YOUR VOICE

Students come together at school-wide events to show off their spirit.

The bleachers were filled with students wearing blue and gold, showing off their school spirit. Earlier in the week, the school teemed with cozy pajamas, colorful team jerseys, and twinning students. Grace Wang (10) planned out an outfit on Twin Day to coordinate with Sara Mei. "Planning out what we were going to wear got me really hyped up about the week. We had to dig through our closets to find something we both owned. On Twin Day, when we showed up and saw each other, we got so excited. We took a photo during lunch to remember the day!" said Wang. Students show off spirit in many different ways, including the football games and pep rally. Football games had themes, like wearing all white, or blue and gold!

Copy by Grace Wang

WHAT DOES YOUR IDEAL WEEKEND LOOK LIKE?

"Probably waking up late, making waffles, going to the Center to lie on the grass, and then coming home to watch a movie."
MAYA SHIMRON (10)

"Playing with my dog, who I got last year, because I like to learn more about her personality everyday. I also like to spend time with my parents because during the school week I don't have a lot of time to talk to them. I also like to sleep and eat."
BRITTANY LIN (10)

TRY EVERYTHING!

Students share things they'd like to try in 2020.

"Something new I want to try is working at a restaurant or any type of business."
MEHR KHURANA (11)

"I would like to go skydiving. I feel like a semi near death experience would be eye opening and change the way I view the world"
BRETT FORTIER (10)

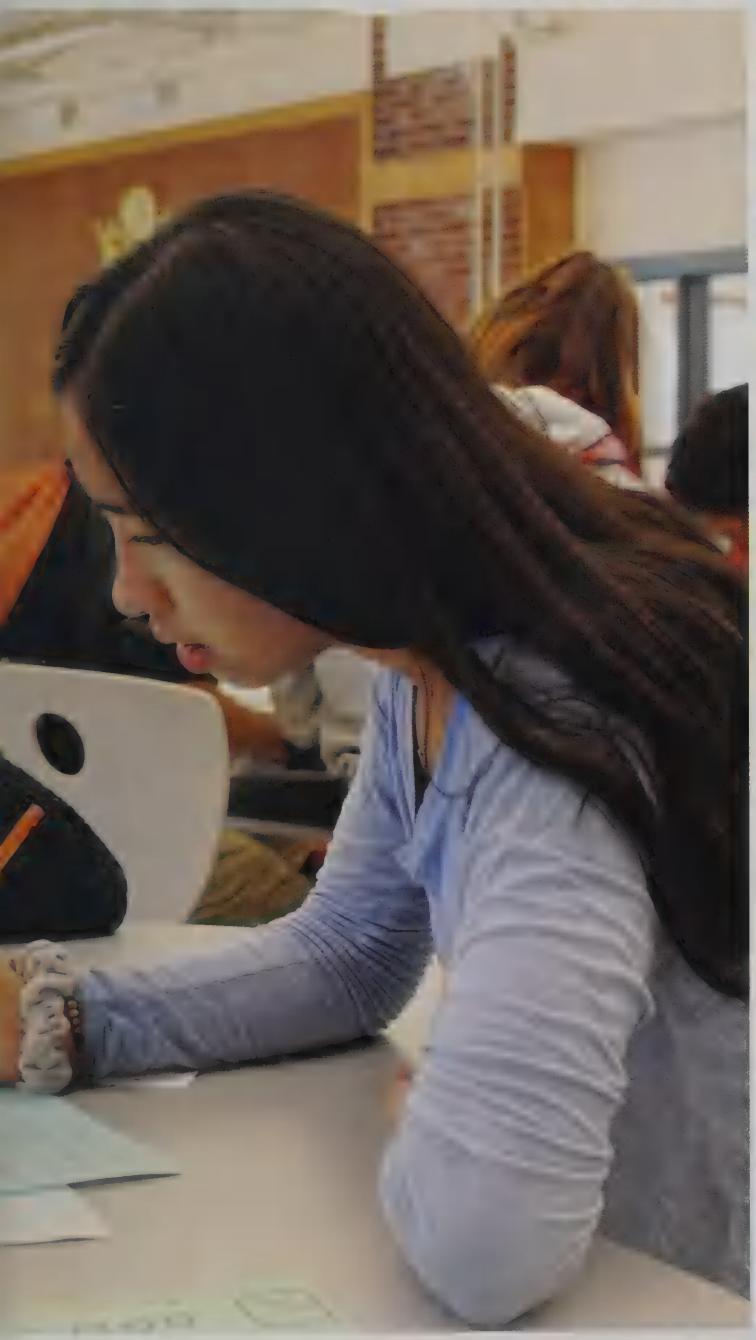
1.THINK OUTSIDE THE BOX
Eleanor Green (9), Jacqueline Chism (9), and Hennesi Salcedo (9) work together on examining different items that were traded along the Silk Road. "Classes in high school are a lot more fun for me this year. Teachers are way more chill than I thought they would be. In middle school teachers would tell us, 'high school teachers are way more strict than we are.' I went into high school thinking teachers would be scary and difficult to talk to but what I have found is that teachers are very understanding and the class is really fun. I also really like how we can choose more of our classes now and I can do what I am interested in," Chism said.

TIME & TIME AGAIN

Joy Gong (11) shares a story about her history experience.

"So anyway I'm in Mr. Wilson's APUSH class and at first, stepping into his class was a really scary experience for me because he not only is super loud and unpredictable, but he also cold calls - and that gave me so much anxiety. But as the months rolled by I learned to appreciate his cold calling and simply his personality in general. He is by far one of the most fun teachers I've had. He brings so much positive energy to every single class and truly teaches with compassion. He really gets his students engaged in what they're learning and makes them intrigued about both past and current experiences in the world, and even his fast-paced lectures - during which everyone scrambles to take notes make you feel like a smarter person walking out of class. I honestly look forward to Mr. Wilson's class every single time I have history, because it just makes my day that much better. I'm always in a better mood after those 55 minutes and I constantly feel like I've learned something, which is one of the best feelings you can grasp at school."

NEW PERSPECTIVES Julia Arnold (10) and Elena Lam (10) work on an activity about the Massachusetts flag during the There There pop up museum. The activity asked students to determine whether or not they thought the flag should be changed. "I learned that what the Massachusetts state flag looked like and that the Native American depicted on it didn't accurately represent the Native people. I had no idea there was a controversy surrounding the state flag and that the flag wasn't being used in city council because of the controversy," Arnold said.



2. GET TYPING! Neo Chen (10) turns to classmate Artha Tavshikar (10) to ask a question about their in-class essay about the Industrial Revolution. "I like working with peers because it encourages collaboration. Collaboration is good because it can reduce the workload and therefore reduce the amount of stress for school work. Working with others also allows me to get to know my classmates better," Chen said. **3. GIVE IT A LISTEN** Stella Omenetto (10) glances at her notes as she listens to a podcast about the Industrial Revolution Era. "Honestly, throughout my school year, history has always been the hardest subject for me to get into. A lot of my experiences with history had been, 'Please remember these 587 dates. Quiz on Monday,' which often really frustrated me. I was more interested in the history of humans. History topics where we got to learn about WHY people did things, WHY people thought certain ways, and more philosophical interested me because they're useful in understanding humans all throughout time, not simply in the past," Omenetto said.

4. LET'S COLLABORATE! Joshua Miao (10), Aline Keremian (10), and Alexander Nadelberg checked their notes during a group discussion. "I enjoy class discussions in history because anyone who feels comfortable can add their thoughts/opinion to the table. I also believe that conversing together is more interesting that being talked at," Nadelberg said.

5. DILIGENT NOTE TAKING Nuri Hong (11) writes in her packet for AP U.S. History. "A topic I enjoyed in history was the Jacksonian era because I did not know anything about this time period at all before. I'm not really into politics or the news in general but the way our government history affected the fundamental principles that built the American life was really interesting to connect together," Hong said.

STRIDE BY STRIDE

Girls run down the path right to a championship

The Girls' Cross Country Team finished the season with a record of five wins and only one loss. The team went on to win the Middlesex League Meet on October 28th. They then won the MIAA Division 1 Eastern Championships on November 9th. The team finished the season at All-States where they placed third, an improvement of three places over last season. With practices everyday after school and some weekends, the team's hard work paid off when they showcased their skill at these meets. Lauren Sterne (11) said, "Cross Country is a mentally challenging sport and an individual has to have grit to succeed and that's what I admire in my teammates and what always makes me want to come back to the sport."

copy by Grace Wang

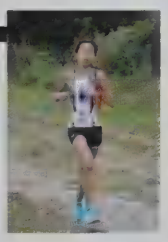
1. READY AND STEADY Anna Nelson (11) runs towards the finish line. Before the race, she had prepared as she usually did. "My routine before a race is almost always the same: go to team dinner if I can. If I can't get to team dinner, I make sure to carbo load (usually with pasta or bread), then get my race bag ready. The day of, I wake up about an hour before the bus leaves, eat breakfast (Oatmeal if my race is later in the day; if my race is earlier, I eat a peanut butter and honey sandwich), then go to the school and catch the bus" Nelson said. **2. ON THE MOVE** Lauren Sterne (11) runs the 5k event. Stern said, "I choose the sport because of the commitment and dedication of all the people who do it. There is no other team, in my opinion, that is made of such hardworking girls. My biggest accomplishment as a member of the Cross Country Team would have to be getting a personal record at the league meet last year."

3. PUSHING AHEAD Members of the Girls' Cross Country Team lead the pack. Danna Ofek (12) said, "In all honesty, I joined the Girls' Cross Country Team because I love being active, I heard very positive things about the program, and the girls' team seemed like such a fun group. I'm most proud of our team's wins this past season at the Middlesex League Championship and the Division 1 Championship. The hard work paid off." **4. FLYING HAIR, DON'T CARE** The Cross Country Team runs on conservation lands, following the loops set by coaches. Athena Marcell (11) said, "I have learned that no matter how fast you are, being a part of the Cross Country Team you will always feel welcomed and you do as much as you can do to make yourself and everyone else better. A special moment I loved from the Cross Country season was Saturday morning practice at the National Park. It was so fun to just go on a long run with friends and be able to talk and bond while putting in work."

5. IN IT FOR THE LONG RUN Kayla Gordon (9) looks down as she runs a race. Gordon said, "When focusing during a run I really just concentrate on putting one foot in front of the other and usually try to strategize in my head while running, thinking about things like when I need to speed up or the best place to pass runners in front of me! My strategy basically consists of me focusing on my goals and pushing through the pain because it only is temporary until the finish. As for something I love about Cross Country, the bond between the whole team is incredibly strong and everyone always supports one another because we all know what it feels like to have to deal with the hurt that comes with running. I know that I was especially close with the group of freshmen that ran and we are all still great friends and continue to do fun things together even outside of Cross Country, like the best buddies dodgeball tournament because the team bond is so strong!"

HOW DO YOU HIT YOUR GOALS

ANNIKA SALPUKAS
"I usually like to listen to music to get pumped up before meets. Our team also always talks and cheers together before the first race starts and that makes us all motivated to do better as a team."



CLARA FU
"On recovery days, I'll run with friends and it's super fun and relaxing, and on workout days, I try to push myself to hit my times and work towards a goal I've set for the season."

"SINCE 9TH GRADE, STAGE TECH HAS HELPED ME COME OUT OF MY SHELL AND MAKE FRIENDS IN AND OUT OF THEATER. TECH IS MORE OF A

FAMILY

THAN A CLUB.

EVEN ONCE YOU GRADUATE YOU'RE STILL PART OF THE FAMILY."

EMMA MCREDMOND (10)

COSTUME CRAFTS Zella Goodell (11), Emma McRedmond (10), and Yuliana Astorga-Licardie (11) show off one of the Costume Club's masterpieces, a Godzillla mask. McRedmond was a representative from the Tech Crew, which partnered up with the Costume Club every year to put on the annual fall play and the spring musical. Astorga-Licardie said, "I guess the Activities Fair is really important to us because no one really knows about costumes. The Activities Fair is where we get a lot of people to join our team. Other than that it's just a word of mouth. It's important for us to gain new members, especially underclassmen, so we still have people when the seniors graduate. Costumes is a really small group, so it's been really great that we have been able to participate in the fair the last few years".

1. SHOWING OFF Charles Yang (12) holds a Science Bowl trophy that was on display at the fair while he talks to a classmate.
2. EARLY SET UP Stella The (12), Christina Chow (12), and Gabriella Tagliamonte (12) set up their club presentation table before school starts. Upperclassmen woke up extra early to set up their posters before freshmen and sophomores were let out of class to attend the fair.

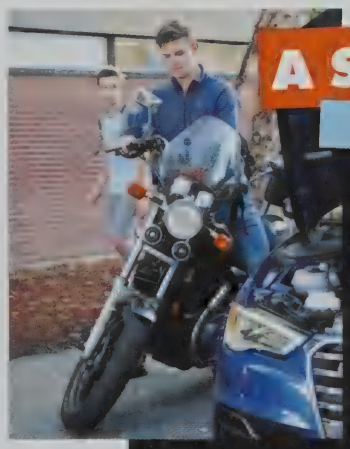
3. PING! PONG! Jordan Schaffer (9) tries out the ping pong table as Charles Yang (9) cheers him on. Schaffer said, "The friendly, welcoming atmosphere of the Activities Fair makes students feel at home and comfortable. This experience allowed me to meet new people and make friends, as well as get involved in activities that I can always look forward to. The Activities Fair helps students start the year on the right foot, and I appreciate that the community took the time to help students meet people and get involved in activities at school." The ping pong table was hosted every year by the ping pong club, as a unique way to attract interested students.
4.NANANA BATMAN! Declan Kelly (12) and Liam D'Souza (12) show Joshua Levine (9) some of the work and activities they do in Comics and Superheroes Club.

STARTING THE YEAR OFF RIGHT

Club leaders welcome incoming underclassmen

On September 27th, student leaders represented all 138 school clubs with crafty posters and homemade baked goods outside in the Quad. Freshmen and Sophomores were excused from their respective classes in order to peruse the various organizations, in hopes of finding their own niche. The underclassmen were encouraged to sign up for dozens of activities, from Debate and Science Bowl, to Competitive Cooking and Musical Outreach. Zahraa Hasan (9) found that the Activities Fair was a great way to bring a fun fresh start to the Freshmen Class. Hasan said the Activities Fair, "Is a start that helps students come across great opportunities and meet new people. There are so many clubs and even sports activities that attracted students into having fun and enjoying high school to its fullest!"

5. I DUB THEE... Deniz Bulucu (12) of the Drama Club puts his hat on Seray Kauffman (12), a representative of the GSA. Kauffman said, "I was actually getting ready for another photo, one with as many pride flags as possible. I had a lot of fun during the Activities Fair, because I was jointly advertising for GSA and Origami Club (both for the first time). So I was just walking around with four different pride flags in various places, trying to recruit for both clubs".



A SHOW ON WHEELS

"The Automotive Club is intended to bring together students that appreciate cars and motorcycles. At the fair I was surprised with how many students took interest in the automotive world, and it was amazing to see that our club was creating a community. I want to teach club members how to work on cars and motorcycles. I bought my first motorcycle (pictured) not running and in need of work. I fixed it in my spare time during junior year, and my goal is to pass my knowledge on to members of the club."

SHYMON SAMSEL (12)

LIGHTING UP our minds

From biology labs to physics experiments, science classes allow students to experience hands-on learning.

Science classes of all levels and grades mixed it up every day, with labs and scientific experiments. From biological earthworm dissections to chemical reactions, students experienced hands-on learning every day at the lab bench. Vedanti Bhargava (10) said, "I think the science curriculum is really rich, and students can really learn a lot from it. I also think that although sometimes it may be a lot to take in as it's just a lot of information taught to us. However, I really like how we are taught in a way that isn't just sitting through long and tedious lectures and we get to do various hands-on activities as well. There are truly an endless amount of opportunities for students to get involved with not just their interest in science, but many other areas as well. For example, there is Science Olympiad, Science Bowl, the Robotics Team, Neuroscience Club, Envirothon, the Science Fair, just to name a few. It's all just a matter of exploring them and finding out which one is the right fit for you.".

1. WORKING TOGETHER Sabrina Salman (11) steadies a test tube while Nora Bulovic (11) grips a lit splinter over the opening. This was one of the labs students completed in chemistry classes. "In this lab we were working on figuring out what types of gasses will form through different chemical reactions. It was an interesting lab where we got to light things on fire and hear some loud popping sounds from combustion reactions," Salman said. **2. FOOLING AROUND** Pooja Kawatkar (11th) lowers a test tube over a bunsen burner while Justin McCarthy (11) and Fawzi El-Kattan (11) observe the reaction. The lab required certain precautions in order to keep the students safe. "We were doing this lab and I was messing around with these wooden sticks like wolverine and my homie Justin was going all crazy over the fire reaction. I just hope my teacher doesn't see this because I'm supposed to be wearing goggles. Also experiments with fire are the best experiments," El-Kattan said.

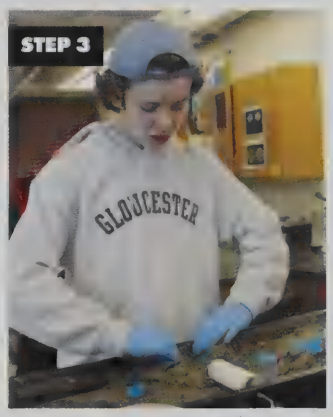
LOOK CLOSELY Connor Driscoll (11) holds a match under a test tube as Hannah Sweeney (11) and Anna Nolden (11) look on. The group closely observed the test tube as a substance started to form on the side of the test tube. "For me, Anna, and Connor, labs are our favorite part of chem because we get to work together and see how the concepts we learn on paper are translated to real life," Sweeney said.

3. LET'S GO OUTSIDE Students in Ms.Cook's freshmen Earth science class performed a lab outside in the pond behind the science building. **4. IN THE LAB** Max Dicerbo (11th) points to the lab set up in order to make sure he is performing the lab correctly. "To be completely honest with you, all I remember is that I was heating the test tube in order to do a flame test with the substance to determine what gas was released in the reaction," Dicerbo said. Dicerbo along with the other students in chemistry class performed this lab in order to apply what they had learned in class.

STEP BY STEP
RIVER EROSION

Jinn Janpathompong (9) makes a path in the sand for the river.

Jack Foley (9) uses piping to pour water into the sand channel



Eric Caouette (9) builds a dam for his river. Students ran water through the sand again.

Ailani Stephen (9) observes the sand erosion and takes notes on her observations.

1. ON YOUR MARK, GET SET, GO Evan Eberle (10), Graham Bracken (10), Max DiCerbo (11), and Selvin Backert (12) sprint from the starting line during a race against Arlington. Bracken said, "Cross Country is a grind, yet it is immensely rewarding. Cross Country teaches us how to endure pain, and to persevere. Runners on the team have formed close relationships through this sport and it is something that I look forward to doing each and every day."

2. KEEP GOING STRONG Maxim Slobodchikov (11) runs on the trail during a Cross Country race. Slobodchikov said, "Whether we are finishing a race, workout or long run everyone is always there. The grind, the pack-running mentality, is why individual progress feels rewarding to the whole group. Even with our head coach leaving, this will always remain true. We love you Babs." **3. PICKING UP THE PACE** Micah Benson(12), a team captain, pushes through as he finishes his race. Benson said, "Somewhere along the thousands of miles we ran together in high school, my teammates became friends and then brothers. So, as I found my limit on a frozen race course this season, I picked up the pace for them."

GAME FACE Matthew Mcalarney (12), Adam Bernstein(12), and Max DiCerbo(11) compete against each other during a race. Mcalarney said,"Over the past 4 years, I have absolutely loved running Cross Country with my teammates due to an infinite number of factors. One of the core aspects of our team that I will remember is simply our hard work, as well as our persistent dedication to the unique lifestyle everyday. We push our physical and mental capabilities regardless of working out in sunshine, stinging heat, freezing rain, snow, mud, or water. I always feel extremely fulfilled with all of my companions whether it's a neck and neck duel meet or a royal rumble at Nike Cross Regionals. Most importantly, I am proud of the powerful bonds of friendship and trust that our team has formed; we overcome adversity and run in the current moment, and I am thankful for all of the laughs we share.

KEEP GOING STRONG

Boys' Cross Country built a family around a team.

Keep on pushing. That is the mantra of the Boys' Cross Country Team. but the boys kept pushing through the mental and physical pain that impacted their season. Practicing hours every day after school, all the boys expressed the same sentiment: They might have been running solo, but the hours of practice made Cross Country into a true team sport. Matthew Mcalarney, a senior and a captain of the Varsity XC team said,"Over the past four years, I have absolutely loved running Cross Country with my teammates due to an infinite number of factors. One of the core aspects of our team that I will remember is simply our hard work, as well as our persistent dedication to the unique lifestyle everyday. Most importantly, I am proud of the powerful bonds of friendship and trust that our team has formed. We overcome adversity and run in the current moment and I am thankful for all of the laughs we share."

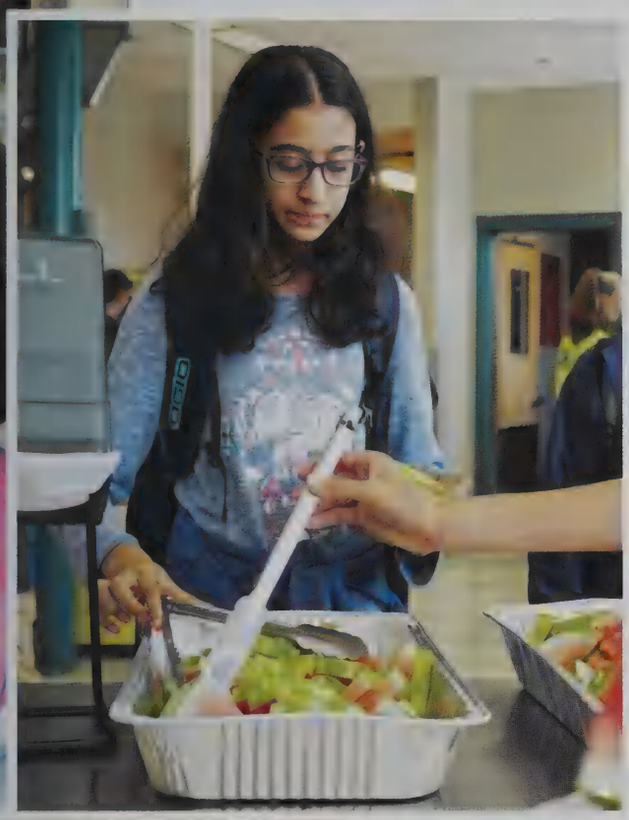
Co-captain Maxim Slobodchikov(12) echoed this statement and said, "Cross Country is much more of a team sport than many people imagine it to be. This culture turns teammates into life long friends."

"As almost any runner will tell you...you're in a constant battle against your mind, pushing your muscles to take another step and beat the person a few steps ahead. But that's also what makes it so great, the relaxing feeling of just going on a run after a tough race, knowing you've earned it."

Syed Noah Quadri (10)

1. ON THE MOVE Peer mentor, Heidi Yang (12), guides a student to their classroom on the first day of school. Peer mentors volunteered their time to help freshmen on their first day. Yang said, "A lot of my friends were in peer mentors when I joined and I thought it would be a good way to make a positive impact on the school. It seemed like a lot of fun while also doing something worthwhile and meaningful for the school. Whenever I'm walking lost freshmen to class on the first day, I tell them a story about how I went to the wrong class AND got lost on my first day and it always makes them smile.". **2. LET'S WORK IT OUT** Pamela Chiakpo (12) helps a student figure out their schedule in homeroom. Besides helping students navigate the halls, peer mentors also helped students with any questions they had. Chiakpo said, "I actually started peer mentors in sophomore year. A specific moment that has stuck with me is my first Step Up Day because it felt so different to be on the other side of the experience. Seeing the effort that we put in as peer mentors have a positive impact on the incoming freshmen is rewarding and it made me reflect on the progress that my friends and I have made since that day." **3. CHECK IT OUT** Anthony Narouz (9) inspects his shiny new Chromebook. Incoming freshmen and other new students were assigned Chromebooks to use for the duration of their stay at school. On the first day of school, freshmen also learned about the campus, and familiarize themselves with the way to their classes.

FIRST DAY LAUGHS Aditi Kalia (11) shares a laugh with classmates, Izel Watson (12) and Naomi Harris in the quad. Kalia said, "On my first day of freshman year, I remember being so scared of what the next four years of my life would bring. I distinctly remember peer mentors helping me out, and their mere presence was comforting, relaxing and helped me get over my anxious worries. That is what I wanted to do for incoming classes of freshmen, so I knew that peer mentors was the right step to take. When the freshmen first arrived, I was so excited to show them around the school and tell them not to worry as much as they were. However, I am also a very empathetic person, so I was as nervous as them, worrying about how people I had not seen yet might would do in the next four years of their schooling. Overall, I have found that freshmen can rarely benefit from the peer mentor program and while it quells some of the anxiety in the minds of incoming freshmen, it also gives the peer mentors joy and a sense of satisfaction."



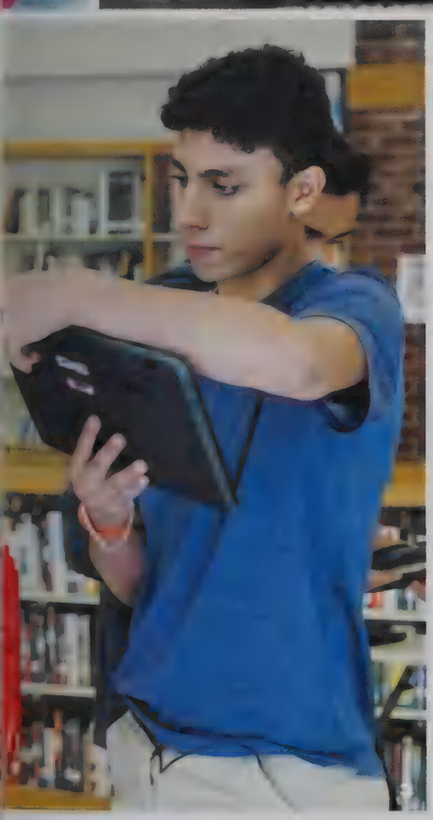
WE ARE HERE TO HELP

Students experience their first day of school.

The first day of school was an exciting moment for some because it was a time to reunite with friends after two months of vacation, meet new people and move up a grade. Ninth graders were starting a new chapter in their lives. On the first day of school, the energy in hallways, lunchrooms, and classrooms was palpable. Students were asking one another what classes they have, who their teachers were, which kids were in classes, who was dating whom, and more.

Asked what her favorite part of going back to school was, Jalessi Aviles (11) said, "Seeing my friends and meeting my new teachers. The first day is always so interesting because you get to see what the rest of the year will look like."

For freshmen, the day meant they were no longer middle schoolers but high schoolers on the road to independence.



4. A JUICY TIME Anjali Asthagiri (9) grabs a slice of watermelon that was put out on the first day of school. "The quality [of food] tripled in comparison to middle school. Nachos, sandwiches, salad, Dippin' Dots, fries - the options seemed endless. Each building was the size of the middle school, but there were five of them," Asthagiri said. "Getting from class to class was a struggle consisting of trying to read a map, dodging the stampedes in the hallways, finding the correct classroom, and doing it all in under five minutes. I immediately connected with peers who used to be a part of the rival middle school, who I used to automatically dismiss as peculiar." **5. HUGS FOR ALL** Cathering Dong (9) laughs as she hugs her friend on the morning of the first day of school.

TOP OF MY BUCKET LIST

"Right now, the top thing on my bucket list is to spend more time with my friends. I've met so many amazing people at this school and I regret sometimes having been too caught up in other things to spend more time with them."
Charles Yang (12)

EASY AS 3.1415

From geometric proofs in Math 2 to logarithmic functions in AP Calculus, the Math Department boaste one of the most academically rigorous curricula offered

In addition to the series of integrated math classes that all students moved through, the Math Department also offered students the chance to select from a variety of math electives such as AP Computer Science Principles and Introduction to Robotics and Engineering. Whether they opted for required classes or electives, students were challenged with difficult content in any math class they chose.

"If I'm going to be honest, while I like math, it's pretty difficult for me. Especially geometry - don't even talk to me about geometry," Isabelle Lim (11), a student in Honors Math 4, said.

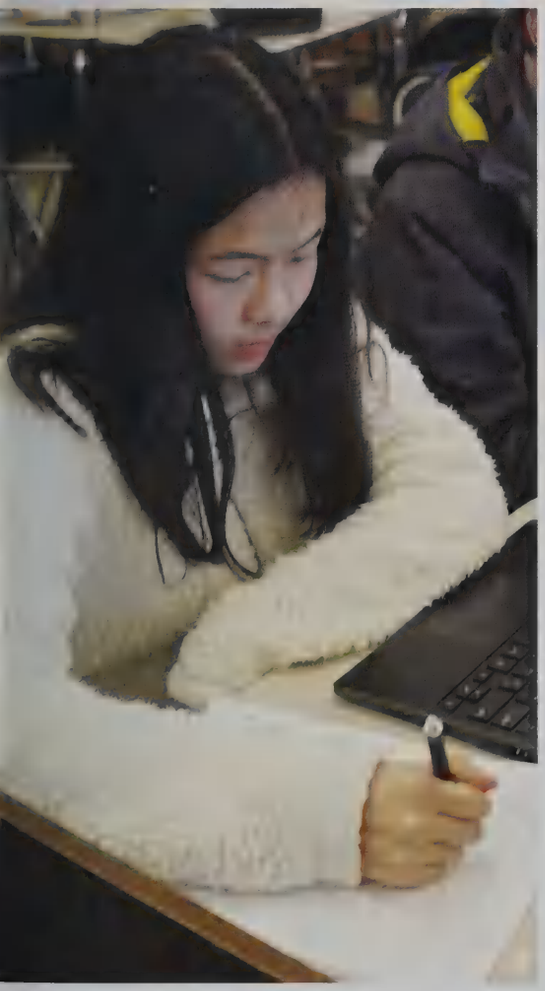
However, with the support of teachers, classmates, and peer tutors at the Learning Center, the Math Department's students are not afraid to tackle their problems head on. "The teacher and class were helpful, which made learning math a lot easier than it would've been for a math dunce like myself. It's one of the nicest classes to get through the day," Kayla Weng (11), a student in Honors Math 4, said.

copy by Isabelle Lim

1. PROBLEM SOLVING Joe Hunt (12) jots down a number from his graphing calculator in Ms. Gormisky's AP Calculus AB class. "We are learning about derivatives It's super fun!" Hunt said. **2. RADICAL!** Jyothsna Bolleddula (12) works to finish her math packet. Bolleddula, who takes AP Calculus AB with Ms. Gormisky, said, "Calculus is cool because we build off of topics from pre-calculus, while synthesizing all the math concepts we've learned over the past few years. We started the year learning about derivatives and limits, but we've quickly worked towards more advanced topics like integrals and the Fundamental Theorem of Calculus."

3. STRENGTH IN NUMBERS Shymon Samsel (12) works together with Danna Ofek (12) to finish a statistics assignment involving integrals. "We're learning how to get the integral of voltage using the multimeter system of equations," said Samsel. Both Samsel and Ofek took AP Statistics CD, considered by some to be the most rigorous statistics class available to seniors.

4. IT JUST ADDS UP Elizabeth Woo (10) uses her laptop as a tool to help her solve a graphing problem. "This year in Math 3, we have learned mostly about polynomials, a whole lot of statistics and trigonometry. I have really enjoyed the pace of this class and the teacher, Mr. Kelly, has been very supportive," Woo said.



5. DIVIDE AND CONQUER Vir Sikand (12 and Bruce Wan (12) put their heads together to solve a calculus problem. Wan said, "I am in AB Calculus and am learning Calculus. It's pretty rad."

THE MATH DEPARTMENT

BY THE NUMBERS

26 teachers

courses and electives **30**

TIME TO SHINE

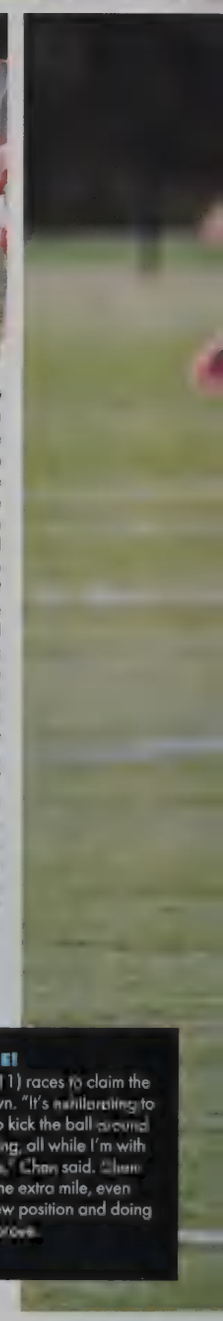
Sophomores talk about the stars they're shooting for.

ETHAN WANG (10)
"I want to get better at being positive, and having a positive mindset. I also want to improve my linguistics, especially in the Australian-English area."

ELIZABETH WOO (10)
"I want to improve at sleeping regularly to prevent burnout, so I don't have to drop out of school by the end of the year."

1. SHOTS IN THE DARK! Karen Oh (12), a team captain, plays defense during a game against Andover. The floodlit field made daylight unnecessary to get things right. "Our team hasn't been apart for more than 24 hours since late August. It really goes to show that we are like a second family to each other," Oh said. **2. COME AT ME** Isa Lundstrom Svahnqvist (12) traps the ball as it comes her way, ready to pass it to a waiting teammate. "The bond that we have makes us all play for each other and it shows on the field," Lundstom said. The girls went on to end their season with an 11-4-3 record.

3. AN ACTIVE SIDELINE IS A LOVING ONE Jessica Zales (12), Caroline Donaghy (12) and company cheer their teammates on from the sidelines. "The new members on the team fit in perfectly and add their own unique qualities. We are a super close group of girls and you can see that on and off the field," Donaghy said. As in other sports, during matches, players off the field stayed involved in the game, especially in a team as tight as this one. **4. WHO'S OPEN?** Elizabeth Stump (12) looks down the field to see who she can pass the ball to. "We have played center back together for the whole season so being the last line of defense before the goalie, we have been forced to trust one another and learn to read each other. That has definitely deepened our bond and made us better friends," Stump said. Trust among team members was paramount and working hard to build it up paid off. **5. LET'S PLAY ROUGH** Isabel Konijnenberg (9) fights for control of the ball during the game against Arlington. "The drastic way we have all improved throughout this season has shown in our winning record. With bumps in the road we have always made sure to work as hard as possible for each other," Konijnenberg said.



MINE, MINE! Rachel Chen(11) races to claim the ball for her own. "It's rewarding to play soccer, to kick the ball around and do our thing, all while I'm with the team I love," Chen said. Chen always went the extra mile, even trying out a new position and doing her best to improve.

STILL KICKIN'

Girls' Soccer took off by slowing down.

Getting better, faster, stronger, more aggressive: Isn't that what every soccer team aims for year after year? The girls had trained hard to become their best, but their secret to success might have surprised you. Doing yoga as a team helped bring together these athletes on their days of rest. "Our coaches always want us to be serious when doing these ridiculous yoga poses, but there is always one person that starts laughing, so then everyone does," Elena Sabin said. (10). Spending recovery days in the yoga room was a fun experience for these girls and disciplined them as a team at the same time. "Honestly that has been an awesome way for everyone to bond. We also worked really hard in the pre-season...we have been having such a good season," Sabin said.

Copy by Vera Choi

ARLINGTON
13

10

Sure, we didn't always admit to it, but we all had our own particular - and sometimes peculiar - hobbies, obsessions and interests. While they ranged from technology to taste, the fact that we had them united us, they were our ...

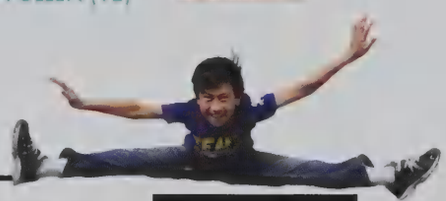
A-Z GUILTY

ACTING

"Acting in LHS is an experience like no other. Being able to go in front of a crowd and tell incredible stories is a sensation that can't be found in other hobbies. This experience is enhanced by the incredible people that I have worked with over my four years in the acting community. The people I have worked with are my second family and help me strive to improve myself in all aspects of life."

WILLIAM PULLEN (12)

BALLET



"I love ballet because of the musical connection I have when I'm dancing. Dance is a unique art form, because messages and feelings are conveyed through one's body and their relationship to the music. Ballet is precise and technical, but when you're performing in the moment with the music, a joyous, exciting feeling comes over you that is uncontrollable. This feeling really draws me to work on the technical aspects of ballet, because I know that if I do, I'll make it to the place that makes me feel the best no matter what: The stage.

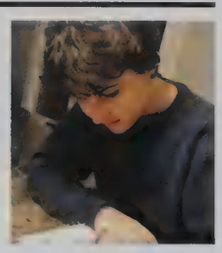
SEIYA SANEYOSHI (9)

CARS

"Cars are my life, I spend every single day working with cars and my car photography. People do not understand the appeal of cars because to most they're just a tool. To me cars are art and cars can be used as a form of self expression; cars are a part of who I am. I've been a professional car photographer for over three years now and couldn't imagine what I'd be doing without it."

WILLIAM THIBODEAU (12)

DOODLING



"I've been drawing since I was little, and it's become second nature since then. I like it most when I stop taking it so seriously, and just draw what I find funny or neat instead of trying to make everything look a certain way. I also like drawing with my friends. We all sit around some paper and draw what comes to mind. Really funny stuff gets made that way."

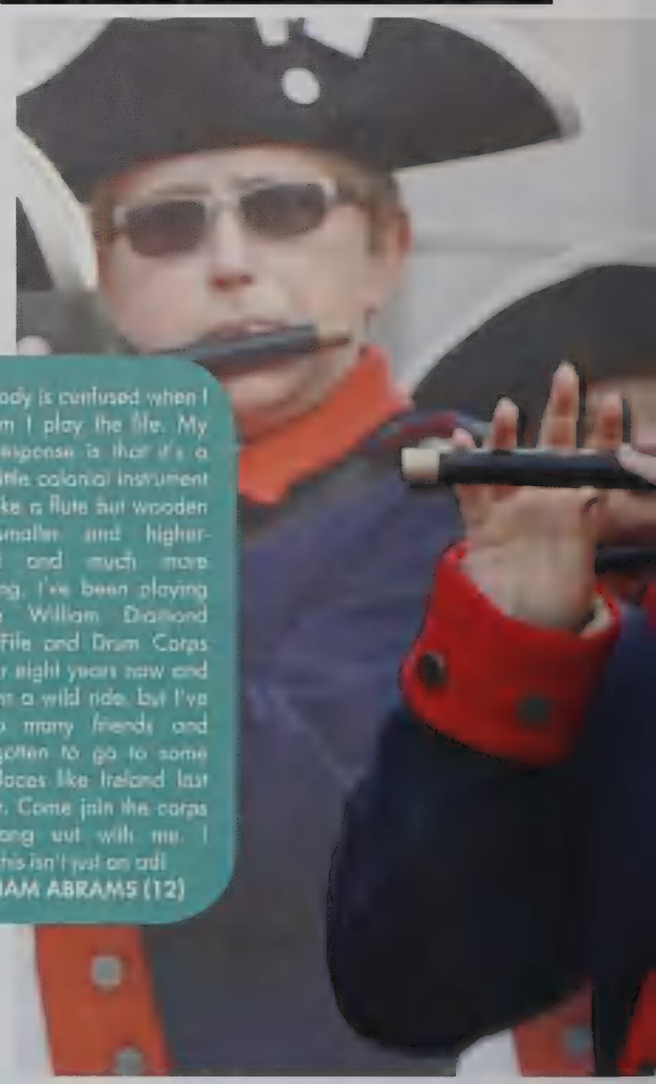
BAILEY HOBAI (10)

EQUESTRIANISM

"Horse riding is a bond between horse and rider; it takes a lot of strength and trust from both of them. There are good days and bad days, just like any sport. You form a bond with your teammates and you have to work hard like in any sport. What makes it different is the horse. You're responsible for the horse, not only riding it which takes communication and trust but in caring for the horses.

LILY BASTA (10)

FIFE AND DRUM

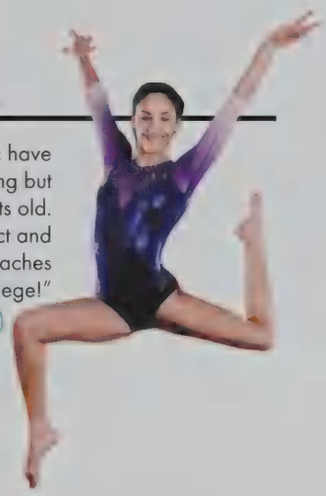


Everybody is confused when I tell them I play the fife. My go-to response is that it's a weird little colonial instrument that's like a flute but wooden and smaller and higher-pitched and much more annoying. I've been playing in the William Diamond Junior Fife and Drum Corps for over eight years now and it's been a wild ride. But I've met so many friends and have gotten to go to some cool places like Ireland last summer. Come join the corps and hang out with me. I swear this isn't just an ad!

MIRIAM ABRAMS (12)

PLEASURES

GYMNASTICS



"I absolutely love doing gymnastics and have done it my whole life. It's so challenging but fun at the same time and it never gets old. This year is really my time to reflect and spend quality time with my team and coaches before heading off to college!"

SOPHIA LEHRER (12)

HOROLOGY

"My experience with horology started in eighth grade, when I first saw the case back of a mechanical watch. I knew it wasn't a living being but I was certain that it was alive. Ever since, I have been interested in watchmaking and its branches, such as complications or finishing. Horology can be the art of fine mechanical watchmaking or the study of time. It has changed this year by making me pay attention to every single detail in life, just as it is done in fine watchmaking."

ALP ONAY (10)

ICE HOCEY

"Ice hockey has changed my freshman year a lot. It's amazing to be able to play such a unique sport and it's something to look forward to every day. Stepping on the ice after school lets me forget about everything else and just play."

FIONA KELLY (9)

JUGGLING

"I started juggling to prove to myself that I could. It seemed like something just out of my grasp for years but I finally vowed to conquer the challenge. Since then, juggling has served as a reminder to step back and view things holistically and also as a fun way to relax and unwind. I constantly take time from homework to juggle and refocus on the task at hand which helps me be more focused and efficient."

DAVID CSER (12)

KARATE

"Karate for me is a place to be with really good friends of mine but it also gave me the opportunity to learn to defend myself in a fun way. Over time as I got better and better I gained a lot of confidence in life. I also learned how to teach kids, know their psychology and be able to communicate with them on their level."

VIRÁG TORONTÁLI (11)

LEGOHEADS

"The Lexington Legoheads' (est. 2010) mission is "Robotics for public good", and we fundraise for education-related causes to give back to communities. This is the team's final year, as most of the members are seniors. Robotics gave me the opportunity to work with so many bright people. It showed me how to work with others and felt like working at a small company. It exposed me to the work that goes into building projects, including fundraising, branding, hardware and software. This experience inspired me to study engineering next year."

JORIS KONIJNENBERG (12)

Lexington Legoheads

MARVEL MOVIES

"Mine would have to be Marvel movies. Although I know they're super mainstream right now and I guess they're not that much of a "guilty pleasure." The first Marvel movie I watched with my dad was "Iron Man" and it's still my favorite movie. It's just kind of nice to have something to look forward to every few months to distract me from school."

ISABELLE LIM (11)

NATURE HIKING

BENJAMIN NEWS (12)

OWLING

"Owls have always been a part of me ever since i was old enough to talk i've loved them. I almost felt like I was one. I love searching for the birds that fascinate me! Waking up extra early is always justified by finding owls!"

HENRI ENGSTROM (10)

PRINTING 3D

"I started 3D printing and design three years ago. Since, I've explored my own interests & made parts to fix things around my house. To 3D print, I've used thermodynamics, physics, and engineering. When designing, I've developed problem solving skills to apply different shapes and geometry in a given part. 3D printing is a versatile technology, allowing engineers to make prototypes and finished products in real time.Today it's used in art, dentistry, architecture, and medicine."

IAN MILLER (9)

QUARTERS

"It first started when I was nine, at the local Barnes & Noble. I saw a funny looking book on a shelf. After realizing that the slots were for coins, I realized that people collected them. Before then, I had already fallen in love with collecting trinkets from Pokemon cards to Beyblades. But coins are great because they're everywhere and I can make the coin more than what it's worth. Pushing the coin into the proper spot makes a quarter worth more than 25 cents and a penny worth more than one, especially if you get all of them."

JULIAN HAN (10)

RACING

"In the words of my coach Stephen McKenna II, 'If you put your finger in the middle of a banana, it splits into three equal parts: one bitter, one sweet, and one neutral.' This sums up my experience as a runner. The sweet part makes the bitter part worth it."

JOSHUA BACKERT (12)

SOCCER

"Soccer has been everything for me since a very young age. Being from England, it's a massive part of culture there and it's what I grew up with. Soccer is a very unique game because of all the different aspects of it. It is so much fun to play whether you're playing with your team or just with your friends."

BARNEY BRANDON

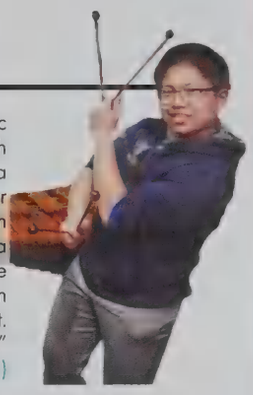
TAP DANCE

"Tap dancing has been my world since I started in first grade and I can't imagine a better passion to have pursued while growing up. It is physically and technically demanding, fueling the side of me that loves sport, but it's the artistry and history that keep me hooked. The shoes have two tones and I can express myself through rhythms and body language. I can bring my shoes to any jazz jam and trade with a band like musical instruments would. Tap began in the slavery era as a form of self-expression for the oppressed and later was added to by Irish immigrants escaping the famine. There is so much cultural significance in tap and I am honored to partake in it."
LILY LAWRENCE (12)

UKULELE

"I tried playing a little at summer camp and then thought it was really fun and easy to learn, so I got one for my birthday. I really enjoy it because with a few basic chords, there's a lot you can play or compose. I would say that as a change, I originally was playing the ukulele for fun and to play songs and sing along, but now I've been using it more for composing my own original songs.
ELEANOR CARO (9)

XYLOPHONE



"Xylophone is unique because it's an iconic pitched percussion instrument and note length can't be controlled. It's pointedness creates a woody sound that contrasts with other instruments. Playing the xylophone is fun because it's so versatile. It can create a playful, happy sound or a sharp, aggressive sound. I think that's why when percussion plays melody, the xylophone usually plays it. That's why the xylophone is so special to me."
EDWARD LACSON (11)

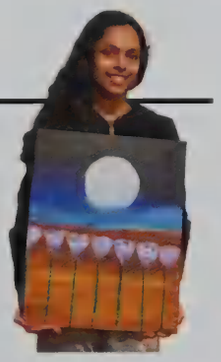
VIOLIN

"Violin is a rather popular instrument in the Lexington community. One can make unique sounds on the violin such as stepping on a cockroach to playing a beautiful melody, leading to many styles of music. Living in Lexington helped me appreciate music and the violin itself, thanks to its many talented players."
TARA GENSURE (11)

YEARBOOK

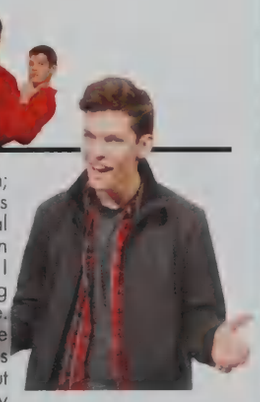
Being a part of the Yearbook Club has been a great experience so far. It's amazing to see the hard work you and your peers put in come together to create such a meaningful collection of memories. The team puts a lot of time and effort in and seeing 'behind the scenes' is really cool. Yearbook has changed this year for me because I've been more involved and I got the opportunity to work on pages that I've never done before."
GRACE WANG (10)

WATERCOLOR



"Painting is a great form of catharsis. I started taking my artwork more seriously in sixth grade. It's so fun and calming to spend hours blending sunsets and drawing sketches, especially since I look forward to seeing the outcome of my efforts."
ANVITI SWARAJ (12)

ZINGERS



"There's no correct way to make a person laugh; if something's funny then it's funny. That's why it's difficult to pin down what triggers a primal response like laughter. Sometimes I think of an idea that I find hilarious and it flops. Other times I do something that extracts an overwhelming number of cackles for reasons that escape me. There isn't a better feeling than lying down at the end of the day knowing that I ignited someone's happiness. When a person laughs, it blocks out other thoughts in their head. For a moment, they are alive and well. If that's not a reason to tell a couple of jokes or fall out of a chair once in a while, then I don't know what is."
DANIEL WINTER (12)

ONE, TWO, THREE TEAMS! Three soccer teams represent Lexington, including the Freshmen, Junior Varsity, and Varsity Teams. Samuel Boehm (12) wears a white varsity jersey, and Andrew Nguyen (9) wears a blue freshmen team jersey. Nguyen said "The team was special and met all the challenges throughout the season".

KICKIN' IT to success

Karaoke nights and hakas kept the soccer team in tip top shape.

Practice makes perfect. That mentality was kept strong by the varsity soccer team this season. The team practiced after school every day for two and a half hours. Robert Hutchinson (11), an outside midfielder for the varsity team, said, "Practices usually consist of a fitness portion which is just sprinting circuits and strength and conditioning exercises and then a tactical and game section where we play scrimmages and do drills."

Their hard work paid off. Hutchinson said, "I think the proudest moment for our team was when we came back late in the game to tie Winchester and win the Middlesex league. It was our most intense game because Winchester is one of the best teams we play against, and it is an extremely physical match and both sides play hard. Our team had to overcome losing some seniors who were excellent goal scorers. We all had to work together to fill the void left by those players and create goals."

The team also mixed up their routine, celebrated their accomplishments, and took breaks from their training to build team spirit. The boys were energized by performing a haka, a ceremonial dance inspired by the New Zealand rugby team and by their annual Karaoke Night.

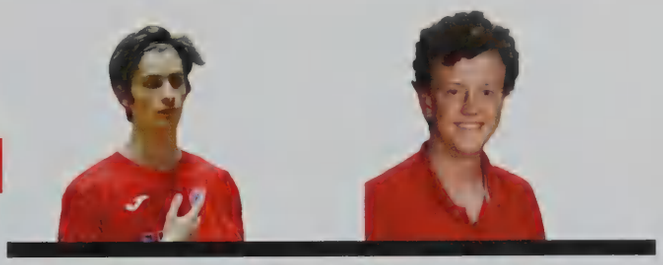
Samuel Boehm (12) said, "The Boys' Soccer Program has meant a lot to me and will always be some of my fondest memories of my time at LHS. I will forever be proud that I was able to represent this school playing a sport that I love the most. This program has given me some of my best friends and I look forward to staying connected with this program in the future. Although we had coaching changes this year, the heart and soul of the Boys' Soccer Team has always been strong, and that led to our success this year and in previous years. My Lexington teammates and coaches have had a big hand in my ability to pursue soccer in college and for that I am forever thankful."

1. GREAT GOALIE Karl Vernet (12) kicks the ball during the game against Reading High School. Vernet said, "I'd say playing with the soccer team was a great experience. Coming in together everyday and each of us working extremely hard was awesome. The biggest change was the coaching staff and losing the senior players, but it allowed us to become more dependent on ourselves rather than on one person which made players shine. Even when the coach changed, our vision was clear on what we wanted in the end." Vernet was a goalie for the varsity soccer team this season. **2. DRIBBLING TO VICTORY** Emin Abrahamian (12) dribbles past an opponent during a game against Reading. Abrahamian said, "I'm proud to have been part of the team this year. I think our success can be attributed to our style of total football: changing positions on the fly and being versatile enough where any outfield player could take the role of any other player on the field."

3. UP, UP, AND AWAY! Dylan Corbett (12) heads the ball, passing it to one of his forwards. Corbett said, "As the season progressed, many of our players had their ups and downs. But after pulling each other together and holding each other to a higher standard, we showed that we wanted to win as much for the team but mainly for the town." The varsity team kept up team spirit throughout the season, which helped them out on the field. **4. FANCY FOOTWORK** Hyungbin Kim (11) uses practice techniques to receive the ball and achieve the first touch maneuver. The varsity soccer team worked extensively with Coach Marato and Coach Pakyari to perfect drills and game plans for upcoming games.

5. THE CHASE Andrew McDonnell (9), a player on the freshman team, dribbles the ball towards the gaol as an opponent trails behind him. McDonnell said, "With over 25 people on our team this year, we found a way to make the season more entertaining this year. The connections to our teammates and our coach was really strong. We managed to balance this and be a super successful team at the same time. We found ways to entertain each other and focus in the sport at the same time."

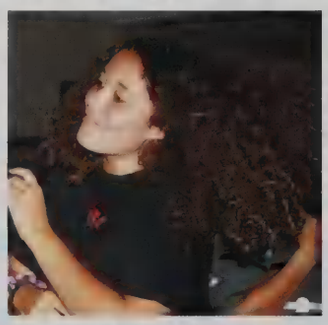
HOW DO YOU MIX IT UP



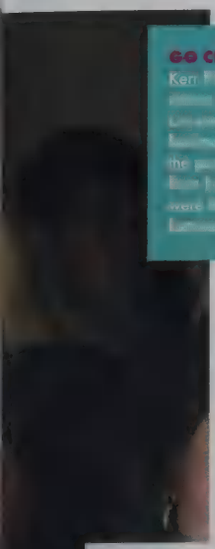
FYNN JUEPPNER (11)
"I think the camaraderie was exceptional. No players were marginalized from the rest of the team. When someone scores, the whole team runs over to cheer them on. One game we spent a lot of the game trying to help a kid who hadn't scored yet that season to get his goal."

ROBERT LLOYD (12)
"I try to change the overall mood of our team when we go down in a game. I work hard to communicate more to improve the enthusiasm and being positive to remind the boys that we can overcome any deficit and can keep playing our style effectively."

1. DANCE ALL NIGHT! Serena Caira (9) shows off her dance moves. "I love going to dances because you get the chance to dance with all of your friends and meet new people who also enjoy dancing and singing to fun music,"Caira said. "I can always count on having a good time with other kids and making memories."



2. FLIP THAT HAIR Hair flying, Rachel Solomon (9) is in motion at the freshmen orientation dance. "The school dances are a fun, and safe, way to partay," Solomon said. Her favorite part of the dance was being able to let loose and have fun with so many different groups of people. **3. GOT PICKED UP** Cristopher Chung (9) is picked up by a friend and dragged across the dance floor during the freshmen orientation dance. This dance was meant for students to meet new people in their class. **4. TOO MANY GIGGLES** Ana Alvernaz (9) laughs with her friends in between songs during the freshmen welcome dance.



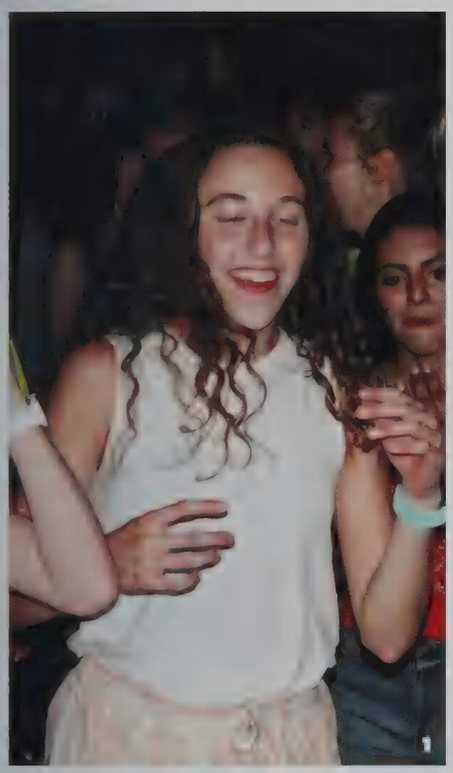
GO CRAZY! [illegible]

DANCE 'TILL YOU DROP

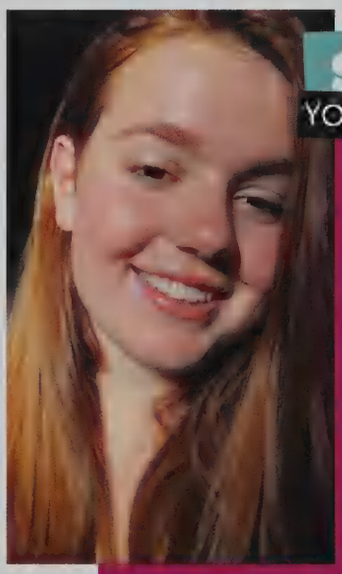
Freshmen danced the night away at the welcome dance

On certain nights of the year, each Class Council had the opportunity to hold a class or schoolwide event. Some chose to hold a dance just for their own class while others opted to invite the student body to participate. For example, the Junior Class held "Lex Vegas," a game show event that featured Jeopardy, singing, and more. The Freshmen Class was able to attend a dance, which was put on by the peer leaders, free of charge to help them meet new friends. This Welcome Dance allowed the freshmen to meet and mingle with their new classmates as well as old friends.

Katherine Mitchell (9), who went to the Welcome Dance said, "I got to see all my friends, including all the new ones I made. It was really fun to dance to classic dance songs like 'Cotton Eye Joe'. I suggest that everyone goes to at least one dance; they really are a lot of fun."



5.PUT YOUR HANDS IN THE AIR
Parker Gruskin (9) pumps her fists in the air during one of the songs played at the Freshmen Dance. Gruskin was one of the many freshmen to attend this dance hoping to connect with classmates and make new friends.



SUM UP
YOUR LIFE IN SONGS

Early childhood: You Are so Beautiful - Joe Cocker
My dad sang it to me all the time and it became one of my favorite songs.
Middle school: That's Life and My Way - both by Frank Sinatra
I'm a huge Sinatra fan in general because growing up, my parents would always play them. However That's Life taught me to get back up when you're knocked down and My Way tells you to be unique and go about your life to the beat of your own drum.
Today: 21st Centuries Machine - Catie Turner (or anything really by her)
Her music really says something about society and mentality's of others and just sends a message from the underdog's perspective.
Madelyn Lucente (10)

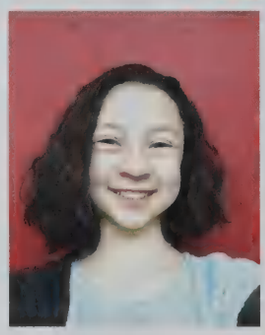
BEST LANGUAGE

Students share their personal favorite languages to learn.

"I think the best language to learn is Spanish because very similar to English which makes it easier to learn and pronounce. It is also much easier understand and pick up compared to other languages."
Yukyung Cho (12)

"I think German is the best language to learn as it shares a lot of similarities to English and other languages. It also offers lot of future college and career options."
Michael Perkins (11)

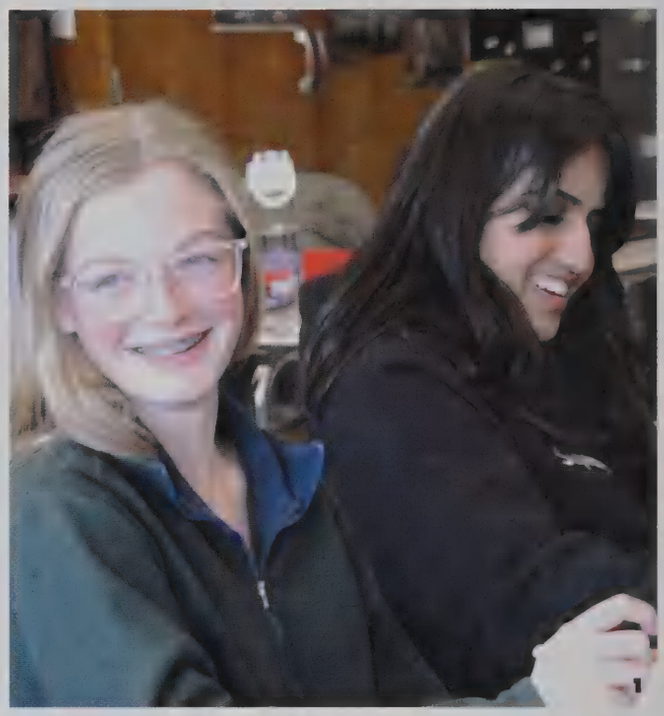
"To me, Mandarin is the best language to learn because it will be very helpful in the future, considering the influence of China and the number of people using Mandarin. It also great for traveling."
Zhuoran Wen (10)

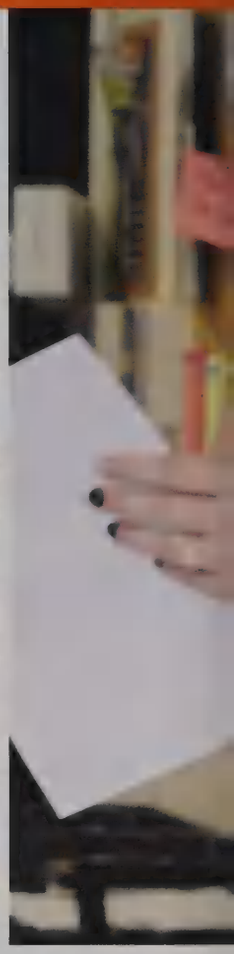


"The best language to learn is music because it is universally understood and many can relate to it. The language of music spans wider than any single culture or region and therefore connects people no matter what words they speak."
Ellie Caro (9)

INCOMING CALL Charlene Hélène (12) and Khushi Morparia (12) act out a French dialogue in a creative way. "We got to make up our own background scenario and it was fun to use our imagination," Morparia said. Adding creative twists to dialogues were used to help students learn languages in an environment where creativity was always welcome.

1. FULL OF LAUGHTER Eliza Miller (12) and Meher Bal laugh as they watch presentations in French class. Miller said, "I enjoy learning about other cultures and comparing them to ours. There are so many differences around the world, I love seeing how other people live. I also enjoy seeing how language brings people of different backgrounds together" **2. WHAT?!** Benjamin Nevis (12) acts out a scene with his classmates in French class. "I was acting out a phone call and giving it a twist," Nevis said. Through writing and presentation, students were able to add their own flair while incorporating vocabulary and grammar learned.





LEARNING THE WORLD

Exploring cultures around the world starts here

The diversity of languages offered allowed students to experience a different class setting than core classes. Languages all around the world, such as German, Spanish, Mandarin, French were offered as well as languages that are not spoken such as American Sign Language (ASL) and Latin. "I originally chose ASL since I am a very visual learner and found difficulty with an oral language in middle school. The class is very discussion based, it is also a very small class so we have a very supportive environment," Ava Basker (10) said. Through these classes, students were able to learn about current events and cultures around the world. "It helps me sort of see the similarities between my culture and Chinese culture," Yejun Kim (11) said. The languages offered helped students understand the cultures around the world and learn the languages as well.
copy by Cynthia Fu

3. BEING CREATIVE Nicholas Everin (11) works on making a comic strip of his German class. "The activity incorporated creativity with learning the rules of German," Everin said. Through assignments that require imagination and creativity, students were able to have an advantage when in a real life situation. **4. WORKING TOGETHER** Kathrine Gray (9) works with her groupmates on a presentation for Spanish class. "I really like working in groups so it was fun to work with a group," Gray said. **5. A "CAR RIDE" HOME** Steven Dillman (12) and Marc Courtemanche (12) enact a car ride skit for their French class. "It was most enjoyable to take time in class to just have some fun and make people laugh," Dillman said. This activity helped students learn French through scriptwriting and improvisation.

ONE HIT

WONDERS

It's volleyball season, and court is officially in session

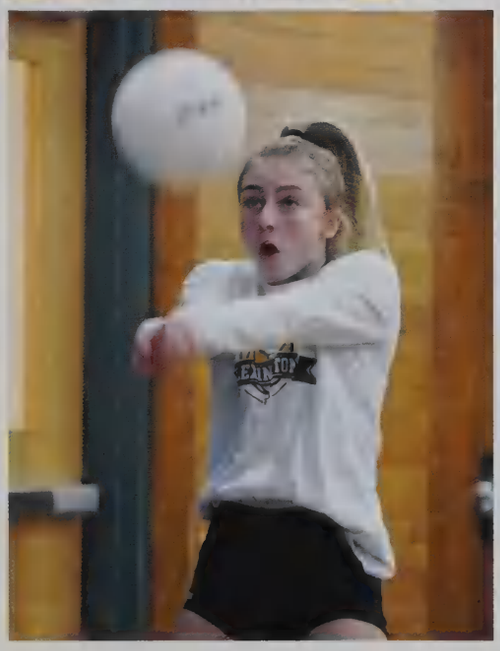
For Girls' Volleyball, the beginning of fall meant more than long hours of practice, conditioning, drills, and tournaments. When they weren't making serves on the court, they were serving meals at Rosie's Place, the team's charity of choice. Between games, the girls volunteered as a team to sponsor, prepare, and cater meals to support women in need at women's shelter in Boston.

"I thought Rosie's Place was a unique team bonding experience that the program should participate in every year. We learned to collaborate effectively through the sport so working together and giving back to our community wasn't a difficult task, and we had a lot of fun helping there," Huining Liang said(12).

Pamela Chiakpo (12), a fellow senior, agreed with her teammate. "Volunteering at Rosie's Place was definitely one of my favorite parts of the season. It was nice to do something as a team outside of the gym and be part of the impact of our fundraising in a way that we haven't been before," Chiakpo said. "I am really glad that we chose Rosie's Place as our charity this season and I want to go back again soon."

VICTORY! Taylor Salerno (12) celebrates a point scored against Reading with her teammate. Taylor said, "I have had a great experience playing at Lexington and it was a lot of fun making it to the state tournament this year." Salerno also played with the SMASH Volleyball Sports Club based in Newton.

ON YOUR TOES Avery Cutler (10) reaches up to serve the ball and start the point. Cutler said, "My favorite part of this volleyball season was the friendships that I was able to make through the sport. A really cool thing about volleyball is that you can make relationships with varsity, JV, and freshmen athletes. The program is structured so that everyone meets players on other teams. This was really rewarding when you were able to cheer on your newfound friends in their games, and practice with them at your joint practices. I'm super thankful for this experience because of the relationships I've made while being able to increase my playing skills."



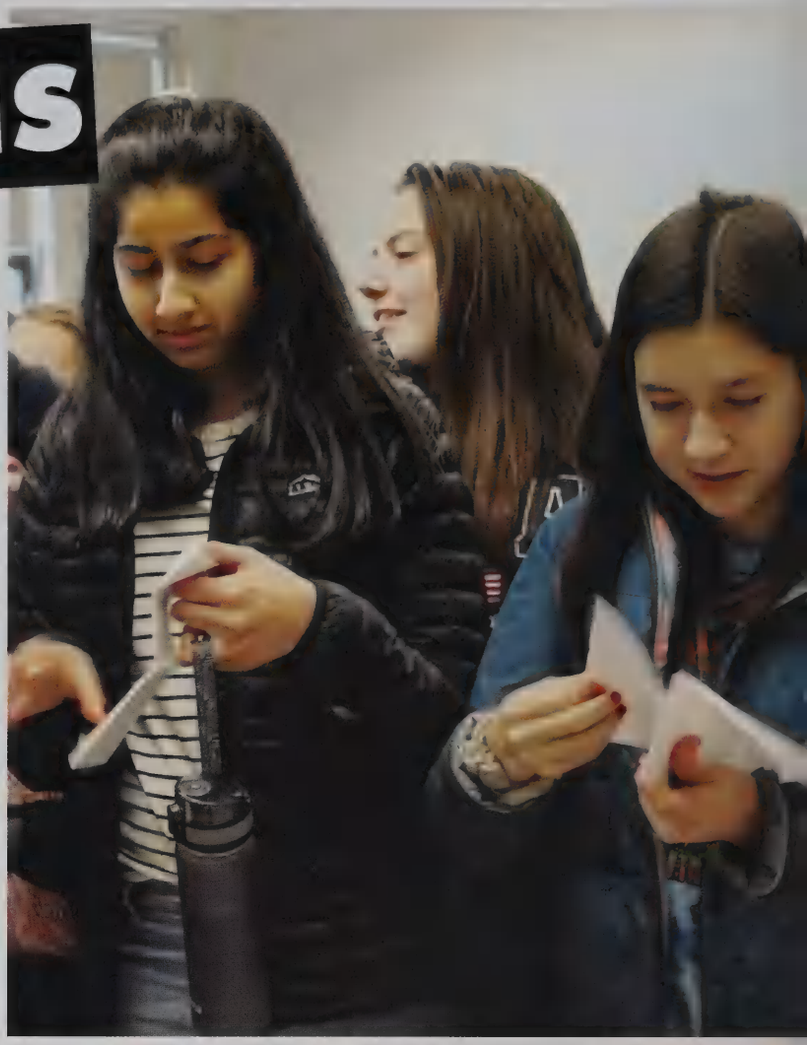
1. SERVING ACES Sydeny Mackler (12) gets ready to serve in a game at Reading High School. Mackler said,"Being on the Volleyball Team was such a fun experience. There were definitely ups and downs during the season but it was so nice to watch the slide show at the end of the year and remember all the highlights and funny memories. Something that my coach said to us is that 'we are better than we know,' and I hope that the girls next year remember that and do amazing in their season in the fall." **2. LAST MINUTE SAVE** Pamela Chipako (12) leans in to bump the ball. Chipako said, "My last season of volleyball at LHS was so much fun on and off the court. Getting to know the younger girls in the program and see how they progressed was amazing. There were several close games that challenged us to play at a higher level, physically and mentally. Raising money with our car wash and volunteering at Rosie's Place brought us closer together as a team. This season was a great way for my sports career at LHS to end." **3. IN IT TO WIN IT** Annie O'Brien (10) high fives her teammate as they trade off during a home game. O'Brien said, "My favorite part about volleyball is the people that I've met. We always become so close throughout the season and they make the sport so much more fun. I'm so happy to play a team sport where you can work together on and off the court." O'Brien was a member of the JV team this season. **4. BUMP PRACTICE** Anna Nolden (11) practices her technique before a home game. Nolden said, " The volleyball season kept me busy in the fall. I always had somewhere to be, whether it was practice, a game or a fundraiser. I really like that sense of commitment and the responsibility that comes with it. I did have some days where I would be overwhelmed and stressed about school, but the energy and encouragement that my teammates offered at practice always lifted me up. The sport became a getaway for me and I was able to enjoy myself rather than worry about outside stress."

IT ALL BEGINS WITH A PLAN

Class Councils planned for student events that happen throughout the year

When planning was needed, the Student Council came into play. Each member of the Council was elected by the students of their respective grades to raise money for major student events such as the Sophomore Cruise, Junior Prom, and Senior Prom. From bake sales after school to dances, these students worked to ensure that each grade had the opportunity to participate in these defining events of the high school experience. Despite the greatest of intentions, the Councils were met with some challenges. The interests of students appeared to change and the usual ways of fundraising weren't as effective as they once were. The Junior Council was able to come up with a solution to this problem.

"In the past few years, Class Council has been having trouble getting people to come to dances, especially due to the numerous after school activities students do and the homework students get" Talia Chait (12) said. "Dance ticket prices have been higher than normal. In order to raise money for class proms and other dances, we have had to consider new events to hold. The junior class came up with an idea of Lex Vegas which is a game show night in order to involve more people. By moving away from class specific dances, we can make more money since the events would be open to all grades. For the senior class council, we are trying to still figure out what to do, but one idea we had is hold a fundraiser with laser craze, the laser tag place, on a half day."

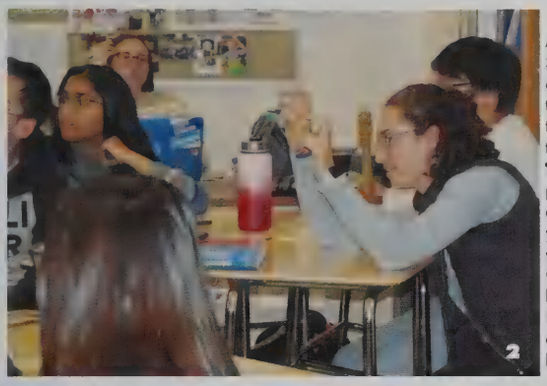


4. SMALL DISCUSSIONS Lotem Loeb (9) turns to Serena Caira (9) as she shares her opinion with the group. This year, Peer Leaders, along with Class Council, organized a well-attended Freshmen Dance, a profitable Bake Sale, and a potluck. "To only be a part of Class Council has made me have even more faith in our community and what we can accomplish even in such a short time," Loeb said. **5. A TOUGH COMPARRISON** Emily Qiu (12) compares two posters for the Senior All Night Graduation Party. "I learned how to collaborate with other people who have a wide range of ideas, especially related to fundraising strategies. Overall I think it was a really cool experience to have because we as students were in charge of planning and carrying out multiple events and this was a big responsibility because we had to figure out all of the logistics ourselves," Qiu said.

WISDOM

BY KHOI HENRY (E 11)

"A big challenge I've faced is being able to make everybody in the grade happy; it's something I realized you just can't do. It definitely applies on a broader scale but in terms of high school students it really means trying to motivate people to participate in school activities and fundraisers, something they usually don't want to do. Even so, being president has given me the opportunity to meet and talk to so many new people and make new friends and it's definitely been a highlight of the high school experience. If I've learned anything it's that you've gotta choose to place yourself with the things and people that make you really excited every day and if you don't know what they are? Seek them out, and it'll make everything a lot better."

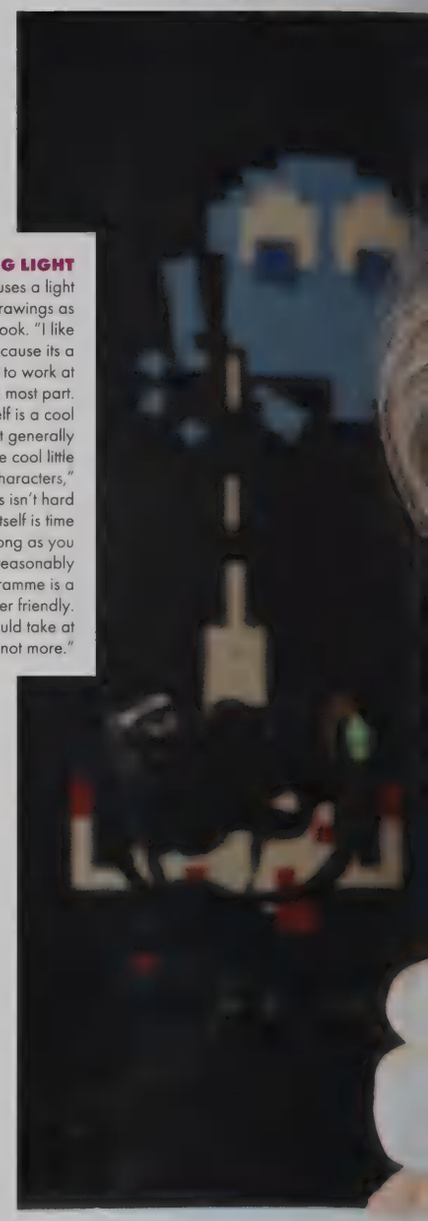


1. PICK A CARD, ANY CARD Shruti Pokharna (9), Ashley Taylor (9), and Vivian Kerr (9) pick names out of a box for Secret Santa. "My favorite part about Class Council is collaborating and working together to plan out really fun activities that the grade would enjoy. It's really cool being behind the scenes to organize and run school events. We also have a lot of fun together as a group," Pokharna said. **2. THERE IS NO 'I' IN TEAM** Robert Li (12), Swetha Battini (12), and Talia Chait (12) provide their ideas as the group discusses a soon-to-come student event. "I have really enjoyed being a part of Class Council this year. Everyone is open to hear new ideas and respectfully even when they don't agree," Battini said. **3. A POINT WELL MADE** Uma Sanker (9), Kayla Gordon (9), and Anna Hazewindus (9) listen as another member of the Council makes a point. "This year I'm more involved in the decision making aspect which I really enjoy. Being in high school we are independent and our voices get heard," Hazewindus said.

"Drawing class helps bring me back to myself in the middle of a stressful day."

JACEY JARDINE (12)

1. BUILDING CHARACTER Tiancheng Song (12) sketches out a design on his tablet. Song's assignment was to work on character designs for his upcoming animation assignment. **2. EXPRESSIVE BEHAVIOR** Casey Weisberg (10) makes plans for an upcoming project in class. "We were learning about facial proportions, how to draw different expressions, shading, etc," Weisberg said. "I think this class (Drawing 1) has really helped me improve my drawing skills, and I really enjoy it." The class was working on composition sketches for an Expressive Portraits project.



SHEDDING LIGHT Mariana Makkar (10) uses a light board to illuminate her drawings as she works on a flipbook. "I like computer animation because its a chill class where you get to work at your own pace for the most part. Computer animation itself is a cool skill to have and its just generally fun to be able make cool little animations and characters," Makkar said. "The class isn't hard but animation itself is time consuming. So as long as you choose project ideas reasonably you'll be fine. Mrs. Schramme is a great teacher and super friendly. Great class that you should take at least once if not more."

HIGHLIGHT OF THE DAY

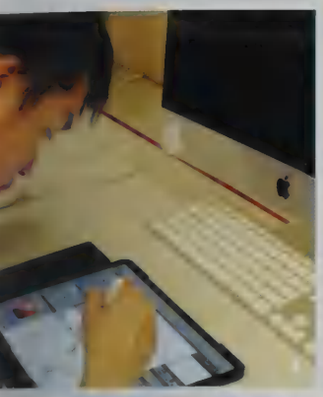
Students take advantage of course offerings to relax and express themselves.

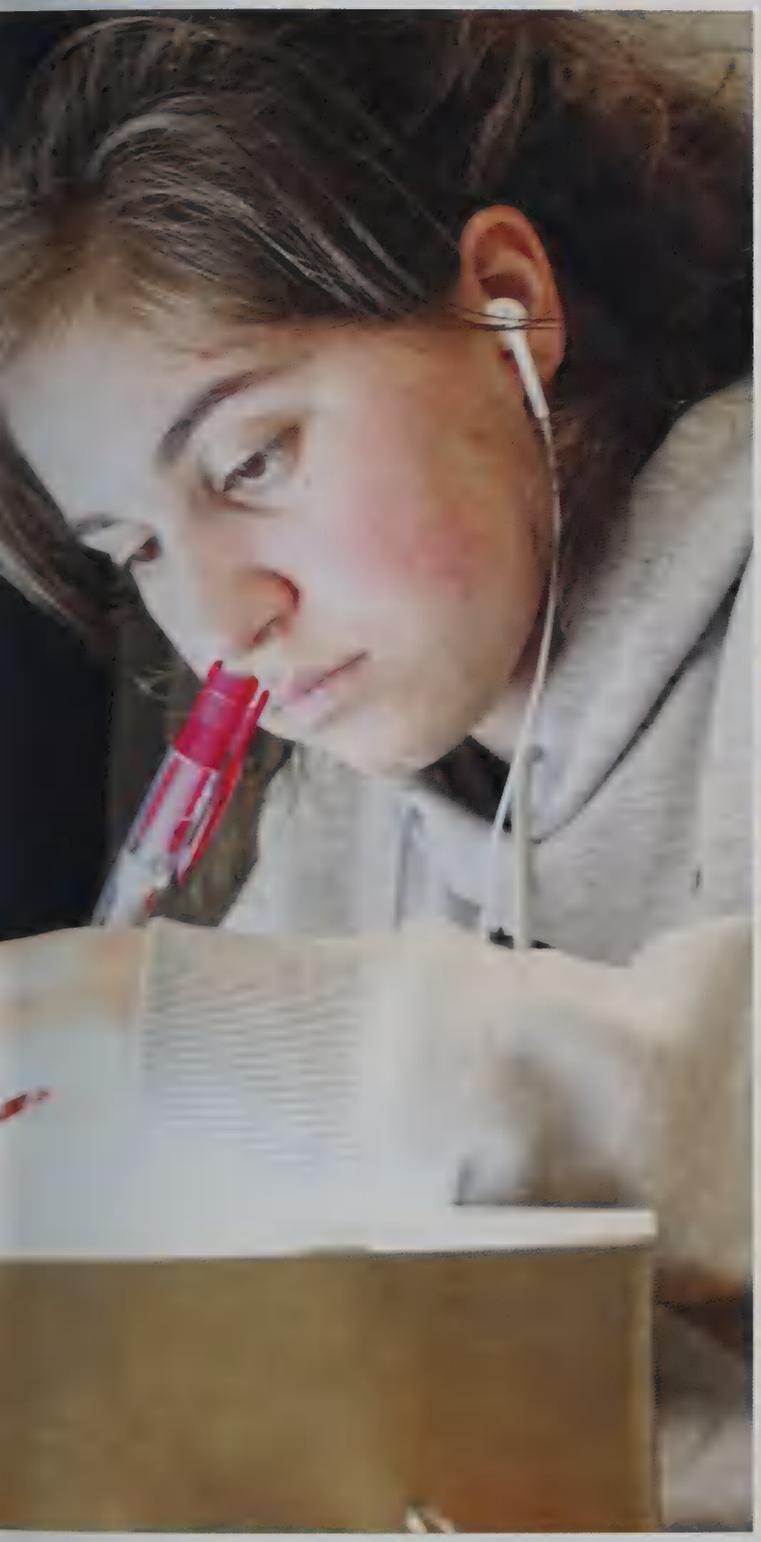
The wide range of courses offered in visual arts allowed students to express themselves in ways that most other courses cannot. Classes ranging from digital art to sculpture provided the time and materials to explore any medium a student could imagine.

Elena Serenko (12) said, "One of the best ways these courses have allowed me to express myself is they have given me more opportunities to take my own creative liberty and provide the resources to execute my personal passions and ideas. I feel like my ability for creative thought and free thinking would be severely limited without art classes because school is meant to exercise all parts of the brain, both creatively and academically." The constant addition of classes, the newest being honors ceramics, expands the limits of creativity for student artists.

However, the arts program wouldn't be complete without drama. Outside of the plays and musicals, students took time out of their day to express their creativity with their bodies and voices. "Drama makes me happy because I know for a fact that I can say anything, and all the kids in there will support it and not judge it because everyone is a little bit crazy. And honestly, the craziness rubs off on each other and it just creates this chaotic mess of laughter and overall joy," Keira Fox (9) said.

Copy by Parker Morii-Sciolla





SHOW OFF YOUR BEST

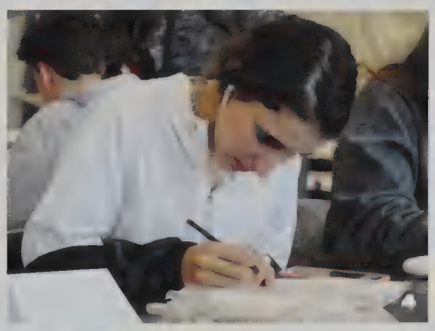
What is your favorite work in your favorite art medium?

"I just finished this chalk pastel piece in Drawing 1. I love how forgiving the pastel is when it comes to shading." Parker Morii-Sciolla (12)

"Procreate, the app that this drawing was made on, had given me the freedom to make the type of illustration I wanted to." Matteen Taraz (11)

"I love photography because it allows me to capture those little moments that would otherwise be swept away by the flow of time." Sophia Hann (10)

3. WORKING FROM WORDS Alyson Hodge (9) improvises a scene in Intro to Drama. "I was doing a skit and we were practicing structured improv," Hodge said. The goal of the exercise was to create a scene using the few details listed on the green card. **4. SELF-REFLECTION** Angelina Minasian (10) works on a portrait. "I was learning how to draw a self-portrait and I like being able to learn new art techniques and have a break from other school work. Art class is the highlight of my day, especially because I get to spend time with and make new friends," Minasian said. **5. PIECE BY PIECE** Zhuoran Wen (10) paints pieces of cardboard for her project. "The goal of this project is to encapsulate the skills we have learned about the elements of art so far," Wen said. The students applied different forms, shapes, lines, and colors, and got the chance to elaborate on their knowledge of space and texture.



6. POTTER'S WHEEL Isabelle Mazerall (10) works a chunk of clay on the pottery wheel to create a ceramic bowl. Ceramics was one of many arts classes students could take during their time at the school. "Ceramics class is really fun class and a good break during the school day," Mazerall said.

PLEASE PLAY IT AGAIN WARM-UP MIX

Players share their favorite warm-up mixes.

[illegible]

"My favorite artist to listen before our games is Florida Georgia Line because they are just my favorite artist in general so it helps me get in my zone before we play."

JAMES RUNETTI

"My favorite music is usually some type of pre-game, hype, rap, but you can't top the feeling of 'Ain't No Mountain High Enough' in the locker room after a win, or 'God's Gonna Cut You Down' before every home game."

1. KEEP UP THE PACE Christian Garay (11) chases his opponent and tries to tackle him during the game against Acton-Boxborough. **2. WATCH OUT** While running with the ball, Gavin Hatfield (9) jumps back as the defense comes to tackle him. Lexington lost to Reading Memorial High School with a final score of 3-26. **3. GO LONG** Mason Hatfield (11), who is the quarterback of the team, grips the football as he looks down field to see who is open for a pass. This season was successful for Hatfield, who scored over 13 touchdowns over the span of just 11 games. When asked about the key to his achievements, Hatfield said, "Heart over height."

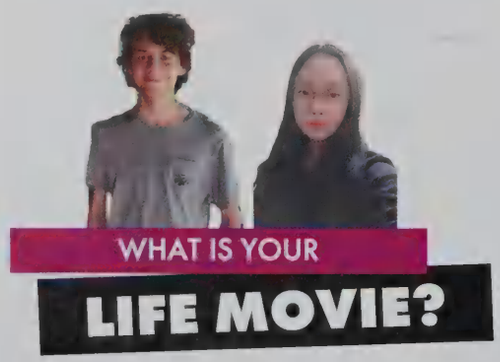
THE WHOLE NINE YARDS

After four long months of practices, conditioning, and games, the Boys' Football Team wraps up their fall season with an overall record of 3-8.

Despite a disappointing season, the team remained optimistic until the end. "Success doesn't come from nowhere. It's the result of the amount of hours, days, and weeks you put into what you have your heart set on," Beau Vernet (12), captain, said. Teammate Aidan Lynch (10), chose to remember this season positively. "Football has given me the opportunity to make lifelong friends. I will forever be thankful for it," Lynch said. Ultimately, the team managed to push through their setbacks and end the season on a high note with a victory of 49-20 over long-time rival, Burlington during the annual Thanksgiving Day game.

STARTING STRONG Mihai Ciocan (12)(#75), crouches on defense ready for the next play. Just a few months ago, however, Ciocan would have been surprised to find himself back on the field. "I wasn't planning on playing football this year until a pretty major change in February happened and I came back," Ciocan said. "Even though it wasn't the best year record wise, the resiliency and effort we showed in the second half of the year showed that there's a lot the team can build on next year."

4. A REAL KICKER
Lucas Patocs Bisazza (9) holds the ball for teammate Aidan Lynch (10), who follows through with a kick. Bisazza, a freshman, reflected upon his first year on the team."You constantly need to work harder than everyone else on the field to either keep or gain a spot," Bisazza said. "You cannot just hope you will play; you have to work harder."



WHAT IS YOUR LIFE MOVIE?

"I would have to choose between The Room or Killer Bean Forever. Both have fantastic plots with various entertaining sequences that could be seen on repeat without significant drops in quality."
Santiago Parizek, 11

"If I could watch one movie for the rest of my life, I would watch Avengers: End Game because it allows me to imagine myself in a world of supernaturals, giving me a break from real life."
Kelly Heo, 10

1. DISCUSSION OF THE DAY Kristina Wong (11) opens the meeting agenda to start the discussion. "We have an agenda that we follow that outlines different concerns we have or areas we think we can improve with our school," Wong said. Meetings leave members feeling they have done something meaningful for the school. **2. JOKING AROUND** Sara Mei (10) laughs at an idea from a fellow senator. Senate meetings tried to have fun elements to them. "A senator joked about the possibility of selling hot water to drink and how students would take it to their advantage and make their own ramen with it," Mei said. **3. SHARING OUT** Cathrine Li (12) starts a discussion about the length of the lunch lines. "We also discussed creating new spaces for people to eat," Li said. Senate was a place for students and teachers to share out their concerns and try to come up with solutions.

AN ARTISTIC TAKE Elizabeth Ding (12) describes a possible area to create a mural for students to enjoy. "Last year on my way to chemistry class, I would always walk through this super isolated plain hallway with just wall and no windows, and I thought we could potentially design the mural in that location." Ding said. Members of Senate discussed various ways to improve the environment of the school.

CHANGE IN THE MAKING

Senate works to enact positive change in the school environment.

Members of the student government dedicated time to meet as a group every Wednesday either after school or during I Block to address current school issues. Meetings covered a wide array of topics and addressed areas where changes could be made to better the school. Students, faculty, and administration collaborated to set policies that would improve the environment for all.

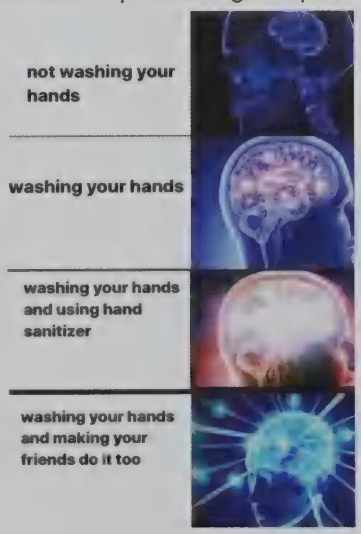
Keena Gao (12) said, "I like how the different perspectives of administrators, teachers and students from different grades can be expressed and used to create resolutions or projects at Senate. I'll probably miss sorting thousands of turkeys with Social Actions the most though."

One of the most recent topics covered in Senate meetings was germ prevention which aimed to prevent germs from spreading in the school community. In order to bring awareness to the problem, the Senate created memes with references to pop culture and posted them around the school. The Senate also discussed issues regarding course selection and climate change.

4. DISCUSSION TIME Joy Gong (11), Kristina Wong (11), and Trisha Peswani (11) share their opinions on the topic being discussed. "Each meeting we have multiple events to talk about and sometimes they can be a topic of discussion we carried on from a previous meeting or something was newly introduced," Peswani said. Senate had representatives from all grades as well as faculty who came together to discuss issues that occur daily.

MEMES FOR THOUGHT

An example of the memes Senate created to promote germ protection.



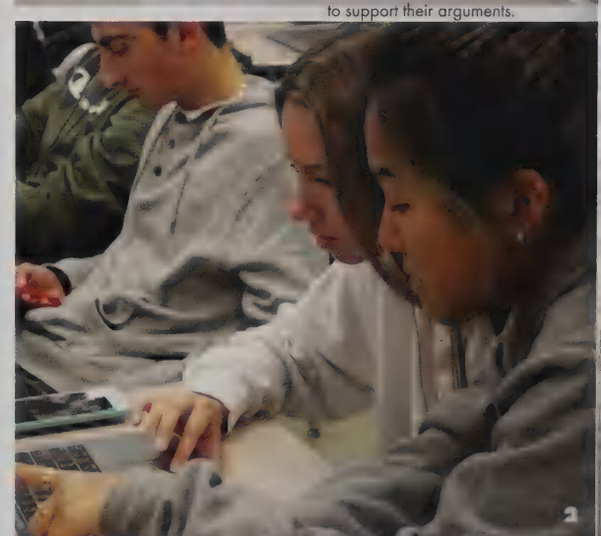
FRIENDLY COMPETITION

Debate fosters learning opportunities

"Debate is an activity where even though there's a fixed topic every year, you can research and defend topics depending on what's interesting to you. It inspired me to read about feminist international relations, which is a criticism of how we focus on national level and international level problems like war instead of focusing on structural issues that are likewise international like poverty or discrimination. It's allowed me to learn about so many different topics that other people are fascinated by, from critical race theory to political minutiae, and meet debaters from all over the country that believe different things than I do and hash those differences out in round. It's an interesting skill to be able to sit down in a room with three strangers and have a civil debate about a topic you may or may not be familiar with. Debate is about diversity in arguments in people and challenging your own beliefs." - Caroline Li (12)

1. [redacted] Angelina Sun (12), Mehr Khurana (11), and Kriti Moogala (12) work on their cases for their monthly resolutions. "Debate gained me a new community within high school and allowed me to understand worldwide issues to try to make solutions for. Through genuinely listening and understanding the opposing team's arguments in debate rounds, I can formulate insightful responses in a quick and creative manner. I also love that in Public Forum debate there is a wide range of judges from community judges who have never been to a debate round to varsity debate coaches, which lets debaters have a better understanding of the community around them," Sun said. Moogala said, "Debate has taught me to not take one side of an argument too quickly. Through each round, I learn the intricacies and details to both sides of each topic and I often surprise myself with the side that I end up personally believing in."

2. FOCUSED Anthony Mabardi (12), Megan [redacted] and Jessica Xiao (12) work on their debate cases. In debate classes, students review case studies to support their arguments.



3. COLLABORATING Shobhan Mohanty (11) and Benjamin Craver (11) review their debate cases before they present in front of the class.

JUST TRY, TRY, TRY

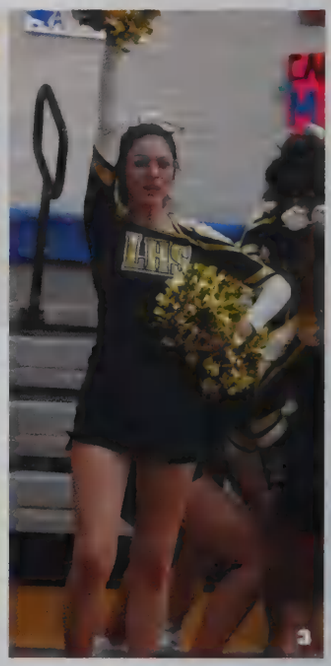
"You can't always get what you want but if you try sometimes, you might find, you get what you need" - Rolling Stones (You Can't Always get what you want)

"Its a pretty good analogy to what high school has been."
SAVIK KINGER (12)

4. HEATED ARGUMENT Aavedon Roy (10) and Sanjay Mallikarjun (11) go against each in a practice debate in front of the class. Debate classes held mock debates that helped students get ready for real competition.

FLYING HIGH Isabella Looney (9) performs a routine with teammate Sarah Daniel (12). Both girls were flyers for the team - meaning they were the athletes who were lifted in the air during a stunt. "Whether it's on the ground or in the air, I knew I have an amazing team supporting me," Looney said.

2. WE ARE A TEAM Luciana Santillana Linares (12) gives Kaisha Glass (11) a lift as they race around the football field. According to Glass, pre-game piggyback rides were just one of the many benefits of belonging to the cheer team. "I know there are a lot of stipulations around being a cheerleader or being on the cheer team but once you really join, you join this group of people that really feels like family. Everyone has their own place and can rely on one another and it really just feels like home," Glass said.



BRING ON THE HYPE

Cheerleaders hyped up the crowds with stunts and spirit

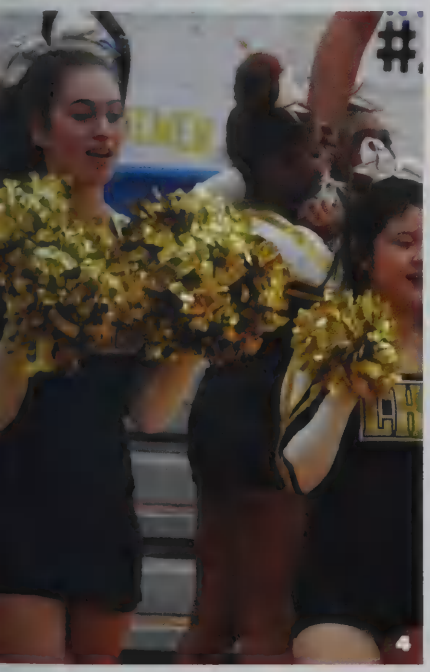
2. SOARIN' Cameron Richards (12) maintains her balance as her stunt group hoists her into the air. Because she had cheered for three seasons, Richards felt confident that she could count on the support of her teammates. "I'd say that sports like cheerleading can bring people closer together. People can become confused, but to clarify, Cheerleading is, in fact, a sport. We are hardworking student-athletes who are nothing like our movie counterparts and we are caring people who accept one another," Richards said.

Cheerleading is not just a sport but it is also a spirit squad that bands together to accomplish one goal: to get the fans excited about what is happening on the field.

Sarah Daniel (12) said, "We are more than a team. We're family at this point. We come to practice with the mindset of pushing ourselves and encouraging each other every single week. We cheer together, we laugh together and we have fun together."

The team not only supported the football teams, but they also took time to teach aspiring cheerleaders the basics of the sport. The program was called "A Cheerleader for a Day." Students of all ages gathered to learned cheers, jumps, and stunts with the cheer team. At the end of the day, these honorary cheerleaders showed off their newly acquired skills with the cheerleaders at half-time during a home football game against Reading.
copy by Johanna Simon

Angelina Conte (12) greets the fans and fledgling cheerleaders at the Cheerleader for a Day event.



3. IT'S TIME Oriane Cayron (11) performs with the team during a basketball game. There were cheerleading squads for both football and basketball seasons.
4. 5,6,7,8 AND GO Paula Prado (12) dances during a routine at a basketball game.
5. BRING IT ON Zoe Prestbo (12) roots for the football team during the Cheerleader for a Day event. The event encouraged aspiring cheerleaders to be a part of the team for one day. Amanda Kanashiro (10) said, "Cheerleading has taught me so much about teamwork and integrity. I'm so grateful for this experience and I wouldn't change it for the world."

THERE IS TALENT IN THE AIR

Students gathered to display their skills at the NHS talent show

On January 10th, students gathered to watch the annual National Honor Society talent show. Performers showcased talents ranging from singing and dancing to Chinese yoyo and karate katas. All the proceeds from ticket sales and food sales during the show were donated to Rosie's Place, a non-profit organization in Boston that provides poor and homeless women with shelter and food.

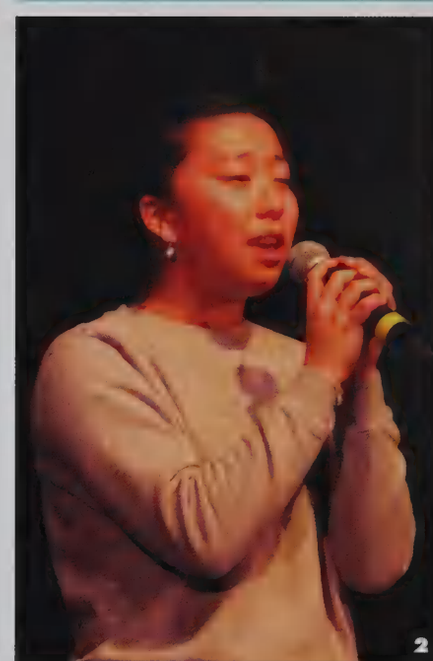
"It's definitely super important to participate in events like the talent show. Not only can you get some fine community service hours, but you can also meet people who have similar interests to you and be a part of something bigger than yourself. Kinda cliché, but I for one think there's something magical about working together to serve the community as a team. This year, fundraising for Rosie's Place through the LHS talent show definitely made me feel some of that magic," Rachel Koh (12), the leader of NHS community service, said.

1. MANY TALENTS Members of the Cross Country team sang an acoustic version of "Romeo and Juliet" by Taylor Swift for the Talent Show. Julia Lennon-Newell (10) and Nicholas Porter (11) acted out lines from the song.

2. SING, SING, SING Kayla Weng (11) performs "Say You Won't Let Go" by James Arthur. "I'd never been formally trained or had a vocal coach of any sort, so of course, it was extremely nerve wracking to sing in front of other people for the first time," Weng said. "Regardless of the immense stage fright I experienced, though, something I really enjoyed from the talent show was the opportunity it gave me to perform a hobby (I wouldn't really call it a talent) that I loved in front of such a casual and inviting environment."

3. FROM TRAINING TO STAGE Lilla Torontali (12) performs a kata that she created for her black belt test back in November. Totontali trained five days a week and has grown physically and mentally stronger. "I started doing karate in eighth grade and now I'm not only a black belt, but also a part-time instructor at my karate school," Torontali said. "I love working with kids and helping them improve not just their physical skills, but life skills like confidence, focus, and perseverance!"

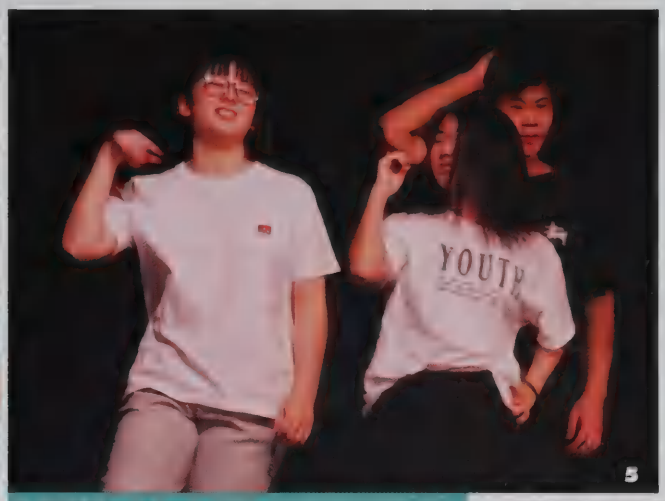
4. BENDING OVER BACKWARDS Belinda Wu (11) shows off her flexibility and gracefulness through modern dance. "It was a nice experience to perform for the talent show with supportive friends backstage and in the audience," Wu said. "Because LHS is such a competitive place academically, it was refreshing to be in a more enjoyable atmosphere. I really enjoyed spending time with my friends and seeing them perform their own talents."



DON'T STOP BELIEVING (IN YOURSELF)

The MCs for the talent show give the audience an important message.

Daniel Winter (12) and Jacob Milendorf (12) who were the MCs for the talent show night left the audience with a positive thought: Always believe in yourself. During a changeover of acts, the two sang "Don't Stop Believing" by Journey to fill time and inspire those in the audience. "Emceeing is like kayaking down a snowy mountain," Milendorf said. "It's ridiculous, yet we are revered for it. There is no reward, yet the reward is in the process. I do it because it's fun, and I will most definitely learn something about myself if I make it out alive."



5. WORK PAYS OFF Nodoka Tachinabaki (10), Cynthia Fu (11), and Jeffrey Yeung (12) dance to part of the song "Indigo" by Niki. "I really enjoyed that all the hard work we put into the performance paid off with no regrets. It was the first performance for Urban Dance Club this year and I was really proud with the results," said Fu. "I felt glad that the audience enjoyed our performance and acknowledged the work we put into it." **6. RIDING THE VIBE** Yuri Kim (12) performs her dance along with the rest of Urban Dance Club. Kim, and two other members of the Urban Dance Club choreographed and taught the entire dance to the other members who chose to participate. Kim said, "One of favorite memories of Urban Dance Club was during one of our workshops. We were all stretching and the entire back row decided to touch toes while lying on our backs. We ended up cracking up for no reason. I think the best part Urban Dance Club is definitely the community of people (and getting to learn random TikTok dances)."

ON TREND & IN THE NEWS

Ukrainian President Volodymyr Zelensky meets with U.S. President Donald Trump on the sidelines of the UN General Assembly on September 25, 2019. A day earlier, the White House released a transcript of a conversation that Trump and Zelensky had in July. According to the transcript, Trump repeatedly pushed for Zelensky to announce an investigation of Joe Biden, a former vice president and potential 2020 political rival. House Speaker Nancy Pelosi announced that she would be opening a formal impeachment inquiry on Trump. Trump has insisted he did nothing wrong in his phone call with Zelensky, saying there was "no pressure whatsoever." Jonathan Ernst/Reuters

On December 18, 2019, Speaker Nancy Pelosi presides over Resolution 755, Articles of Impeachment Against President Donald J. Trump for abuse of power and obstruction of Congress. For only the third time in the history of the nation, the House of Representatives formally charged a president of the United States with high crimes and misdemeanors. On February 5, 2020, after a two-week trial in the Senate, President Trump was found not guilty, ending a bid to remove him from office that bitterly divided the U.S. The Senate voted to acquit him 52-48 on charges of abuse of power and 53-47 on obstruction of Congress.

After a busy year meeting with government officials, lending her support to environmental demonstrations, and speaking out at global summits, Swedish climate activist Greta Thunberg became the youngest "TIME Person of the Year" when she appeared on the December cover at age16. Evgenia Arbugaeva/TIME

Record-breaking temperatures and months of severe drought fueled a series of massive bushfires across Australia. The fires burned more than ten million hectares (24.7 million acres) of bush, forest and parks across Australia, and killed an estimated one billion animals.

On October 18, 2019, NASA astronaut Jessica Meir waves at the camera during a spacewalk outside the International Space Station. Fellow astronaut Christina Koch joined her in what was the first all-female spacewalk. NASA

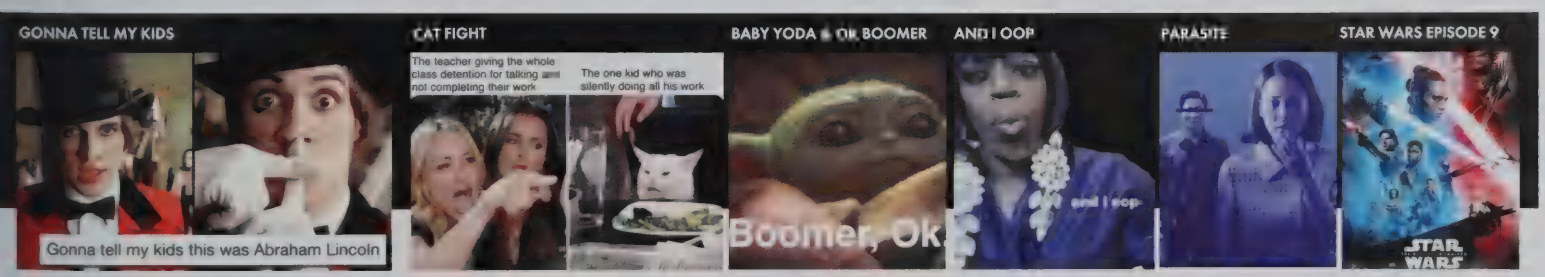
U.S. captain Megan Rapinoe lifts the World Cup trophy after the Americans defeated the Netherlands 2-0 in the final on July 7. It was the second straight World Cup soccer title for the American women, who have now won four times. Franck Fife/AFP/Getty Images

Meghan Markle and Prince Harry made headlines on January 8, when they announced they would be stepping back as "senior members" of the royal family; in subsequent days, the Queen announced that they would forfeit their titles of "Royal Highness" as they moved towards a more independent life for their family.

Boston, also known as "Title Town", experienced a rare drought this year. The Red Sox finished 19 games behind the Yankees in the American League East, the Celtics were bounced in the second round of the NBA Playoffs, the Bruins lost to St. Louis in the Stanley Cup Finals, and the New England Patriots were eliminated in the first round of the playoffs, depriving them of their 4th consecutive Superbowl appearance. The loss sparked intense speculation about the future of the "dynasty" as Patriots quarterback Tom Brady became a free agent for the first time at the age of 42.

Widely recognized as one of the greatest basketball players of all time, Kobe Bryant died at the age of 41 in a helicopter crash on January 26, 2020. The crash also killed his 13-year-old daughter and seven others en route to a basketball game for his daughter's team. Bryant played his entire 20-season career in the NBA with the Los Angeles Lakers. He won five NBA championships, was an 18-time All-Star, 15-time member of the All-NBA Team, and a 12-time member of the All-Defensive Team.

The 2019-20 Hong Kong riots were ongoing and had been triggered by the introduction of the Fugitive Offenders amendment bill by the Hong Kong government. If enacted, the bill would have allowed the extradition of criminal fugitives who were wanted in territories with which Hong Kong did not have current extradition agreements, including Taiwan and mainland China. This led to concerns that the bill would subject Hong Kong residents and visitors to the jurisdiction and legal system of mainland China, thereby undermining the region's autonomy and Hong Kong people's civil liberties.



GOALS OF THE GOALIE

Elizabeth Kelly (10) shares her experience as the JV goalie. Kelly said, "My goal this Field hockey season was to enjoy the sport while continuing to improve my skills. The coaching staff helped me reach my goal. I worked hard every practice and continue to get better. Coach OB encouraged me along with the rest of the team to do the best we could. Our team was able to come together to work hard and play against difficult teams." Kelly has been playing field hockey since sixth grade, where she started as a goalie at William Diamond Middle School.

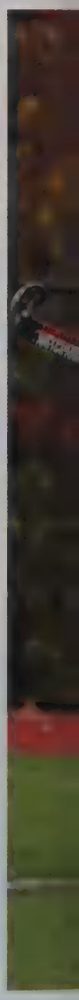
THE GAME PLAN

The Girls' Varsity Field Hockey team snags their second Middlesex League title in a row

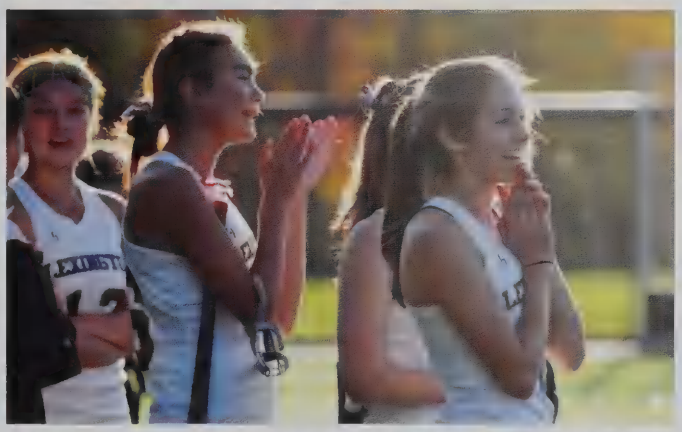
The Varsity Field Hockey Team worked hard this season to beat out the 11 other teams in the Middlesex League. The team lineup was brimming with potential at the beginning of the season, as new varsity members stepped in to take the place last year's graduates. Kennice Brennan (10) was one such player. Brennan said, "This year was my first year on varsity so I was very nervous to meet all the girls and have a new coach. But as soon as I made the team, everyone was so nice and always gave me field hockey advice on placement, hitting, and sweeps. Everyone became so close and eventually we all dyed our hair together which is a moment I'll never forget." Pre-season get-togethers helped break the ice between newer players and experienced upperclassmen. Sarah Mcgloin (12) said, "Before our season starts, we go whitewater rafting in West Forks, Maine for an overnight trip. Although it's a long journey, it's a really fun team bonding activity and helps us play better as a team. We have so much fun rafting and chilling on the boats for two and a half hours. It's a great way to really get to know your teammates." The team played games, cards, and participated in outdoor activities during their team overnight that ran from September 1st to September 2nd.

1. OUT OF THE WAY! Ana Linda Ortiz Derosa (12) flies past her opponent during a game against Winchester. Ortiz Derosa said, "Playing a sport at LHS has been one of the greatest experiences of my life. That is thanks to an amazing coaching staff and teammates. The moments that I spent with the team on and off the field with my teammates will be ones that stick with me forever." Ortiz Derosa has played field hockey since her freshman year.

2. GETTING GOALIE READY Sophie Ortyl (9) warms up before a game against Reading. Ortyl said, "As a freshman, of course I was nervous going into the team and playing with upperclassmen, but everyone was so welcoming and supportive of everyone on the team. Through this season I've made so many friendships that I know will last a lifetime. The highlights of the season were definitely coming together as a team to beat Winchester and Belmont and capture the Middlesex Legue title." Ortyl was one of two goalies on the varisty team; the other was Hannah Elefante (11).



3. GET YOUR HEAD IN THE GAME Isabel Larrabee (11) listens to her teammates and coaches as they talk game strategies during halftime. Larrabee said, " We had a great season and winning the Middlesex league was very memorable and exciting. People did not expect us to be as good as we were last year because we lost a lot of seniors but this year we really came together on and off the field and worked really hard." **4. SUPER STICK WORK** Katherine DeVine (11) evades her opponent during a game against Reading High School. Devine said, "One moment that really stood out to me this season was winning the Middlesex League title for the second year in a row. Last season we lost a lot of players and we were focused on rebuilding, so winning the league title wasn't really a thought. It was so exciting to watch us mesh as a team as newer players stepped up and we were able to win the league." Devine was named the Middlesex Leaugue Liberty Co-MVP and has committed to the Boston University field hockey team.



5. CHEER ON! Anna Hazewindus (9) and Lia Veit (11) cheer for their teammates during a game against Winchester. Hazewindus said, "I was excited and ready for the challenge the season would bring. Although I was a freshman coming into a varsity team, I was welcomed and encouraged by my fellow teammates to bring my 100% to every game and practice. Being part of the team helped me grow as both a player and a person. Through hard work and dedication our team came together and won the Middlesex league title."

6. GET THAT BALL! Sarah Mcgloin (12) steals the ball from her opponent. Mcgloin said, "The most fun I had this season was at our scrimmage against Acton-Boxborough. They were a really good team that was supposed to crush us but our team really came together. Everyone played one of their best games and we were tied until the last couple minutes. Although we didn't win, we were all super proud of how amazing we played as a team." The team played against Acton-Boxborough on September 21st, and lost with a score of 3-2.

1.SENIOR SWING Tristan Ohler (12) tees off during the last practice of the season. Ohler said, "What I learned from the four years on the Golf Team is even though you are playing one person each match your success does not come from winning against that person. You look out on the first hole and clear your mind. From then on out you have to play each shot always looking forward. After your last putt on nine you can then look back and if you beat the course you succeeded." Ohler was the senior captain for the Varsity Team.

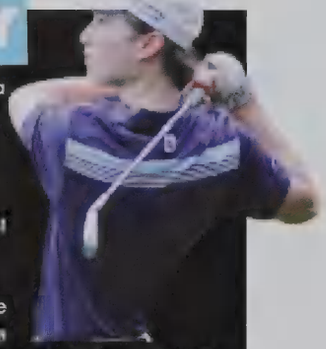
2. SOMETHING NEW Amy Feng (9) gets ready to swing. Feng said, "Since I'm a freshman, it was definitely a little hard to adjust at first. There were a lot of meets where I played a lot worse than I wanted but I gained a lot of experience and made a lot of new friends and I'm looking forward to next season." The golf teams practiced daily at the Stone Meadows and Pine Meadows Golf Clubs in Lexington.

3. ALL SMILES Ina Chang (10) laughs as she waits for her turn at the driving range. The team had fun at the range along with hard work.

4. FOLLOW IT THROUGH Laasya Chiduruppa (10) follows through after her shot. Chiduruppa said,"I'm so thankful for being on this team. The people are super nice and I feel like I'm learning something every single day. It is just such a great experience and an amazing team."

5. HOW'D I DO? Gavin Ohler (10) watches the ball to see where it lands. Ohler said, "The experience I had with my brother who was also on the Golf Team showed me that I had someone to look up to, not only in ability but also in bringing the team together." Ohler's brother, Tristan Ohler was team captain and had played with the team since freshman year.

AMATEUR TO VARSITY

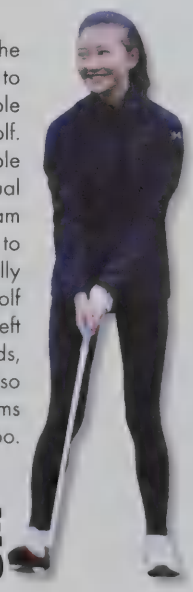


"The Golf Team was a great experience, just an amazing way to end my senior year. Coming into the season, I didn't expect to be on the team since I play for fun. Very surprised with the opportunity to even be on the team, I gladly accepted. I knew my role would be limited when it actually came to playing, but the positive environment the team creates is something truly special. was amazing. Like the team, it was just incredibly positive and always looking at ways to help you improve as a player & as a person. The experience was truly incredible and something I will remember for years. The friendships that I have are ones that will last for life, whether they are on or off the course."
DAVIS RICHARD (12)

OUR SUPER SWINGS

The Golf Team completed a successful season.

The Golf Team had a winning season with only one loss out of their fourteen matches. Collin McMahon-Shea (11) said, "This year was overall very successful for every member of the team. Individually everyone grew to become a better golfer and competitor. A tough point of the season came against Belmont, our only loss of the season. We used that as motivation to close the season strong. All in all the 2019 golf season was one to remember." The team owed their success to their ability to support one another as a team during high stress meets. Chee Wei Tay (11) said, "Despite many misconceptions about the golf program, it is a team sport. Everyone has to rely on one another and I felt that our bond as a team has grown this season; our trust in one another also helps us grow as players. If one of us isn't doing well, our mental game is still strong as we have faith that someone else has got our backs. This helps us win in unlikely scenarios. Overall, I am proud of this team and am glad to be a part of it." Tay will be the senior captain of the Golf Team next year.



My favorite part about the sport is being able to connect with other people who also like playing golf. Most of the time, people think of golf as an individual sport. Playing as a team and working together to reach our goals really helped redefine what golf means to me. It's also left me with some great friends, not just in Lexington but also among the other teams we've played with too.

A FUN FAVORITE
ANNA ZHANG (10)

SCHOOL MUSIC BY THE NUMBERS

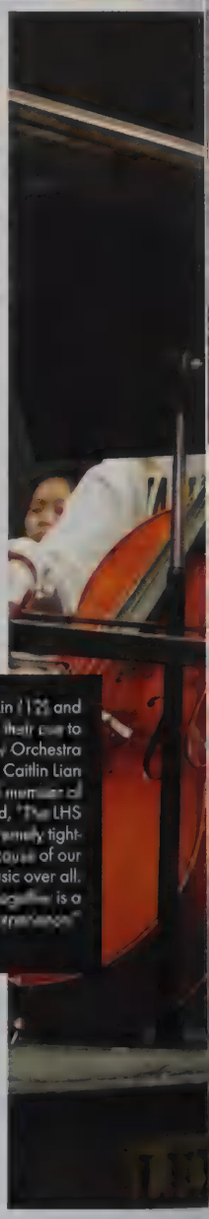
A few Music Department stats

12 The number of music groups at the high school

9 The number of teachers who work in the performing arts department

36 The number of courses offered by the performing arts department (includes independent studies)

1. BE READY Bassoonist Luke Wille (12), practices with the Wind Ensemble. The Wind Ensemble was one of the groups that required an audition in order to participate. Punya Gupta (11), an Alto Saxophonist in the group said, "The LHS music program has influenced my life in countless ways. I am forever grateful to all of the wonderful dedicated teachers for helping me pursue my passion for the saxophone. Kudos to Mr. Cassedy, Mr. Aramati and Mr. Donaher."



2. MUSIC TO MY EARS Rosanna Jiang (12) plays during a Chamber Orchestra rehearsal. **3. PLAY THAT MUSIC** Richard Chen (11), Jacob Epstein (11), and Hyunah Boo (11) make up part of the clarinet section in Wind Ensemble. Chen, Epstein, and Boo had to audition to become members of the group. Anna Kozlova (10), an alto saxophonist and member of the Concert Band, said, "It's given me new connections and opportunities in terms of playing in groups. It's also such a fun group to be a part of. It's taught me a lot about how to play in an ensemble and be a better musician"

RHYTHM AND BEAT

Music Department offered something for everyone

If you walked into the music wing of the main building, the sounds you heard might have made you think you were in a conservatory rather than a regular high school. One way or another about half of the student body was involved in the Music Program. There were choral groups, wind groups, and string groups, some of which required audition. In addition there were five jazz groups as well as courses where students could learn the foundations of music, including theory and composition. There was even an AP theory class. If that wasn't enough, the were nine student-run a cappella groups, all operating outside of the curriculum.

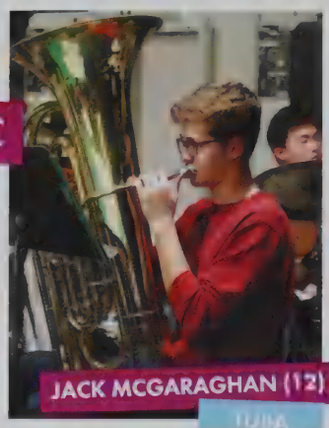
Shefali Verma (10), a band student, said, "What I love most about being in band is that I get to make music with so many people that I would have never met otherwise. I have met some of my best friends in band."

JUST WAITING Justin Lin (12) and Daniel Wen (12) wait for their cue to play during a Chamber Orchestra practice. Fellow musician Caitlin Lian (10), a cellist and member of Symphony Orchestra, said, "The LHS music program is an extremely tight-knit community because of our communal love for music over all. Playing our instruments together is a really incredible experience."

EXIT

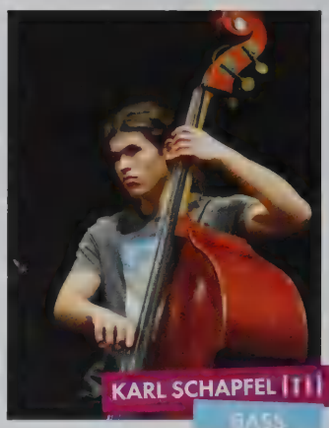
DON'T STOP THE MUSIC

Student's share their love for music through playing an instrument.



JACK MCGARAGHAN (12)
TUBA

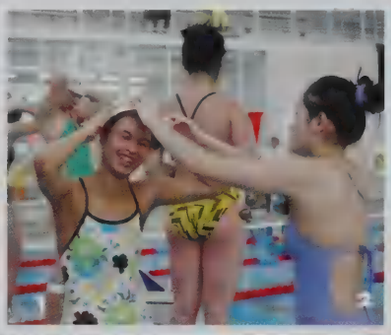
"I started playing the tuba mostly by accident. After playing percussion in fifth grade, my band teacher told me that they needed a tuba player, so I switched. Seven years later, and I'm still playing. I've had the privilege of playing alongside talented musicians. This spring we get to play at Carnegie Hall. I had to practice constantly for Wind Ensemble auditions and groups outside of school, but I got to see my hard work pay off. Through tuba, I've developed a lifelong love for music.



KARL SCHAPFEL (11)
BASS

"I think that the music program is fantastic and really encourages kids to excel in their instruments. You also meet some pretty awesome people through ensembles. The other day, during a sectional with the cellos, we talked about maybe creating a cello choir. I enjoy playing the bass because it is can play in so many settings. I am playing bass in both the Jazz Big Band and Wind Ensemble.

1. A MOMENT TO REMEMBER Maya Lamm (12), Aneya Prakash (9), and Sienna Clivaz (9) look at a funny photo of their teammates . Lamm said, "The moment that I felt the most proud of our team was during the last relay at league meet. Pretty much the whole team was squished behind one lane just screaming and jumping, cheering on our team. Whether we won or lost against Reading was up to this relay, so everybody was really excited. There was a moment when I looked at my teammates and I saw everything in slow motion and the screams were muffled. It was one of those moments that you think only happens in the movies until it really happens to you. I'm proud of how hard our team had worked this year and how much I was going to miss this family."



2. HELPING HAND Irene Zhang (11) helps Sara Mei (10) put on her swim cap before practice. Mei said, "I was pretty shy my freshman year but Irene asked me to be lane buddies for Sectionals and States that year. We quickly became best friends. She's the sweetest person and always makes me happy. No one can ever cap me but Irene's always willing to give it a shot. Sometimes it ends up being only half on my head but we always have a good laugh about it."

3. FREESTYLN'! Katherine Vogelzang (12) practices freestyle at the Wellesley Sports Complex, one of the many locations the team frequented to perfect their skills. Vogelzang said, "This season has been phenomenal. With lots of bumps, a bus ride every day to and from practice, and a crazy schedule, it was overwhelming at times. Looking back, all of those turns just made the team stronger. My favorite meet this season was at League Meet. We came within a half a point (out of 300+) to winning the Middlesex League title and despite how hard it was in that moment of loss, it was thrilling and exciting just to do that well and have fun with great people and great coaches." Vogelzang was one of the team captains this season. **4. GOOD GAME** Anna Zaniolo (9) shakes hands with an opponent. Zaniolo said, "Choosing to be a part of the Girls' Swim Team has been one of the best decisions I've ever made. From swim meets to daily practices, I felt like the coaches and swimmers on the team were constantly supporting each other. Even though it's a very individual sport, we were always cheering each other on from outside of the pool. I have had the chance to make new connections with the swimmers, and I know that they will always have my back."

"I think the best part about playing in an ensemble is the great people you get to meet. Some of my best friends are the ones that I met while playing in a band or orchestra. Band is always the highpoint of my school day. I get to come together to play music with such talented people three to four times a week."

HEATH NEVIS (10)
FRENCH HORN

"Playing violin at LHS was honestly one of the best decisions I've ever made. Every teacher was so supportive and instructive, and playing violin with awesome people is so much fun. I'm proud to wave our mattress fundraiser yard sign and I'm honored to wear my orchestra merch."

DANIEL ONG (11)
VIOLIN

5. A SHORT BREATHER
Victoria Nagle (12) and Audrey Ferrell (11) take a short break during practice to talk to their teammates. Nagle said, "The community the swim team builds is like no other. There's no greater feeling than my teammates being at the end of my lane during events. I have loved the past four years and will certainly miss it."

DARING DIVE Lily Metzger (10) dives in during a meet against Wakefield. Metzger said, "Our League Meet was so memorable this year and really showed the bond that we formed as a team. Our season included lots of tough practices and hard fought meets but what I will remember most is the way we came together as the season progressed and the great friendships I made along the way." Metzger is also part of the North Shore Swim Club, and has been swimming competitively since the third grade.

1, 2, 3, AND

JUST DIVE IN

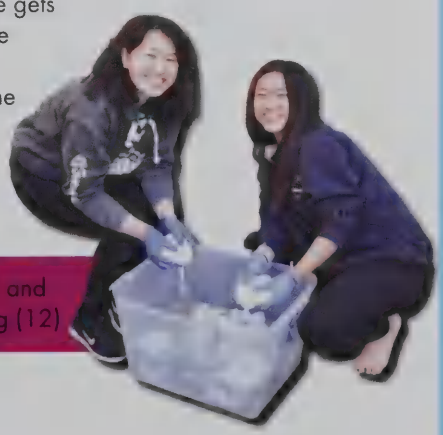
Big changes and tie dye parties help the Girls' Swim Team build strong bonds

After Minuteman High School closed its swimming pool for renovations, the Girls' Swim Team moved their practices to Hanscom Air Force Base in Bedford. Lucille Martarello (10) said, "Switching to Hanscom this year was a big change for all of us. Our swim time was cut down by an hour so we had to work twice as hard this year. It was still super fun swimming with all of my friends, and I'm super excited for the 2020 season."

Irene Zhang (11) said, "I never regretted joining the Swim Team. Even though the practices are hard and 10 p.m. swim meets were draining, I made some of my closest friends and I love my coach. I remember right before States I suddenly got sick which was such a pain. Right before my event, my coach pulled me aside and told me, 'Irene, you better swim your ass out there. You are better than that sickness and you've trained so hard. This is the meet where mental toughness is key.' And let me tell you, I swam until it hurt to breathe. But I did it and I think that was the pinnacle for my high school career."

The team practiced daily, building friendships through team support and fun traditions. On October 19th, the team hosted its annual tie-dye shirt party. All the teammates came together to make their own DIY team shirts. Teammates brought snacks and played spike ball together while they waited for their shirts to finish soaking in dye.

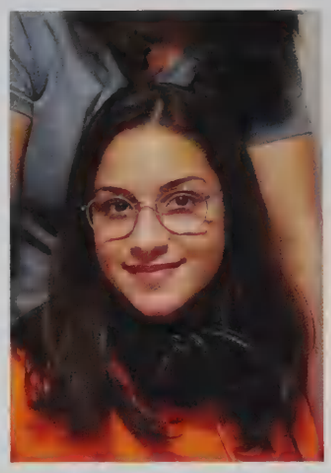
Kristina Wong (11) said, "We're making tie-dye shirts as a swim team to wear for spirit. It's really fun; everyone brings food to share and it's a great time for us to bond. I love how close everyone gets and how supportive the community is. The seniors this year and every year have been super awesome and made everyone feel welcomed, and I hope I can help keep that same energy for next year."



Emi Yuki (12) and Kristina Wong (12)

INSPIRE AND ASPIRE

Who is your biggest inspiration and why?



"My biggest inspiration has got to be my brother because he went through a lot during his early education, from being bullied to other struggles he's coped with behind closed doors. Despite going through so much, he's never been one to complain or beg for sympathy. As we've gotten older, we've grown closer together and our relationship has opened up my eyes to what it really means to be resilient. Seeing him flourish in college now shows me that with patience and drive I can get through anything and come out a stronger person than I was before."
- Lina Jaafar (11)

1. EVERY DAY'S A GIFT Maude-Emmanuelle Hajjaj (12) solos at the Getaway Concert. Her group, Guacamole, one of the three all female groups, chose to dress up as holiday gifts to match the winter theme.

OUT OF CLASS AND INTO OUR HEARTS Melanie French (12) solos with her group during Getaway. "I think it's an awesome way to show kids who aren't really aware of the a cappella programs that we can offer while also getting them out of class," French said. "I'm in Mixed Nuts, one of LHS' oldest co-ed a cappella groups and over the past three years they have become my family and such a positive influence in my life. Being an underclassman and having those people to look after you and be your friend is such a great feeling and being able to be that person for all of our new underclassmen has been an amazing experience."

UNITED in HARMONY

Students and teachers gathered for a festive a cappella performance before heading out for winter break

On the Friday before December break during the last block of school, students and teachers gathered in the auditorium for the annual Getaway Concert. Put on by the nine a cappella groups, the concert featured holiday tunes and winter classics.

Guacamole, one of the all female a cappella groups, had a tradition of having a sleepover for the new members. Manon LeDonne (12) said, "My a cappella group is like my second family because I feel that I can be myself around them and trust them when I need somebody to talk to. They are always there for me as I am for them and my high school life would be very different without them. They are a friendly face in the hall and it's really nice to know people from different grades. One of my favorite memories with my group is always the first sleepover we have each year with the newbies. It's a great bonding time and we talk all night and get to know each other even more."

Jessica Dai (9), a member of Euphoria, another all female group, said, "It was everything I imagined. Before auditioning, everyone was so welcoming and passionate about what they did, and I loved it a lot. I bonded with my group through practices and seeing them in the hallways. Euphoria really became my second family. They are all so genuine, welcoming, and so great to sing with."

2. A SPECIAL BOND Sophia Lupone (10) performs a solo with Mixed Nuts, one of three co-ed groups. She learned a lot about both music and the importance of having a close group of friends through this experience. Lupone said, "I enjoy a cappella and my group specifically because I love the family that comes along with it. We get to spend time making music together which is amazing on its own but we also get to create special bonds through doing something we love." **3. MEMORIES LAST FOREVER** Christopher Cervone (12) takes a solo for his group, Rock Paper Scissors at the Getaway Concert. Because it was his fourth year performing this solo he was not nervous. He said, "I was feeling quite nostalgic because that was the last getaway performance I would participate in as a high schooler."

4. IT'S JUST THE BEGINNING Dylan Whitman (9) performs with her group, PB&J. Even though she was nervous because it was her first performance, she was also excited to see the other groups' finished products. Whitman said, "My experience with the group has been really great. Everyone is really nice and supportive and all of them have become really great friends I can rely on."
5. BEST FRIENDS FOR LIFE Meher Bal (12) sings her heart out with her group, Euphoria alongside an alumna. Past graduates came back to perform with the groups during the Getaway Concert. "They are my best friends and I couldn't ask for a better group," Bal said, "I definitely learned a lot about collaboration and teams and it has been the best experience of my high school career."

6. FUN FOR ALL James Allen (11) solos for his group, Gentlemen. Allen and other members of the ensemble performed during the Getaway Concert, which was a special a cappella show during the last block before December break. Allen said, "We dress up in festive things and I like going all out for it. My group, the Gents, is awesome. All the guys work really hard and really want to be there and do the work but are also really fun to be around. I think the past few concerts have been really enjoyable. It's the time where all the hard work you put in comes together and you get to let loose and have a good time singing with your friends. It's great."

MAKING A SPLASH!

The Boys' Swim Team finished off the season with an undefeated record

Since Minuteman closed down their pool for construction, the Boys' Swim Team bounced between Hanscom Air Force Base and other local pools for practices. Despite this change, the boys finished the season undefeated with a record of 11 wins and zero losses. The boys won the Middlesex League Meet, becoming league champions. Four members of the team went on to compete at States, including Mason Denton (12), Shivendran Vytheswaran (12), Jeffrey Kong (10), and Alan Zhang (9). Julian Marmier (12), one of the captains of the team, said, "We had a really great swim season this year, not just in terms of our undefeated season, but also in terms of our team's bonding and cohesion. Whenever someone wasn't in the pool they were cheering on the sidelines, and that's why I think my experience this season was so great. I made the 50 Free cut for the Sectionals meet, which I wouldn't have been able to do were it not for the constant encouragement from my teammates and coaches. I was really close at most meets but it wasn't until the League Meet (last one) that I managed to make the cut. I didn't lose confidence because the team didn't lose confidence in me and the same goes for so many others, which is another reason why we had such a great season." The longer bus rides between the high school and the Air Force Base helped the team bond together. Anubhav Shelat (11) said, "This season the Swim Team went undefeated, which we haven't done for over a decade. Despite not having a designated pool to practice at and having variable practice times, we were able to emerge victorious among the competition due to the team's perseverance and management from the coaches and captains. We had a really great team this year, and I'm optimistic about next season." Newcomer Alan Zhang (9) felt this bond as well. Zhang said, "This swim season was definitely one of the greatest of all time. I remember our meet against Andover, a team which we hadn't beaten in years. During that night, I remember the feelings of nervousness and intimidation that we had felt as Andover walked into our home pool. However, we stayed motivated, focused, and supportive of one another and were able to practically sweep every single event that night. I am grateful to have cherished moments like these with this team, whether it was dual meets, Sectionals, States, or even eating Blazin' Wings at B-Dubs."

1. FLYING BY Mason Denton (12) swims butterfly stroke during a practice before the state championship meet. Denton was one of four swimmers selected to compete at States. **2. HARD AT WORK** Jeffrey Kong (10) takes a breath while swimming breaststroke during practice. Kong said, "With the lack of pool space this year, the team really got closer as we traveled everywhere together. It was fun winning all the meets and the feeling that you are on a team this fast is nice." **3. WORKING TOGETHER** Shivendran Vytheswaran (12) gives advice to teammate Alan Zhang (9). "Although swimming may seem individual, we are one," Vytheswaran said. "We push each other every day during practices and cheer each other on all the time during meets. We work everyday to be the best that we can be. We are a family."

GLOBAL COMMUNITY

HAWRAA HASAN (9)

When did you move to the U.S?
I came to America in July 5th, 2012. I came here from Jordan in the Middle East to America.
What was the hardest part about leaving your country?
"I moved away because there was a war, at least that's what my parents told me. Life there was unfair due to the law and a bunch of rules we had to follow."
How have you found the U.S to be different from our country?
"People dressed differently and could do whatever they want. Lots of kids go to school and the schools are better than my school back in Jordan. I saw many different kinds of foods and many shops that I liked. I even learned a new language. Also pizza."
What do you like about living here?
Traveling!

4. AND TIME! William Yang (11) slams the touchpad as he finishes his race at a meet. Yang said, "This year's Swim Team really came together despite a litany of challenges. For instance, we lost the Minuteman Pool, which LHS has swam at for the past 20 years and had to adapt to moving between multiple different pool venues. However, through these challenges we built better team unity and managed to fight through each swim meet against some very competitive teams. Going undefeated and winning League meet reflected our hard work from practice." **5. ONE BREATH AT A TIME** Nathan Randall (10) swims breaststroke at a meet. Randall said, "I love swimming for LHS because of the awesome team spirit. At every meet you can't hear over everyone cheering for the swimmers racing. My favorite memory is the League Meet when the whole team stood at the end of the lane to scream for the relay team in the final event. We won that meet to go undefeated for the whole season." **6. FREESTYLING TO STATES** Alan Zhang (9) practices his freestyle at Hanscom Air Force Base in preparation for the State Meet.

Parker Marii Sciolla
Emily Weinberg (12)

1. RACING AHEAD OF THE GAME
Sabrina Mahoney (11) races across the ice to block an opponent during a game against Winchester. Mahoney played forward for the team.

LET'S GO! Lillia Dawson (12), the goalie for the team, stops the puck from going into the goal during the New Year's Eve day game against Winchester. Dawson and the team won the game with a final score of 1-0. The team played against Winchester again later on in the season but fell short of a win.

Q & ANSWER

Players share their favorite parts of being on the Hockey Team.

Why did you join this sports team?
I joined the Girls' Hockey Team because I love the sport and I had played with all of the girls before the high school season, so they had been my teammates and close friends for a long time."
KAITLYN MURRAY, 10

What was your favorite memory of the season?
"My favorite memory from this season being able to play against my cousin who is a freshman on Belmont high team."
MADELIN BRYANT, 12

How do you prepare for games?
"I prepare for games by watching film and going over plays."
ANGELINA MINASIAN, 10

LUCKY NUMBERS

Student shares the story behind her jersey number.

MADELIN BRYANT (12)
"My older sister was number 11 when she was in high school. I wanted to wear her number because she is one of my best friends and someone I greatly look up to."

2. CAN'T CATCH THIS Shea Freda (9) keeps the puck away from an opposing player during the Winchester game. Freda was a forward on the team. **3. COME AT ME** Madelin Bryant (12), a captain, waits ready to defend against Winchester. Bryant said, "My favorite memory from this season being able to play against my cousin who is a freshman on Belmont High team." **4. EYES ON THE PUCK** Annabel Cincotta (11), a captain, keeps keeps an opponent from stealing away the puck. Cincotta was one of three captains and played both forward and defense for the team.

JUST REMAIN COOL

The Girls' Varsity Hockey Team glides to victory

For many members of the Girls' Hockey Team, hockey is not just a game; it is a way of life. Madelin Bryant (12) said, "I have been playing hockey since I was three years old and it's been one of the best things and always been a source of a lot of fun and just always been a part of who I am." The team had a weekly dinner and spent most afternoons together at the rink. Fiona Kelly (9) said, "I joined the Hockey Team because I've been playing with these girls since I was eight and I have been playing hockey for even longer. I had a coach last year that convinced me to play, who was an alumni for the team and she's always been pushing me to try out too. This team is special because we're always there for each other on and off the ice and making each other laugh."
copy by Grace Wang

What position do you play, and how long?
"I play right wing. Besides the obvious (I love assisting and scoring goals), the position lets me be creative in creating offensive opportunities for my team."
LENA CASSIDY, 10

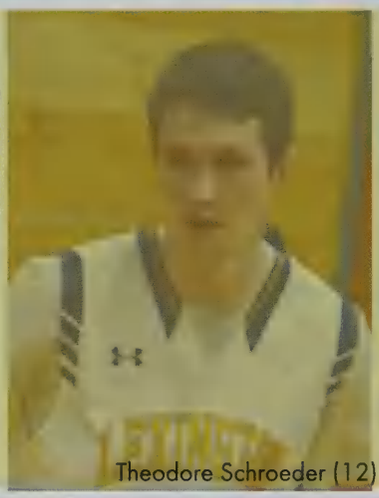
Eden Vachtel (11)

Dillon Macneil (12)

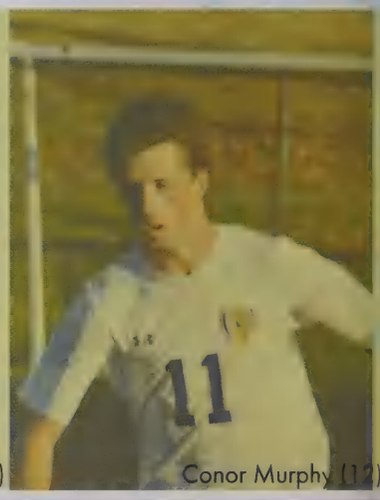
David Cser (12)

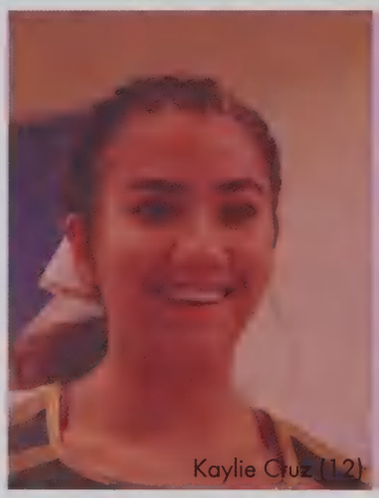
Zella Goodell (11)

Richard Chang (12)

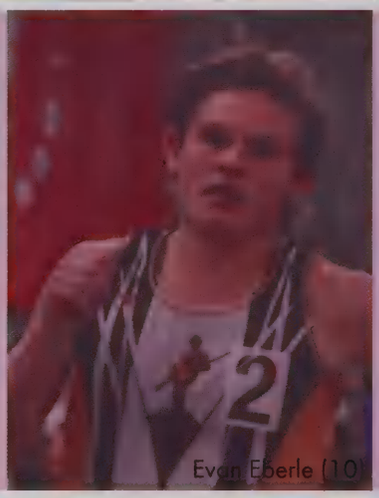

Theodore Schroeder (12)

Katherine Vogelzang (12)


Conor Murphy (12)

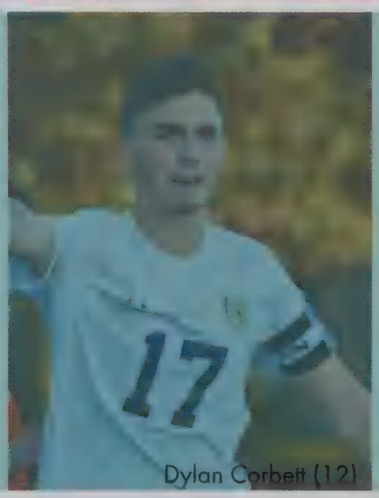

Kaylie Cruz (12)

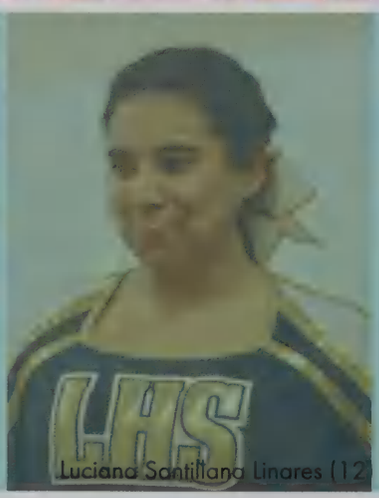
Darren Tran (10)


Evan Eberle (10)

Anka Ha (12)

Johanna Simon (12)

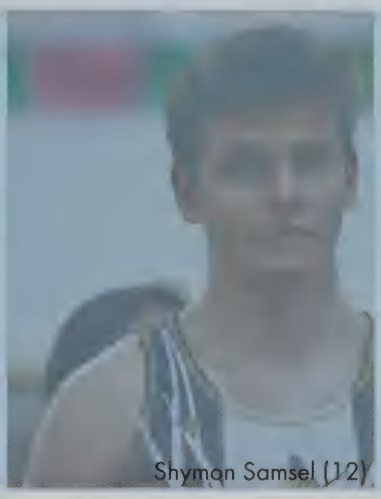

Dylan Corbett (12)


Luciana Santillana Linares (12)

Emma Stump (10)

Martin Landis (10)

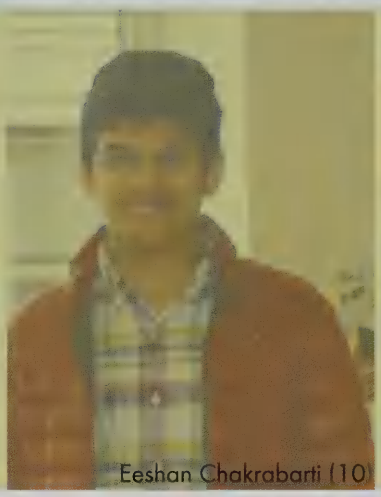
Lily Sheth (12)

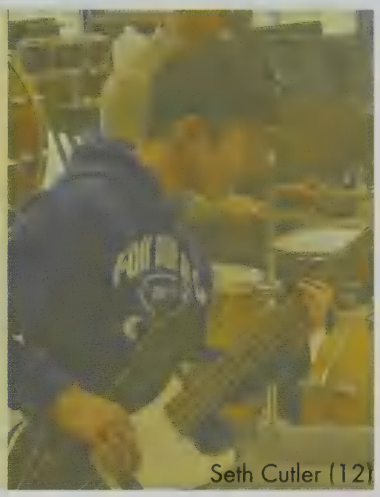

Shyman Samsel (12)

Khoi Henry Le (11)

Danna Ofek (12)

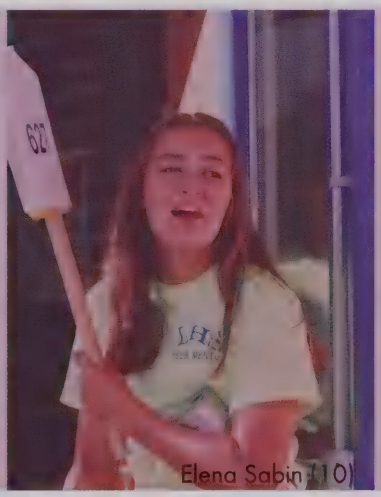
Laasya Chiduruppa (10)


Eeshan Chakrabarti (10)


Seth Cutler (12)

Taylor Salerno (12)

Peter Dillman (10)

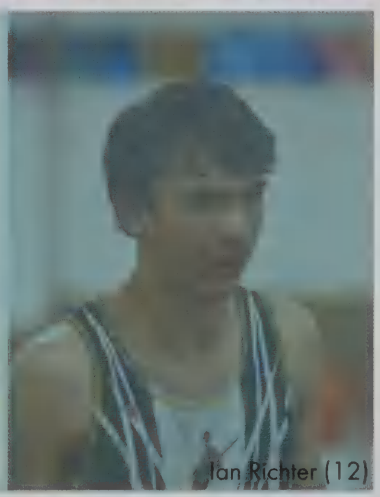

Elena Sabin (10)

Emily Weinberg (12)

Eric Decoste (12)

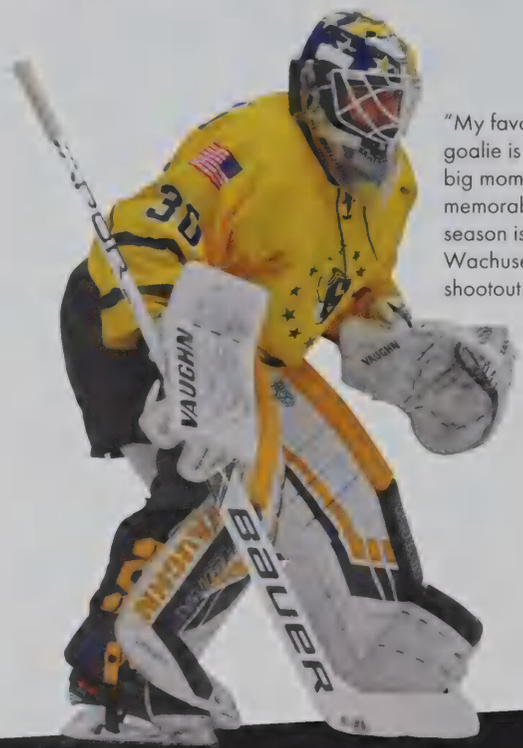
Andrew Lawrence (10)

Ashna Mitta (12)


Ian Richter (12)

PROTECT THE GOAL

Donald McCarthy (11) and a goalie for the team talks about his experience in front of the goal.



"My favorite part of playing goalie is being relied on in big moments. The most memorable moment of the season is when we beat Wachusett in a nine round shootout in our home barn."

ICE, ICE, AND ICE

With some major injuries on the team, the Boys' Hockey Team had to mix up their starting lineup

On a team, everyone has a role to play. But what happens when those roles can't by played? That's what the Varsity hockey team went through when many of their players suffered injuries during the season. "We had several minor injuries that set many of us back and hindered our productivity on the ice. The more major injuries were suffered by two of our captains, Luke Murphy and William Cincotta, who both had season ending injuries, Luke with a separated shoulder and William with a concussion. Many of us were able to fight and play through the more minor setbacks," Collin McMahon-Shea (11) said. This meant that the team had to make changes to ensure that the season could be complete. With a bit of mixing up, they were able to pull through to the end.

copy by Maya Shimron

1. I'M HERE TO HELP William Cincotta (12) looks to assist during a play for a goal against Winchester. "On the ice I just wanna get pucks in deep for sure. Shots on net and cycle the puck. Catch a few bodies and get the boys buzzing. Play hard for the boys" Cincotta said.

2. GETTING READY Matthew Harding (11) stops his opponent from scoring a goal during a game against Winchester. **3. ICE, ICE, ICE** Collin McMahon-Shea (11) sprays up some ice while playing defense. "We went through a lot of ups and downs and were able to put together a respectable end to the season. Many players stepped up and were able to play in stressful situations when our uperclassmen were hurt or not playing well," McMahon-Shea said. **4. JUST GLIDE** Luke Murphy (12) glides across the ice with his stick ready during the game against Winchester. Lexington tied with Winchester 2-2. "Other than the game itself, I enjoy focusing and warming up with the team. An hour and a half before game time the whole team is bumping music and playing hacky sack to get loose. I feel like this really dials everyone in for a game," Murphy said.

5. GET IN LINE! The team lines up for the national anthem before the start of the game against Winchester High School on New Years Eve day. The game ended in a 2-2 tie.

ALUMNI OF LHS

Teachers and parents who were alumni talk about their experiences during high school.

RYAN CASEY

When did you graduate from LHS?
2009

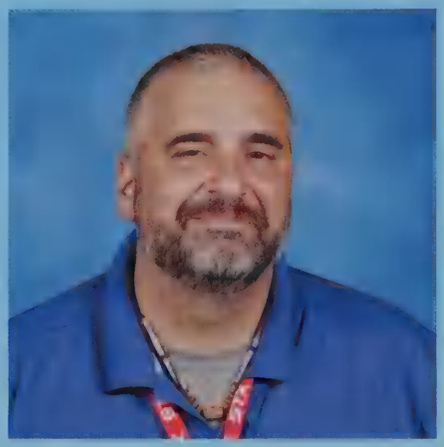
What do you do now?
I teach Spanish at LHS. I'm also a performer, choreographer, dance educator and writer.

What do you think is the biggest difference between LHS then and LHS now?
There is more competition and pressure on students, especially around the college arms race. But there are also more conversations about ameliorating student stress.

How did LHS help you discover your passion(s)?
I was always encouraged to pursue what interested me and felt acknowledged and supported by my teachers. Teachers held us to high standards and gave us many opportunities to pursue creative projects and to write about our identities.

How do you think LHS will change in the future?
I am hopeful that in the future, our new building will help us rethink what teaching and learning [can] look like in the 21st century.

Who is one person from your time at LHS that truly impacted you in some way?
My Latin III & IV teacher, Michael Fiveash, was a model of great teaching and mentorship. In my classroom I have a cardboard cutout of Homer Simpson that used to be in his room, so I think of him every day.



WILLIAM COLE

When did you graduate from LHS?
1981

What do you do now?
I am a social studies teacher and prior to that I was Main Bldg Dean for six years. I also advise the LHS Store, the Econ Club and help out with the Boys' Lacrosse Program.

What do you think is the biggest difference between LHS then and LHS now?
The town was much less ethnically and religiously diverse but much more economically diverse. Most of the town workers like cops and firemen lived in town and their kids attended LHS. Lots of the LHS staff lived in town and had their kids attend LHS.

How do you think LHS will change in the future?
I worry that with every advancement that improves the facilities which help deliver education more meaningfully, that we become too sterile and lose our unique character. We need a new building but I hope the design can help connect us to our strengths as a school community.

Who is one person from your time at LHS that truly impacted you in some way?
George Mechem - my 11th grade English teacher. He taught me to be really devoted to learning and to be a person of integrity. I cared very much about what he thought of me as a person and a student. Later, I was honored to work alongside him as an administrator.

SHARON FRAY-WITZER

When did you graduate from LHS?
1983

What do you do now?
I'm a lawyer, and I teach legal studies.

How did LHS help you discover your passion(s)?
LHS was a good place for nerds, and it was part of a socially conscious community rooted in history. Peers were interested in learning, and teachers were passionate about their subjects. Also, families were connected to the schools. That and the history here were inspiring, suggesting that people seek a society which works for everyone.

How do you think LHS will change in the future?
Lexington may become a leader in fighting against zero-sum competition by helping students help each other, and find social purpose. But the next step will probably be a new, bigger school building which finally connects.

Who is one person from your time at LHS that truly impacted you in some way?
Both teachers and peers were influential, but it's hard to pick one. It's amazing to realize how many there were. Their caring about people, and their hard work were the most influential things. Alan November (psych) and Ms. Regillo (Art) found the best in me, so I wanted to make that bigger. Ms. Massalem (chemistry) and Mr. Stuhr (Bio) taught me to teach. Both mixed warmth into careful explanations, so students shared their interest. Dr. Fiveash (Latin) expected a lot, but brought such drama to class that students showed up, too.

KAMALA SOPARKAR

When did you graduate from LHS?
1982

What do you do now?
I'm a classical singer

What do you think is the biggest difference between LHS then and LHS now?
Due to changes that have happened in our society there is more stress and greater concern about the level of course that one is taking as it pertains to college admissions rather than as it pertains to students feeling challenged and balanced in their work loads. There were very few students who took the top level class in each academic area at one time. Students felt it was unnecessary to do that and in fact, there was amazement at one student who decided to do it one year.

How do you think LHS will change in the future?
I think LHS will continue to evolve as society and trends in education continue to demand change. However, I don't think in the areas that are most important, that is teachers and students making connections in sophisticated and innovative ways, it will change.

Who is one person from your time at LHS that truly impacted you in some way?
There were a couple in the music department who demanded excellence in my efforts and gave me some wonderful opportunities. However, they also did not give me every opportunity and when things didn't go as I had hoped or expected, they graciously acknowledged my disappointment without me having to say it and emphasized that every contribution is important. I learned humility. These are lessons I continue to use today.

ARAZ HAVAN

When did you graduate from LHS?
2011

What do you do now?
I teach English here now, how crazy!

What do you think is the biggest difference between LHS then and LHS now?
We didn't have any of the Mods. They still sometimes take me by surprise when I look out the window. Additionally, the pressure students put on themselves also seems more intense than I remember.

How did LHS help you discover your passion(s)?
I was part of the Musket and Folio, both places where I fostered my love of writing and talking about writing. I ended up studying journalism in college and worked at NPR, so it worked out!

How do you think LHS will change in the future?
I'm not sure it will change dramatically, but I would love to see the atmosphere relax a little. Also, maybe some of the murals can be updated? Some of them have been here since I was a student.

Who is one person from your time at LHS that truly impacted you in some way?
Ms. Strizhak, my now-colleague, taught me the power of compassion

JONATHAN CHAIT

When did you graduate from LHS?
1984

What do you do now?
I manage venture capital funds that collaborate with and invest in entrepreneurs to build technology and media companies.

What do you think is the biggest difference between LHS then and LHS now? How do you think LHS will change in the future?
One difference is that LHS in my era could only fit three years of students instead of the traditional four we have now. As a result, my peers and I started high school in 10th grade. The student culture was more collaborative and socially "connected" to each other, the school community, and social issues of our time. Today's focus on achievement has made the student experience more isolating by comparison, which is something I hope the community will improve for future generations.

How did LHS help you discover your passion(s)?
Many classes and teachers helped inspire my creativity and problem solving that I use now to work with fellow entrepreneurs. I also had my first exposure to computer science and software programming at LHS which is the basis of many of the early-stage ventures I help to launch now.

Who is one person from your time at LHS that truly impacted you in some way?
Mrs. Schwartz, my biology teacher in 10th grade, helped inspire my passion for new discoveries and critical thinking. She also instilled in me confidence and conviction to make a positive impact on the world.

Michael Gupta (12)
UC Berkley

Men's Track/Field

"I most enjoy the feeling of throwing a great throw. I can't describe this feeling, but it's simply magical. It's so satisfying. A great throw feels effortless, which is a crazy thing to say about throwing a 12lb ball 200+ ft. I'm looking forward the people I'll meet. I'll meet national champions and all-Americans; I'll meet world-class coaches. I'll meet my team, who I know loves the sport just as much as I do."

Rachel Caldwell-Glixon (12)
Lehigh University

Women's Track/Field

"I enjoy that the multis (pentathlons and heptathlons) really have so much to offer and they build a well-rounded athlete. Training to be a multi requires so much determination and grit, but the hard work pays off and the successes are so rewarding. In collegiate track and field, I am excited to take my training to another level and continue to strive for my goals."

Charles Mabardy (12)
Providence College

Football

"The best thing about football is it creates more of a family then any other sport. I'm looking forward to taking on any obstacles in my way and tearing it up on the field."

Oonah O'Neil (12)
Trinity College

Women's Basketball

"My favorite part of basketball is the work that nobody except our team sees. Most people only care about the score of our game but all of the work we put in behind the scenes in practice and extra hours with our coaches is how we get so much better and win our games. I'm looking forward to competing in college because it has been my dream since I was a young girl. I feel so lucky to continue to play the sport I love for four more years."

Kirea Snell (12)
Hiram College

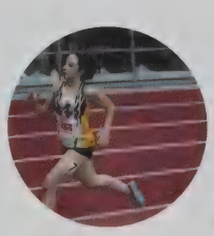
Women's Basketball

"One of the reasons I love basketball so much is the fact that it's a team sport. You become like a family with your teammates; it makes lows easier and the success that much better. The whole experience is so much more fun and exciting when you get to share it with those 12 other girls who are in the gym with you everyday. In college I'm looking forward to pushing myself to play at another level and to continue learning the game of basketball from a whole new team of players and coaches."

Tucker Crowley (12)
Bentley Univsersity

Men's Lacrosse

"I really enjoy the team aspect of lacrosse, and that cohesiveness and productivity come when you work alongside your teammates. I am looking forward to playing with a new group of people, and competing at a collegiate level."



Lily Sheth (12)
Johns Hopkins University

Women's XC/TF

"My favorite part about running track is being a part of such a big team. Even though everyone does different events, we are all super close and form really special bonds. Meets are so much fun because when you step on the line to run, jump, or throw, you can hear over a hundred kids cheering for you. I am so grateful to LHS' track program for giving me lifelong friends, mentors, and a love for the sport and I am so excited to be part of another track family at Hopkins."

Samuel Boehm (12)
Connecticut College

Men's Soccer

"Soccer has been a big part of my life since I was very young but especially in high school I found my real passion for the game. I started focusing on all aspects of the game and this propelled me to the level where I have the opportunity to play in college. In college, I am looking forward to be able to represent my school through athletics, just as I did at LHS. Soccer has also facilitated the creation of many great friendships and I hope to make more in college."

LHS COLLEGE COMMITS

Student athletes talk about their experiences committing to play sports at colleges

Luke Murphy (12)
Providence College

Men's Hockey

"I'm hoping to do well playing college hockey to eventually play shortstop for the Raiders. I'm super excited to continue both my academic and athletic career in college. But it's all about being with the boys playing my favorite sport."

Caroline Michaud (12)
Colgate University

Women's Rowing

"I'm going to Colgate University where I will be rowing. I chose to row in college because of the amazing experiences I've had rowing in high school at Community Rowing. I decided to go to Colgate because of the combination of amazing academics and competitive D1 athletics."

Danna Ofek (12)
Brown University

Women's XC/TF

"Pumped to take my running career to the next level. Proud to be part of an incredible team and strong female student-athlete community. Psyched to be attending a world-class university. Go Bears!"

Barnaby Brandon (12)
Bryant University

Men's Soccer

"For what I enjoy most I would say how happy it can make me to just play whether it's with my friends at Lincoln or at one of my games and also the friends I've made through soccer. I am looking forward to improving more and more in college and the competition and just living that lifestyle."

Robert Lloyd (12)
Wheaton College

Men's Soccer

"I love soccer because to me it is the ultimate team sport. It's really hard to win with only one or two good players and I love the idea that everyone on the team has a specific role. Everyone is important and without one person the team would not be as successful. In college I am very excited to compete at a high level and work to become a better player. I also look forward to making new friends and having new experiences that will help me grow as a person."

Talia Chait (12)
Macalester College

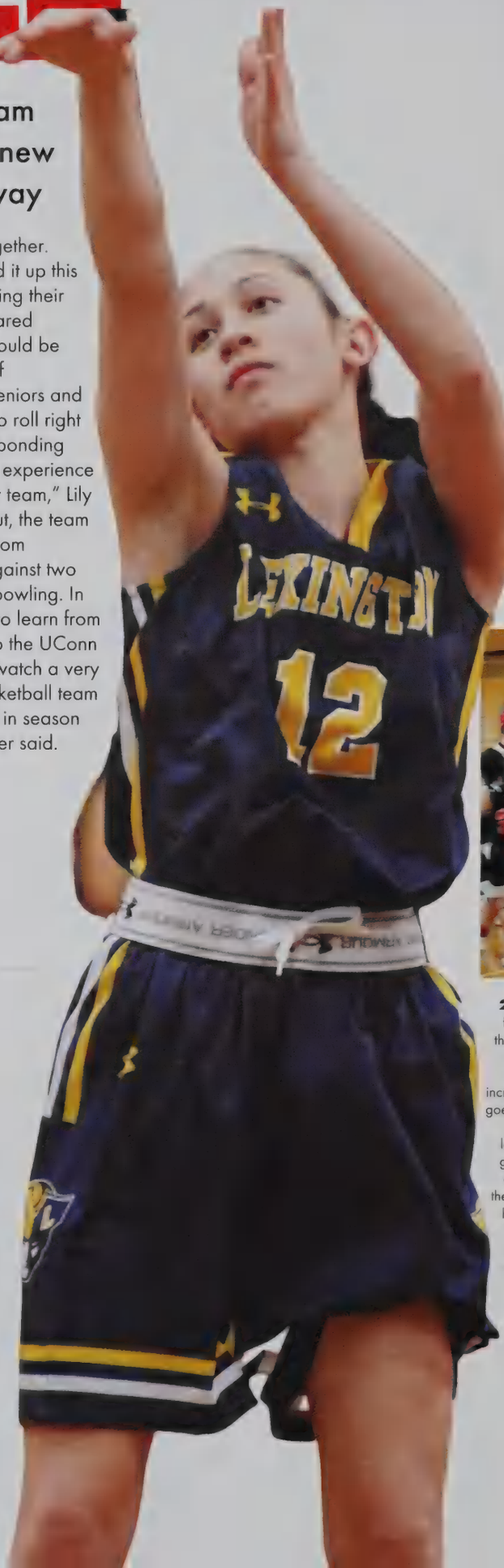
Women's Tennis

"Tennis is a different sport than most. Parts are individual and parts are with a team. I always enjoy being on the court and having to work for the points to win. I am most excited about challenging myself more and continuing to improve. I am also excited about meeting my new teammates and being a part of a college tennis team. "

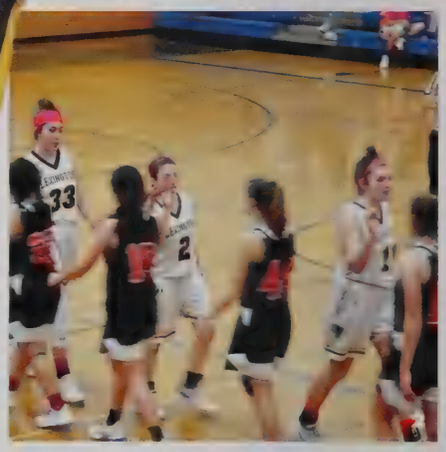
AIMING HIGH

The Girls' Basketball Team traveled and picked up new experiences along the way

Teammates that travel together, stay together. The Girls' Varisty Basketball team mixed it up this year by taking a trip to Connecticut during their pre-season. With the team having prepared beforehand, the coaches felt that this would be the ideal way to go into another year of basketball. "We have a team with six seniors and we were very experienced and ready to roll right into the season. The trip acted as team bonding early on in the season and was a great experience as an underclassman on a senior heavy team," Lily Metzger (10) said. While in Connecticut, the team engaged in several activities, ranging from experiences on the court with games against two Connecticut teams to activities such as bowling. In addition, the team had the opportunity to learn from a college basketball team. "We went to the UConn Women's Basketball game and got to watch a very high level and fast paced women's basketball team which inspired our team to start our first in season game in the best way possible," Metzger said.



1. ALWAYS BE READY Elizabeth Stump (12) play defense during a game. Stump said, "I love playin basketball because of how intense and fast-paced it is. It really a super fun game but even more than that, it's hard t not get close to people that you spend two and a half hou with every day in the gym. Being a part of any team is supe fun but especially one that is as bonded as ours is. We hav really been through some amazing wins and some trag losses but it has been really important for us to stick togeth as a team and keep putting in the extra effort individual and as a whole so that we can reach our goal of winning th next game and eventually making playoffs



2. FINISH STRONG The Girls' Basketball Team high fives the Winchesterr team after a game. Lexington won the game 53-31. **3. ON YOUR FEET** Kirea Snell (12) dribbles the ball down the court during a game against Watertown. Snell said, "Being a captain has been an incredibly rewarding experience. You see how much more goes on behind the scenes from pre-season logistics to pre-game plans and coaching. And it has given me a new level of regard and respect for all of my coaches. After I graduate I'm definitely going to miss being able to hang out and play with such a fun goofy group of girls. I love them all and I wish them the best as they continue through high school."**4. GET YOUR GAME FACE ON** Ofek Rotlevy (12) runs down the court. "I think the most important thing for me personally is staying stable and consistent for the team. In a basketball game things can turn around and change very quickly, and it's difficult for a player or team to be successful if they are not consistently giving 100% effort and staying completely focused throughout the game. Staying collected for those 32 minutes is something I appreciate in others and always strive to do myself," Rotlevy said.

5. THE PRESSURE IS ON Isabel Jakimczyk (11) prepares to shoot a penalty shot during a game against Arlington. Jakimczyk said, "The thing I enjoy most about the team is that we have this stuffed monkey that we give out every week to the player who we all vote deserves it for that week (and you get it by just being an overall good teammate and working super hard in game and in practice) and although it is just a stuffed monkey, it means much more to take it home. I feel like we come a lot closer because of that monkey and we acknowledge each other's contributions to the team."

1.BLOCK THE BALL David Cser (12) tries to stop a Belmont player from shooting. He started playing basketball in fourth grade, and tried out for the basketball team in his freshman year. Cser said, "I enjoy the group of guys and how much focus everyone has on the game and the sport. They consistently grind and have such a positive group mentality." **2. GET IN THE WAY** Michael Alessandro (12) runs down the court dribbling the ball during a game. Alessandro joined the basketball team because he loved the game and wanted to play for the high school from a young age. Alessandro said, "I enjoy the dynamic nature of the sport and the challenge of figuring out how to beat the opponent and how I can put my team in the best position to succeed."

GOOD MINDSET Tucker Crowley (12) dunks the ball during a game. He had played for six years before joining the team his junior year because he loved the competitiveness of basketball. Crowley said, "Occasionally when I miss a shot or make a bad play, I can get in my head and stop believing in myself. I overcome this challenge by having a short memory and staying present in the game by trying to focus on making the next play."

GLOBAL COMMUNITY

ROSALIE GROS (9)

Where and when did you move to the U.S?
In summer 2018.
What was the hardest part about leaving your country (France)?
Leaving my friends and my city.
What do you miss the most?
My city, my friends, and my culture.
What is the strangest part about living in the U.S?
That everything is far, even the markets.
How have you found the U.S to be similar or different to your country?
That people are very respectful here but not in my country. The weather is very bad but it's ok.
What do you like about living here?
How nice and chill people are and the snow.
What would you change about the U.S?
It's good the way it is.
What was the hardest thing to understand about the U.S?
Why are people overreacting for everything, like saying hi with that long and high voice

3. CHASE YOUR DREAMS John Mathurin (10) runs down the court with the ball. His goal was to play college basketball and eventually play in the NBA. Mathurin said, "We struggled with coming into all games strong and closing them out if it was a close match." **4. NEVER GIVE UP** Will Amsler (12) handles the ball during the game. He was a sophomore when he joined the team and thought it would be a good way to get some exercise and have a good time. Amsler said, "I love basketball because it's super fun."
5. LET'S GO Joe Cacciatore (12) dribbles the ball down the court during a game against Belmont High School. Lexington ended up losing the game 48-73.

SHOOT YOUR SHOT

The Boys' Basketball Team put out their best effort for the games

The Boys' Basketball Team had a shot at the tournament. They were 9-11, but missed out by one game as they needed ten wins to make the tournament. They had some good wins against Burlington and Watertown; there were also close overtime games, including a buzzer beater in a double overtime game against Arlington. At the end of the season they needed to win four out of the last five games but they won only three, thus missing the tournament.

When it came to getting ready for a game, Theodore Schroeder (12) said, "I prepare for a game by shooting in the gym after school to get warmed up and then going home to eat a snack before we have to be back at school before the game. Once we are back at school, I listen to music to get ready for the game. Most guys on the team watch the game that is going on before us, like the JV Boys' game or the Girls Varsity game. I am very superstitious, so I make sure to do the same thing before every game and I have done the same thing before every game ever since I joined the team my junior year. Right before the game, we all sit in the locker room to discuss and go over the game plan before Coach comes in and gives us a little speech and right after we warm up on the court, usually a couple seniors or the captain will say a few more things just to the players to get us pumped up for the game."

LUCKY NUMBERS

What is your jersey number and what is the reason behind it?

24
DAVID CSER
"I wore 24 this and last year because it is a nicely divisible number with many factors 1,2,3,4,6,8,12,24."

12
JOHN MATHURIN
"My jersey number is 12 because one of my favorite players wears 12 and I am just following the trend."

BY THE NUMBERS

5861

5861 transcripts were requestsed by seniors. Transcripts can be used to transfer schools, college applications, etc.

104

Students need a total of 104 credits to graduate. They can get those credits from a variety of classes, including Computer Programming, Ceramics, and many more.

462

Seniors applied to a total of 462 different schools this year.

40,525

Collectively, seniors have turned in 40,525 hours of community service. It averages to 75 hours per senior.

249

The number of total games/meets LHS hosted during the Fall and Winter seasons.

125

There are 125 international students. Countries of origin range from Brazil to India to New Zealand to Haiti, and more.

108

Lexington High School has 108 coaches and several volunteer coaches. These people coach the 55 teams that play for LHS.

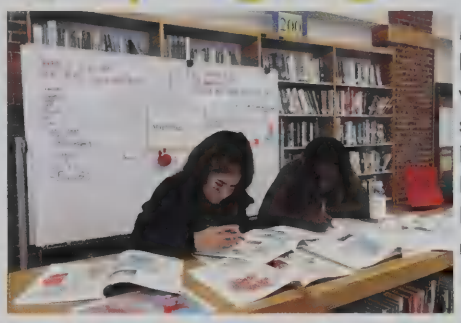
2092

2092 AP (Advanced Placement) exams will be taken this year. AP exams take place in the spring, and topics range from Physics to US Government & Politics, and more.

552

552 students will have graduated this year as members of the Class of 2020.

1900



More than 1,900 History textbooks were given out to students this year. Electives, including Human Geography, Economics, and more, have around 850 books total.

593

On average, 593 students pass through the library doors each day. That number increases significantly during research season when there can be closer to 700 students.

1034

1034 students will be taking at least one AP exam.

20,363

There are 20,363 books in the LHS library.

2312

2,312 math textbooks are lent out to students each year. They include Statistics, Calculus, Math 3, etc.

86

The largest number of books checked out by one person this year. Miss Shea is the winner.

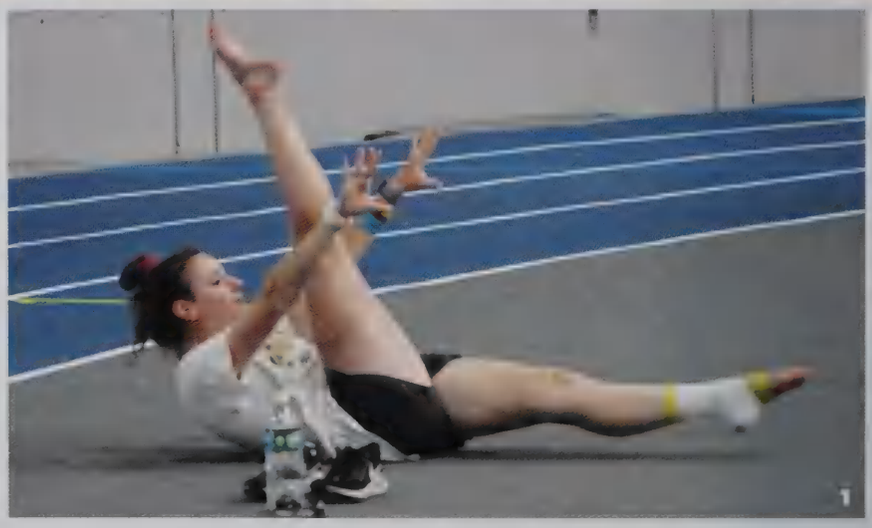
25,200

The math department alone goes through 25,200 tissues every year. "We go through approximately 7 Cartons of 36 boxes per carton of 100 tissues per box of Kleenex a year, which we just needed to buy this year after Office Depot mistakenly marked a carton of tissues for 85 cents. We bought 50 cartons at this price 5 years ago... it was the talk of the school and we are pretty sure someone at Office Depot lost their job on that mistake." - Heather Foley (School Office)

580

580 erasers are used by students each year in art classes.

1. THE LONG STRETCH Naomi Pearlman (11) stretches during her warm-ups before a race. **2. HURDLING THROUGH** Anna Yang (10) raises her hands and celebrates a successful leap over the hurdles. "Focusing on jumps and hurdles this season was a big change from running distance last year," Yang said. "It was mentally challenging and stressful at times, but I thought that these events were easier to progress in the sense that there's always some technique that needs to be fixed." Though new to her event, Yang contributed to setting a school record. Yang and teammates Rachel Caldwell-GliGon (12, captain) and Keena Gao (12, captain), achieved a new long jump relay record of 48'2". **3. ONE TRACK MIND** Isabel Siu-Zmuidzinas (12) runs during a meet. The Girls' Indoor Track team won the Middlesex League Championships. **4. GET IN THE ZONE** Rachel Caldwell-Glixon (12) runs her leg of a relay race..



GAME FACE ON Keena Gray (12) makes a face on the tents in the land during the long jump. The team was competing against several teams in this meet. Teammate Ava Dilavine (10), said, "After being a part of this team, I learned that even if you don't run your best race or beat your PR (personal record), the friends you make and the coaches you have will push you and support you. They will be what you remember in the end."

SETTING THE PACE

The Girls' Indoor Track Team started the season off full speed ahead and set new records

The Girls' Indoor Track team finished the season undefeated with a League record of five wins and zero losses. They also won the Middlesex League championships on and came in first out of 12 teams.

"Team members across all events and grade levels formed a very strong support network, which proved to have positive effects come meet days," Danna Ofek (12) said.

The girls credited their success not only to teamwork but also to the coaching staff. "I love indoor because of the amazing coaching we have at LHS. They push me to run events I never thought I was capable of doing and continue to help me grow as an athlete and person," Lily Sheth (12), a captain who runs mid-distance events, said.

Rachel Caldwell-Glixon (12) said, "My experience on the track team at LHS has been amazing. My coaches are extremely supportive, and my teammates are motivated but they also want the best for everyone around them. I can't wait to continue my track career on the collegiate level!"

copy by Isabelle Lim

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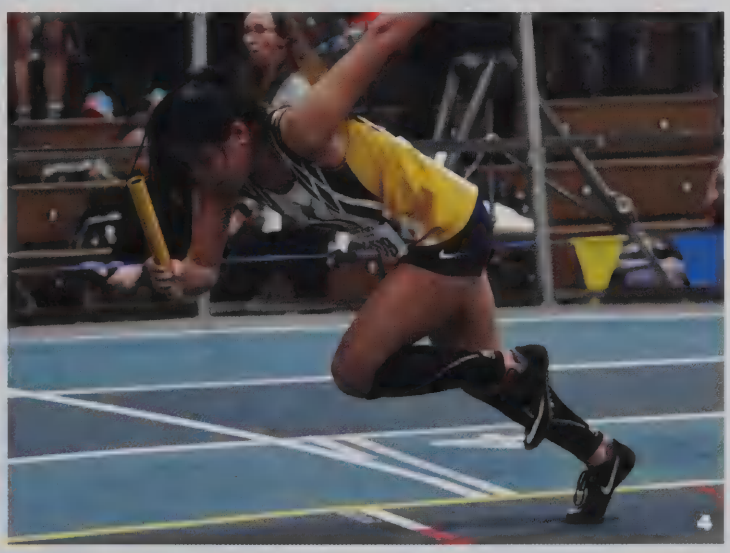

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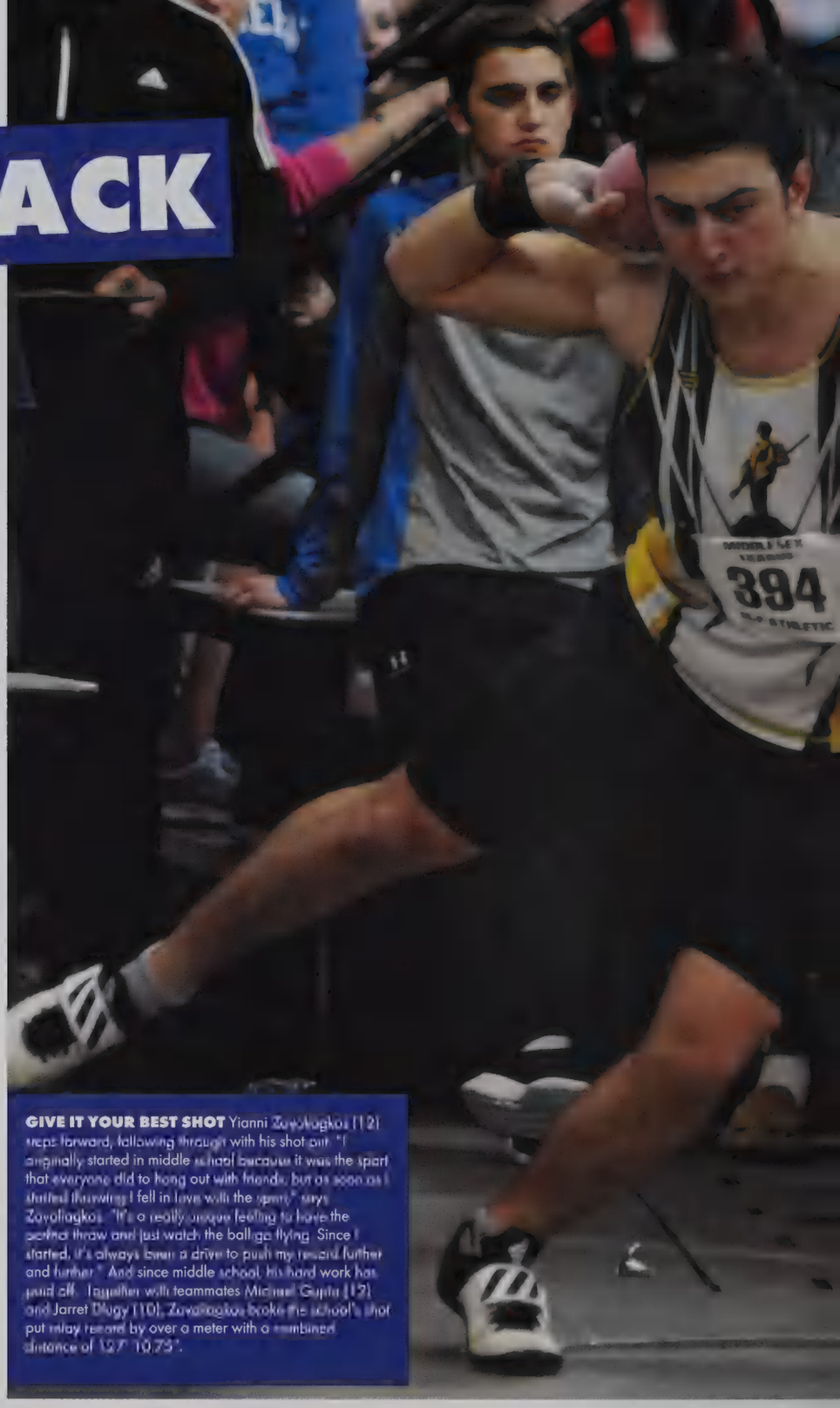
ON THE FAST TRACK

The Boys' Indoor Track Team ran the show

Winning every meet, the team finished the season and claimed the title of Massachusetts Liberty Division Champions. According to Jack Stevens (12), a varsity distance runner, success did not come easy. "The road to get there is the hundreds of workouts and long runs, countless hours of stretching, and stressing that my teammates and I do to compete at a high level," Stevens said. "But I like the challenge. Track is among the most enjoyable and important aspects of my years in high school, for running track has taught me how to truly work hard, handle disappointment, and is where I have made my closest friendships."

Commenting on the season, Micah Benson (12) said, "For all its strategy, sometimes a race just comes down to the final lap. After 3000 meters of running, the winner can be decided by a 200 meter sprint and one thrilling question: Who wants it more?"

Several boys qualified for the New Balance National Indoor in NYC which occurred in early March.
copy by Isabelle Lim



GIVE IT YOUR BEST SHOT Yianni Zavallagkos (12) steps forward, following through with his shot put. "I originally started in middle school because it was the sport that everyone did to hang out with friends, but as soon as I started throwing I fell in love with the sport," says Zavallagkos. "It's a really unique feeling to have the perfect throw and just watch the ball go flying. Since I started, it's always been a drive to push my record further and further." And since middle school, his hard work has paid off. Together with teammates Michael Gupta (12) and Jarret Dlugy (10), Zavallagkos broke the school's shot put relay record by over a meter with a combined distance of 127' 10.75".

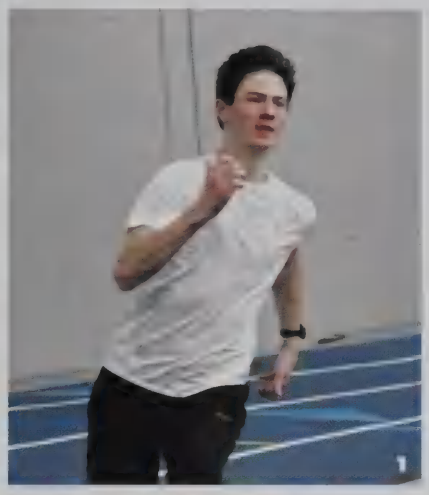
Master a Bell by Thinking Abaut
"If you envy someone with a talent, you can just immediately learn how to do it and compete with them."
ALBERT MA, 12

Stealing Power
"It's just so incredibly chaotic-neutral. Why wouldn't I do that?"
MADELYN LUCENTE, 10

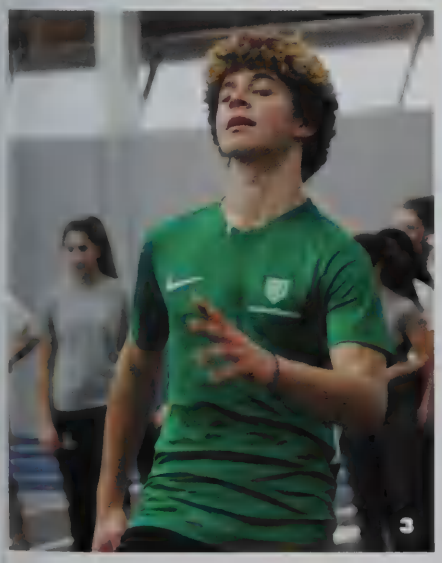
Shapeshifting
"I mean, it would really help with my dysphoria, and just imagine how good my cosplays would look!!! "
PARKER MORII-SCIOLLA, 12

MIX IT UP

Students share one weird thing they wish they could do



1. FULL SPEED AHEAD Andrew Lawrence (10) warms up for practice with a lap around the field house. "I began indoor this year in the hopes to get in shape, and it has exceeded my expectations. The community throughout indoor has made it a great experience for me." Lawrence said. Lawrence ran the 4.5 and threw shot put for the team. **2. RUN THAT TRACK** Nathan Croke (11), Seth Cutler (12), and teammate race against each other during a meet. **3. MAKE A RUN FOR IT** Theodore Haddad (10) sprints circles around the indoor track which is a typical occurrence during practice in the field house.



LIFE OUTSIDE LHS

Students share their activities outside of LHS.

Rachel Zhang (12)

How and when did you start ballet?

I started to regularly take ballet lessons when I was nine years after having done Chinese dance for three years. I was always told that ballet is the foundation for all other types of dance so that is what motivated me to start ballet.

What is your favorite thing about ballet?

I think my favorite part of ballet is how expressive of an art form it can be. I feel like sometimes in the studio we can get so caught up in attempting to improve our technique so it can be easy to forget that what the audience takes away from a performance is the way in which the story is told. Something as simple as just walking across the stage can provoke an emotional response from the audience and that is what makes ballet stand out to me.

Has ballet shaped your view on how you tackle a challenge? If so, how?

As with any other art form, ballet is the type of activity where every small detail can always be improved upon. This sort of mentality has definitely shaped the way I take on long-term challenges because finding these small areas for improvement is what helps me stay motivated. As cliché as it sounds, I feel like I now view challenges as opportunities rather than as objectives or goals that are meant to be achieved.

Are there any other types of dance that you do? And do you have a favorite?

Currently, the only other type of dance that I participate in is jazz. These two styles of dance are incredibly unique and because of this, I don't think that I have a favorite style.

Dafne Bennatan (11)

How did you get started at your job at the movie theater?

I always saw the theater and it was always so cute and simple, and one day my friend and I filled out an application "cause why not". A few months later they called us in for an interview, and we started working at the Venue in no time.

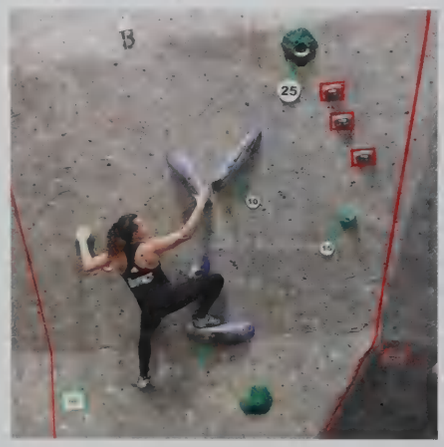
What's your favorite thing about working there?

I really like working at the theater. It's truly a great job. The people I work with are great and flexible, and the job itself is fun and easy. My favorite thing is working on the weekends with student managers, when there are a bunch of u working and hanging. When the movies are playing, we can basically just hang out and it's always a good time. Another thing I really like about the Venue is this little path behind the screen leading to a room full of boxes of posters, which are really cool dating back decades of movies that the Venue has shown.

What's one thing that you learned from your job?

I learned a lot about communication by working at the Venue. A lot of customers have questions and concerns, an we have to learn to adapt and help them as best we can. I talk to a variety of new people every shift - from students like me to the elders of Lexington (which are most of our customers).

Abby Reed (11)



How did you start rock climbing?

The summer camp I went to had a rock climbing wall and I fell in love with the sport. I started going to climbing gyms on the weekends and just wanted to climb more and more. I ended up making the gym's competitive team and started competing in climbing competitions.

Have you tackled any challenges in rock climbing? If so, how?

One of the biggest challenges is the mental aspect to rock climbing, both during competitions and general fear management. It is really easy to get in your head during competitions and small changes in your mentality can have a huge effect on how you climb. Also, climbing in itself can be really scary due to being so far off the ground. Over time you become comfortable at heights but I don't think the fear ever completely goes away.

What is your favorite part of rock climbing?

One of my favorite parts of rock climbing is that each climb is different and a new puzzle to solve. You have to figure out how you are going to get to the top and because everyone is a different height and has different strengths, everyone is going to do it a different way. I love to work on a single difficult climb for a long time, figuring out the subtleties in the movement and making a tiny bit of progress with each try. It is so satisfying when you finally finish a climb or stick a single move that you have been working on and trying to figure out how to do.

What is going through your head as you are climbing?

When I am climbing I am mostly just focused on the climb that I am doing. I usually am trying to remember how I planed to do it from the ground or incorporate any advice from my coaches. I focus on making sure I am fully trying and committing on difficult moves. Depending on what I am climbing I am often also trying to keep myself calm despite any fear I may have.

Hiroki Heginbotham (10)

How did you start photography?

So when I was small I liked cameras for some reason and my parents got me a small point and shoot camera. I only started to like photography when I got my iPhone about three or four years ago. I wasn't very good at it but I didn't know that so I kept going and I believe I have improved since then. Instagram actually played a role in this. I saw all these cool photos and the BTS (behind the scenes) for them that could be done with phone cameras, so Instagram isn't just a bad influence in my opinion.

What is your favorite subject to photograph?

I love photographing nature. I don't know if I can call it my favorite but it's been cool to me how much nature packs. The heart photo in my last post is one of my favorite photos because it's such a perfect heart that I'll probably never see in nature again. (I probably can't even draw a heart like that.) I also like photographing people. I'm not great at photographing people but the emotions in some photos I have seen are just so powerful. Simon Lister takes very emotional photos of children around the world and it's great to see his work on Instagram. (Shoutout to David Yarrow for his amazing fine arts wildlife photography. I take some inspiration from him too.)

If you could travel anywhere in the world to take photos, where would to go and why?

It's hard to say where I would go to take photos. Every continent and every country packs its own punch. I have always been interested in Australia because of my obsession with taking photos in nature and the uniqueness of the wildlife there. I've also been interested in Brazil because of the combination of wildlife and culture.

Kenshin (Ken) Murakawa (10)

How did you start playing soccer?

I started playing soccer when I was six years old and living in England. That was the first time I kicked a soccer ball with my friends and played mini soccer game.

What is a typical practice like for you?

My team's motto is "Crazy but not Stupid" meaning that we train like a crazy kid and give everything we have to every practice but care about the teammates and don't do anything stupid that can cause an injury. So my team's practices are quite intense and because we are fighting for the starting 11, everyone is like a rival to each other.

What is your favorite memory from the past season?

Winning the game is the one of the most favorite moments of playing soccer. It feels terrible when I lose the game but I can make it through those moments and every tough practices because I love the feeling when I win the game and I will do anything I can to have those feelings again.

How has soccer changed your view on the world around you?

So soccer has definitely changed my view on the world around me because soccer can connect the people from all around the world. What I mean by that is the first friend I made since I moved from Japan to the U.S. was the guy that was on my team. That also happened when I moved to England when I was little. I feel like soccer is a global language and anyone could be friends after they played soccer together.

Samuel (Sam) Anderson (12)

How did you start creating videos on TikTok? What got you started?

I started creating videos on TikTok initially because I thought it was funny that people got so many views for making stupid videos. Then I realized I could channel that attention to my YouTube channel which I have been creating content on for years while having fun on TikTok. I got started when my brother made some funny videos and got a LOT more views than I thought possibl; we were just trying to go viral for fun.

What is your favorite part about posting on TikTok?

My favorite part about posting on TikTok is seeing what people will respond to and what makes people click, like, and share. The thought process I use on social media is very similar to the thought process I will be using in my major, political communication. To me, creating a brand and maintaining an audience has required lots of strategizing, marketing, and has allowed me to grow on multiple platforms in many ways. TikTok and social media in general has taught me many lessons about business, negotiation, pricing, marketing, and branding as I have had to make and execute deals, create and sell clothing, and build relationships with brands.

Has TikTok changed your view on the world around you? If so, how?

TikTok hasn't drastically changed my view of anything apart from opening my eyes to a larger world of business and social media and how they interact competitively.

Kayla Wang (9)

How did you begin modeling? Was there something that inspired you, etc?

I started modeling simply because I wanted to try something new and find a new hobby but it turned out to be something I really love and want to pursue.

What is your favorite part about modeling? Is there anything challenging?

My favorite part of modeling is getting to meet and work with so many new people, show directors, designers, makeup artists, hair stylists, or models, there are so many people with so many different backgrounds and it is really fascinating to learn about. I realized modeling is not just about looks, it takes hard work and a good heart to do really anything including modeling.

The Wrestling Team mixed it up this season with Zumba sessions and new coaches. Yonatan Bason (12) said, "We have several weekend practices when we do not have a tournament or meet."

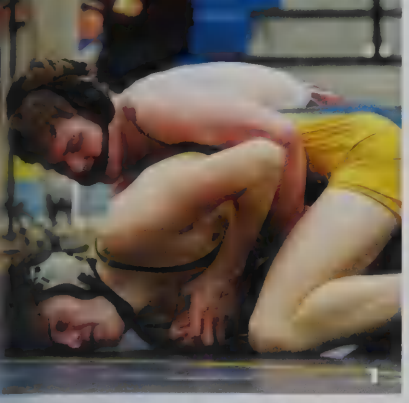
New coaches Joe Conroy and Justin Demers mixed up team culture by implementing a new philosophy based on a practical connection between the sport and everyday life. Bason said, "This past wrestling season has taught me a lot about life, especially with the new coaches. No matter how tough each practice, meet, or tournament is, our coach always told us how nothing would be harder than this. He wanted us to take away the core values of perseverance and respect within wrestling and apply them to the rest of our life. If we could push through our season, we could be successful in any facet of life, even if we didn't continue with the sport. That's what I admire about the sport, because you don't need to be a champion to learn these life lessons."

During matches teammates and coaches supported one another through tough situations. "Wrestling is more enduring than any other sport. It takes a lot of heart and dedication. I remember this one time at a tournament I lost my first match but I didn't let that stop me. After talking to coach, I learned from my loss and went on to win the rest of my matches and I beat the person who I lost to in the first match. Wrestling has made me a better person." Jiaxin Zhou (10) said.

On December 8th, the team hosted its annual LHS Wrestling Season Kick-Off and Zumba Fundraiser. Dozens of students and individuals from the community registered for the event and danced the afternoon away. Local Zumba instructors volunteered their time to teach a class to the nearly 100 attendees, who also enjoyed a raffle that was made possible through the generous donations of local merchants. This fundraiser began in 2017 and has grown each year with the help of parents and volunteers. The event has built team spirit and encouraged a record number of students to try out wrestling. It also helped establish the Friends of LHS Wrestling, an organization that helps maintain team connections that go beyond high school years. Through this group, alumni and their parents have continued to stay involved in the wrestling program. The fundraising efforts have have allowed for the team to purchase new equipment, uniforms, and apparel.

holding onto VICTORY

Busy weekends, zumba, and perseverance defined this wrestling season.



1. TAKEN TO THE MAT Aidan Lynch (10) struggles against his opponent. Lynch said, "There is something so special about our team's connection. It's what makes our team a family and I am so thankful to be a part of this wrestling family." **2. HEAD UP** Fawzi El-Kattan (11) holds on to his opponent. El-Kattan said, "The best piece of advice I have gotten is head up. Whenever you're on the mat, whenever you're wrestling, you always have to have your head up on shots. And if you have your head up, you're a lot stronger. So it's harder for a guy to break you down. Also, in life, when you are walking in the halls, just physically improving your posture and having your head up makes you just feel more confident and stronger. What I love about this sport is you can see how you're progressing. I love the intensity of the sport. You know, being able to do what you love for six minutes. Six minutes of bliss and it's really humbling. You know, you have your wins, we have your losses, and there's always somebody who's going to be better than you and you just have to train hard." El-Kattan has been wrestling for three years and started during his freshman year. **3. UNDER AND OVER** Gabriel Aguirre (10) tries to fight off an opponent from Arlington High School during the first match of the year. Aguirre said, "We have a new coach this year who's looking to change the culture of Lexington Wrestling. I think we're all really excited for the program this year and for years to come."

4. CONSULTING THE COACH James Pullen (11) gets advice from Coach Joe Conroy. Pullen said, "My most profound memory from wrestling this season has definitely been my first pin of the year. It was an incredibly tough match. He was bigger than me, seeded a lot higher, and within the second period I was down 9-2 but the work you put in during practice and on the mat builds resolve, gives you the tools to push through hard moments like those, ad lets you earn victories." **5. READY FOR THE REFEREE** Alexandru Tufa (11) stands up as he listens to the referee announce the score. Tufa said, "Wrestling teaches you discipline, courage, consistency, perseverance and forces you to cope with your emotions and remain calm during stressful situations. On the mat we beat each other up which creates a new found respect for one another, bringing us together like a family. We are building this team from the ground and I am excited to see what's to come of the program."

HOLDING ON FOR A WIN Oliver Hepler (12) grabs his opponent by the wrists. Hepler said, "Though at times I dislike it, this sport has ended up being an extremely valuable experience for me. Being able to go out onto the mat in front of a crowd, wearing an uncomfortable and unflattering singlet, and get your butt kicked, definitely builds character and teaches you the importance of confidence."

TRYING SOMETHING NEW

"The Zumba fundraiser was a great first thing to do, beyond the fundraising aspect of it. I think it was good that our team could get together early in the season so that we could feel more like a team than a collection of athletes or a club. My first year on the Wrestling Team has been great and I'm loving the kind of team that Coach Demers is building. Our team has been really resilient all year, especially losing some tough meets. The way that our team responds to that though, is what I feel makes us special. We always come back to practice the next day, and we work harder with resolve to do better next match. I really like that Coach always holds us accountable for our own shortcomings and that is why we have been trending towards success all year."

CALEB TOURANGEAU (9)

ALTITUDE ADJUSTMENT

The Lexington-Waltham Ski Team mixed things up this season

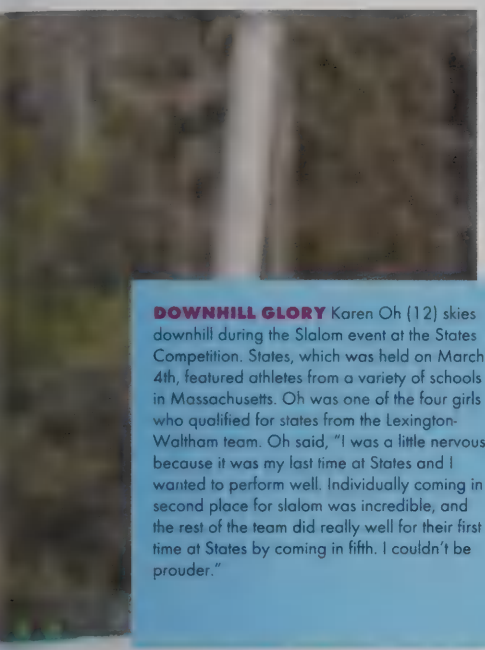
While it was the "worst" season snow-wise, the Ski Team sent the most finalists ever to the States competition that was held on March 4th. Overall the team placed fifth at the States Competition. Karen Oh (12), a team captain, placed 10th in the Giant Slalom and second in the Slalom Race.

"States was super exciting, especially because this year we were able to send a team of girls - meaning three or more girls from Lexington-Waltham qualified," Oh said. "As captains this year, we tried to focus on just having fun and coming together more as a team. Next year, I'll really miss our team dynamic, the excitement of race nights, and cheering on teammates when they're in the start gate. I have no doubt that our team will continue to do well and have fun in the future."

1. GOING DOWN HILL Alexander Coombs (12) skies down the hill during the Slalom event at the States Competition on March 4th. Coombs said, "The thing I will miss about ski racing next year is the nervous excitement of being in the start gate before a run. My favorite memory from this ski season was the bus ride to our first race because of the team's palpable enthusiasm for the start of the season."

STATES

WE DID IT!



DOWNHILL GLORY Karen Oh (12) skies downhill during the Slalom event at the States Competition. States, which was held on March 4th, featured athletes from a variety of schools in Massachusetts. Oh was one of the four girls who qualified for states from the Lexington-Waltham team. Oh said, "I was a little nervous, because it was my last time at States and I wanted to perform well. Individually coming in second place for slalom was incredible, and the rest of the team did really well for their first time at States by coming in fifth. I couldn't be prouder."

Karen Oh (12), Madelyn Buxton (Waltham) Olivia White (10) and Jillian White (9) take a break for a photo during the MIAA States Competition.

3. BE FIERCE Jillian White (9) rounds a turn during her Slalom run at the state competition on March 4th. White placed in the top 200 in both the Giant Slalom and the Slalom events. **4. STAY FOCUSED** Olivia White (10) rounds a gate during the Giant Slalom event at the States Competion. White placed in the top 70 in both the Giant Slalom and Slalom. White said, "I had so much fun representing the school with Karen, Jillian and Madelyn. It was a great experience and everyone there was very supportive. I will also never forget the late night bus rides after a fun day of practicing or racing at Blue Hills."

FOOTBALL SENIORS

FOOTBALL JUNIORS

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GIRLS JV GOLD FIELD HOCKEY

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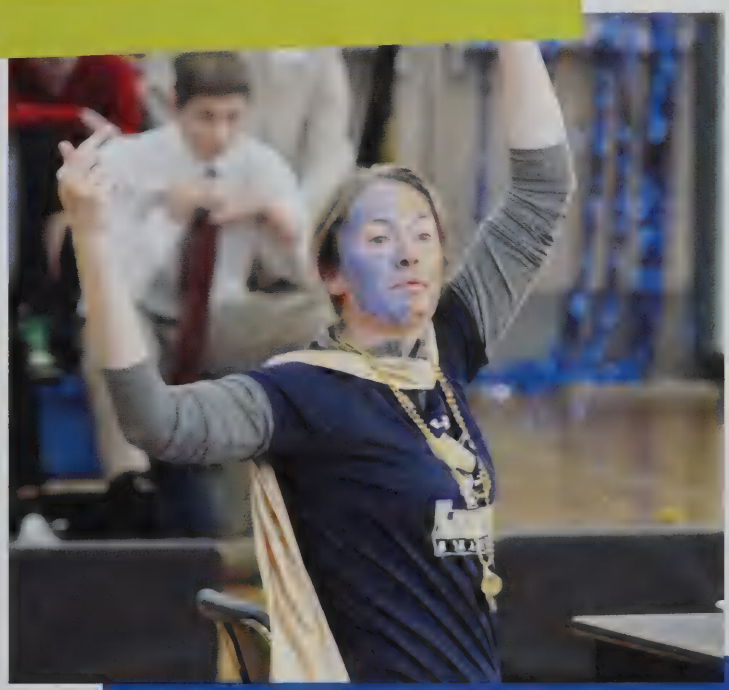

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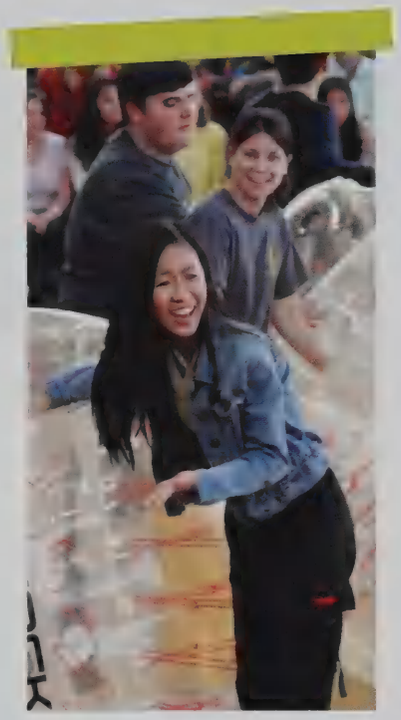

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BOYS JV SOCCER

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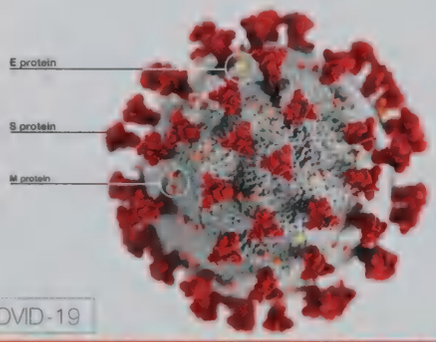
INTERRUPTED BY CORONAVIRUS

The Centers for Disease Control entered uncharted territory with the outbreak of a respiratory disease caused by a novel (new) coronavirus. First detected in China in December of 2019, COVID-19 rapidly spread worldwide, first to Korea and Japan, then to Italy and the United States; at time of print, it was in more than 110 countries and was responsible for more than 4500 deaths. By March of 2020, multiple states, including Massachusetts, had declared a state of emergency; on March 10th, universities around the States began to shut down and moved to online learning exclusively in an effort to keep people from congregating in close quarters. The stock market plummeted in response to the virus, and many businesses - particularly in the industries of tourism and air travel - faced devastating loss of demand for their services. Within the United States, the coronavirus sent people to stores to clear shelves of hand sanitizer, soap, disinfecting wipes, protective face masks, and even toilet paper. The situation evolved on a day-to-day basis with new travel restrictions and "hot spots" of the virus popping up on a rolling basis. On March 11, the World Health Organization declared COVID-19 a pandemic. On March 12, schools across the state began to close, some for one week, some for two weeks, and other indefinitely, as buildings needed to be cleaned and large crowds were discouraged from gathering. The only certainty at time of print was that the virus would get worse before it gets better. Communities across Massachusetts found themselves bracing for what that might look like.

The 2019-20 NBA season was suspended as a result of the coronavirus pandemic. The league announced at 9:31 p.m. ET on March 11 that, following the games that night and until further notice, no games would be played while the league determined its next steps, as a Utah Jazz player – center Rudy Gobert tested positive for COVID-19. On Thursday, Jazz guard Donovan Mitchell confirmed on Instagram that he, too, had tested positive. Five NBA teams who had played the Jazz were ordered to self-quarantine: Detroit Pistons, Boston Celtics, Cleveland Cavaliers, New York Knicks and Toronto Raptors.

In response to COVID-19, many countries imposed travel restrictions at their borders. Passengers arriving from international destinations were screened for fevers and faced a 14-day quarantine depending upon where they'd been traveling. On March 11, President Trump shut down travel between the United States and Europe for 30 days in an effort to contain the virus.

Following the NBA's action, the NHL also suspended their season on March 11. With 189 games and three and a half weeks remaining in the NHL's regular season, the league hopes to resume once the virus peaks.

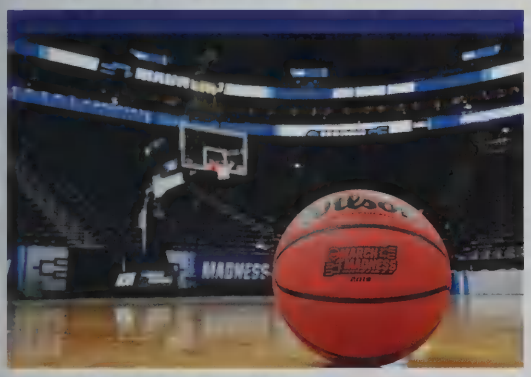


COVID-19

EFFECTS FELT IN LEXINGTON

SPRING SPORTS DELAYED

On March 11, it was announced that all March Madness tournament games would play with no crowds in attendance. As fears over coronavirus worsened, however, that suspended audience turned to outright cancellation on March 12. NCAA President Mark Emmert canceled the Division I men's and women's 2020 basketball tournaments, as well as all remaining winter and spring NCAA championships. "This decision is based on the evolving COVID-19 public health threat, our ability to ensure the events do not contribute to spread of the pandemic, and the impracticality of hosting such events at any time during this academic year given ongoing decisions by other entities," the NCAA said in a statement.



On March 12th, Disneyland in Anaheim, California, announced that it would close for an undetermined length of time in their own bid to help people practice "social distancing" during the spread of the virus. The parks previously closed down in the wake of the JFK assassination, the Northridge earthquake in 1994, and after 9/11, but this closure represents their longest closure in history. The closure began on March 14 and was expected to continue through the end of the month.

Propelled by fears of the coronavirus, the stock market fell into crisis in a matter of 16 days of trading. The Standard & Poor's 500 entered a bear market for the first time since the financial crisis of 2008, and the Dow endured its biggest one-day percentage drop since the 1987 crash. The 16-day drop was the fastest decline ever and happened nearly twice as fast as the stock market crash in 1929,"This is bad. The worst and fastest stock market correction in our career," stated an economist. "The economy is doomed to recession if the country stops working and takes the next 30 days off. The stock market knows it. Bet on it."

Broadway theatres went dark at 5:00 PM on March 12, by order of New York Governor Andrew Cuomo. Performances were scheduled to resume the week of April 13. The announcement came as venues and performing arts organizations around New York City and the country announced closures of their own amid rising concerns about the global coronavirus pandemic. Governor Cuomo announced in a press conference that no gatherings of more than 500 people would be allowed, excepting schools, hospitals, mass transit, and nursing homes.

SCHOOL CLOSED FOR WEEKS IN MARCH

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ACADEMIC DECATHALON

FRONT ROW: Charitha Bavirisetty, Tara Sarma, Krishna Kuchibhotla, Alexander Shick, Sharath Jegannathan;

AMNESTY INTERNATIONAL

FRONT ROW: Ainsley Lonczak, Jamie Albertson, Manvi Dhekane, Darren Tran; **BACK ROW:** Leo McGaraghan, James Riney, Joshua Smith, Andrew Lawrence, Ezekiel Moroze, Michael Gordon;

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ANIMATION CLUB

FRONT ROW: Tara Sarma, Elena Serenko, Joshua Lee;

ASIAN STUDENT UNION

FRONT ROW: Michelle Wu, Richard Chang, Janabel Xia, Jeffrey Yeung, Jerry; **MIDDLE ROW:** Zhuoran Wen, Frances Adiwijaya, Leyao Chang, Bonnie Zhang, Tiffany Liu, Will, Jeff, Nathan; **BACK ROW:** Andrew Hu, Minjune Kim, Euhan Kim, Edward Lacson, Ronald Du, Sebastian;

ANIME CLUB

FRONT ROW: Nora Lavins, Eric Ye; **BACK ROW:** John Connor, Ivy Lu, Jillian Ranauro;

BEAVER WORKS ENGINEERING

FRONT ROW: Qifa Wang, Xinyi Zhao, Serena Behera, Yilan Gu, Rhein Ferdous; **MIDDLE ROW:** Eliza Stokes, Anka Hu, Minjune Kim, Euhan Kim, Richard Chang; **BACK ROW:** Ang Pei, Chun Wunn Leung, Kevin Polackal, Marc Soliman, Varun Suraj, Unknown;

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BEE KEEPERS CLUB

FRONT ROW: Katherine Hogan, Jane McKenney, Jacinta Fell Maira, Timothy Hogan, Matei Golesteanu; **BACK ROW:** Sophie Gregoretti, Kiera Franciskovich, Kristine Le, Wakako Okuda ;

BEST BUDDIES

FRONT ROW: Aidan McPhee, Hailey Kingsbury, Carson Kemp, Cora Kemp, Isabella Barrett; **MIDDLE ROW:** Rafael Torres Chavez, Regina Tashjian, Amy Finkelman, Sophia Lupone, Melanie French, Julia Majchrzak; **BACK ROW:** Benjamin Solomon, Andrew Crowley, Sam Terrell, Connor Driscoll, Julia Majchrzak, Skylar Spencer;

BHANGRA

FRONT ROW: Malavika Anil, Pooja Kawatkar, Serena Behera, Aishwarya Rajagopalan, Pranathi Srirangam, Ishika Goyal; **MIDDLE ROW:** Shashwati Sanjay, Meher Khanna, Shireen Kumar, Bryna Patel, Swetha Battini; **BACK ROW:** Priya Bongu, Anushi Agarwal, Jeffrey Yeung, Richa Patil, Rachna Nambiar

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BOARD GAMES

FRONT ROW: Iris Gu, Caitlin Gu; **BACK ROW:** Abhinav Mukherjee, Aron Lu, Lior Amitay;

CHINESE CALLIGRAPHY

FRONT ROW: Xinyi Zhao, Jonathan Hu, Jiawen Yu, Shiyu Yu, Jiangyuan Ai, Yuxiao You; **BACK ROW:** Qifa Wang, Ang Pei, Jeffrey Yeung, Sai Teja Pathivada, Zhengwei Tang, Nicholas McKee, Maxwell Levine;

CHINESE CULTURAL PLAY

FRONT ROW: Lawrence Lin, Brian Chong, Nathan Choi, Kwan Chi Man, Ashan; **MIDDLE ROW:** Alan Yang, William Yang, David Cai, Joshua Lo, Ahmed; **BACK ROW:** Kevin Alexander, Yejun Kim, Darren Tswei, Rishi

CHOPPED ENTHUSIASTS

FRONT ROW: Ethan Shin, Hannah Elefante, Stephen Joseph, Matthew Joseph, Joseph Zarba; **MIDDLE ROW:** Ravi Yeddanapudi, Benjamin Craver, Sam Terrell, Naod Daniel, Benjamin Solomon; **BACK ROW:** Justin McCarthy, Luke Mager, Connor Driscoll, Michael Hickey;

CHRISTIAN CLUB

FRONT ROW: Kristina Wong, Lily Aldairy, Charissa Lee, Karis Lee, Esther Ng, Jessica Zhang, Rache Koh, Nathaniel Cheung, Andrew Kong, Timothy Koh, Ethan Kong, Yul Kim; **MIDDLE ROW:** David Cai, Wesley Tam, Matthew Liu, Jason Alexander, Ken Portillo, William Cui, Gabriel Lee, ____, Matthew Tam; **BACK ROW:** _____, _____, Richard Hua, Kyan Li, _____, Shangyin Au, Richar Chen, _____, Luke Lee;

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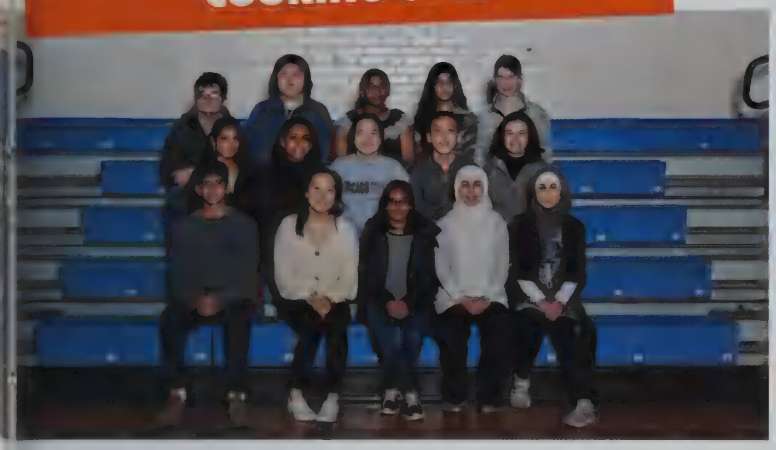
COOKING CLUB



FRONT ROW: Ashna Mitta, Angela Lai, Caitlin Gu, Hawraa Hasan, Zahraa Hasan, Robert Li; **MIDDLE ROW:** Bryna Patel, Aishwarya Rajagopalan, Jessica Schroeder, Mira Ward, Sachin Kewalramani, Joshua Abrams; **BACK ROW:** Darshana Venkatesh, Pranathi Srirangam, Tanisha Saxena, Alexandra Pawloski;

COSTUMES

FRONT ROW: Sofia Demirjian, Alaia Garcia-Mariscal, Eleanor Caro, Maia Hahn-Du Pont, Zella Goodell, Emily Wang; **BACK ROW:** Emily Weinberg, Alyson Hodge, Alison Burkholder, Alissa Krawczyk, Rachel Zou;

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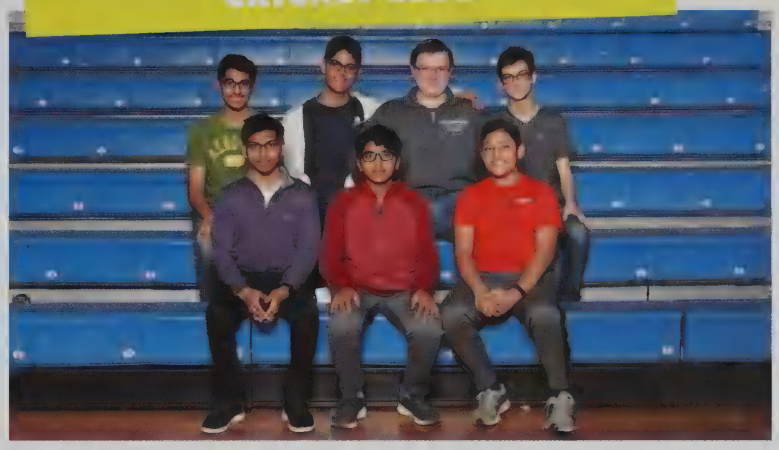

FRONT ROW: Atul Venkatesh, Sharath Jegannathan, Tej Chhabra, Johnathan Dagan, Alexander Littlewood; **BACK ROW:** Tanay Dalmia, Aansh Jha;

DRAMA CLUB

FRONT ROW: Tara Sarma, Miriam Abrams, Jackson Green, Robert Zeaske; **BACK ROW:** Arth Joshi, Nora Lavins, Lucas Elliott, Sai Teja Pathivada, Sreeteja Tadimarri;

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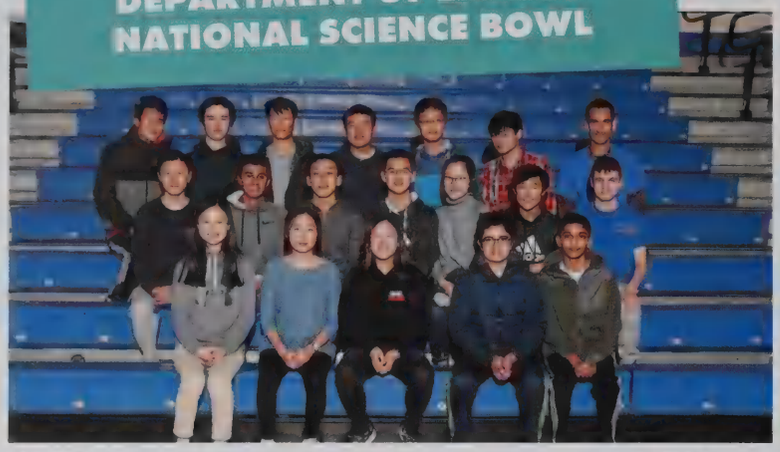

FRONT ROW: Gaeun Suh, Kira Tang, Emilie Sang, Amaan Khwaja, Tanmay Gupta; **MIDDLE ROW:** Brandon Li, Ashish Puri, Robert Li, Alex Li, Anka Hu, Sean Fei, Gideon Tzafriri; **BACK ROW:** Unknown, Kevin Alexander, Yejun Kim, Daniel Zhou, Daniel Zhang, Chee Ying Tay, Nicholas Gould (advisor);

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BACK ROW: Taiki Aiba, Sachiv Chakravarti, Rosanna Jiang, Antoinette Tan, Richard Chen;

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FRONT ROW: Sarah Baskin, Jacqueline Moore, Juliet Bijesse, Ayla Ozbal; **BACK ROW:** Tieren Adams, Yujia Gao, Salome Longchamps, Xinyi Zhao;

FENCING

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GSA

FRONT ROW: Emma McRedmond, Maya Silverman, Robert Zeaske; **BACK ROW:** Seray Kauffman, Fiona Weir, Miriam Abrams, Keira Fox;

HELPING HOMELESS

FRONT ROW: Summer Spencer, Jacqueline Legutko, Isabella Gharabegian, Anjali Vlassak; **MIDDLE ROW:** Uma Sanker, Jasmine Sun, Rebecca Gu, Camelia Atassi, Aidan McPhee; **BACK ROW:** Serena Caira, Anna Hazewindus, Jillian Stevens, Ipek Kendircioglu, Skylar Spencer;

HUMANS OF LHS

FRONT ROW: Jiyoon Choi, Athena Li; **MIDDLE ROW:** Johanna Guarin, Harris Erdman, Kristina Wong; **BACK ROW:** Anjali Dulipsingh, Sophia Sullivan, Sunwoo Baik, Brittany Lin;

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FRONT ROW: Luhongyi Chang, Josephine Alessi, Yujia Gao, Sirawich Hongsamat; **BACK ROW:** Aansh Jha, Albert Lin, Henry Xu, Salome Longchamps, Maya Anand;

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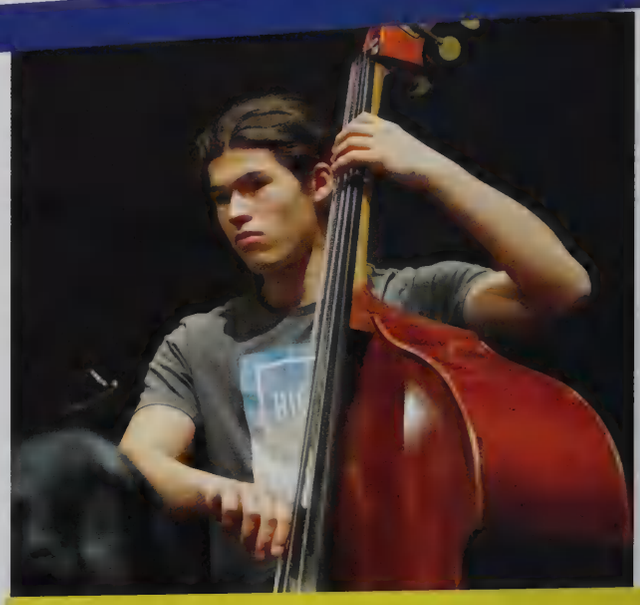

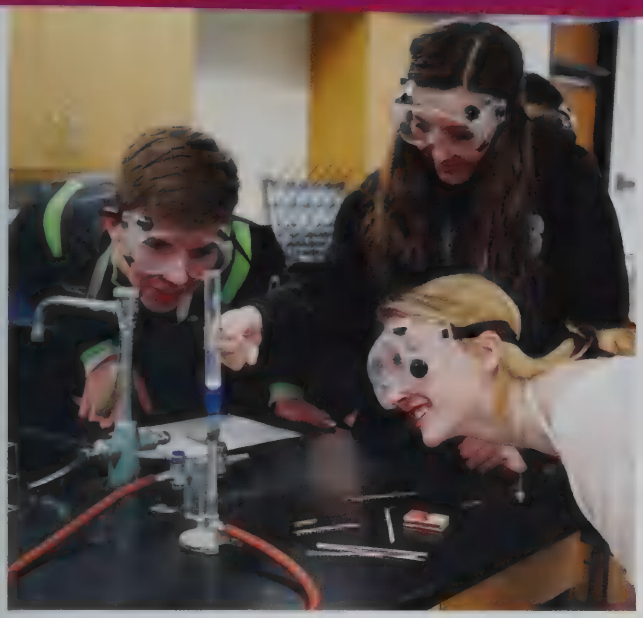

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FRONT ROW: Johnathan Dagan, Sharath Jegannathan, Pavan Cheruku; **BACK ROW:** Mark Gianino, Tej Chhabra, Alexander Littlewood;

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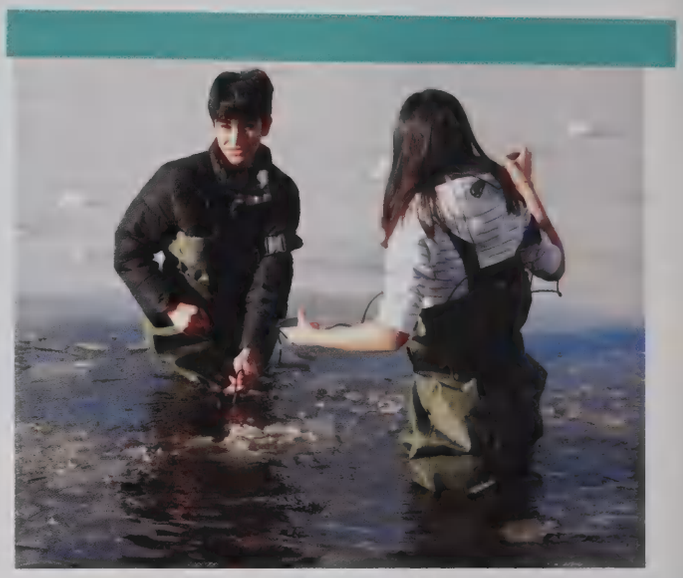

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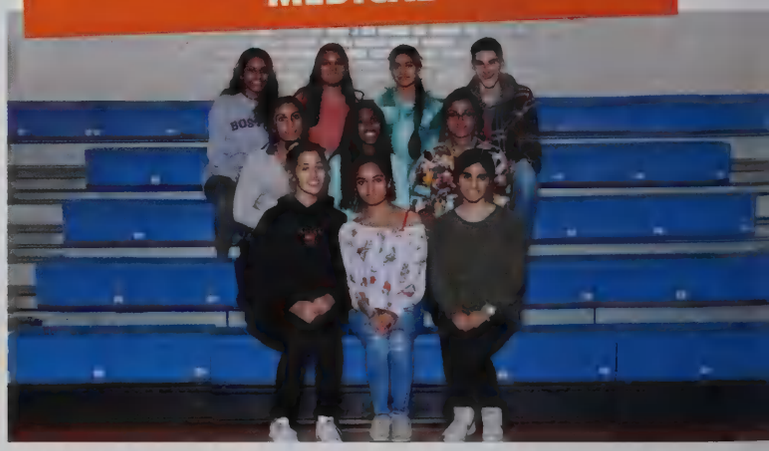

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FRONT ROW: Aishwarya Rajagopalan, Angela Lai, Bryna Patel, Jessica Schroeder; **BACK ROW:** Ashna Mitta, Pranathi Srirangam, Darshana Venkatesh;

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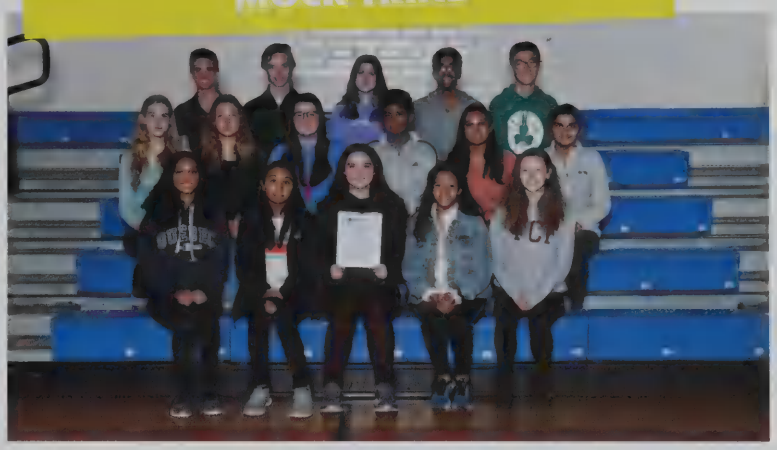

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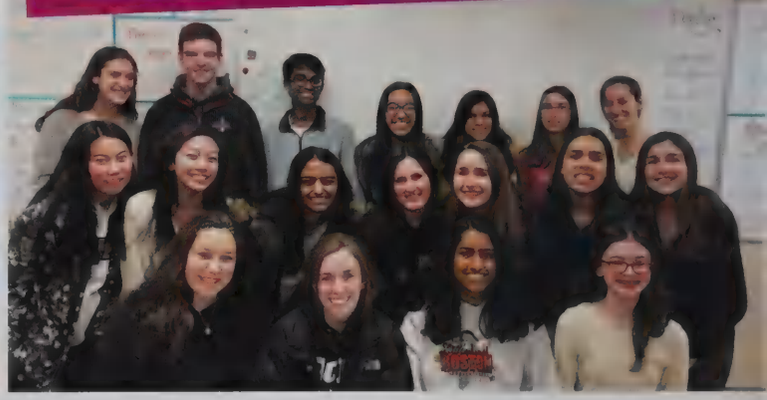

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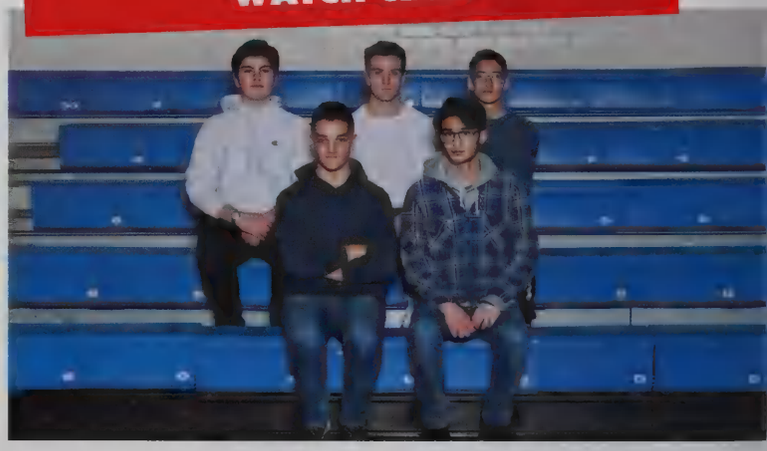

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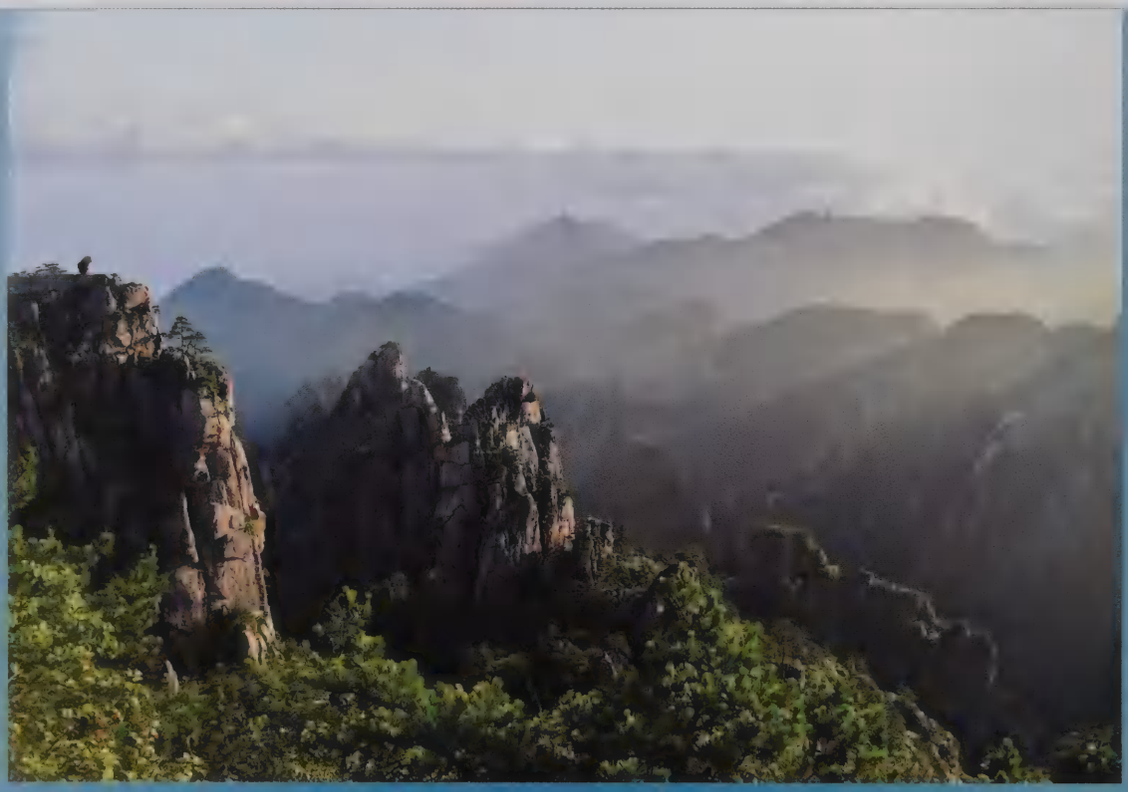
TALIA CHAIT

Congratulations to the entire Class of 2020!
We know you will all go on to do many amazing things.

Talia, we're so proud of your many accomplishments at LHS!
We are confident you will make a unique mark on the world. So excited for your next chapter. Love, Mom & Dad

Jack McGaraghan

Congratulations Jack!
We could not be more proud of you as you set off on your next adventure!
We love you more!



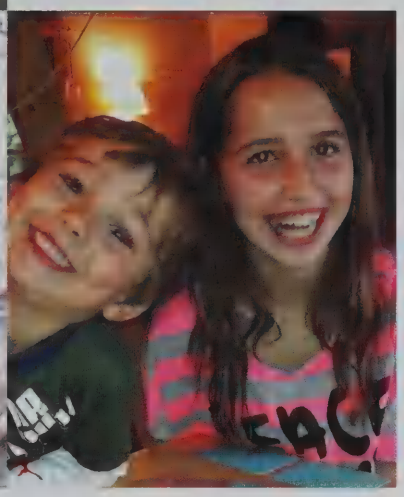
Joline, Congratulations on all your achievements!

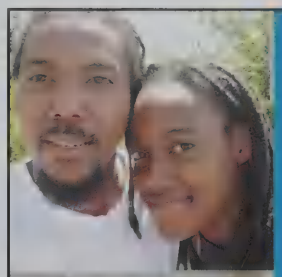
Reach for the sky and may your future be bright!

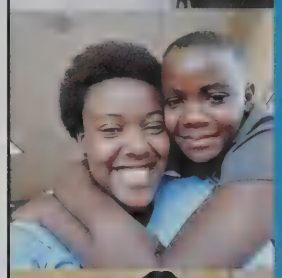
We'll always be there for you! Love Mom, Dad, PoPo, GongGong, Aria

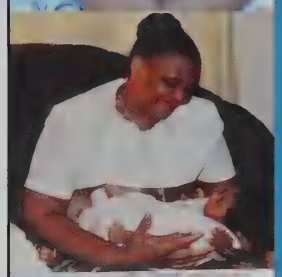
Lucy Conlin

Lucy, we are very proud of you and love you so much! Congratulations and wishing you many fantastic adventures in the years to come! Love, Mom and Dad



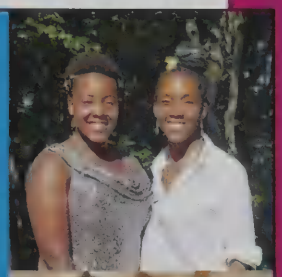


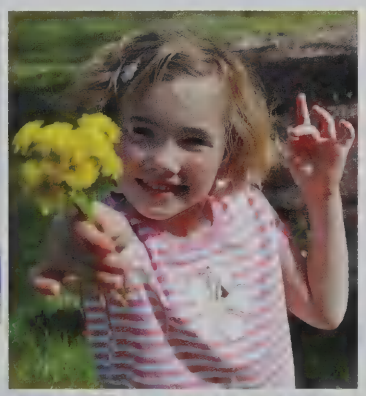




Arianna M. Gaston

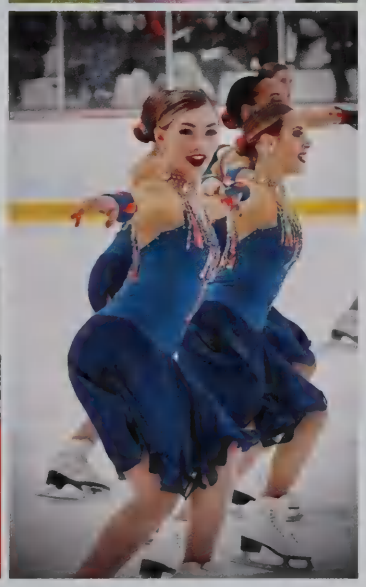
We are all so very proud of you! Congratulations!!





Emily Monica Barnes

Daughter, sister, friend, and teammate -
We are so proud of you and look forward to seeing what you accomplish next!



Ember Christensen

Congratulations girl! We're so proud of you and can't wait for your new college adventures! We love you! Christensen Clan

Taylor Katherine Salerno

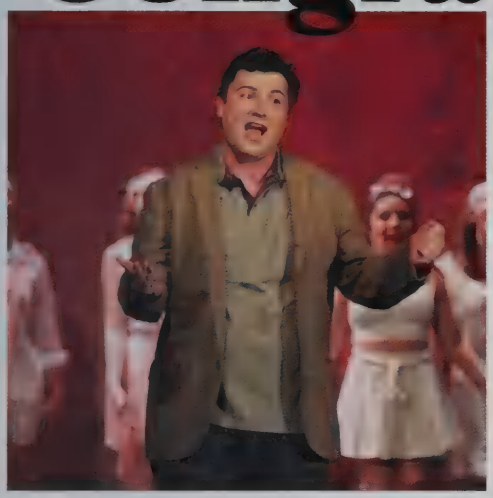
Congratulations Taylor!
We are incredibly proud of you.
Love, Love, Love, & Hugs,
Mom & Dad

Maggie O'Neil

With love and admiration for all that you have accomplished.
Oh, the places you will go!!!

Love, Mom, Dad, Hugh, Harry, Tommy, & Casey

Congratulations Isaac!



Laughter is timeless,
imagination has no age,
dreams are forever.
May all your dreams
come true.
We are so proud of you
and love you!
Mom, Dad, Alec, Will
and Fenway

Johanna Susan Simon

Congratulations! It seems like it was just yesterday that you were entering kindergarten, and now you are graduating from high school.

We are proud of you!

Then I heard the voice of the Lord saying, "Whom shall I send? And who will go for Us?"
And I said, "Here am I! Send me!" - Isaiah 6:8

With lots of love, and prayers,

Daddy, Mommy, Shekinah, Samuel, Rhema, Jijo Uncle, Bency Aunty, Nathan, Ethan, Faith and Grandparents Benny & Ammal George, and Joseph & Susan Simon

Thanks for the journey ladies; we've loved watching you grow!

Emiliano Lorenzo

Even though you have had to endure so many changes in your academic career, you have risen above the challenges life has thrown at you. We are so proud of all you have accomplished and we are excited for all you will continue to do.

You have truly grown into the most amazing young man.

We love you and wish you the best on this next step in your journey!

Brittany Lin (10)
Assistant Editor-in-Chief

I love yearbook. I love learning more about other people's experiences and stories and I love crafting those memories into a 200-page time capsule that will be reflected on for years to come. Sharing students' individual stories with the larger LHS community makes yearbook an incredibly fun and unique experience. I've enjoyed working with the wonderful staff and supportive advisers this year! They've all taught me so much, from photography and design tips to leadership and organizational skills. Through yearbook, I've learned something new everyday! I'm extremely grateful for this experience and for all the people involved in creating this year's book. Congratulations and best wishes to the senior class of 2020!

Parker Morii-Sciolla (12)
Spread Editor

I joined yearbook my freshman year because I thought it sounded like fun. Now, I'm a graduating senior and have realized how much I've changed because of being a part of this club. The amount of time and work I put in these past four years showed me that I was truly capable of handling the work I am now about to face in college. The relationships I've made through this may not last forever, but it showed me that making friends is not as hard as I once thought. So much was gained from just being a part of yearbook and I wouldn't take even a second of it back. To all my graduating seniors, I wish the best of luck to you in whatever you choose to pursue. To all the underclassmen, have fun with these next few years! It has been a pleasure to get to know all of you.
Until we meet again.

Maya Shimron (10)
Photo Editor

Holy moly this has been quite the year. This was my first year as an editor and, let me tell you, it was so much more than I expected. I went into it thinking that it would be a chill experience and that I only had to make sure that people were getting their assignments done, but I quickly found out that there's so much more to being an editor than I initially thought. I learned so much about yearbook, from the moment the photos are taken to when the page is submitted for printing. All this hard work and the dedication of the staff really inspired me and made me love and appreciate the book so much more. Thank you to all the staff for your commitment to making this year's amazing book, and congratulations to the graduating class of 2020 for a spectacular year!

EDITOR'S MUSINGS

Pictured (from left to right): Ms. Harriet Wallen (Adviser), Talia Chait (12), Parker Morii-Sciolla (12), Maya Shimron (10), Brittany Lin (10)

Talia Chait (12) Editor-in-Chief

Working with the incredibly talented yearbook staff for the past 4 years has been an absolute pleasure. The amount of enthusiasm they bring to each meeting to get their work done is incredible.

Being a senior this year has made creating this book a little harder knowing that I won't be a part of this amazing team next year. I still remember my freshman year when I put my name down on the sign-up sheet for yearbook. I wanted to be a part of making a keepsake that we could look back upon later on in life. My hope is that this book will be a part of your memories for years to come.

I want to thank my fellow editors Brittany, Maya and Parker for putting in endless hours to make this book possible. I also want to thank Ms. Wallen for everything from reading every single page to the simple talks we've had- I'll miss those! I want to give a HUGE thank you to Susan for everything from being able to re-correct a design in seconds to giving me ideas on how make our book better. Ms. Wallen and Susan are the reason why this book is as amazing as it is- so thank you both for all of your time and effort.

To Brittany and Maya, I am so glad I got to work with both of you! You both have amazing ideas and are so dedicated to making this book the best it can be. I'll miss working with you but I look forward to seeing where you both head next.

To the yearbook staff, thank you all for your hard work on getting all the quotes and photos for this book. I am grateful that I was able to work with you all and get to know all of you. Best of luck next year and beyond!

Lastly, to my fellow seniors- Congratulations class of 2020, we did it! The theme of this year's book is "Mix it Up". It is a theme that resonates well past our senior year. As we move past high school, we have a tremendous opportunity to do things differently and change the status quo. Hopefully this yearbook serves as the inspiration to make the changes the world needs. Let's leave Lexington High School with the goal of mixing it up and making the world a better place. Congratulations again!

COLOPHON

The Revolution is the 2019-2020 Lexington High School Yearbook of Lexington Massachusetts. It is the school's 95th volume and 16th full-color book. The book contains 224 pages of vivid color photography to document the minutes in the halls of our hallowed school; a 28-page supplement of spring events will follow. Our thematic perspective this year endeavored to take on the ways in which our high school mixes things up. This book was published by Herff Jones Yearbooks in Kansas City, MO, with the support of representative Susan Happel and their in-plant support team, too.

The Revolution was produced using the web application, eDesign, a Herff Jones propriety software. The cover was created in collaboration with graphic designer Ashley Joiner at a Herff Jones sponsred cover clinic in the spring of 2019. The cover is a special fusion printing process that applies a rich four color printing on a muted background. An anti-scuff soft lamination has been applied to the design. To help reinforce the idea of mixing it up, we've used pop art renderings. Our endsheets are a Pantone silver spot blend paper.

We used the font family of AHJ Function throughout the book for our headline treatments, articles, captions, and mods. Our color palette...

Professional portraits, sports photos, activities photos and school function photos were provided by Hockmeyer Studios of Amesbury, MA. The majority of candid photos were taken by staff members using The Revolution's Canon EOS Rebel T2i and other digital cameras belonging to various staff members and the school library. All copies for The Revolution were written by an editor or a staff member.

In keeping with the spirit of "Mix It Up", LHS closed for coronavirus before our book was completed. We endeavored to finish our pages with as many details as possible, though we had to go to print without certain elements that were just not possible to obtain without the school itself being open.

The LHS Yearbook is a member of the Columbia Scholastic Press Association (CSPA), the New England Scholastic Press Association (NESPA), the American Scholastic Press Association (ASPA), and the Quill and Scroll Society

YEARBOOK STAFF

FRONT ROW: Anushka Bhagwat, Hawraa Hasan, Johanna Simon, Aavedon Roy, Ananya Singh; **MIDDLE ROW:** Hannah Steinbrecher, Grace Wang, Catherine Yu, Iris Gu, Ms. Harriet Wallen; **BACK ROW:** Talia Chait, Parker Morii-Sciolla, Maya Shimron, Brittany Lin

NOT PICTURED: Swetha Battini, Laasya Chiduruppa, Carolin Nothaft, Isabelle Lim, Shekinah Simon, Alexander Shick

GARY MEMORIAL LIBRARY
1874 Massachusetts Ave.
Lexington, MA 02420-5380

CARY MEMORIAL LIBRARY
1874 Massachusetts Ave.
Lexington, MA 02420-5380

MIX IT UP

REVOLUTION 2020

SPRING SUPPLEMENT

LEFT TO RIGHT: Adam Bernstein (12), Alexa Infelise (12), Jason Vogel(12)

LEXINGTON HIGH SCHOOL

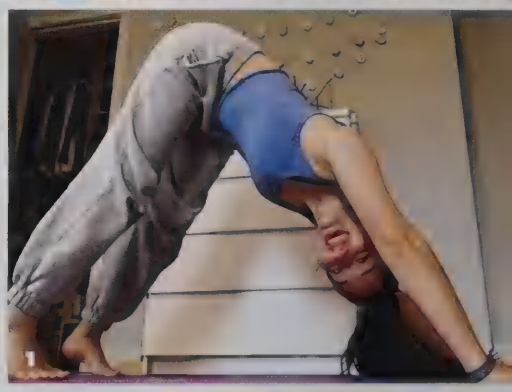
HOME WORKOUTS 101

Student athletes find new ways to stay active during the coronavirus pandemic.

With school closed from March 12th through the remainder of the year, student athletes found new ways to stay active at home. Without proper equipment and facilities, athletes turned to the Internet and the surrounding community for support. Michelle Wu (10), a member of the Girls' Ultimate Frisbee team said, "A lot of the Frisbee Team has been doing Chloe Ting challenges, which are amazing. I also started working out with my brother, which is fun, but I still miss playing with the team and all the girls."

The distance could be tough, but athletes took the time to reflect. Softball team member Abigail Sommers (11)said, "I've learned that sometimes I take the season for granted. It's a big time commitment and it can be really tiring at times but not being able to play is making me realize how much I love it."

1. STAYING FLEXIBLE Sasha Rifkin (11) stretches in the downward dog yoga pose. Besides staying active by walking her dog and running, Rifkin followed workouts by social media influencer Kelly Brabants and stayed connected to the Girls' Ultimate Frisbee team through their team group chat. Rifkin said, "At the very start, we established a really cute thing where every time someone does a workout they send a picture to the chat of themselves all sweaty and smiling and telling us what workout they did. Then everyone hypes them up and reacts to their photo and it's super motivating and encouraging." **2. ON FIRE!** Besides doing physical exercise, athletes kept in touch through online challenges. Evan Eberle (10) participated in a challenge created by athletes on a professional running team. Eberle said, "I had to eat a chicken wing covered in 'Da Bomb' hot sauce. It was not a pleasant experience and my whole face was ablaze for about an hour after I ate it but I got a free t-shirt so it was worth it."

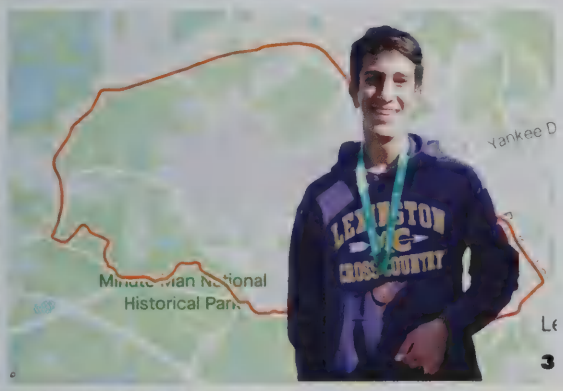


KEEPING THE MIND ACTIVE

The Girls' Tennis team stayed connected through activities like scavenger hunts in their own homes. The girls figured out riddles that were sent to the team group chat by their coach. Team member Seoyun Heo (Kelly) (10) said, "I really enjoyed it because it gave me a chance to stay active during this quarantine period. Furthermore, our coach and captains made sure that everyone was doing well which I thought was really nice of them. It was nice to hear from my team members."

AGILITY MASTER Elizabeth Stump (12) does an agility workout in the comfort of her own driveway. With the softball season cancelled, Stump found new ways to stay active. She ran, boxed, and took part in online classes like Zumba. Stump said, "My siblings and I have been going on bike rides, playing soccer and frisbee together. This season I was looking forward to grinding out some hard fought wins. It was looking like our team was going to be a super connected, great chemistry type of team which meant we were going to be able to battle together against those tougher teams. I was really looking forward to that feeling at the end of games where all walk together off the field knowing every one of us gave it our all and we got the win to prove it." Stump advised younger athletes to "take advantage of the years they get to play. it goes super fast so soak it in while you still have it."

3. KEEPING TRACK Noah Quadri (10) displays a 13.13 mile route through three trails that he ran. The Outdoor Track team kept track of their runs using the platform Strava. Runners posted their routes, allowing their teammates to see what they've accomplished. Quadri said, "We're all doing our own runs but sharing ideas for them. I'm treating the quarantine basically like the regular season, running six days a week and keeping my mileage up." Teammate Jerry Xia (10) stayed in shape by running solo. Xia said, " I am running alone and always make an effort to stay away from the paths of other people I see." **4. STAY ACTIVE!** Mr. Pagliuca, Ms. Bakolas, Mr. Solly, Ms. Ciarletta, Ms. Carey, Mr. Sideman, Mr. Rajotte, and Ms. Bergin spread encouraging messages to P.E. students. Sideman said, "Although I miss face-to-face interactions with my students and colleagues, this remote learning experience allowed us an opportunity to create innovative lessons that provide students with a chance to become physically literate. I've been able to learn and grow as an educator by thinking outside the box and coming up with new lessons that emphasize the importance of physical activity, especially during this time. From Ted Talks to at home workouts and new fitness apps, the students were able to remain engaged and develop strategies to enhance their wellbeing."



" GET OUTSIDE EACH AND EVERY DAY TO EXERCISE. IT IS ESSENTIAL TO IN ORDER TO INCREASE ENDORPHINS IN YOUR SYSTEM, WHICH HELP TO

STIMULATE

COGNITIVE FUNCTION.

THIS DAILY GRIND HELPS TO DETER BOREDOM AND IMPROVES MY CARDIOVASULAR SYSTEM.

- COACH JANE BERGIN

STAYIN'

POSITIVE

Matthew Favazza (10), a member of the baseball team said, "Surprisingly we haven't been doing much as a whole team other than staying optimistic about the season together. I've been playing baseball everyday with my brother who I am very lucky to have because all of this would be hard to do alone."

With families homebound, students looked for ways to pass the time. They often found themselves developing their creativity, either improving upon or discovering new skills and hobbies. Virtual art classes provided weekly assignments that focused on a variety of media or skills such as collage techniques and color theory. Google Classroom was a popular tool used by the Visual Arts Department, which allowed students to upload photos of their work to the website and get feedback from their teachers.

There were some advantages to remote learning. The more flexible schedule allowed Troi Dixon (10) to perfect her nail tech skills and even start her own nail art business: Nailed by Troi. Dixon advertised and ran her business though Instagram, and posted photos of her clients' finished nails. She booked appointments using Square Appointments, an online scheduling system popular among small businesses. Dixon said, "Before quarantine I had been practicing the art of nails but I didn't really have that much time between school and work, so quarantine has given me lots of time to practice. I have a practice hand that I would use, but it's actually a lot different than real people. You have to be careful of cuticles and the power levels of the drill etc. People have actual mouths to speak as well so I get a lot of input for designs and such. During the week I've been doing nails, homework, then sleep. On weekends I work as a cashier at Star Market. And repeat."

Lauren Steiger (12) used her quarantine art as a form of self expression and to help develop her personal mindset. "My whole senior year was a large identity crisis even before quarantine but by the time of the stay-at-home order things really hit me hard. I lost several family members within the last few months and I was rejected by almost every college I applied to. Art has always been a way for me to express my feelings. I've really become self-reflective with art. I don't think anything I've made has come to a finished state but I've also stopped trying to reach this ideal of a perfect end to an art piece. I'm much more focused on the journey of anything I'm doing," Steigerwald said.

1

2

Students unleash their inner artist at home

QUARANTINE CREATIVITY

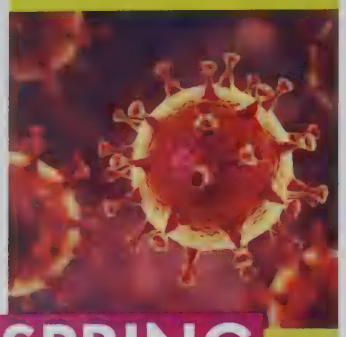
3

1. SELF EXPRESSION Lauren Steiger (12) completed her multi-media painting/collage on June 12th. Steiger said, "I got really messy doing this piece but it was really fun." She will be attending The Savannah College of Art and Design in the fall. **2. TECH IN TRAINING** Troi Dixon (10) started an at home nail salon during quarantine. Dixon said, "My favorite part of being a nail tech is seeing people smile after I finish their set. It makes me feel like I'm actually doing something right. I love that. I can't wait to go to school for nails." **3. ME, MYSELF, AND I...AND I AND I** Matthew Xia (9) used Photoshop to create his piece which represents his quarantine experience. Xia said, "Throughout quarantine my mind was always empty. So when an idea popped into my mind, I would pursue it for a week, get bored of it, and then watch Netflix until I thought of something new to do. I went through several different ideas and those ideas plus Netflix created my five stages of quarantine. **4. LOVE IS MONEY** Wakako Okuda (11) created an alternative cover for The Great Gatsby for her final English project. Okuda said, "I considered how color was used throughout the text to symbolize how Gatsby considered his love, Daisy to be synonymous with the green of money. Remote learning has left me with a lot more time to improve my art skills, and take time to sit down and create deeper meaning behind my art."

LEARN TOGETHER

Anushka Bhagwat (10), Rebecca Voss (10), Olivia Hoover (10), Ava Kam (10), Avni Kamat (10), Robin Pan (10), Arielle Min (10), Laasya Chiduruppa (10), Nayrie Patel (10), Erin Kim (10), Sarah Liu (10), Gabriella Starets (10), Ayesha Syed (10), and Regina Tashjian (10) meet on video chat to discuss their teaching plans. With daycares and elementary schools closed, many parents found themselves with restless young kids, piles of work, and no babysitter available. However, that's where Anushka Bhagwat (10) and her friends came to the rescue. Together, this group of sophomores began hosting Zoom classes for kids stuck at home. "My friends and I started hosting the Zoom classes to help working parents who have kids stuck at home, but it has become so much more than that," Bhagwat said. "I enjoy planning and teaching the classes so much and it's been a great way to stay in touch with my friends. I've learned a lot about myself and the kids and how much work goes into creating something from scratch. We teach a variety of classes, including fitness, arts and crafts, math, English, and science."

5. ARTIST'S ADVENTURE Ana Melida Olivo (12) follows the Character Design Challenge. The online community provided prompts to artists every month. "This piece is my rendition of CDC's past prompt, axolotl adventurer. I thought about the infinite choices that I have now as a senior, facing uncertainty not only with this pandemic, but with my general future. My art has been getting better during quarantine; lack of distractions from school and social life. I've made more concrete decisions on how I want to express myself, how I want to show my work, and how I want to improve and evolve with it over time. I'm an adventurer, too. I'll see where this takes me." **6. A MUSICAL INSPIRATION** Fredrick Famiglietti (10) drew this digital art piece during quarantine. Famiglietti said, "Music is a big inspiration for me when I draw, and during quarantine I have been listening to a lot of different artists. You can see many themes, lyrics, and aspects of their music in my drawings. In this drawing, many of the floral and flower like themes are in reference to the song 'Sugar Magnolia' by the Grateful Dead."



SPRING HISTORY

A YEAR LIKE NO OTHER

The family of viruses known as the coronavirus caused sickness ranging from the common cold to more severe diseases sch as SARS (severe acute respiratory syndrome), and respiratory syndrome) and COVID-19. The death of George Floyd sparked Black Lives Mater protests across the nation. Hundreds of people witihin the Lexington community organized fundraisers and protests to support the movement, and used social media to raise awareness about the issue.

JAN 30

- Jan. 30: WHO declares a "public health emergency of international concern."
- Jan. 31: The U.S. declares a public health emergency and establishes restrictive mandatory quarantine guidelines for travelers arriving at major airports. Trump administration suspends entry into the United States by any foreign nationals who had traveled to China in the last 14 days.
- Feb. 2: First death outside of China due to the virus is reported in Philippines.

Image by World Health Organization

MARCH 11

WHO DECLARES PANDEMIC

- World Health Organization declares coronavirus a pandemic.
- In a national televised address, President Donald Trump announces a temporary ban on travel from Europe.- After being diverted in March from Mexico, the Grand Princess Cruise ship is finally allowed to dock in Oakland, California. Initially 19 crew members had tested positive for the virus. All passengers on board are quarantined for at least 14 days.

Photo by Doug Mills/The New York Times

DEC. 31-JAN.7

- Dec. 30: China reports a cluster of pneumonia cases associated with the Hunan Seafood Wholesale Market in Wuhan, China. By Jan. 3, the case numbers grown to 44 with 11 severely ill.
- Jan. 7: World Health Organization (WHO) officials confirm illness is a new form of coronavirus. Indicent Management System is established by the Centers for Diseas Control and Prevention (CDC).

FEB. 28-29

DISEASE BECOMES WIDESPREAD

- Feb. 28: First case of American coronavirus community spread is found in California. Number of infections in Europe spike. Sub-Saharan Africa announces its first
- Feb. 29: Governor of the state of Washington declares state of emergency. Travel is banned to specific areas of Italy and South Korea, and all of Iran. First U.S. death is reported in Washington.

Photo by Myriam B/Shutterstock

MARCH 11

US SURPASSES CHINA AND ITALY

- United States becomes the country with the most cases, surpassing China and Italy.
- March 26: The total number of worldwide cases passes 500,000.

SPORTS SHUTDOWN BEGINS

- NBA suspends season after Utah Jazz player Rudy Gobert tests positive for the virus. Additional NBA players test positive in the following days and weeks.
- Multiple universities across the U.S. announce that they are moving to online teaching.
- Disney amusement parks close.

MARCH 12

- Stock markets suffer the greatest single-day fall since the 1987 stock market crash.
- NCAA cancels the "March Madness" basketball tournament.
- MLB cancels spring training and postpones opening day.
- Boston Marathon is canceled
- Delta Airlines experiences the greatest capacity decrease in its history at 40%.
- President Trump declares national emergency freeing up $50 billion for emergency relief efforts.

SHELTER IN PLACE ORDERS BEGIN

- March 19: California is first to announce a shelter in place mandate.
- March 16: LHS closes school

Photo by Richard Drew/Associated Press

APRIL 1

FOCUS ON EDUCATION

- March 30: LHS remote learning begins. Teachers use Google Classroom and Google Meet to keep in touch with students
- With more than 55 million U.S. children out of school and most schools attempting to deliver education online, massive problem-solving is underway to try to keep the nation's education system running. Beyond the stress on families, the new reality of education has led districts to examine access to internet, equity among students and even privacy issues
- April 10: The COVID-19 death toll exceeds 100,000 globally.

Photo by LHS PTO

JUNE 3-7

- June 3: Lexington protest for the BLM movement held in the town center
- June 3: Follen Church, Hancock United Church of Christ and Temple Isaiah organized an interfaith vigil along Massachusetts Ave in memory of George Floyd
- Late May - June: Students and Lexington residents used social media services such as Instagram, Twitter, and Facebook to raise awareness about the Black Lives Matter Movement.
- June 7: Members of the Lexington Arts community organized a virtual fundraising concert for Racial Justice. The fundraiser was held using video conferencing software Zoom Local performers and artists were featured.

Photo by Subhash Chandra Roy

Image by The International Olympic Committee

MARCH 24

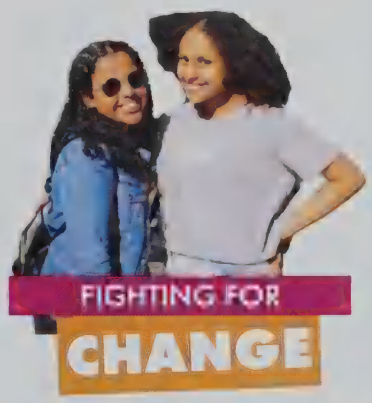
- New York state and Connecticut announce statewide sequesters. Illinois announces shelter in place commencing March 21.
- The International Olympic Committee postpones the 2020 summer games in Tokyo to 2021.
- Yellowstone, Grand Teton and Great Smoky Mountain national parks close joining the Statue of Liberty, Yosemite, Rocky Mountains and Alcatraz national parks.
- Stay-at-home orders are mandated in 17 states and in specific areas of 10 additional states by March 24, with more than 167 million people affected.
- Pollution levels decrease globally due to restrictions on travel and access to public places.

Photo by SpaceX

MAY 26 - MAY 31

BLACK LIVES MATTER PROTESTS BEGIN

- May 26: George Floyd's death on May 25 sparked protests in Minneapolis and growth in the Black Lives Matter Movement.
- May 28: Boston Black Lives Matter protests began.
- May 30: Space X, an aerospace manufacturer founded by Elon Musk becomes the first private company to launch humans into orbit. NASA astronauts Robert Behnken and Douglas Hurley launched in Space X's Crew Dragon space craft
- May 31: Crew Dragon reaches the International Space Station



The protest that happened on the Lexington Battle Green goes to show how Lexington is ready for change. I found it very moving when other people started to chant, "I can't breathe." I was very impressed by the number of supporters that came and brought their signs. It made my heart warm, seeing so many people. Something that I took away from this protest is that I'm ready to educate others about the Black Lives Matter movement and what millions are truly fighting for.

Peace and love,

MERKEB AMANUEL

CABIN FEVER

Students find creative ways to help others

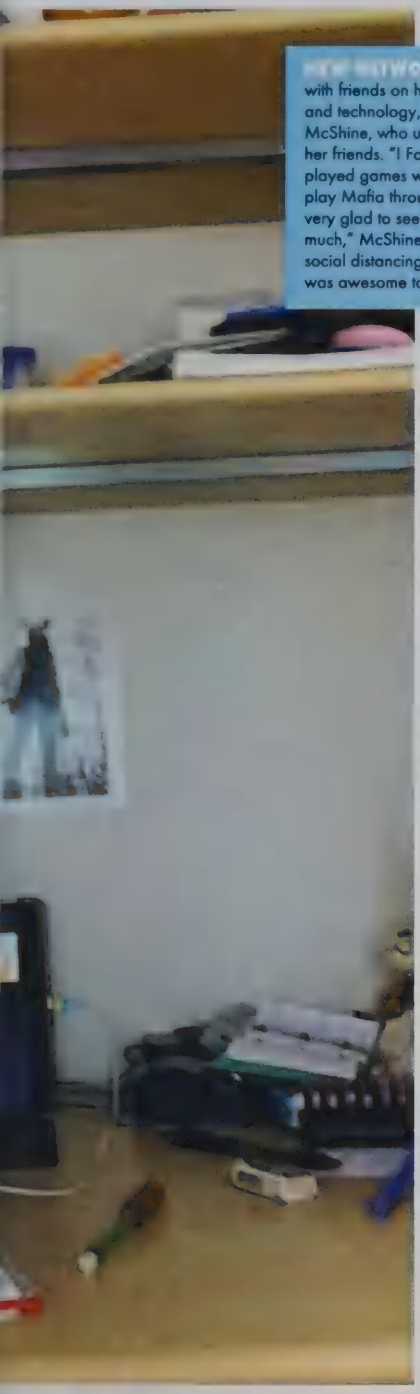
School was dismissed on March 12th and little did we know then that we would not be going back for at least the rest of the year. Schools across the nation closed in order to slow the spread of the coronavirus. Stay at home orders were put in place, leaving everyone locked down in their own homes. However, despite being quarantined, students found creative ways to pass the time while social distancing. Since students could not volunteer in person, Sabrina Salman (11), found a way to help frontline workers right from her own home. "As children of doctors, we cannot help but see the heavy toll this virus has taken on our healthcare professionals. Even in an ideal healthcare system, this pandemic would be taxing on physicians but many of these doctors have had to work with a lack of equipment including personal protective equipment, ventilators, and many other pieces of essential supplies," Salman said. Together with Elijah Pacheco-Bloch (11), Salman set up a Go-Fund-Me on behalf of UMass Memorial Hospital HealthAlliance in order to raise money for these essential supplies. On their website, Salman and Pacheco-Bloch wrote that, "UMass Memorial is one of the leaders in Massachusetts healthcare... for that reason will be on the frontlines, battling this pandemic. It is our job as a community to supply the equipment needed to keep up the fight and protect our healthcare workers, so they in turn can protect us."

1. ENVIRONMENTAL IMPACTS Erin Kim (10), Nayrie Patel (10), Richard Chen (11), Antoinette Tan (12), Jaime Yu (9), Rosanna Jiang (12), and Olivia Hoover (10) appear in a video promoting environmentally friendly habits. Prior to quarantine, the Lexington Envirothon team had prepared for the annual state Envirothon Competition in May. Despite the competition's cancellation, the club continued to meet over video conference every week to work on a special project. "We decided to create a video discussing the global environmental changes occurring due to quarantine. We created a poll for Lexington residents to also learn about how the community is reacting. We firmly believe that COVID-19 is a wakeup call for all of us to start taking little environmentally friendly lifestyle changes to counteract climate change," the team said. The video, titled, "2020 Vision: Be the Change that Prevents a World Disaster," is free to view on YouTube. "We hope through this presentation we are able to share our perspective as budding young adults with a passion for conserving and remediating our planet." **2. SWEET SOCIAL DISTANCING!** Mehr Khurana (11) keeps herself busy by baking cookies for her family. When asked about the most impactful change quarantine has had on her personal life, Khurana said., "My sleep schedule changed drastically because now I sleep way later than I used to and wake up at noon most of the time." She also said, "I was looking forward to junior prom so much. To pass time instead, I am probably gonna watch movies with my family.

ON THE FRONTLINES

A local doctor's life during quarantine

To comply with social distancing orders, much of the community started virtual business meetings, home offices, and remote learning. However, essential workers such as food service employees and health care providers had to take extra measures to protect themselves at work and at home. Dr. Lionel Lim is a geriatric physician and father to Christopher Lim (9) and Isabelle Lim (11). "Working with COVID patients makes me more cautious. I try not to get too close to everyone at home. Like standing six feet apart and eating six feet apart, wearing masks, and sleeping in different rooms," Dr. Lim said. Despite these changes, Isabelle has found ways to bond with her family. "It was weird at first but after a few weeks, you kind of get used to it. Since we try not to do things too close to each other, my dad and I have found other ways to spend time together. We just downloaded virtual Scrabble and we play every night," Lim said.



NEW NETWORKING Alannah McShine (11) chats with friends on her i-Pad. With the help of online games and technology, social distancing hasn't been an issue for McShine, who uses Zoom to set up weekly meetings with her friends. "I Facetimed my friends as often as I could; I played games with them online - who knew you could play Mafia through a Zoom meeting - and overall was very glad to see the friends from school that I missed so much," McShine said. "Changing my lifestyle to fit the social distancing has been somewhat of a challenge but it was awesome to see what my new normal became."

HEROES FROM HOME Jaime Yu (9) manufactures Personal protective Personal protective equipment (PPE) on his 3D printer at home. To counteract the shortage of PPE in hospitals, Yu with several friends, started a 3D printing initiative called LexProtect3D. They print mask straps designed to alleviate pressure behind the ear for local organizations such as Youville Nursing Home and Cambridge Health Alliance. Yu said, "This project started as a way to help one hospital and to print mask straps for them. Then we grew to a group of 16, fulfilled 34 orders, and delivered a total of 4125 mask straps by the end of this week. Those numbers will rise to 38 orders and 6125 mask straps," Yu said. "Our goal is to to make the jobs of healthcare and other essential workers as easy and comfortable as possible. Often we receive kind-hearted thanks from the healthcare workers that we deliver to and it just brightens our day."

3

2

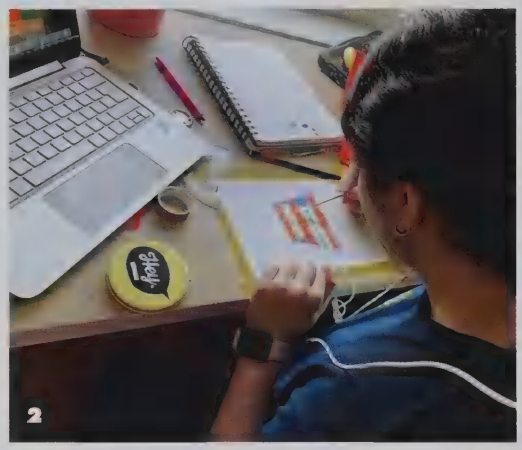
4

4. STICKING TO THE PROGRAM Although classes have moved online for the remainder of the school year, Ali Mosallaei (10) remains optimistic for a fresh start this coming fall. During quarantine, he designed and coded the MyLHS app, which students can use when they return to school. "The MyLHS app is geared towards being a personalized app for LHS students, including a weighted/unweighted GPA calculator, a homework planner with a calendar, and a news tab with the most recent news of the school. The inspiration for this app was to bring simplicity into the hands of students at LHS and to create an app specifically tailored to LHS policies," Mosallaei said. "Beta testing was started about mid-April 2020 and so far with 15 beta testers, the responses are fairly positive. If all goes to plan, the app will be released for all to use at the start of the next school year."

1. DABBLING IN THE DARK Shymon Samsel (12) learns to develop his film photography at home. Samsel said, "I use my laundry room as a dark room at home, I can cover all light sources allowing it to be pitch black. I bought a development tank and a C41 chemical kit that allows me to process color film at home. Within ten minutes I can process a roll and after it dries, I digitize the negatives with my film scanner. It's not difficult at all to do at home and it's very rewarding to do every step of film photography yourself."

2. WADING INTO NEW WATERS Daniela Salinas Cumacho (12) paints with watercolors at home. Salinas Cumacho said, "During quarantine I have tried to learn how to paint with watercolors. What I'm trying to paint now is "El Saladillo," a street in Venezuela that I visited when I lived there. I'm still a beginner but so far what I love the most about painting is how relaxing it is."

3. LEARNING LILLIES Jonathan Coombs (10) shows off the Lily of the Valley flowers in his backyard. He measured and observed their growth for a final biology project during quarantine. Coombs said, "I found remote learning to be a good experience but not an alternative to school. We had a much lower workload compared to in person teaching and remote learning wasn't as impactful as normal school. My favorite assignment over remote learning was a biology project in which students designed and performed their own experiment and through doing mine I've found this style of long-term project to be a great example of what can be done through remote learning."



STAR MARKET SMILES Nyree Brown (12) started a job at Star Market during quarantine and remote learning.

OUR CYBER STUDIES

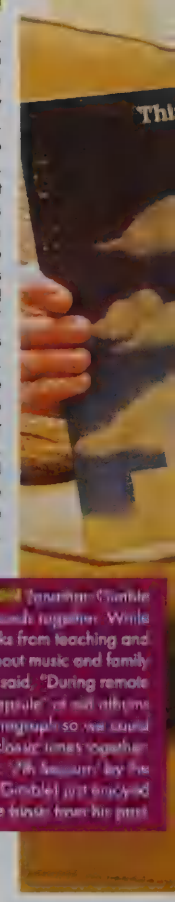
Students and teachers alike use their new environments and schedules to learn new skills

The routine of remote learning began on March 30th, two weeks after school closed. Teachers posted at least one assignment each week which was due on Friday and gave students feedback on their work via email and Google Classroom. Teachers picked up new skills with educational technology and some opted to give audio and video feedback using applications such as Screencastify and Mote. All teachers also offered "office hours" during the week in which students could join a Google Meet video call to check in or ask questions. The remote learning schedule allowed students and teachers more time to learn new things outside of an academic setting, whether it was art, family history, or sports related. Social distancing rules encouraged the community to learn how to function safely during a pandemic. The experience also afforded people the opportunity to learn life skills that the constraints of the regular school day did not allow.

Nyree Brown (12) learned new skills after starting a job at Star Market. Brown said, "During this quarantine, it has been a struggle financially, emotionally and mentally. I picked up a job at Star Market to help me mentally during this difficult time. While working I have learned to trust the process of sometimes failing because it makes you a stronger person/worker and remembering to always look on the bright side of things. I learned that time is precious and to always show kindness to others around."

4. CAN'T TOUCH THIS During quarantine, even the most mundane tasks have been complicated by COVID-19. Sophia Zheng (11) describes how she prepares for a trip to the grocery store." I wear a mask, gloves, and wear a hoodie. My mom always brings her own Lysol wipes to wipe down the cart before using it as a precaution. We don't go grocery shopping at Market Basket anymore because of the long lines and go to BJ's instead. They make us wait six feet away when we are purchasing our items." Even after efforts to arrive early, Zheng said, "The meat section is usually empty along with the paper towels and Lysol wipes."

5. SOCCER SKILLS Miguel Jaramillo (9) wears a protective face mask while practicing soccer. Jaramillo said, "The amount of free time outweighing the school work was a nice change up to the school year. I utilized this time to train for soccer (by myself) and perfect my juggling skills. This definitely would not be the case if we were still in school, unfortunately."Students used their flexible schedules to learn new skills by using YouTube videos and other online resources.



FAMILY PHONOGRAPH Jonathan Gimble (12) and Mr. Gimble look at old records together. While in quarantine, the pair took breaks from teaching and school assignments to learn more about music and family history with each other. The Gimbles said, "During remote learning, we uncovered a 'time capsule' of old albums and that inspired us to get a phonograph so we could discover and rediscover some classic times together. Favorite album so far for Jonathan: '7th Heaven' by the Moody Blues while Elliott (Mr. Gimble) just enjoyed hearing some tunes from his past.

BUILDING COMMUNITY

Despite not being in school together, Sarah Daxikar (12) and the 2023 Class Council made it a point to meet regularly and plan events for their class. All Class Councils held a virtual spirit week, where students participated in activities together and shared them online, uploading pictures of themselves cooking, filming TikToks, and watching Netflix. "Staff and students from different grades were able to participate in the spirit week, which made quarantine a lot more enjoyable because it reminded us of simpler times from the school year," Daxikar said. "We've been posting on various social media platforms about ways we can spread kindness because looking out for each other is one of the most important things we can do right now." Ava Kam and Arielle Min (10) made food together and sent in a photo to the 2022 Classs Council. Kam said, "We made donuts. It was a little hard to make but still very fun."

CORONA HOTSPOTS

NAVEEN KOTHANDARAMAN (9)

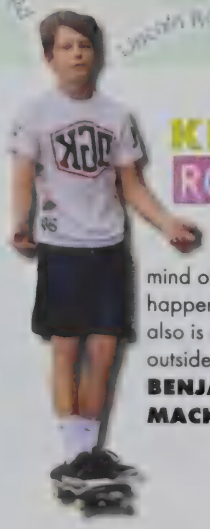
"I haven't been going anywhere specifically but I've been biking around town more and have been going to roads I haven't been to in town."

HAILEY KINGSBURY (11)

I've been going on walks way more often and exploring trails in this town that I haven't been to before.

EMILY GU (12)

"I'll take a stroll around the neighborhood sometimes (for fresh air), but otherwise, we go out for only the essentials, so like to the supermarket or to LHS for book return and stuff."



KEEP ROLLING

Skateboarding is a great way to get my mind off all the commotion happening in the world. It also is a way for me get outside and stay active.

BENJAMIN MACK (10)

Biking or skateboarding?

BIKING	SKATING
83%	17%

Physical books or audiobooks?

PHYSICAL	AUDIO
87%	13%

DANIEL ONG (11)

"Quarantine has been boring, but I take my dog for runs. He's really happy that I'm home. So he's just constantly going out to run" Ong also helped the host Lex Hax - an event organized by the Lexington Robotics Team. It's dedicated to building solutions to address problems caused by the COVID-19 crisis. "What better time than now to improve your coding skills?" Ong said. "Anyone can participate, no matter your age or programming skill."

MAYA SILVERMAN (10)

"I often take walks on the bike path near my house, but nowadays going to the grocery shop is like a field trip, I get really happy to be in a place other than my house!"

GETTING OUTTA LEX

"I have been going to Target and sometimes the grocery store."
CAMRYN WEDGWOOD (12)

"I like to go to Horseneck Beach to lay in the sand and fish."
SOPHIA DUAN (10)

THIS OR THAT?

QUARANTINE EDITION

Sleep before or after midnight?

BEFORE	AFTER
22%	78%

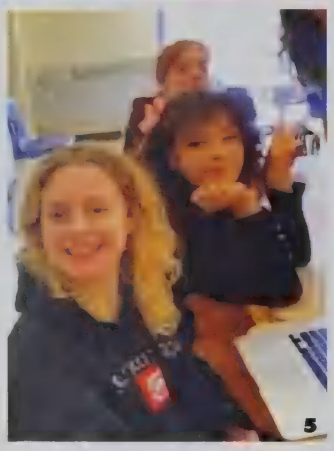
Movies or tv shows?

MOVIES	TV SHOWS
36%	64%

Tiktok or Instagram?

TIKTOK	INSTA
33%	67%

PROM PERFECT Amanda Fuori (12) and Samuel Andrews (12) did a small graduation and prom celebration with their family in Fuori's backyard. Andrews said, "My girlfriend already bought her dress and Amanda and I are trying to make the most of quarantine. We didn't want to waste the prom either." Many students received their blue caps and gowns during quarantine, and took celebratory photos in their frames and backyards. They were also sent special lawn signs from the school that read "LHS Class of 2020, Staying Strong Together."



4. A RUNNING START Ian Richter (12) prepared for his college track career during quarantine. "Ever since I received my acceptance letter from UMass Amherst, I have been eagerly preparing to be a student athlete. In preparation for running my coach has been sending me three to four workouts a week. Training alone is hard but I feel like it could improve my discipline as an athlete. As for the academic side I have been planning out my major and potential minor at UMass. I am excited to hear what UMass is going to do with year one of my college career," Richter ssaid. **5. SAYING GOODBYE (FOR NOW)** Molly Fortier (12), Zoe Robertson (12), and Rachel Camp (12) spend time together in the last few days before school closed. Robertson said, "This senior year was a sad one because I didn't get to finish it off by seeing a lot of my friends. It's hard to prepare for college and get to know people without an in-person orientation, but I've been doing virtual tours and trying to talk to people through social media. I've been celebrating end-of-the-year stuff by doing Zoom calls with friends. I'm just excited that high school is over." **6. EMT EDUCATION** Hailey Olcott (12) studies her EMT textbook. Olcott said, "In early June I started an EMT course through BU where I have been learning about anatomy, pharmacology, and how to respond to all different types of emergencies ranging from endocrine to neurological. In all honesty, it is more work than I originally realized, but it has been so rewarding and these skills are so useful to have."

As Prom, Senior Night, Graduation, and countless other senior activities were canceled, the Class of 2020 found quarantine friendly ways to celebrate their accomplishments. Some held family graduation parties and had video chats with friends, and others learned new skills and hobbies to prepare for college life. Hailey Olcott (12) said, "Although there is still so much uncertainty about what college will look like this fall, the virtual platform has been an amazing way to meet new classmates and get involved as my school hosted events both formally and informally. One club invited professors to speak and lead a global health conference which was fascinating, but admitted students are also hosting Zoom calls, movie nights, and get-to-know-you activities, which make our class feel so connected even before the semester starts." Danna Ofek (12) also connected with future college peers, particularly her soon to be cross country teammates. "During quarantine I was able to begin connecting with my college running team through Zoom and transition to collegiate cross country training. The frequent virtual team meetings gave me something to get excited about and look forward to while being in physical isolation," Ofek said.

Smiles FOR SENIORS

Seniors celebrate their last days as high schoolers

1. FAMILY FUN Elizabeth Ding (12) plays badminton with her family. Ding said, "I've been hanging out with my family a lot more. It's nice since it felt like during the past few years I've been so busy that now I can finally have nights when my family and I just talk and laugh while eating sunflower seeds. My family has also been into badminton lately, and get very competitive. We even measured out boundaries with spray paint and made our own badminton court in our backyard." **2. SPIDERS AND SENIORS** Rachel Camp shows off her new embroidery skills. Camp said, "Since school ended, I've been working on my art a lot. I've been teaching online classes about Photography for HELM, a program my best friend started, which has taken up a lot of my time. I've also learned to embroider and to make stencils for spray paint, which I have been using to alter and make new clothes, and I've submitted my work to several art shows." **3. NINJAS AND NARUTO** Elias Paulino (12) poses with his family in a celebratory graduation photo shoot. Paulino said, "I'm the LHS Hokage, believe it," in reference to a childhood tv show, 'Naruto'."

FOOD, LOVE, AND DANCE

I've been cooking. I want to be able to eat the food I eat at home while I'm at college and so I've been practicing making my favorite foods that don't have recipes and just building up the intuition that goes into cooking. I've also been dancing. A lot of choreographers across the country have been offering online workshops so I've taken the opportunity to learn more about new styles of dance

PRANATHI SRIRANGAM

CARS, COWBELLS, AND CLOSURE

The Class of 2020 celebrates their graduation with a virtual ceremony and a two-day drive-by.

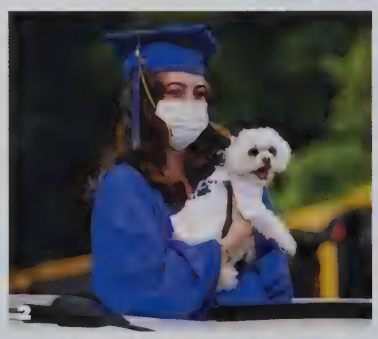
On June 28th, graduating seniors, their families, and other members of the Lexington community were invited to watch a live streamed graduation ceremony. The ceremony was opened by the Lexington Minutemen and the LHS Madrigal Singers, who sang the national anthem. The program continued with speeches from Principal Dr. Andrew Stephens, Massachusetts State Representative Michelle Ciccolo, Chair of the Lexington Select Board Douglas Lucente, Lexington School Committee Member Scott Bokun, Superintendent Dr. Julie Hackett, and Faculty Speaker Shane Wilson. The Class President, Amolak Kumar (12), and Student Speaker Kriti Moogala (12) also addressed their classmates during the live stream. Seniors sent in photos, quotes, and video clips that were shown as their names were announced during the ceremony. During the next two days, a celebratory drive-by was held at the high school. Volunteers, faculty members, and maintenance staff set up banners, a chalk mural, flowers, and signs with every single senior's yearbook picture along the driving route. Blue and gold archways marked the beginning and end of their path. Faculty members waved hand drawn signs, shook cowbells, and cheered as the cars drove by. Students were given special class of 2020 masks to wear and got out of their cars to receive their diplomas from the school administration. Steven Dillman (12) said, "For a drive through graduation, I think they did the best they could. It was great to have the crowd of teachers cheering for us, and being in the car with my family surrounded by the cars of my classmates made it feel more personal."

ONE LAST WAVE GOODBYE Tristan Ohler (12) and his mother wave to the crowd of faculty that gathered at the school to cheer on the graduating seniors. Ohler said, "The last four years of high school built up to this one moment where we hope to move on to a bigger, brighter future. This entirely unique approach to graduation showed me how special this event is and I hope to share that with future generations. I will remember this forever." Many seniors and their families decorated their cars with balloons, streamers, window markers, and banners to celebrate the occasion. Ohler will be attending Carnegie Mellon University in the fall.

THE 20s ARE ROARING

I honestly wasn't looking forward to graduation and setting foot on LHS's campus again because my time at this school hasn't been all positive. But once I saw all of my classmates' cars and the lovely teachers and faculty I've been blessed to learn from at this school, I was moved to tears. If anything, I'll truly miss all of the wonderful people who put joy in this community even during the toughest of times. This moment feels weird because it feels like it's the first time in awhile that the whole world doesn't know what's next. I know I don't. So I'm just gonna go with the flow and hope that the 20s will be roaring (in a good way) for all of us. Thank you and best of luck to the class of 2020!

LILA ABLIMIT (12)



1. ELBOW BUMP! Taylor Brown (12) greets Principal Stephens before receiving her diploma at the diploma station. Brown said, "I was elbow bumping Principal Stephens; he's the best. My graduation experience was short and sweet. Although my senior year wasn't ideal. I ended strong and it's a memory I'll cherish forever." Brown wore a Kente cloth stole, which was given to all students who were in the METCO program throughout high school.The blue symbolizes wisdom, humility, patience, love, and elevation among many other qualities. The gold symbolizes spiritual, financial, and intellectual wealth. The key represents success, and the square symbol represents knowledge and lifelong education. Brown will be attending Clark Atlanta University.

2. GROWING UP WITH PUPS Paula Ortolan (12) holds her dog as she greets faculty through her family car's sunroof. Ortolan said,"The Lexington High School 2020 graduation was definitely unique. Even though I wasn't able to stand next to all of my peers I appreciated the effort that was put into this graduation. It was very personal and it was so nice to see all the staff cheering for us. Thank you to my family, teachers and mentors that helped me along the way." **3. DIRECTIONS TO THE DIPLOMA** School Counselor Jeremie Bateman directs Brian Chong (12) to the diploma station. Chong said, "Honestly, the format of graduation doesn't really matter. It's the moment that marks a fresh start on your life." **4. NEXT GENERATION** Justin Liu (12) looks out the window while his mother shows off his parents' Lexington High School diplomas. Liu said, "I always looked forward to graduation, and not because it meant that I would be done with high school. Graduation is the celebration of success and overcoming struggles. Graduation is the time in our high school experience that we don't need to worry about grades, how people think of us, or about the next chapter. It's an essential right of passage that we will all remember, even though it wasn't exactly traditional this year." Liu is a second generation LHS graduate. **5. A SMILEY SENIOR** Luciana Santillana Linares (12) waves to her former teachers during the drive by. Santillana Linares said, "I would say that this was honestly a lot better than what I excepted when they first told us. At first I definitely had some doubts and thought it would be pretty boring. However, having some of my teachers there cheering me on and seeing everyone trying to make our experience memorable was amazing."

THESE ARE OUR NEXT STEPS

"Next year I will be attending Washington University in Saint Louis and running XC and track there. I'm excited to be part of the team and start this new adventure."
MICAH BENSON (12)

OUR CORRECTION

We apologize to Charlotte Shaw, whose portrait was left out of our primary volume

Charlotte Shaw (10)

FOOTBALL SENIORS

FRONT ROW: Luciano Filippi, Charles Mabardy, Beau Vernet, Justin Siri, Nicholas Ursino, Marcell Kiss; **BACK ROW:** Mariano Cuartas, Amir Elananzeh, Andrew Egan, Ethan Xi, Nicholas Orf, Mihai Ciocan, Tristan Raymond, Kevin Xiong

SCOREBOARD: Acton-Boxborough L 22-38 ▪ Concord Carlisle L 7-22 ▪ Winchester L 14-34 ▪ Arlington W 56-27 ▪ Belmont L 12-28 ▪ Woburn W 19-14 ▪ Reading L 3-26 ▪ Centra Catholic L 7-42 ▪ Lowell L 7-42 ▪ Haverhill L 28-42 ▪ Burlington W 49-20

FOOTBALL SOPHOMORES/FRESHMEN

ROSTER: Aidan Lynch, Akeem Maxwell, Gavin Hatfield, Rhys Scarbrough, Alexander Exposito III, Ahmad Hanberry, Justin Yates, Johnathan Reamer, Gabriel Aguirre, Daniel Tadigiri, Jack Maloney, Mark Gainey, Jamahl Cruickshank, James Pullen, Lucas Patocs Bisazza, Nelson Mendes-Stephen, Nicholas Keim, Matthew Ursino, Joseph Sabatini, James Riney (Penn), Matthew Favazzo, Pierce Cattier, Ashton Young, Chanaiah Holland, Thomas Chisholm, John Cohen, Sahil Dalal, Xavier Delgado-Osborne, Matteo Gentile, Michael Gerfen, Theodor Golesteanu, Brandon Grullon, Liam Hunt, Russell Lebert, Eric Lo, Lauric Marmier, John Mazerall, Matthew Morin, Anthony Narouz, Nathaniel Pierro, Ryan Ranauro, Tucker Reynolds, Aviv Spitz, Joseph Suh, Finn Sullivan, Colby Thourani, Charles Walsh

SCOREBOARD: Concord L 21-32 ▪ Cohasset W 20-9 ▪ Belmont W 38-0 ▪ Woburn L 0-8 ▪ Reading W 15-6 ▪ Melrose W 8-6 ▪ Stoneham W 20-14 ▪ Burlington W 14-0

FOOTBALL JUNIORS

FRONT ROW: Jayden Dillon, Kieran Parikh, Keegan Thourani, Timothy Hogan, Christian Garay; **MIDDLE ROW:** Nathaniel Fortune, Joshua Wisdom, Mason Hatfield, Ethan Shin, Omari Franklin, Isaac Traub; **BACK ROW:** Michael Perkins, Ryan Atkins, James Pullen, Nathaniel Fortune, Henry Graf

SCOREBOARD: Acton Boxborough L 18-20 ▪ Concord Carlisle L 16-20 ▪ Winchester W 36-0 ▪ Arlington W 52-0 ▪ Belmont T 6-6 ▪ Woburn L 6-24 ▪ Reading W 13-12 ▪ Bedford W 20-12 ▪ Cambridge W 35-0 ▪ Burlington W 8-0

GIRLS VARSITY FIELD HOCKEY

FRONT ROW: Nairi Enright, Hannah Elefante, Sophie Ortyl, Sandhya Raman; **MIDDLE ROW:** Sydney Wardwell, Annabel Cincotta, Renee Titemore, Jiayi Zhou, Isabel Larrabee, Lia Veit, Allison Libby; **BACK ROW:** Kennice Brennan, Lilly Hart, Ana Linda Ortiz DeRosa, Katherine Devine, Anna Hazewindus, Shea Freda, Sarah McGloin

SCOREBOARD: Melrose W 6-1 • Stoneham W 6-0 • Wakefield W 4-0 • Winchester W 4-2 • Arlington W 6-0 • Woburn W 8-1 • AB L 2-3 • Reading W 3-0 • Watertown L 2-3 • Burlington W 8-1 • Wilmington W 8-0 • Belmont T 1-1 • Winchester W 4-0 • Belmont W 2-1 • Arlington W 6-0 • CC W 3-1 • Woburn W 7-0 • Reading W 2-0

GIRLS JV GOLD FIELD HOCKEY

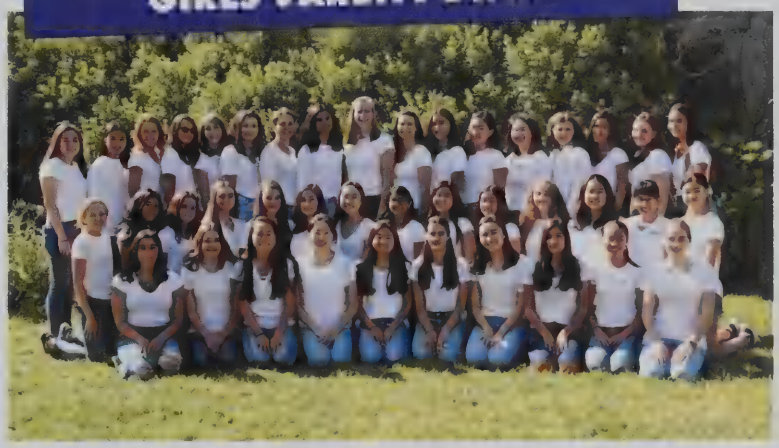
FRONT ROW: Ella Netzer, Christy Lam, Siyona Chawla, Zahra Karim, Saheli Shah, Sabrina Salman; **MIDDLE ROW:** Renee Au-Yeung, Talia Ofek, Sophia Sommers, Joie Yeung, Maya Geva; **BACK ROW:** Devon Carey, Hannah Robinson, Olive Peterson, Lauren Martin, Ayushi Patel, Leah Jolley

SCOREBOARD: Belmont W 4-0 • Arlington W 3-0 • A.Box L 0-3 • Reading W 1-0 • Winchester L 1-4 • Wilmington W 1-0 • Belmont W 5-0 • Arlington W 2-0 • Wilmington T 0-0 • Masco L 0-1 • Reading L 0-1 • Winchester L 2-4 • Wilmington W 2-1

GIRLS JV BLUE FIELD HOCKEY

FRONT ROW: Efthimia Pesiridis, Sakshi Kaul, Ella Barry, Maya Lurie, Eliora Abramson, Olivia Vlacich; **MIDDLE ROW:** Elizabeth Kelly, Mariyam Simon, Ty Bason, Eva Passer, Fieke Coonen, Naomi Arnold; **BACK ROW:** Emma Hu, Sabrina Mahoney, Ava Glavine, Raquel Batista-Vieira, Madeline Murphy, Fiona Breen

GIRLS VARSITY SWIM



FRONT ROW: Ellie Chedid, Anna Zaniolo, Anna Lee, Irene Zhang, Meiling Bottan, Sarah Jensen, Maya Lamm, Aaria Prakash, Grace Ou, Sienna Clivaz; **MIDDLE ROW:** Sophia Tomasio, Aneya Prakash, Parker Gruskin, Silvia Mare, Brooke Adams, Olivia Hoover, Angela Lai, Nikita Seth, Kristina Wong, Elizabeth Woo, Lucille Martarello, Grace Gao, Sydney Elliott, Ashley Zhang; **BACK ROW:** Jessica Schroeder, Sara Mei, Victoria Nagle, Ayla Ozbal, Natalie Gorshkova, Lily Metzger, Gabriela Padilla, Disha Sankholkar, Katherine Vogelzang, Kaitlin Hilderbrand, Lauren Wu, Grace Zhang, Emi Yuki, Helen Mager, Emily Xu, Vivian Kerr, Audrey Ferrell

SCOREBOARD: Belmont W 99-79 • Reading L 75-95 • Winchester W 97-71 • Burlington W 92-80 • Melrose W 87-72 • Arlington/Watertown W 52-42 • Wakefield W 88-80 • Woburn W 87-75 • Stoneham W 94-68 • Acton/Boxborough L 73-95 • Chelmsford L 85-98 • Natick W 99-82
Sectionals 4, States 6

GIRLS VARISTY SOCCER

FRONT ROW: Ambar Luzio, Eliza Miller, Isabel Konijnenberg, Sophia Coe, Elizabeth Stump, Jessica Zales; **MIDDLE ROW:** Ava Criniti, Sudi Zhao, Caroline Ghayour, Isa Lundstrom Svahnqvist, Elena Sabin, Rachel Chen, Carolyn Lane; **BACK ROW:** Jennifer Fiore, Nora McGovern, Callie Moody, Eliza Stokes, Aleia Gisolfi-McCready, Kirsty Carnan, Karen Oh, Caroline Donaghy;

SCOREBOARD: StoneHam L 01-03 ▪ Wakefield L 00-01 ▪ Watertown W 05-00 ▪ Belmont W 04-02 ▪ Arlington T 00-00 ▪ Woburn W 04-01 ▪ Reading W 02-00 • Winchester L 01-07 ▪ Burlington W 07-00 ▪ Wilmington W 01-00 ▪ Melrose W 02-00 ▪ Belmont W 02-00 ▪ Arlington T 00-00 ▪ Woburn W 03-01 ▪ Andover L 00-01 ▪ Reading W 04-02 ▪ Winchester T 01-01 ▪ Bedford W 03-00 ▪ Lincoln-Sudbury W 01-00

GIRLS JV SOCCER GOLD

FRONT ROW: Samruddhi Naik, Sarah Daxikar, Mira Nayak, Elizabeth Zales, Fiona Kelly, Zoe Denenberg; **MIDDLE ROW:** Aliya Esty, Ava Tamaro, Alara Rago, Bornali Khondker, Alexandra Ma; **BACK ROW:** Isabelle Lensmire, Rachel Solomon, Rose O'Neill, Katherine Gray, Rose Foley, Anna Kefalas;

SCOREBOARD: Wakefield L 00-02 ▪ Watertown T 00-00 ▪ Belmont T 02-02 ▪ Arlington L 00-02 ▪ Woburn L 00-02 ▪ Reading L 00-05 ▪ Winchester L 01-05 • Wilmington L 01-02 ▪ Melrose W 02-00 ▪ Belmont L 00-01 ▪ Arlington L 01-02 ▪ Woburn W 02-01 ▪ Reading T 02-02 ▪ Winchester L 00-05

GIRLS JV SOCCER BLUE

FRONT ROW: Leah Hubbard, Ireh Hong, Lotem Loeb, Isabella Barrett, Jalessi Aviles; **SECOND ROW:** Grace Flanagan, Hailey Kingsbury, Sophia Lupone, Lina Jaafar, Regina Tashjian, Jillian Zerkowski; **THIRD ROW:** Jusrin Padam, Olivia White, Rebecca Voss, Mae Thompson, Emily Hobbs, Kaitlyn O'Shaughnessy; **BACK ROW:** Anna Iacobucci, Annabella Wardle, Emma Stump, Jillian White, Hannah Sweeney, Julia Arnold, Neeka Pirooz

SCOREBOARD: Stoneham T 1-1 ▪ Wakefield L 0-1 ▪ Belmont L 1-2 ▪ Arlington L 1-2 • Woburn W 1-0 ▪ Reading W 1-0 ▪ Winchester L 0-2 • Burlington W 5-0 ▪ Wilmington T 0-0 ▪ Melrose T 1-1 ▪ Belmont T 1-1 ▪ Arlington L 0-2 • Woburn W 2-1 ▪ Andover L 0-1 ▪ Reading W 1-0 • Winchester L 0-3 ▪ Bedford W 1-0

GIRLS VARSITY VOLLEYBALL

FRONT ROW: Maria Pawelka, Nathalie Pak, Huining Liang, Sydney Mackler, Claire Johnson; **MIDDLE ROW:** Anna Nolden, Eden Vachtel, Julia Wu, Jenny Park, Julia Irving, Jacqueline Cheng; **BACK ROW:** Jamin Seo, Eileen Cannon, Taylor Salerno, Regina Fong, Pamela Chiakpo, Erin Cullinan;

SCOREBOARD: Waltham W 03-00 ▪ Wayland W 03-01 ▪ Stoneham W 03-00 ▪ Wakefield W 03-00 ▪ Watertown W 03-00 ▪ Wayland W 03-01 ▪ Belmont L 02-03 ▪ Arlington W 03-02 ▪ Woburn W 03-01 ▪ Reading L 01-03 ▪ Winchester L 00-03 ▪ Burlington L 00-03 ▪ Wilmington W 03-01 ▪ Melrose W 03-02 Belmont L 02-03 ▪ Arlington W 03-00 ▪ Woburn L 01-02 ▪ Waltham W 03-00 ▪ Reading L 02-03 ▪ Winchester L 01-03

GIRLS JV VOLLEYBALL

FRONT ROW: Sara Minemoto, Annie O'Brien, Yashita Nakka, Isabelle Mazerall, Dilara Bahadir; **MIDDLE ROW:** Kaitlyn Karmilowicz, Ella Thomas, Raegan Lacombe, Sofia Patrizi Sorcini; **BACK ROW:** Tiffany Liu, Ava Parsons, Julia Griffiths, Simone Parsons, Avery Cutler;

SCOREBOARD: Waltham W 2-0 ▪ Wayland W 2-0 ▪ Stoneham W 2-0 • Wakefield W 2-0 ▪ Watertown W 2-0 ▪ Wayland W 2-0 • Belmont L 1-2 • Arlington W 2-1 • Woburn W 2-0 • Reading L 1-2 ▪ Winchester L 0-2 • Burlington L 0-2 ▪ Wilmington W 2-0 ▪ Melrose L 0-2 • Belmont 2-0 • Arlington 2-1 • Woburn L 0-2 ▪ Waltham W 2-0 ▪ Reading L 0-2 • Winchester L 1-2

BOYS VARSITY SOCCER

FRONT ROW: Joshua Andrews, William Lloyd, Nicholas Lupone, Toranosuke Dohi, Samuel Boehm, Coach; **SECOND ROW:** Elijah Pacheco-Bloch, Emin Abrahamian, Cruz Ortiz Derosa, Robert Hutchinson, Hyeonhwi Chung, Nathaniel Alessandrini, Junpei Ota; **THIRD ROW:** Conor Murphy, Hyungbin Kim, Evan Li, Francisco de Amorrortu, Samuel Andrews, Felipe Palacio; **BACK ROW:** Zachary Kaufman, Malte Steines, Karl Vernet, Nathan Willemsen, Robert Lloyd, Dylan Corbett, Karl Lundstrom Svahnqvist, Coach Dastan Pakyari

SCOREBOARD: Malden W 2-0 • Stoneham W 8-0 • Wakefield W 2-0 ▪ Watertown W 2-1 • Belmont W 2-0 • Arlington W 5-0 ▪ Reading W 2-0 • Woburn T 1-1 • Needham W 4-2 • Winchester T 1-1 ▪ Burlington W 4-1 • Wilmington W 4-1 ▪ Melrose W 2-1 • Belmont T 1-1 • Arlington L 2-0 • Woburn W 2-0 ▪ Reading 1-1 ▪ Winchester T 1-1 • Revere W 3-0 ▪ Medford L 2-1

GIRLS FRESHMEN VOLLEYBALL

FRONT ROW: Gabrielle Gee, Neekee Khosraviani, Sunhee Heo, Emilie Xi, Joanne Zhou. **MIDDLE ROW:** Karin Minemoto, Carina Murphy, Aashna Sahani, Sally Sukhia, Anne Smith, Annabelle Huang; **BACK ROW:** Madeleine Parks, Anna Schroeder, Maeve McCurdy,Claudia Moehring, Janya Utkarsh;

SCOREBOARD: Waltham W 03-00 • Wayland W 03-00 • Stoneham W 03-00 ▪ Wakefield W 03-00 ▪ Watertown W 03-00 • Wayland W 03-00 ▪ Belmont W 03-00 • Arlington W 03-00 ▪ Woburn L 01-02 • Reading W 03-00 ▪ Winchester L 01-02 ▪ Burlington W 03-00 • Wilmington W 03-00 ▪ Melrose W 03-00 ▪ Belmont W 03-00 ▪ Arlington W 03-00 • Woburn W 02-01 • Waltham W 03-00 ▪ Winchester W 03-00

BOYS JV SOCCER

FRONT ROW: Sayid Davis, Andrew Lee, Manu Amundsen, Sumair Sidhu, Jackson Denham, Rafael Pedro, Eric Edmonds, Eric Deschner; **MIDDLE ROW:** Alexander Samra, Mihir Venkatachalam, Karl Schapfel, William Kohlasch, Hiroki Heginbotham, Austin Li, Matthew Joseph; **BACK ROW:** Anthony Sun, Aidan Keaveny, Alexandru Tufa, Leonard Seidel, Theodore Haddad, Luke Mager, Nicholas Favazzo, Fynn Jueppner;

SCOREBOARD: Stoneham W 8-0 • Wakefield W 4-0 ▪ Watertown W 5-1 ▪ Belmont W 5-0 ▪ Arlington W 2-1 ▪ Reading 4-0 • Winchester W 3-0 ▪ Burlington W 3-0 ▪ Wilmington W 5-0 • Melrose W 4-0 • Belmont W 2-0 • Arlington W 2-1 ▪ Reading W 2-0 • Winchester W 4-0

BOYS FRESHMEN SOCCER

FRONT ROW: Maxim Chriss, Trevor Xing-Xie, Vance Stewart, Miguel Jaramillo, Nicholas Chipashvili, Timur Bendlin, Jason Hrkach, Joseph Agresta, Denali Payson; **MIDDLE ROW:** Jonathan Vasquez, Naresh Vytheswaran, Antonio Alves de Siqueira Fernandes Ne, Till Jueppner, Julian Lachowitz, Andrew Nguyen, Jerry Gong, Cornelius Olcott, Ricardo Peres Fernandes Filho; **BACK ROW:** Coach Jay Eidson, Andrew McDonnell, Nihaal Bal, Carlos Fell Maira, Jonathan Ollendorf, Pieter Bultman, Donovan Callahan, Ioannis Kontothanassis, Justus Wheaton;

SCOREBOARD: Stoneham W 7-1 ▪ Wakefield W 9-0 ▪ Watertown W 5-2 ▪ Belmont W 5-0 ▪ Arlington W 3-0 ▪ Woburn W 8-1 ▪ Reading W 3-1 ▪ Winchester W 4-2 ▪ Wilmington W 7-0 ▪ Melrose W 4-1 ▪ Belmont T 2-2 ▪ Arlington T 1-1 ▪ Woburn W 5-0 ▪ Reading L 2-1 ▪ Winchester W 5-1

CHEERLEADING (FALL)

ROSTER: FIRST ROW: Kaylie Cruz, Paula Prado, Zoe Prestbo, Victoria Sowle; **MIDDLE ROW:** Angelina Conte, Cameron Richards, Alea Turner, Takirah Clark, Maeva Viaud, Luciana Santillana Linares, Sarah Daniel, Lael Watson; **BACK ROW:** Sofia Garcia, Michaela Chisholm, Kaisha Glass, Gianna Watson, Carlee Epps, Emmanuela Hippolyte, Oriane Cayron, Sophia Zheng, Christina Richards, Isabella Looney, Amanda Kanashiro

SCOREBOARD: Finished 5th place in the Large Game Day Division at the 2019 Fall Cheerleading Game Day State Championship. Score: 159.4

CO-ED VARSITY GOLF

FRONT ROW: Amy Feng, Anna Zhang, Laasya Chiduruppa, Matthew Harding, Tristan Ohler, Leyao Chang, Mahima Das, Riley Wong; **BACK ROW:** Coach Jason Rajotte, Christopher Keefe, Davis Richard, Joseph Mostika, Jacob Brandes, Eric Decoste, Joseph Hunt, Collin McMahon-Shea, Brian Healy, Matthew Keefe, Peter Miniutti, Chee Wei Tay, Coach Rick Thibeault;

SCOREBOARD: Melrose W 34.5-29.5 • Wakefield W 41-31 ▪ Stoneham W 43-29 • Arlington T 36-36 • Burlington W 42.5-29.5 • Belmont L 39.5-32.5 • Reading T 36-36 • Wilmington W 57.5-14.5 • Watertown W 50-16 ▪ Woburn W 49-23 ▪ Winchester W 36.5-35.5

CO-ED JV GOLF

ROSTER: FIRST ROW: Nathan Lu, Jacob Macdonald, Nikhil Sharma, Luke Sheth, William Cronin, William Dinsmore, Ryan McMahon, Oona Peterson, Gavin Ohler, Brayden Lane, Keshav Sharma; **BACK ROW:** Savik Kinger, Daniel Lewitzky, Daniel Cellucci, Luke Murphy, Emmett Cullinan, Charles Dixon, Trevor Cattier, Joseph Mostika, Sachin Kewalramani; Not Pictured: Declan Clark, Liam McBrinn, Dylan Mclaughlin

GIRLS CROSS COUNTRY

ROSTER: ROSTER: FRONT ROW: Julia Lennon-Newell, Ashley Taylor, Uma Sanker, Kayla Gordon, Mirra Payson, Anna Nelson, Elizabeth Dube, Annika Salpukas, Zoe Gu, Lauren Sterne, Julia Littlewood; **SECOND ROW:** Aditi Swamy, Maude-Emmanuelle Hajjaj, Marilyn Swinger, Alexis Thomas, Sarah Lane, Ipek Kendircioglu, Aylin Bruce, Camelia Atassi, Tan Gao (Amy), Fiona Weir; **THIRD ROW:** Clara Fu, Casey Weisberg, Jillian Stevens, Lorelei Marcell, Isabel Siu-Zmuidzinas, Athena Marcell, Emma Reddy, Aleksandra Ward, Justine Hajjaj, Danna Ofek; **LAST ROW:** Summer Spencer, Yinuo Sun, Sofia Rezvani, Chloe Pacheco Bloch, Ruby Fehm, Isabel Jakimczyk, Serena Caira, Anna Yang, Yuna Cho, Gladys Lee, Jiahui Tang, Pauline Steines; Not Pictured: Galen Roy

SCOREBOARD: Wakefield W 15-47 • Winchester L 30-25 • Belmont W 21-36 • Arlington W 21-37 • Woburn W 24-31 • Reading W 15-48

BOYS CROSS COUNTRY

ROSTER: FIRST ROW: Jinn Janpathompong, Aidan McPhee, Wesley Jarvis, Jackson Monks, Nicholas Everin, Takumi Wang, Kiyan Moinzadeh, Naoya Miyamoto, Allen Zhao, Hayden Herrick; **SECOND ROW:** Jerry Xia, Oliver Morris, Samuel Ades, Matthew McAlarney, Daniel Ramsey, Anthony Mabardy, Thomas Lane, Andrew Hine, Dimitrios Kontos, Graham Bracken; **THIRD ROW:** Nicholas Lam, Syed Noah Quadri, Justin Liu, Vilius Schmidt, Max Dicerbo, Nicholas Porter, Maxim Slobodchikov, Evan Eberle, Seth Cutler, Oliver Dicerbo, Ian Miller, Kyle Taylor; **FOURTH ROW:** Jackson Davy, Alexander Newton-Cheh, Henri Engstrom, Till Steines, Traver Smith III, Leo McGaraghan, Jakob Venzke-Kondo, Reed Solomon, Simon Martarello, Micah Benson, Christopher Ye, Antonio Lopez, Adam Bernstein; **BACK ROW:** Myles Boutwell, Nathan Croke, Soren Goldsmith, Sunay Patel, Joshua Backert, Ian Richter, John Stevens, Alasdair Fletcher, Selvin Backert, Zachary Vincent, Isaac Volan, Amartya Jain

SCOREBOARD: Wakefield W 25-35 • Winchester W 15-47 • Belmont W 20-43 • Arlington W 20-41 • Reading W 15-48

GIRLS INDOOR TRACK

ROSTER: Adriana Abela, Chenyang Ai, Naomi Arnold, Chrisondra Awomah, Isabella Barrett, Raquel Batista-Vieira, Aylin Bruce, Serena Caira, Rachel Caldwell-Glixon, Eileen Cannon, Leyao Chang (Ina) , Ava Criniti, Zoe Denenberg, Elizabeth Dube, Anne Eayrs, Jennifer Fiore, Akya Forero, Keira Fox, Clara Fu, Valentine Ganis, Keena Gao, Leala Garcia, Olivia Gharabegian, Aleia Gisolfi-McCready, Ava Glavine, Joy Gong, Kayla Gordon, Rosalie Gros, Rebecca Gu, Zoe Gu, Justine Hajjaj, Maude-Emmanuelle Hajjaj, Zahraa Hasan, Emma Hu, Anna Iacobucci, Lina Jaafar, Hanna Jiang, Dilasa Karki, Cora Kemp, Maryam Khan, Raegan Lacombe, Carolyn Lane, Jayda Lawson, Gladys Lee (Sujin), Geanna Lehrer, Julia Lennon-Newell, Tiffany Liu, Ambar Luzio, Amy Ma, Marielsa McBride, Callie Moody, Catherine Movsessian, Samruddhi Naik, Emily Narouz, Anna Nelson, Rose O'Neill, Annie O'Brien, Danna Ofek, Claire Pak, Ava Parsons, Eva Passer, Sofia Patrizi Sorcini, Naomi Pearlman, Elena Sabin, Uma Sanker, Lily Sheth, Ruhi Shroff, Isabel Siu-Zmuidzinas, Pauline Steines, Jillian Stevens, Jasmine Sun, Jiahui Tang (Sunny), Ashley Taylor, Rebecca Voss, Aleksandra Ward, Casey Weisberg, Elaine Xu, Anna Yang, Elizabeth Zales;

SCOREBOARD: Belmont W 65-35 • Arlington W 74-26 • Woburn W 60-40 • Reading W 71-29 • Winchester W 78-22 • Middlesex League (1st place) 125

BOYS INDOOR TRACK

ROSTER: Ariv Ahuja, Brendan Albert, Manu Amundsen, Ryan Atkins, Joshua Backert, Selvin Backert, Robert Badger, Jayden Bai, Micah Benson, Adam Bernstein, Graham Bracken, Colin Breen, Brendan Caracino, Christopher Cervone, Thomas Chiu, Declan Clark, John Cohen, Giovanni Crema, Nathan Croke, Seth Cutler, Max DiCerbo, Jarret Dlugy, Ronald Du, Evan Eberle, Nathanael Esperance, Nicholas Everin, Arjun Gandham, Harrison Ganis, Hunter Gannon, Michael Gerfen, Semen Geraskin, Jerry Gong, Michael Gordon, Samuel Greenberg, Michael Gupta, Theodore Haddad, Henry Han, Brian Her, Andrew Hu, Miguel Jaramillo, Salvador Jaramillo, Wesley Jarvis, Shishir Javali, Stephen Joseph, James Keating (Leroy), Dimitrios Kontos, Ioannis Kontothanassis (Alexios), Nicholas Lam, Andrew Lawrence, Joshua Lee, Prestin Leung, Justin Liu, Antonio Lopez, Anthony Mabardy, Dillon MacNeil, Matthew McAlarney, Leo McGaraghan, Andrew McGovern, Aidan McPhee, Ian Miller, Aryan Mitta, Alexander Murphy, Anthony Narouz, Alexander Newton-Cheh, Jack Ngo, Syed Noah Quadri, Daniel Ramsey, Ian Richter, Shymon Samsel, Rohan Seth, Samuel Simon, Maxim Slobodchikov, Traver Smith III, Reed Solomon, Aviv Spitz, John Stevens, Joseph Suh, Anthony Sun, Rod Tavangar, Kyle Taylor, Darren Tswei, Branndon Uda-Thach, Jakob Venzke-Kondo, Naresh Vytheswaran, Takumi Wang, Nicholas Xanthopoulos, Jerry Xia, Yianni Zavaliagkos, Robert Zeaske (Zach), Jilun Zhang (Jonathan), Allen Zhao, Edward Zhu
Jerry Xia

SCOREBOARD: Belmont W 67.33-32.66 • Arlington L 83-15 • Woburn W 75-25 • Reading W 78.66-21.33 • Winchester W 68-32

BOYS JV BASKETBALL

FIRST ROW: Steven Sacco, William Lloyd, Rhys Scarbrough, Cecil Christopher Cox, Andrew Crowley; **BACK ROW:** Nelson Mendes-Stephen, Dorian Kiwanuka, Jack Murray, Nathan Ruesch, Donovan Jones, Francisco De Amorrortu;

SCOREBOARD: Belmont L 63-57 • Stoneham W 60-33 • Arlington W 58-43 • Waltham W 63-53 • Winchester W 63-52 ▪ Woburn W 63-49 • Reading L 54-49 • Watertown W 54-44 • Lincoln-Sudbury L 57-54 • Wakefield L 64-58 ▪ Belmont L 57-52 • Arlington W 60-51 • Burlington W 51-46 • Woburn W 60-54 ▪ Wilmington W 69-47 • Reading W 58-49 • Melrose L 62-52 • Wichester L 71-60

GIRLS VARSITY HOCKEY

FRONT ROW: Olivia Vlacich, Elizabeth Kelly, Nicole Zermani, Madelin Bryant, Allison Libby, Angelina Minasian, Regina Tashjian, Ainsley Lonczak, Fiona Kelly; **MIDDLE ROW:** Lilia Dawson, Isabel Konijnenberg, Kaitlyn O'Shaughnessy, Lena Cassidy, Jacqueline Moore, Isabel Larrabee, Coach Arianna Rigano; **BACK ROW:** Erica Riley, Katherine DeVine, Sarah Murphy, Sabrina Mahoney, Kaitlyn Murray, Audrey Eastridge, Galen Roy, Shea Freda;

SCOREBOARD: Melrose/Stoneham W 12-2 • Wakefield W 4-0 • Watertown W 4-1 • Biship Fenwick T 1-1 • Winchester W 1-0 ▪ Belmont T 2-2 • Arlington L 2-1 • Woburn L 1-7 • Reading T 1-1 ▪ Burlington W 3-0 • St. Mary's L 4-0 ▪ Medford W 4-1 • Wilmington T 1-1 • Medway/Ashland T 3-3 • Winchester L 2-0 ▪ Belmont L 3-0 ▪ Arlington L 2-1

BOYS VARSITY BASKETBALL

FRONT ROW: Michael Alessandro, Jake Strollo, Kailen Larkin, Orion Barrett-Tzannes, Tucker Crowley; **MIDDLE ROW:** Gavin Ricardo, John Mathurin, William Amsler, Theodore Schroeder, Coach **BACK ROW:** Joseph Cacciatore, Johnathon Nordman, Connor Driscoll, David Cser, Henry Graf, Coach

SCOREBOARD: Belmont L 77-67 • Stoneham W 67-28 • Catholic Memorial L 78-46 ▪ Newton South L 71-48 ▪ Waltham L 73-55 • Woburn L 80-71 • Wakefield W 62-52 • Reading L 68-55 • Watertown W 56-54 • Winchester L 62-49 ▪ Lincoln-Sudbury L 64-55 ▪ Belmont L 73-48 ▪ Arlington W 67-64 ▪ Burlington W 74-71 • Woburn L 56-47 • Wilmington W 81-41 ▪ Reading W 68-50 • Melrose L 67-63 ▪ Winchester L 63-43 ▪ Pantucket W 85-78

BOYS FRESHMEN BASKETBALL

FRONT ROW: Jackson Connors, Ryan Yue, Gavin Hatfield, Nikhil Sharma, Charles Walsh; **MIDDLE ROW:** William Cacciatore, Lucas Patocs Bisazza, Cruz Ortiz DeRosa, Tyler Velis, Chris Bruff; **BACK ROW:** Lauric Marmier, Justin Cheng, Benjamin Lemont, James Riney (Penn), Pieter Bultman;

SCOREBOARD: Belmont W 84-41 • Stoneham W 79 - 28 • Arlington W 69 - 42 • Waltham L 59 - 48 • Woburn W 74 - 45 • Wakefield L 48 - 39 • Reading L 38 - 35 • Watertown W 67-37 • Winchester W 77-38 ▪ Belmont L 56-52 • Arlington W 57-40 ▪ Burlington W 75-28 • Woburn W 73-58 • Wilmington W 79-26 • Reading W 52-50 • Melrose W 63-39 ▪ Winchester W 75-37

GIRLS VARSITY BASKETBALL

FRONT ROW: Asst. Coach Amanda Carlson, Elizabeth Stump, Marisa Boni, Ofek Rotlevy, Athena Marcell, Madeleine Parks, Madelyn Aggouras, Coach; **BACK ROW:** Asst. Coach Marc Bluestein, Emma Stump, Isabel Jakimczyk, Oonah O'Neil, Kirea Snell, Catherine Aggouras, Lily Metzger, Addison Metzger, Coach Steve Solly

SCOREBOARD: Belmont W 52-43 • Stoneham W 52-37 • Arlington L 48-42 • AB W 52-31 • Bedford W 54-22 • Woburn L 45-38 • Wakefield W 41-31 • Reading L 54-44 • Watertown W 42-39 • Winchester W 53-32 • Belmont W 54-47 • Arlington L 49-41 • Burlington W 64-50 • Woburn L 58-29 • AC L 40-33 • Wilmington L 68-46 • Reading W 56-51 • Melrose W 51-37 • Winchester W 49-40 • LS W 43-40

GIRLS JV BASKETBALL

FRONT ROW: Aliya Esty, Abigail House, Camelia Atassi, Rachel Solomon, Julia Majchrzak, Ella Lucente, Stella Omenetto **BACK ROW:** Coach Marc Bluestein, Catherine Dong, Paige Hawkes, Claudia Moehring, Skylar Furey, Skylar Spencer, Anna Schroeder, Sainandini Chalamkuri, Coach Amanda Carlson

SCOREBOARD: Belmont L 34-27 • Arlington L 39-31 • Wakefield L 48-37 • Stoneham W 39-28 • Watertown W 44-12 • Winchester L 40-24 • Belmont L 40-19 • Arlington W 40-37 • Burlington L 38-28 • Woburn L 41-25 • Arlington Catholic W 47-29 • Wilmington W/L 00-00 • Reading L 40-27 • Melrose L 43-32 • Winchester L 36-25 • Reading L 47-43

BOYS VARSITY HOCKEY

FRONT ROW: Emmett Jenness, Matthew Harding, Eric Caouette, Donald McCarthy, William Cincotta, Gregory Braginsky, Benjamin Vlacich, Asst. Coach Ben Franks; **MIDDLE ROW:** Nicholas Tringale, Matthew Joseph, Matthew Hickey, Davis Richard, Brian Gillis, Henry Stevenson, Brady Huang, Head Coach Curt Colarullo; **BACK ROW:** Asst. Coach Jake Moscatel, Eric Decoste, Lachlan Mclaren, Joseph Hunt, Luke Murphy, J. Buchta, Jorien Van Den Herik, Alexander Dixon, Thomas Caouette

SCOREBOARD: Stoneham W 3-1 • Wakefield Memorial L 4-2 • Watertown W 3-1 • Acton-Boxborough W 3-2 • Winchester T 2-2 • Belmont L 5-2 • Matignon L 10-1 • Arlington L 3-1 • Malden Catholic L 3-1 • Reading Memorial L 4-0 • Burlington L 2-1 • Newton South T 3-3 • Reading Memorial T 2-2 • Wilmington W 5-2 • Melrose L 5-2 • Winchester T 2-2 • Belmont L 4-1 • Arlington L 3-1

BOYS JV BLUE HOCKEY

FRONT ROW: Odin Choy, John Applegate, Gregory Braginsky, Joe Khabbaz, Russell Lebert, Jazz Grullon; **BACK ROW:** Assistant Coach Matt Piccirillo, William Dinsmore, Michael DeAngelis, Liam Hunt, Matthew Troy, Collin Fiske, Head Coach Paul Cadenhead

SCOREBOARD: Hopkinton L 2-3 • Westford W 7-0 • Concord-Carlisle W 2-0 • Waltham L 1-8 • Worcester Academy L 0-3 • Waltham L 4-5 • Acton-Boxborough Regional W 5-3 • Arlington T 2-2 • Hopkinton L 2-6 • Woburn L 1-7 • Westford Academy L 1-7 • Belmont T 3-3 • Concord-Carlisle W 5-1 • Woburn L 2-6 • Worcester Academy L 0-5 • Arlington L 0-7 • Winchester L 1-8 • Reading Memorial L 1-8 • Worcester Academy L 0-5

BOYS JV GOLD HOCKEY

FRONT ROW: Jack Maloney, Alexander Morgan, Joshua Levine, Hayden Herrick, Harrison Walker; **BACK ROW:** Assistant Coach Matt Piccirillo, Cameron Bruce, Daniel Cronin, William Cronin, Charles Bijesse, Rion Dore, Marcus Adams, Timothy Braginsky, Head Coach Paul Cadenhead.

SCOREBOARD: Arlington HS L 0-7 • Reading L 1-5 • Melrose L 1-4 • Arlington Catholic L 2-6 • Belmont W 2-0 • Stoneham L 4-8 • Burlington W 5-4 • Winchester L 2-8 • Wakefield L 0-3 • Wilmington L 1-5 • Arlington Catholic (Freshman) T 2-2 • Wakefield L 1-7 • Burlington L 1-7 • Concord-Carlisle W 2-0 • Stoneham L 0-7

ALPINE SKIING

FRONT ROW: Michelle Olofsson, Sienna Clivaz, Alara Rago, Zella Goodell, Sally Sukhia, Hannah Pourmousa, Jillian White, Eleanor Craver, Samarth Shah, Finna Jacobson, Coach Maria Barrett; **SECOND ROW:** Mya Gordon, Claire Johnson, Caroline Ourdy, Katherine Gray, William Sbihli, Jonathan Coombs, Manvi Dhekane, Adara Trout, Emma Bellotte, Emma Vinokour, Olivia White, Coach Danielle Israel; **THIRD ROW:** Olive Peterson, Karen Oh, Madeline Buxton, Benjamin Craver, Dean Cooper, Owen Rago, Brady Mullin, Leah Veit, Trisha Peswani, Hannah Elefante, Dylan McConnell, Coach Russ Sorin; **BACK ROW:** Jacob Brandes, Anna Hazewindus, Dean Barone, Finn Sullivan, Joris Konijnenberg, Alexander Coombs, Aiden McCarty, Kieran Reynolds, Philippa Fletcher, Sophia Martin, Nathaniel Colburn, Elsa Tuneblom;

FINAL TEAM RESULTS:
Boys finished in 6th place of 12 teams
Girls finished 3rd of 12 teams

FINAL INDIVIDUAL RESULTS:
Karen Oh 3rd in league
Madelyn Buxton 6th in league
Olivia White 17th in league
Jillian White 25th in league

STATE RESULTS (GIANT SLALOM):
Karen Oh finished 10th of 120 top skiers
Madelyn Buxton finished 12th of 120 top skiers

SLALOM:
Karen Oh finished in 2nd place of 120 top skiers
Madelyn Buxton finished 15th of 120 top skiers

BOYS SWIMMING

FRONT ROW: Mason Denton, Rishi Mukherjee, Julian Marmier, Sadiv Gupta, Shivendran Vytheswaran, Srinivasan Sathiamurthy; **MIDDLE ROW:** Jeffrey Kong, Anubhav Shelat, William Yang, Giancarlo Zaniolo, Nicholas McKee, Nathan Randall; **BACK ROW:** Nathaniel Cheung, Matthew Wang, Aniketh Shelat, Luke Johnson, Brayden Lane, Mitchell Hopkins

Not Pictured: Alan Zhang

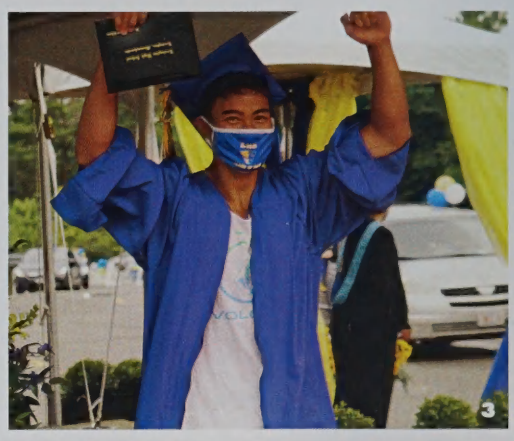
SCOREBOARD: Newton North W 97-83 • Lincoln Sudbury W 98-78 • North Andover W 83-43 • Andover W 89-76 • Reading W 94-71 • Melrose W 91-59 • Watertown/Arlington W 53-36 • Winchester W 84-81 • Burlington W 90-76 • Belmont W 84-76

BOYS VARSITY WRESTLING

FRONT ROW: Ethan Mukwaya, Christian Looney, Olivier Hepler, Zachary Pierro, Joshua Fein-Cole, Jacob Weinstein-Delahunt, Caleb Tourangeau, Coach Justin Demers; **SECOND ROW:** Fawzi El-Kattan, David Sumner Cue, Jiaxin Zhou (Eddie), Kaibo Zhang, Benjamin Mack, Mihir Venkatachalam, Yonatan Bason, Sohail Mohammed, Justin Wu, Coach Joe Conroy; **THIRD ROW:** Kieran Parikh, Timothy Hogan, Giordano Arcieri, Andrew Arena, Hernan Aldabe, Ethan Showalter, Peter Dillman, Rahim Mian, Mourad Mokrani, Venkata Varun Subhash Madiraju, Coach Jack Conroy; **BACK ROW:** Aidan Lynch, James Pullen, Max Ostrowski, Hunter Snell, Jackson Ostrowski, Matei Golesteanu, Kevin Xiong, Alexandru Tufa, Rowan Engelward, Gabriel Aguirre;

NOT PICUTRED: Erik Claesson, Arun Kodumuru, Mizuki Ken Miyagawa, Carter Mack, William Porter Scott;

SCOREBOARD: Winchester L 66-7 • Belmont L 36-33 • Arlington L 57-22 • North Newton L 69-0 • Saint John's L 51-22 • Leominster W 51-24 • Woburn L 51-18 • Plymouth South L 64-0 • East Providence, RI L 39-36 • Reading L 39-30 • Worcester Tech W 12-3 • Plymouth North W 36-30 • Methuen L 52-12



CONGRATULATIONS

to the class of 2020

1. Joshua Machado (12) **2.** Matthew Harding (12) **3.** Aaron Chen (12) **4.** Eamon Sheehann, Christiana Bakolas, Joshua Sideman, Marisa Boni (12) **5.** Kirea Snell (12), Charlie Leightheiser (12), Brianna Lee (12), Sydney Mackler (12), Michael Gupta (12), David Cser (12), Marisa Boni (12), Pamela Chiakpo (12), Elizabeth Stump (12)

"I ask you all to consider this perspective. Rather than look upon what you have lost, try to look at what you've gained, and what opportunities all of this presents to you. As leaders of this student body, you individually and collectively have navigated an incredible and historic series of events. You've come together as a class, you've had your eyes open to the fact that there there is a whole wide world out there beyond the safe confines of Lexington, and you are more ready to engage with that world now than you ever were before. You may not see this now, but believe me, it is true. You've had to be self reliant, make your own schedules, adjust to rapid changes, be flexible, be responsible, and self sufficient. Prioritize, adjust, advocate, change, persevere. These are all skills and attributes that will serve you very well in life. They will also help you as you work to find answers to really tough questions that are prevalent in the world around us. That is a true responsibility. Because our society needs people like you. People willing to turn a critical eye on the world around you and to take action to make it better. So my advice is to find the perspective that gives you the confidence to see what you have gained and believe that you have the tools to handle and tackle anything if you are willing to listen and reflect, interrogate your biases and assumptions, get involved, be flexible, be willing to stumble, and most importantly, be kind. Last fall, we had a speaker named Mike Smith come to the school to speak to the class of 2020. And he challenged you all to think individually and collectively about this question. 'What do you want your legacy to be?' This question has never been more important to ask yourself than now. As a class, you've left a powerful legacy here at LHS over your careers, and especially over the last two and a half months as you have navigated this pandemic with grace, fortitude, and class. I hope you all share a deep sense of pride and appreciation both now and in the future for how well you have all handled these unfortunate circumstances. I hope that you'll all focus your perspective on what you've gained as you leave Lexington High School. I've confidence in and high hopes for all of you as you leave here and begin to create your own legacy and leave your own mark on the world. Class of 2020, congratulations, thank you, and I fondly wish you all good fortune."

DR. ANDREW STEPHENS, PRINCIPAL

REMOVE TO EXPOSE ADHESIVE

MIX IT UP

the impact of your
WE'VE GOT SPIRIT, YES WE DO
209 ceramics
always commit
CAN YOU HEAR ME NOW
ALWAYS
RY XXX
AGAIN
EFFECTIVE MARCH 12, 2018
THIS DOOR WILL REMAIN LOCKED DURING THE SCHOOL DAY.
ALL VISITORS MUST REPORT TO THE MAIN OFFICE.

Science Building
SHINE ON
AMAZING
MADE
Arts & Humanities
NETFLIX
CLIMATE CHANGE
SLEEP DEPRIVATION
ABC'S OF U.S.
we've been THERE
SOCIAL DIVIDE
ENTERING LEXINGTON
EVERYTHING
PEOPLE
never give up!
(but
THE ART OF LIFE
thINK
SECRETS